

Table 1.78A Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2012

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012
TOTAL	23,103 ^b	23,743 ^a	22,901 ^b	23,314 ^b	23,243 ^b	23,567 ^a	23,511 ^a	25,312
AGE								
18-25	5,875 ^b	5,668 ^b	5,731 ^b	5,951 ^b	5,863 ^b	6,026 ^a	5,993 ^a	6,405
26-49	11,810	12,602	11,677	11,525	11,999	11,596	11,526	11,910
50 or Older	5,418 ^b	5,472 ^b	5,493 ^b	5,839 ^a	5,382 ^b	5,945 ^a	5,991	6,997
GENDER								
Male	8,292 ^b	9,057 ^a	8,531 ^b	8,551 ^b	8,526 ^b	9,000 ^a	9,096	9,982
Female	14,811	14,686	14,370	14,763	14,717	14,566	14,415	15,329
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	19,965 ^a	20,673	19,941 ^a	20,288	20,248	20,250	20,577	21,299
White	16,017	16,373	16,154	16,412	16,598	16,229	16,138	16,204
Black or African American	2,651 ^a	2,652 ^a	2,606 ^a	2,518 ^b	2,499 ^b	2,721 ^a	2,486 ^b	3,282
American Indian or Alaska Native	230	281	151 ^a	96 ^b	140 ^a	135 ^a	211	288
Native Hawaiian or Other Pacific Islander	*	96	50	*	72	*	*	*
Asian	628	745	632 ^a	795	578 ^a	685	954	920
Two or More Races	355	526	349	366	361	400	584	436
Hispanic or Latino	3,138 ^b	3,070 ^b	2,960 ^b	3,026 ^b	2,996 ^b	3,317 ^a	2,933 ^b	4,013

*Low precision; no estimate reported.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale in the past year.

NOTE: Estimates for 2005, 2006, and 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2012.

Table 1.78B Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2012

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012
TOTAL	10.6	10.8	10.3	10.4	10.2	10.3	10.1 ^a	10.8
AGE								
18-25	18.1	17.3 ^a	17.5 ^a	18.1	17.5 ^a	17.7	17.5 ^a	18.5
26-49	11.8	12.5	11.7	11.5	12.1	11.8	11.8	12.2
50 or Older	6.4	6.3	6.1	6.3	5.7 ^a	6.2	6.0	6.8
GENDER								
Male	7.9 ^a	8.5	7.9 ^a	7.9 ^a	7.8 ^a	8.1	8.1	8.8
Female	13.1	12.9	12.5	12.7	12.5	12.3	11.9	12.6
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	10.5	10.8	10.3	10.4	10.3	10.3	10.4	10.6
White	10.5	10.7	10.5	10.6	10.7	10.4	10.4	10.4
Black or African American	10.7	10.5	10.3	9.8 ^a	9.5 ^b	10.2	9.3 ^b	12.1
American Indian or Alaska Native	20.9	25.6	13.7	10.2 ^b	12.8 ^a	12.6 ^a	16.3	22.2
Native Hawaiian or Other Pacific Islander	*	11.6	7.8	*	9.8	*	*	*
Asian	6.9	8.0	6.6	8.1	5.8	6.6	8.5	7.9
Two or More Races	16.1	23.6 ^b	15.1	14.6	14.8	15.1	17.8	12.7
Hispanic or Latino	11.3	10.6	10.0	10.0	9.6 ^a	10.4	8.6 ^b	11.5

*Low precision; no estimate reported.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*).

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^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2012.