

Table 1.66C Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	353	387	156	165	134	148	291	308
GENDER								
Male	207	213	101	90	76	108	166	162
Female	291	304	116	140	99	99	235	251
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	340	348	147	158	130	138	281	272
White	324	310	135	146	126	107	268	247
Black or African American	91	110	50	53	28	29	72	93
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	7	*	*	2	*	*
Hispanic or Latino	99	148	50	51	30	53	78	126
POVERTY LEVEL¹								
Less Than 100%	186	187	86	91	42	55	154	154
100-199%	152	171	66	59	38	81	131	138
200% or More	263	271	114	129	120	110	204	212
EDUCATION								
< High School	130	154	62	67	62	76	96	112
High School Graduate	170	200	81	89	62	74	142	160
Some College	189	196	90	94	61	85	155	149
College Graduate	201	201	81	78	78	55	162	164
HEALTH INSURANCE²								
Private	261	261	110	124	110	113	204	201
Medicaid/CHIP ³	169	170	84	61	30	46	145	152
Other ⁴	192	253	79	91	66	100	163	205
No Coverage	131	123	75	71	48	48	97	94

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁴ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.66D Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	1.27	1.28	0.97	0.96	0.85	0.87	1.36	1.38
GENDER								
Male	2.30	2.33	1.78	1.48	1.39	1.76	2.40	2.26
Female	1.48	1.46	1.09	1.26	0.95	0.93	1.58	1.73
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1.28	1.29	1.02	1.07	0.91	0.96	1.41	1.45
White	1.32	1.38	1.14	1.22	1.06	0.92	1.55	1.58
Black or African American	4.38	4.14	3.12	2.84	1.87	1.69	4.08	4.32
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	2.80	*	*	0.94	*	*
Hispanic or Latino	4.42	4.18	3.01	2.06	1.93	2.10	4.11	4.09
POVERTY LEVEL¹								
Less Than 100%	2.59	2.32	2.13	2.11	1.15	1.37	2.88	2.75
100-199%	2.63	3.02	1.84	1.55	1.12	2.05	2.76	2.94
200% or More	1.74	1.80	1.33	1.43	1.38	1.26	1.83	1.96
EDUCATION								
< High School	2.86	3.68	2.50	2.61	2.56	2.94	3.19	3.66
High School Graduate	2.33	2.32	1.84	1.70	1.46	1.45	2.51	2.45
Some College	2.28	2.20	1.74	1.78	1.25	1.71	2.45	2.34
College Graduate	2.59	2.56	1.85	1.78	1.85	1.32	2.81	2.73
HEALTH INSURANCE²								
Private	1.68	1.83	1.34	1.38	1.32	1.32	1.81	1.92
Medicaid/CHIP ³	2.12	2.64	2.69	2.03	1.09	1.57	3.18	3.30
Other ⁴	2.71	2.60	2.51	2.19	2.13	2.31	3.50	3.27
No Coverage	3.10	2.86	2.17	2.13	1.47	1.49	2.70	2.61

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁴ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 1.66P Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2012 Versus 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	0.9965		0.8905		0.7507		0.8947	
GENDER								
Male	0.8440		0.8107		0.9737		0.9462	
Female	0.7675		0.7045		0.6096		0.7318	
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	0.7585		0.4426		0.7488		0.9564	
White	0.5944		0.5829		0.3690		0.7918	
Black or African American	0.1604		0.6519		0.4054		0.1335	
American Indian or Alaska Native	*		*		*		*	
Native Hawaiian or Other Pacific Islander	*		*		*		*	
Asian	*		*		*		*	
Two or More Races	*		*		*		*	
Hispanic or Latino	0.6291		0.1006		0.7994		0.1272	
POVERTY LEVEL¹								
Less Than 100%	0.8930		0.8562		0.4287		0.5677	
100-199%	0.8816		0.1451		0.1243		0.8498	
200% or More	0.8283		0.4133		0.1367		0.4762	
EDUCATION								
< High School	0.7375		0.6209		0.5023		0.5635	
High School Graduate	0.6020		0.7442		0.9240		0.4051	
Some College	0.5812		0.4684		0.8846		0.2478	
College Graduate	0.7132		0.7939		0.8415		0.7754	
HEALTH INSURANCE²								
Private	0.9470		0.3958		0.5192		0.8486	
Medicaid/CHIP ³	0.3434		0.1580		0.9233		0.6729	
Other ⁴	0.4125		0.6853		0.5752		0.5170	
No Coverage	0.9658		0.7734		0.8030		0.9528	

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁴ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.