**Asian 2016 NSDUH Summary Sheet**

**Drug Use**

1. According to the 2016 NSDUH, 9.1 percent (1.2 million) of Asians aged 18 and older reported using **illicit drugs in the past year**. This was lower than the national average (18.2 percent).
2. According to the 2016 NSDUH, 12.7 percent (1.7 million) of Asians aged 18 and older reported using **tobacco in the past year**. This was lower than the national average (30.3 percent).
3. According to the 2016 NSDUH, 51.0 percent (6.8 million) of Asians aged 18 and older reported using **alcohol in the past year**. This was lower than the national average (69.2 percent).
4. According to the 2016 NSDUH, 38.5 percent (5.1 million) of Asians aged 18 and older reported using **alcohol in the past month**. This was lower than the national average (55.0 percent).
5. According to the 2016 NSDUH, 13.9 percent (1.8 million) of Asians aged 18 and older reported **binge drinking in the past month**. This was lower than the national average (26.2 percent).
6. According to the 2016 NSDUH, 2.0 percent (270,000) of Asians aged 18 and older reported **heavy alcohol use in the past month**. This was lower than the national average (6.6 percent).
7. According to the 2016 NSDUH, 7.0 percent (0.9 million) of Asians aged 18 and older reported using **marijuana in the past year**. This was lower than the national average (14.1 percent).
8. According to the 2016 NSDUH, 3.3 percent (0.4 million) of Asians aged 18 and older reported using **marijuana in the past month**. This was lower than the national average (9.1 percent).
9. [Estimates for using **heroin in the past year** for Asians are suppressed due to low precision].
10. According to the 2016 NSDUH, 3.0 percent (0.4 million) of Asians aged 18 and older reported **misusing a prescription drug in the past year**. This was lower than the national average (7.1 percent).
11. According to the 2016 NSDUH, 1.8 percent (233,000) of Asians aged 18 and older reported **misusing a prescription pain reliever in the past year**. This was lower than the national average (4.3 percent).
12. According to the 2016 NSDUH, 1.8 percent (269,000) of Asians *aged 12 and older* reported using **opioids in the past year**. This was lower than the national average (4.4 percent).
13. According to the 2016 NSDUH, 0.1 percent (8,000) of Asians aged 18 and older reported using **methamphetamines in the past year**. This was lower than the national average (0.6 percent).

**Substance Use Disorders**

1. According to the 2016 NSDUH, 3.7 percent (0.5 million) of Asians aged 18 and older reported having a **substance use disorder in the past year**. This was lower than the national average (7.8 percent).
2. According to the 2016 NSDUH, 1.1 percent (140,000) of Asians aged 18 and older reported having an **illicit drug use disorder in the past year**. This was lower than the national average (2.7 percent).
3. According to the 2016 NSDUH, 3.2 percent (0.4 million) of Asians aged 18 and older reported having an **alcohol use disorder in the past year**. This was lower than the national average (6.0 percent).
4. According to the 2016 NSDUH, 0.1 percent (18,000) of Asians *aged 12 and older* reported having an **opioid use disorder in the past year**.

**Substance Use Treatment**

1. According to the 2016 NSDUH, 0.1 percent (10,000) of Asians aged 18 and older reported receiving **treatment for illicit drugs at a specialty facility in the past year**. This was lower than the national average (0.5 percent).
2. According to the 2016 NSDUH, less than 0.1 percent (1,000) of Asians aged 18 and older reported receiving **treatment for alcohol use at a specialty facility in the past year**. This was lower than the national average (0.5 percent).

**Mental Health**

1. According to the 2016 NSDUH, 12.1 percent (1.6 million) of Asians aged 18 and older reported having **any mental illness (AMI) in the past year**. This was lower than the national average (18.3 percent).
2. According to the 2016 NSDUH, 1.6 percent (211,000) of Asians aged 18 and older reported having **a serious mental illness (SMI) in the past year**. This was lower than the national average (4.2 percent).
3. According to the 2016 NSDUH, 5.1 percent (0.7 million) of Asians aged 18 and older reported receiving **mental health treatment or counseling in the past year**. This was lower than the national average (14.4 percent).
4. According to the 2016 NSDUH, 3.9 percent (0.5 million) of Asians aged 18 and older reported having a **Major Depressive Episode (MDE) in the past year**. This was lower than the national average (6.7 percent).
5. [Estimates for receiving **treatment for a** **Major Depressive Episode (MDE) in the past year** for Asians are suppressed due to low precision].
6. According to the 2016 NSDUH, 2.3 percent (0.3 million) of Asians aged 18 and older reported having **serious thoughts of suicide in the past year**. This was lower than the national average (4.0 percent).