

Table 1.29C Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2011 and 2012

Type of Mental Health Treatment/Counseling ¹	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
DID NOT RECEIVE TREATMENT	594	653	602	632	194	213	249	297	485	470	2,049	1,949
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	71	79	65	50	40	26	40	18	32	39	28	55
Outpatient	229	239	135	167	65	62	73	109	94	109	189	173
Prescription Medication	441	508	284	319	140	158	159	174	189	214	375	417
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	35	26	31	23	15	5	20	20	16	10	17	11
Inpatient and Prescription Medication	62	63	46	45	38	26	16	14	19	34	41	45
Outpatient and Prescription Medication	362	347	305	278	187	184	169	163	187	131	196	238
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	104	101	95	93	82	64	37	39	30	58	36	36

*Low precision; no estimate reported.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.29D Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2011 and 2012

Type of Mental Health Treatment/Counseling ¹	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
DID NOT RECEIVE TREATMENT	0.26	0.28	0.82	0.82	1.70	1.65	1.77	1.63	1.09	1.07	0.22	0.25
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.03	0.03	0.16	0.11	0.45	0.27	0.39	0.15	0.14	0.18	0.01	0.03
Outpatient	0.10	0.10	0.32	0.37	0.70	0.64	0.69	0.88	0.41	0.48	0.10	0.09
Prescription Medication	0.19	0.22	0.62	0.64	1.41	1.44	1.38	1.30	0.80	0.86	0.19	0.21
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.02	0.01	0.07	0.05	0.16	0.06	0.19	0.17	0.07	0.05	0.01	0.01
Inpatient and Prescription Medication	0.03	0.03	0.11	0.10	0.43	0.27	0.16	0.12	0.08	0.15	0.02	0.02
Outpatient and Prescription Medication	0.16	0.15	0.67	0.58	1.72	1.56	1.44	1.26	0.81	0.57	0.10	0.12
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.04	0.04	0.23	0.21	0.88	0.66	0.36	0.32	0.14	0.26	0.02	0.02

*Low precision; no estimate reported.

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.29P Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: P Values from Tests of Differences of Percentages, 2012 Versus 2011

Type of Mental Health Treatment/Counseling ¹	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
DID NOT RECEIVE TREATMENT	0.0124		0.8557		0.3925		0.9844		0.7985		0.0185	
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.1632		0.8413		0.5647		0.3626		0.3072		0.0113	
Outpatient	0.8451		0.2597		0.2401		0.1048		0.4056		0.3659	
Prescription Medication	0.0014		0.0342		0.0614		0.7836		0.1689		0.0354	
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.3873		0.5241		0.2363		0.7941		0.9974		0.4252	
Inpatient and Prescription Medication	0.9452		0.5674		0.3466		0.3167		0.4582		0.7064	
Outpatient and Prescription Medication	0.8367		0.0256		0.3937		0.3726		0.0090		0.1458	
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.5223		0.6117		0.0787		0.8847		0.1633		0.2502	

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.30C Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2011 and 2012

Type of Mental Health Treatment/Counseling ¹	Total (2011)	Total (2012)	Any Mental Illness (2011)	Any Mental Illness (2012)	Serious Mental Illness (2011)	Serious Mental Illness (2012)	Moderate Mental Illness (2011)	Moderate Mental Illness (2012)	Mild Mental Illness (2011)	Mild Mental Illness (2012)	No Mental Illness (2011)	No Mental Illness (2012)
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	71	79	65	50	40	26	40	18	32	39	28	55
Outpatient	236	248	135	167	65	62	73	109	94	109	189	173
Prescription Medication	469	531	284	319	140	158	159	174	189	214	375	417
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	35	26	31	23	15	5	20	20	16	10	17	11
Inpatient and Prescription Medication	62	63	46	45	38	26	16	14	19	34	41	45
Outpatient and Prescription Medication	373	365	305	278	187	184	169	163	187	131	196	238
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	104	100	95	93	82	64	37	39	30	58	36	36

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NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Mental illness estimates in 2011 may differ from previously published estimates due to revised estimation procedures. For details on the methodology, see Section B.4.3 in Appendix B of the *Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings*.

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Table 1.30D Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2011 and 2012

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RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.22	0.23	0.39	0.28	0.69	0.43	0.84	0.33	0.51	0.61	0.19	0.34
Outpatient	0.70	0.67	0.78	0.86	1.09	1.00	1.49	1.82	1.39	1.58	1.20	1.02
Prescription Medication	1.04	1.02	1.34	1.29	2.06	2.10	2.57	2.40	2.30	2.22	1.55	1.50
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.11	0.08	0.18	0.13	0.25	0.09	0.42	0.37	0.26	0.16	0.12	0.07
Inpatient and Prescription Medication	0.20	0.19	0.27	0.25	0.65	0.43	0.35	0.26	0.30	0.53	0.28	0.28
Outpatient and Prescription Medication	0.94	0.90	1.36	1.24	2.24	2.16	2.64	2.43	2.34	1.80	1.20	1.30
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.33	0.29	0.56	0.51	1.34	1.04	0.78	0.71	0.49	0.89	0.24	0.22

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RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.2453		0.8305		0.5872		0.3589		0.3141		0.0208	
Outpatient	0.4692		0.2685		0.3089		0.0947		0.4489		0.0658	
Prescription Medication	0.0275		0.0164		0.0180		0.7607		0.1118		0.4988	
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.3023		0.5171		0.2476		0.7920		0.9804		0.3441	
Inpatient and Prescription Medication	0.7607		0.5550		0.3786		0.3148		0.4705		0.8420	
Outpatient and Prescription Medication	0.0755		0.0062		0.6274		0.2867		0.0012		0.5605	
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.2828		0.5811		0.1032		0.8883		0.1660		0.1672	

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