**Black or African American 2016 NSDUH Summary Sheet**

**Drug Use**

1. According to the 2016 NSDUH, 20.4 percent (6.0 million) of Blacks or African Americans aged 18 and older reported using **illicit drugs in the past year**. This was higher than the national average (18.2 percent).
2. According to the 2016 NSDUH, 30.3 percent (8.7 million) of Blacks or African Americans aged 18 and older reported using **tobacco in the past year**. This was similar to the national average (30.3 percent).
3. According to the 2016 NSDUH, 59.8 percent (17.2 million) of Blacks or African Americans aged 18 and older reported using **alcohol in the past year**. This was lower than the national average (69.2 percent).
4. According to the 2016 NSDUH, 45.3 percent (13.1 million) of Blacks or African Americans aged 18 and older reported using **alcohol in the past month**. This was lower than the national average (55.0 percent).
5. According to the 2016 NSDUH, 25.1 percent (7.2 million) of Blacks or African Americans aged 18 and older reported **binge drinking in the past month**. This was similar to the national average (26.2 percent).
6. According to the 2016 NSDUH, 4.6 percent (1.3 million) of Blacks or African Americans aged 18 and older reported **heavy alcohol use in the past month**. This was lower than the national average (6.6 percent).
7. According to the 2016 NSDUH, 17.1 percent (4.9 million) of Blacks or African Americans aged 18 and older reported using **marijuana in the past year**. This was higher than the national average (14.1 percent).
8. According to the 2016 NSDUH, 11.6 percent (3.4 million) of Blacks or African Americans aged 18 and older reported using **marijuana in the past month**. This was higher than the national average (9.1 percent).
9. According to the 2016 NSDUH, 0.3 percent (96,000) of Blacks or African Americans *aged 12 and older* reported using **heroin in the past year**.
10. According to the 2016 NSDUH, 5.3 percent (1.5 million) of Blacks or African Americans aged 18 and older reported **misusing a prescription drug in the past year**. This was lower than the national average (7.1 percent).
11. According to the 2016 NSDUH, 3.9 percent (1.1 million) of Blacks or African Americans aged 18 and older reported **misusing a prescription pain reliever in the past year**. This was similar to the national average (4.3 percent).
12. According to the 2016 NSDUH, 4.0 percent (1.3 million) of Blacks or African Americans *aged 12 and older* reported using **opioids in the past year**. This was similar to the national average (4.4 percent).
13. According to the 2016 NSDUH, 0.2 percent (49,000) of Blacks or African Americans aged 18 and older reported using **methamphetamines in the past year**. This was lower than the national average (0.6 percent).

**Substance Use Disorders**

1. According to the 2016 NSDUH, 8.1 percent (2.3 million) of Blacks or African Americans aged 18 and older reported having a **substance use disorder in the past year**. This was similar to the national average (7.8 percent).
2. According to the 2016 NSDUH, 3.4 percent (1.0 million) of Blacks or African Americans aged 18 and older reported having an **illicit drug use disorder in the past year**. This was higher than the national average (2.7 percent).
3. According to the 2016 NSDUH, 6.1 percent (1.8 million) of Blacks or African Americans aged 18 and older reported having an **alcohol use disorder in the past year**. This was similar to the national average (6.0 percent).
4. According to the 2016 NSDUH, 0.8 percent (248,000) of Blacks or African Americans *aged 12 and older* reported having an **opioid use disorder in the past year**.

**Substance Use Treatment**

1. According to the 2016 NSDUH, 0.6 percent (173,000) of Blacks or African Americans aged 18 and older reported receiving **treatment for illicit drugs at a specialty facility in the past year**. This was similar to the national average (0.5 percent).
2. According to the 2016 NSDUH, 0.7 percent (215,000) of Blacks or African Americans aged 18 and older reported receiving **treatment for alcohol use at a specialty facility in the past year**. This was similar to the national average (0.5 percent).

**Mental Health**

1. According to the 2016 NSDUH, 14.5 percent (4.2 million) of Blacks or African Americans aged 18 and older reported having **any mental illness (AMI) in the past year**. This was lower than the national average (18.3 percent).
2. According to the 2016 NSDUH, 3.1 percent (0.9 million) of Blacks or African Americans aged 18 and older reported having **a serious mental illness (SMI) in the past year**. This was lower than the national average (4.2 percent).
3. According to the 2016 NSDUH, 8.4 percent (2.4 million) of Blacks or African Americans aged 18 and older reported receiving **mental health treatment or counseling in the past year**. This was lower than the national average (14.4 percent).
4. According to the 2016 NSDUH, 5.0 percent (1.4 million) of Blacks or African Americans aged 18 and older reported having a **Major Depressive Episode (MDE) in the past year**. This was lower than the national average (6.7 percent).
5. According to the 2016 NSDUH, 60.8 percent (0.9 million) of Blacks or African Americans aged 18 and older reported receiving **treatment for a** **Major Depressive Episode (MDE) in the past year** of those having a past year MDE. This was similar to the national average (65.3 percent).
6. According to the 2016 NSDUH, 3.5 percent (1.0 million) of Blacks or African Americans aged 18 and older reported having **serious thoughts of suicide in the past year**. This was similar to the national average (4.0 percent).