

Table 2.12A Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	724	791	397	431	52	52	272	302
GENDER								
Male	188	158	100	83	23	17	63	56
Female	536 ^a	633	297	348	29	35	209	246
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	604	624	313	310	49	42	240	266
White	448	487	211	222	39	34	197	225
Black or African American	91	87	56	63	7	6	28	18
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	120 ^a	167	84	121	3	10	32	36
POVERTY LEVEL¹								
Less Than 100%	151	196	83	107	10	16	58	72
100-199%	186	156	103	89	15	8	67	59
200% or More	387	439	210	235	28	29	147	172
HEALTH INSURANCE²								
Private	426	466	219	246	36	24	167	192
Medicaid/CHIP ³	269	283	151	159	15	23	103	99
Other ⁴	*	*	20	21	*	10	*	22
No Coverage	*	35	*	28	*	2	9	4

*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. Respondents with unknown past year MDE data were excluded.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁴ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.12B Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2011 and 2012

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional OR Used Prescription Medication (2012)	Saw or Talked to Health Professional Only (2011)	Saw or Talked to Health Professional Only (2012)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2012)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2012)
TOTAL	36.3	36.0	19.9	19.6	2.6	2.4	13.6	13.7
GENDER								
Male	33.6	27.5	17.8	14.4	4.2	2.9	11.1	9.6
Female	37.4	39.1	20.7	21.5	2.0	2.2	14.5	15.2
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	38.4	38.0	19.9	18.8	3.1	2.6	15.2	16.2
White	38.7	39.7	18.2	18.1	3.3	2.7	16.9	18.4
Black or African American	38.8	32.2	23.7	23.4	3.1	2.2	11.9	6.5
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	28.4	30.3	19.9	21.9	0.8	1.7	7.4	6.4
POVERTY LEVEL¹								
Less Than 100%	37.2	35.1	20.4	19.1	2.4	2.8	14.2	12.8
100-199%	37.9	34.7	21.0	19.8	3.0	1.7	13.6	12.9
200% or More	35.3	37.0	19.1	19.8	2.5	2.4	13.3	14.5
HEALTH INSURANCE²								
Private	37.7	37.2	19.4	19.6	3.2	1.9	14.7	15.3
Medicaid/CHIP ³	38.7	36.1	21.7	20.2	2.2	2.9	14.6	12.6
Other ⁴	*	*	17.2	17.1	*	8.2	*	17.3
No Coverage	*	22.9	*	18.5	*	1.7	6.1	2.7

*Low precision; no estimate reported.

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NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

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