

**Table 2.4A Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Numbers in Thousands, 2011 and 2012**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>4,5</sup>		MEDICAL <sup>6</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>						2011	2012
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
<b>RECEIVED MENTAL HEALTH SERVICES<sup>8</sup></b>	3,129	3,135	2,842	2,846	602	588	2,920 <sup>a</sup>	3,157	619	629	1,283	1,361
Thought about Killing Self or Tried to Kill Self	622	666	545	579	195	204	225	231	92	103	177	179
Felt Depressed	1,311	1,417	1,226	1,324	203	229	784	862	230	275	441 <sup>a</sup>	532
Felt Very Afraid and Tense	642	628	607	588	78	84	362	379	96	105	212	195
Had Eating Problems	236	255	202	234	48	43	86	118	65 <sup>a</sup>	101	63	75
Had Other Diagnosed Mental/Neurological Disorder <sup>9</sup>	73	85	72	78	1 <sup>a</sup>	7	5	3	14	15	3	5
Broke Rules and "Acted Out"	667	670	606	628	111	115	405	453	95	74	156	178
Had Trouble Controlling Anger	468	526	453	498	41	62	201	256	44	46	78	105
Got into Physical Fights	122	128	106	115	23	22	103	90	10	10	24	24
Had Problems with Home/Family	784	810	747	782	71	57	365	412	36	51	145	171
Had Problems with Friends	346	351	337	339	15	23	408	461	17	34	91 <sup>a</sup>	139
Had Problems with People Other Than Family/Friends	240	285	228	267	19	29	209	253	13	21	49 <sup>a</sup>	82
Had Problems at School	499	546	466	512	47	55	488	554	51	60	120 <sup>a</sup>	179
Some Other Reason <sup>10</sup>	264	304	242	276	30	45	169	164	66	65	46	47

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2012 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

**Table 2.4B Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Percentages, 2011 and 2012**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION <sup>4,5</sup>		MEDICAL <sup>6</sup>		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>							
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
<b>RECEIVED MENTAL HEALTH SERVICES<sup>8</sup></b>	12.7	12.7	11.5	11.5	2.4	2.4	11.9 <sup>a</sup>	12.9	2.5	2.5	5.2	5.5
Thought about Killing Self or Tried to Kill Self	22.6	23.8	20.9	22.0	43.2	47.3	11.1	10.2	17.7	19.2	16.1	14.8
Felt Depressed	47.3	50.7	46.8	50.3	45.5	54.3	38.6	37.9	44.2	51.2	40.1	44.3
Felt Very Afraid and Tense	23.4	22.7	23.3	22.4	17.6	20.2	17.8	16.7	18.4	19.6	19.1	16.2
Had Eating Problems	8.6	9.2	7.8	8.9	11.0	10.2	4.2	5.2	12.4 <sup>a</sup>	18.9	5.7	6.2
Had Other Diagnosed Mental/ Neurological Disorder <sup>9</sup>	2.7	3.1	2.8	3.0	0.2 <sup>a</sup>	1.7	0.2	0.1	2.8	2.9	0.2	0.5
Broke Rules and "Acted Out"	24.4	24.2	23.3	23.9	24.7	27.3	20.0	19.9	18.3	13.7	14.2	14.8
Had Trouble Controlling Anger	17.1	18.9	17.4	18.9	9.3	14.8	9.9	11.2	8.4	8.6	7.0	8.7
Got into Physical Fights	4.5	4.7	4.1	4.4	5.2	5.4	5.1	3.9	1.9	1.9	2.1	2.0
Had Problems with Home/Family	28.6	29.1	28.7	29.6	16.1	13.6	18.0	18.1	6.9	9.5	13.2	14.2
Had Problems with Friends	12.7	12.7	13.0	13.0	3.5	5.5	20.1	20.3	3.2	6.3	8.2	11.5
Had Problems with People Other Than Family/Friends	8.8	10.3	8.8	10.2	4.3	7.0	10.3	11.1	2.4	3.9	4.4	6.8
Had Problems at School	18.3	19.7	17.9	19.5	10.8	13.1	24.0	24.4	9.9	11.2	10.9 <sup>a</sup>	14.8
Some Other Reason <sup>10</sup>	9.7	11.0	9.3	10.6	6.9	10.8	8.3	7.2	12.7	12.1	4.1	3.9

\*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

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<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

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