**American Indian or Alaskan Native (AIAN) 2016 NSDUH Summary Sheet**

**Drug Use**

1. According to the 2016 NSDUH, 23.8 percent (0.3 million) of AIAN aged 18 and older reported using **illicit drugs in the past year**. This was higher than the national average (18.2 percent).
2. According to the 2016 NSDUH, 45.5 percent (0.6 million) of AIAN aged 18 and older reported using **tobacco in the past year**. This was higher than the national average (30.3 percent).
3. According to the 2016 NSDUH, 61.2 percent (0.9 million) of AIAN aged 18 and older reported using **alcohol in the past year**. This was lower than the national average (69.2 percent).
4. According to the 2016 NSDUH, 37.2 percent (0.5 million) of AIAN aged 18 and older reported using **alcohol in the past month**. This was lower than the national average (55.0 percent).
5. According to the 2016 NSDUH, 23.3 percent (0.3 million) of AIAN aged 18 and older reported **binge drinking in the past month**. This was similar to the national average (26.2 percent).
6. According to the 2016 NSDUH, 6.3 percent (87,000) of AIAN aged 18 and older reported **heavy alcohol use in the past month**. This was similar to the national average (6.6 percent).
7. According to the 2016 NSDUH, 19.7 percent (273,000) of AIAN aged 18 and older reported using **marijuana in the past year**. This was higher than the national average (14.1 percent).
8. According to the 2016 NSDUH, 14.0 percent (195,000) of AIAN aged 18 and older reported using **marijuana in the past month**. This was higher than the national average (9.1 percent).
9. According to the 2016 NSDUH, 0.3 percent (5,000) of AIAN *aged 12 and older* reported using **heroin in the past year**.
10. According to the 2016 NSDUH, 5.2 percent (72,000) of AIAN aged 18 and older reported **misusing a prescription drug in the past year**. This was similar to the national average (7.1 percent).
11. According to the 2016 NSDUH, 4.0 percent (56,000) of AIAN aged 18 and older reported **misusing a prescription pain reliever in the past year**. This was similar to the national average (4.3 percent).
12. According to the 2016 NSDUH, 4.1 percent (63,000) of AIAN *aged 12 and older* reported **opioid misuse in the past year**. This was similar to the national average (4.4 percent).
13. According to the 2016 NSDUH, 1.1 percent (16,000) of AIAN aged 18 and older reported using **methamphetamines in the past year**. This was similar to the national average (0.6 percent).

**Substance Use Disorders**

1. According to the 2016 NSDUH, 12.2 percent (170,000) of AIAN aged 18 and older reported having a **substance use disorder in the past year**. This was higher than the national average (7.8 percent).
2. According to the 2016 NSDUH, 3.9 percent (55,000) of AIAN aged 18 and older reported having an **illicit drug use disorder in the past year**. This was higher than the national average (2.7 percent).
3. According to the 2016 NSDUH, 9.8 percent (136,000) of AIAN aged 18 and older reported having an **alcohol use disorder in the past year**. This was higher than the national average (6.0 percent).
4. According to the 2016 NSDUH, 1.1 percent (16,000) of AIAN *aged 12 and older* reported having an **opioid use disorder in the past year**.

**Substance Use Treatment**

1. According to the 2016 NSDUH, 1.0 percent (14,000) of AIAN aged 18 and older reported receiving **treatment for illicit drugs at a specialty facility in the past year**. This was similar to the national average (0.5 percent).
2. According to the 2016 NSDUH, 1.4 percent (19,000) of AIAN aged 18 and older reported receiving **treatment for alcohol use at a specialty facility in the past year**. This was similar to the national average (0.5 percent).

**Mental Health**

1. According to the 2016 NSDUH, 22.8 percent (317,000) of AIAN aged 18 and older reported having **any mental illness (AMI) in the past year**. This was similar to the national average (18.3 percent).
2. According to the 2016 NSDUH, 4.9 percent (68,000) of AIAN aged 18 and older reported having **a serious mental illness (SMI) in the past year**. This was similar to the national average (4.2 percent).
3. According to the 2016 NSDUH, 15.2 percent (208,000) of AIAN aged 18 and older reported receiving **mental health treatment in the past year**. This was similar to the national average (14.4 percent).
4. According to the 2016 NSDUH, 8.7 percent (120,000) of AIAN aged 18 and older reported having a **Major Depressive Episode (MDE) in the past year**. This was similar to the national average (6.7 percent).
5. [Estimates for receiving **treatment for a** **Major Depressive Episode (MDE) in the past year** for AIAN are suppressed due to low precision.]

25. According to the 2016 NSDUH, 3.9 percent (54,000) of AIAN aged 18 and older reported having **serious thoughts of suicide in the past year**. This was similar to the national average (4.0 percent).