

Table 2.4C Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Numbers in Thousands, 2011 and 2012

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³						2011	2012
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
RECEIVED MENTAL HEALTH SERVICES⁸	75	70	73	67	32	32	68	70	35	32	49	48
Thought about Killing Self or Tried to Kill Self	34	33	31	32	18	18	20	21	12	15	19	18
Felt Depressed	51	50	49	48	18	19	37	38	20	22	27	30
Felt Very Afraid and Tense	35	33	34	31	13	12	26	26	13	13	20	18
Had Eating Problems	22	20	19	20	12	7	12	16	11	14	11	10
Had Other Diagnosed Mental/ Neurological Disorder ⁹	11	11	11	11	1	3	2	2	5	4	1	2
Broke Rules and "Acted Out"	35	35	33	34	16	14	28	29	13	12	17	19
Had Trouble Controlling Anger	29	30	29	30	8	9	18	25	8	11	10	16
Got into Physical Fights	15	15	14	15	6	5	15	12	4	4	6	6
Had Problems with Home/Family	39	38	38	37	12	9	25	28	7	10	16	16
Had Problems with Friends	25	25	25	25	5	5	27	30	6	8	13	16
Had Problems with People Other Than Family/Friends	20	22	20	22	6	6	19	23	5	6	8	12
Had Problems at School	32	33	30	33	10	8	31	34	8	10	15	20
Some Other Reason ¹⁰	21	22	20	21	6	8	18	17	14	11	8	8

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁵ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

⁸ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁹ Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

¹⁰ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.4D Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Percentages, 2011 and 2012

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³							
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
RECEIVED MENTAL HEALTH SERVICES⁸	0.31	0.28	0.30	0.27	0.13	0.13	0.28	0.29	0.14	0.13	0.20	0.20
Thought about Killing Self or Tried to Kill Self	1.04	1.03	1.02	1.05	3.06	3.15	0.94	0.86	2.11	2.39	1.57	1.42
Felt Depressed	1.33	1.19	1.36	1.22	3.17	3.20	1.42	1.37	2.98	2.76	1.92	1.96
Felt Very Afraid and Tense	1.10	1.09	1.12	1.11	2.62	2.51	1.13	1.05	2.22	2.22	1.61	1.41
Had Eating Problems	0.78	0.67	0.72	0.69	2.57	1.61	0.59	0.70	1.92	2.35	0.94	0.79
Had Other Diagnosed Mental/ Neurological Disorder ⁹	0.42	0.40	0.44	0.40	0.17	0.67	0.09	0.07	0.93	0.77	0.13	0.20
Broke Rules and "Acted Out"	1.13	1.07	1.13	1.10	2.96	2.83	1.19	1.14	2.31	2.02	1.42	1.41
Had Trouble Controlling Anger	0.97	0.96	1.01	0.98	1.81	2.17	0.84	1.01	1.56	1.90	0.89	1.22
Got into Physical Fights	0.56	0.54	0.54	0.54	1.46	1.16	0.70	0.52	0.81	0.68	0.50	0.53
Had Problems with Home/Family	1.18	1.09	1.21	1.12	2.50	2.07	1.14	1.07	1.30	1.77	1.37	1.20
Had Problems with Friends	0.87	0.87	0.90	0.91	1.10	1.17	1.23	1.17	1.17	1.39	1.16	1.27
Had Problems with People Other Than Family/Friends	0.70	0.77	0.71	0.78	1.32	1.45	0.88	0.93	0.86	1.15	0.73	0.97
Had Problems at School	1.04	1.06	1.04	1.08	2.18	1.95	1.30	1.24	1.58	1.71	1.27	1.48
Some Other Reason ¹⁰	0.75	0.75	0.75	0.75	1.45	1.94	0.85	0.70	2.51	1.83	0.73	0.67

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁵ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Mental Health Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

⁸ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁹ Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

¹⁰ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 and 2012.

Table 2.4P Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: P Values from Tests of Differences of Percentages, 2012 Versus 2011

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³		2011	2012	2011	2012	2011	2012
	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012	2011	2012
RECEIVED MENTAL HEALTH SERVICES⁸	0.9796		0.9847		0.7518		0.0125		0.8492		0.2690	
Thought about Killing Self or Tried to Kill Self	0.3997		0.4572		0.3371		0.4696		0.6391		0.5752	
Felt Depressed	0.0561		0.0578		0.0532		0.7340		0.0909		0.1323	
Felt Very Afraid and Tense	0.6892		0.5759		0.4770		0.4544		0.7243		0.1715	
Had Eating Problems	0.5685		0.2539		0.8144		0.2717		0.0306		0.6551	
Had Other Diagnosed Mental/ Neurological Disorder ⁹	0.5022		0.7401		0.0361		0.4104		0.9333		0.3616	
Broke Rules and "Acted Out"	0.9051		0.7282		0.5089		0.9694		0.1264		0.7848	
Had Trouble Controlling Anger	0.1687		0.2866		0.0524		0.3136		0.9626		0.2662	
Got into Physical Fights	0.8411		0.6925		0.9111		0.2004		0.9727		0.8665	
Had Problems with Home/Family	0.7344		0.5756		0.4324		0.9231		0.2352		0.5764	
Had Problems with Friends	0.9889		0.9864		0.2158		0.9114		0.0848		0.0593	
Had Problems with People Other Than Family/Friends	0.1546		0.1973		0.1822		0.5222		0.3110		0.0541	
Had Problems at School	0.3251		0.2738		0.4314		0.8457		0.5565		0.0444	
Some Other Reason ¹⁰	0.2083		0.2424		0.1020		0.3125		0.8399		0.8262	

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