

WASHINGTON

Table 105 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Washington, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2010-2011 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLCIT DRUGS					
Past Month Illicit Drug Use ¹	670	65	211	394	605
Past Year Marijuana Use	850	91	281	478	759
Past Month Marijuana Use	556	50	186	321	506
Past Month Use of Illicit Drugs Other Than Marijuana ¹	238	25	72	142	214
Past Year Cocaine Use	109	5	44	59	103
Past Year Nonmedical Pain Reliever Use	323	39	97	187	285
Perception of Great Risk of Smoking Marijuana Once a Month	1,357	131	90	1,135	1,226
Average Annual Number of Marijuana Initiates ²	61	30	26	5	31
ALCOHOL					
Past Month Alcohol Use	3,208	69	461	2,678	3,139
Past Month Binge Alcohol Use ³	1,318	44	317	957	1,274
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	2,312	199	209	1,904	2,113
Past Month Alcohol Use (Persons Aged 12 to 20)	196 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) ³	131 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	1,552	60	322	1,170	1,491
Past Month Cigarette Use	1,278	45	270	964	1,234
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	3,982	331	464	3,187	3,650
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	110	14	44	51	95
Illicit Drug Dependence or Abuse ¹	153	24	64	65	129
Alcohol Dependence	190	9	49	131	180
Alcohol Dependence or Abuse	403	23	120	260	380
Alcohol or Illicit Drug Dependence or Abuse ¹	489	37	153	299	452
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	140	22	58	60	118
Needing But Not Receiving Treatment for Alcohol Use ⁷	386	22	117	247	364
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode ⁸	--	46	65	367	433
Serious Mental Illness ⁹	--	--	28	236	264
Any Mental Illness ¹⁰	--	--	151	948	1,099
Had Serious Thoughts of Suicide	--	--	50	173	223

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimates for serious mental illness (SMI) and any mental illness (AMI) presented in this table may differ from previously published SMI and AMI estimates because of revised estimation procedures. For details, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.² Average annual number of marijuana initiates = $X_1 \div 2$, where X_1 is the number of marijuana initiates in the past 24 months.³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.⁴ Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 12 or older.⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.⁶ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).⁷ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).⁸ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older. For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.⁹ Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment.¹⁰ Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 (Revised March 2012; SMI and AMI Estimates Revised October 2013) and 2011 (SMI and AMI Estimates Revised October 2013).

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Table 106 Selected Drug Use, Perceptions of Great Risk, Average Annual Rates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Washington, by Age Group: Percentages, Annual Averages Based on 2010-2011 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	11.92	12.53	29.01	9.01	11.85
Past Year Marijuana Use	15.10	17.48	38.71	10.90	14.86
Past Month Marijuana Use	9.88	9.59	25.56	7.32	9.91
Past Month Use of Illicit Drugs Other Than Marijuana ¹	4.23	4.74	9.90	3.23	4.18
Past Year Cocaine Use	1.93	1.04	6.10	1.35	2.03
Past Year Nonmedical Pain Reliever Use	5.75	7.44	13.40	4.28	5.57
Perception of Great Risk of Smoking Marijuana Once a Month	24.11	25.11	12.44	25.92	24.00
Average Annual Rate of First Use of Marijuana ²	2.23	7.02	8.66	0.24	1.35
ALCOHOL					
Past Month Alcohol Use	57.01	13.22	63.44	61.15	61.48
Past Month Binge Alcohol Use ³	23.43	8.48	43.59	21.86	24.95
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	41.09	38.16	28.82	43.47	41.39
Past Month Alcohol Use (Persons Aged 12 to 20)	24.68 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) ³	16.51 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	27.58	11.61	44.30	26.71	29.21
Past Month Cigarette Use	22.72	8.56	37.14	22.01	24.16
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	70.76	63.59	63.83	72.77	71.50
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	1.95	2.75	6.10	1.16	1.87
Illicit Drug Dependence or Abuse ¹	2.72	4.70	8.76	1.49	2.52
Alcohol Dependence	3.37	1.76	6.78	3.00	3.53
Alcohol Dependence or Abuse	7.17	4.49	16.52	5.93	7.44
Alcohol or Illicit Drug Dependence or Abuse ¹	8.70	7.17	21.09	6.82	8.85
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	2.49	4.18	8.05	1.36	2.32
Needing But Not Receiving Treatment for Alcohol Use ⁷	6.86	4.28	16.10	5.64	7.13
PAST YEAR MENTAL HEALTH					
Had at Least One Major Depressive Episode ⁸	--	8.82	9.01	8.39	8.48
Serious Mental Illness ⁹	--	--	3.85	5.39	5.17
Any Mental Illness ¹⁰	--	--	20.70	21.68	21.54
Had Serious Thoughts of Suicide	--	--	6.93	3.94	4.37

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimates for serious mental illness (SMI) and any mental illness (AMI) presented in this table may differ from previously published SMI and AMI estimates because of revised estimation procedures. For details, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.² Average annual marijuana initiation rate = $100 * \{ [X_1 + (0.5 * X_1 + X_2)] / 2 \}$, where X_1 is the number of marijuana initiates in the past 24 months and X_2 is the number of persons who never used marijuana. Both of the computation components, X_1 and X_2 , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.⁴ Underage drinking is defined for persons aged 12 to 20; therefore, the "Total" estimate reflects that age group and not persons aged 18 or older.⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.⁶ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).⁷ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).⁸ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older. For more details, see Section A.11 in Appendix A of the report on *State Estimates of Substance Use and Mental Disorders from the 2009-2010 NSDUHs*.⁹ Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment.¹⁰ Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 (Revised March 2012; SMI and AMI Estimates Revised October 2013) and 2011 (SMI and AMI Estimates Revised October 2013).