

Table 2.1A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Age Group: Numbers in Thousands, 2011 and 2012

Source of Mental Health Service ¹	Total (2011)	Total (2012)	Aged 12-13 (2011)	Aged 12-13 (2012)	Aged 14-15 (2011)	Aged 14-15 (2012)	Aged 16-17 (2011)	Aged 16-17 (2012)
SPECIALTY MENTAL HEALTH	3,129	3,135	912	938	1,113	1,145	1,104	1,053
Outpatient	2,842	2,846	821	844	1,008	1,055	1,013	947
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	2,409	2,427	663	673	867	896	879	858
Mental Health Clinic or Center	547	610	126	154	190 ^a	244	231	212
Partial Day Hospital or Day Treatment Program	393	431	111	134	157	173	125	125
In-Home Therapist, Counselor, or Family Preservation Worker	767	776	249	241	277	295	241	240
Inpatient or Residential (Overnight or Longer Stay)	602	588	180	155	228	200	194	233
Hospital	438	463	125	128	175	159	139	175
Residential Treatment Center	240	238	61	50	97	92	83	95
Foster Care or Therapeutic Foster Care Home	140 ^a	96	49 ^a	22	42	30	50	43
EDUCATION ^{2,3}	2,920 ^a	3,157	1,063	1,162	1,023 ^a	1,162	835	834
School Social Worker, School Psychologist, or School Counselor	2,188 ^a	2,389	798	868	759 ^b	913	631	609
Special School or Program within a Regular School for Students with Emotional or Behavioral Problems	1,063	1,142	371	419	389	395	303	328
MEDICAL								
Pediatrician or Other Family Doctor	619	629	179	180	207	238	233	211
SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{3,4}	1,283	1,361	372	425	459	534	452	402
JUVENILE JUSTICE								
Juvenile Detention Center, Prison, or Jail ⁵	103	83	17	8	35	30	51	44

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

² Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

³ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁴ Includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁵ These services were often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.1B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Age Group: Percentages, 2011 and 2012

Source of Mental Health Service ¹	Total (2011)	Total (2012)	Aged 12-13 (2011)	Aged 12-13 (2012)	Aged 14-15 (2011)	Aged 14-15 (2012)	Aged 16-17 (2011)	Aged 16-17 (2012)
SPECIALTY MENTAL HEALTH	12.7	12.7	11.8	11.9	13.3	13.8	13.0	12.5
Outpatient	11.5	11.5	10.6	10.6	12.0	12.7	11.9	11.2
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	9.8	9.8	8.6	8.5	10.3	10.8	10.3	10.2
Mental Health Clinic or Center	2.2	2.5	1.6	1.9	2.3 ^a	2.9	2.7	2.5
Partial Day Hospital or Day Treatment Program	1.6	1.7	1.4	1.7	1.9	2.1	1.5	1.5
In-Home Therapist, Counselor, or Family Preservation Worker	3.1	3.1	3.2	3.0	3.3	3.5	2.8	2.8
Inpatient or Residential (Overnight or Longer Stay)	2.4	2.4	2.3	2.0	2.7	2.4	2.3	2.8
Hospital	1.8	1.9	1.6	1.6	2.1	1.9	1.6	2.1
Residential Treatment Center	1.0	1.0	0.8	0.6	1.1	1.1	1.0	1.1
Foster Care or Therapeutic Foster Care Home	0.6 ^a	0.4	0.6 ^a	0.3	0.5	0.4	0.6	0.5
EDUCATION^{2,3}	11.9 ^a	12.9	13.9	14.9	12.3 ^a	14.1	9.8	9.9
School Social Worker, School Psychologist, or School Counselor	8.9 ^a	9.7	10.4	11.1	9.1 ^b	11.0	7.4	7.2
Special School or Program within a Regular School for Students with Emotional or Behavioral Problems	4.3	4.7	4.8	5.3	4.6	4.8	3.6	3.9
MEDICAL								
Pediatrician or Other Family Doctor	2.5	2.5	2.3	2.3	2.5	2.9	2.7	2.5
SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL^{3,4}	5.2	5.5	4.8	5.4	5.5	6.4	5.3	4.8
JUVENILE JUSTICE								
Juvenile Detention Center, Prison, or Jail ⁵	0.4	0.3	0.2	0.1	0.4	0.4	0.6	0.5

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.2A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Demographic Characteristics: Numbers in Thousands, 2011 and 2012

Demographic Characteristic	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{3,4}		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{4,6}		JUVENILE JUSTICE ⁷	
	Total		Outpatient ¹		Inpatient or Residential ²		2011	2012	2011	2012	2011	2012	2011	2012
	2011	2012	2011	2012	2011	2012								
TOTAL	3,129	3,135	2,842	2,846	602	588	2,920 ^a	3,157	619	629	1,283	1,361	103	83
GENDER														
Male	1,388 ^a	1,248	1,216 ^a	1,093	330	288	1,362	1,336	271	217	521	455	49	57
Female	1,741	1,887	1,626	1,753	272	299	1,558 ^b	1,821	347	412	761 ^b	907	54 ^a	26
AGE GROUP														
12-13	912	938	821	844	180	155	1,063	1,162	179	180	372	425	17	8
14-15	1,113	1,145	1,008	1,055	228	200	1,023 ^a	1,162	207	238	459	534	35	30
16-17	1,104	1,053	1,013	947	194	233	835	834	233	211	452	402	51	44
HISPANIC ORIGIN AND RACE														
Not Hispanic or Latino	2,544	2,461	2,328	2,243	481	447	2,334	2,455	519	499	1,061	1,060	78	64
White	1,893	1,793	1,761	1,680	287	281	1,548	1,575	383	375	779	729	39	29
Black or African American	416	431	351	359	149	112	516	607	74	80	186	227	32	22
American Indian or Alaska Native	21	16	18	13	6	4	20	24	7	1	7	6	2	1
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	81	53	76	45	11	14	123	112	24	10	43	17	1	3
Two or More Races	126	155	116	135	22	35	119	126	26	27	41 ^a	74	5	8
Hispanic or Latino	585	675	515	603	121	140	586 ^a	702	99	130	221 ^a	301	25	19

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

² Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

³ Includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁴ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁵ Includes treatment/counseling from a pediatrician or other family doctor.

⁶ Includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ Includes treatment/counseling received in juvenile detention centers, prisons, or jails, and often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.2B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Demographic Characteristics: Percentages, 2011 and 2012

Demographic Characteristic	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{3,4}		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{4,6}		JUVENILE JUSTICE ⁷	
	Total		Outpatient ¹		Inpatient or Residential ²		2011	2012	2011	2012	2011	2012	2011	2012
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
TOTAL	12.7	12.7	11.5	11.5	2.4	2.4	11.9 ^a	12.9	2.5	2.5	5.2	5.5	0.4	0.3
GENDER														
Male	11.1 ^a	9.9	9.7 ^a	8.7	2.6	2.3	10.9	10.7	2.2	1.7	4.2	3.6	0.4	0.4
Female	14.5	15.6	13.5	14.5	2.3	2.5	13.0 ^b	15.2	2.9	3.4	6.3 ^b	7.5	0.4 ^a	0.2
AGE GROUP														
12-13	11.8	11.9	10.6	10.6	2.3	2.0	13.9	14.9	2.3	2.3	4.8	5.4	0.2	0.1
14-15	13.3	13.8	12.0	12.7	2.7	2.4	12.3 ^a	14.1	2.5	2.9	5.5	6.4	0.4	0.4
16-17	13.0	12.5	11.9	11.2	2.3	2.8	9.8	9.9	2.7	2.5	5.3	4.8	0.6	0.5
HISPANIC ORIGIN AND RACE														
Not Hispanic or Latino	13.2	12.8	12.1	11.7	2.5	2.3	12.1	12.8	2.7	2.6	5.5	5.5	0.4	0.3
White	13.8	13.2	12.8	12.3	2.1	2.1	11.3	11.6	2.8	2.7	5.7	5.3	0.3	0.2
Black or African American	12.1	12.5	10.2	10.4	4.3	3.2	15.0 ^a	17.5	2.1	2.3	5.4	6.6	0.9	0.6
American Indian or Alaska Native	15.5	11.0	13.7	9.0	4.1	2.6	14.9	16.8	5.0	0.8	4.8	3.9	1.2	0.8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	6.8	4.5	6.3	3.8	0.9	1.2	10.3	9.7	2.0	0.9	3.6	1.5	0.1	0.3
Two or More Races	17.9	21.5	16.5	18.7	3.1	4.8	17.0	17.6	3.7	3.7	5.9 ^a	10.4	0.6	1.2
Hispanic or Latino	11.0	12.5	9.7	11.1	2.3	2.6	11.2 ^a	13.1	1.9	2.4	4.2 ^a	5.6	0.5	0.3

*Low precision; no estimate reported.

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NOTE: Respondents with unknown receipt of mental health service information were excluded.

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² Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

³ Includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁴ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁵ Includes treatment/counseling from a pediatrician or other family doctor.

⁶ Includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ Includes treatment/counseling received in juvenile detention centers, prisons, or jails, and often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.3A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2011 and 2012

Geographic/Socioeconomic Characteristic	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{3,4}		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{4,6}		JUVENILE JUSTICE ⁷	
	Total		Outpatient ¹		Inpatient or Residential ²						2011	2012	2011	2012
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
TOTAL	3,129	3,135	2,842	2,846	602	588	2,920 ^a	3,157	619	629	1,283	1,361	103	83
GEOGRAPHIC REGION														
Northeast	635	600	576	551	129	108	583	619	113	125	281	303	13	10
Midwest	731	690	665	646	135	116	643	653	114	138	268	283	23	16
South	1,013 ^a	1,141	899	999	230	255	999 ^a	1,127	243	236	432	468	48	48
West	750	704	702	651	106	109	695	759	149	130	301	307	18	9
COUNTY TYPE														
Large Metro	1,641	1,728	1,505	1,573	292	317	1,577 ^b	1,824	346	324	695	771	56	44
Small Metro	1,019	952	935	867	189	165	876	914	179	184	397	398	32	33
250K – 1 Mil. Pop.	722 ^a	615	661 ^a	566	137	94	607	609	102	123	276	257	22	20
< 250K Pop.	297	338	274	301	52	71	270	305	78	61	121	141	10	12
Nonmetro	469	455	402	407	120	106	467	419	93	121	190	193	14	6
Urbanized	217	222	192	199	51	55	213	216	50	73	97	103	7	2
Less Urbanized	212	198	180	179	55	39	217	168	35	41	77	79	6	2
Completely Rural	40	35	30	29	14	12	37	34	8	6	15	10	1	2
POVERTY LEVEL⁸														
Less Than 100%	699	808	602	679	207	226	740 ^a	861	149	175	315	390	37	38
100-199%	744	656	650	586	169	144	697	698	121	111	292	276	33	26
200% or More	1,687	1,671	1,590	1,582	225	218	1,483	1,598	348	344	676	696	33	18

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

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^a Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

¹ Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

² Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

³ Includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

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⁵ Includes treatment/counseling from a pediatrician or other family doctor.

⁶ Includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ Includes treatment/counseling received in juvenile detention centers, prisons, or jails, and often provided by psychiatrists, psychologists, social workers or counselors who work for the court system.

⁸ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.3B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17, by Geographic and Socioeconomic Characteristics: Percentages, 2011 and 2012

Geographic/Socioeconomic Characteristic	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{3,4}	MEDICAL ⁵	SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{4,6}		JUVENILE JUSTICE ⁷			
	Total		Outpatient ¹		Inpatient or Residential ²				2011	2012	2011	2012	2011	2012
	2011	2012	2011	2012	2011	2012			2011	2012	2011	2012	2011	2012
TOTAL	12.7	12.7	11.5	11.5	2.4	2.4	11.9 ^a	12.9	2.5	2.5	5.2	5.5	0.4	0.3
GEOGRAPHIC REGION														
Northeast	15.0	14.3	13.6	13.1	3.1	2.6	13.9	14.9	2.7	3.0	6.7	7.2	0.3	0.2
Midwest	13.6	12.9	12.4	12.1	2.5	2.2	12.0	12.2	2.1	2.6	5.0	5.3	0.4	0.3
South	11.1	12.4	9.9	10.9	2.5	2.8	11.0 ^a	12.3	2.7	2.6	4.7	5.1	0.5	0.5
West	12.7	11.9	11.9	11.0	1.8	1.8	11.9	13.0	2.5	2.2	5.1	5.2	0.3	0.2
COUNTY TYPE														
Large Metro	12.5	12.9	11.5	11.7	2.2	2.3	12.1 ^b	13.7	2.6	2.4	5.3	5.7	0.4	0.3
Small Metro	13.2	13.0	12.1	11.8	2.4	2.3	11.4	12.5	2.3	2.5	5.1	5.4	0.4	0.4
250K – 1 Mil. Pop.	13.6	12.2	12.5	11.2	2.6	1.9	11.5	12.1	1.9	2.4	5.2	5.1	0.4	0.4
< 250K Pop.	12.2 ^a	14.9	11.2	13.3	2.1	3.1	11.1 ^a	13.5	3.2	2.7	5.0	6.2	0.4	0.5
Nonmetro	12.5	11.7	10.7	10.5	3.2	2.7	12.5	10.9	2.5	3.1	5.0	5.0	0.4	0.2
Urbanized	13.0	12.4	11.4	11.1	3.0	3.0	12.8	12.2	3.0	4.1	5.8	5.7	0.4	0.1
Less Urbanized	12.2	11.9	10.4	10.7	3.2	2.3	12.5	10.2	2.0	2.5	4.5	4.7	0.4	0.1
Completely Rural	11.2	8.4	8.7	7.1	4.1	2.9	10.6	8.4	2.3	1.5	4.2	2.5	0.2	0.5
POVERTY LEVEL⁸														
Less Than 100%	13.6	14.5	11.7	12.1	4.0	4.0	14.5	15.6	2.9	3.1	6.1	7.0	0.7	0.7
100-199%	13.2	12.7	11.5	11.3	3.0	2.8	12.5	13.6	2.2	2.1	5.2	5.3	0.6	0.5
200% or More	12.2	12.0	11.5	11.4	1.6	1.6	10.7	11.6	2.5	2.5	4.9	5.0	0.2	0.1

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