

NORTHEAST REGION

Table 3 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the Northeast Region, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2013-2014 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLCIT DRUGS					
Past Month Illicit Drug Use ¹	4,899	386	1,454	3,059	4,513
Past Year Marijuana Use	6,594	583	2,132	3,879	6,011
Past Month Marijuana Use	4,077	320	1,303	2,454	3,757
Past Month Use of Illicit Drugs Other Than Marijuana ¹	1,499	120	400	979	1,379
Past Year Cocaine Use	920	25	319	576	894
Past Year Nonmedical Pain Reliever Use	1,733	168	482	1,082	1,564
Perception of Great Risk from Smoking Marijuana Once a Month	12,143	931	733	10,480	11,213
Average Annual Number of Marijuana Initiates ^{2,3}	527	215	261	51	312
ALCOHOL					
Past Month Alcohol Use	27,463	550	3,923	22,991	26,913
Past Month Binge Alcohol Use ⁴	11,310	291	2,494	8,524	11,019
Perception of Great Risk from Drinking Five or More Drinks Once or Twice a Week	18,659	1,595	1,911	15,154	17,064
Past Month Alcohol Use (Individuals Aged 12 to 20)	1,682 ⁵	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ⁴	1,014 ⁵	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁶	11,286	300	2,129	8,857	10,986
Past Month Cigarette Use	9,355	213	1,744	7,399	9,142
Perception of Great Risk from Smoking One or More Packs of Cigarettes per Day	34,800	2,754	4,191	27,855	32,046
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁷					
Illicit Drug Dependence ¹	992	73	342	577	919
Illicit Drug Dependence or Abuse ¹	1,328	136	466	726	1,192
Alcohol Dependence	1,430	42	334	1,054	1,387
Alcohol Dependence or Abuse	3,154	120	807	2,227	3,034
Alcohol or Illicit Drug Dependence or Abuse ¹	3,969	207	1,087	2,676	3,763
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,8}	1,157	126	408	622	1,030
Needing But Not Receiving Treatment for Alcohol Use ⁸	2,964	114	766	2,084	2,850
PAST YEAR MENTAL HEALTH ISSUES					
Major Depressive Episode ^{3,9}	--	443	591	2,297	2,888
Serious Mental Illness ^{3,10}	--	--	287	1,414	1,702
Any Mental Illness ^{3,10}	--	--	1,279	6,466	7,746
Had Serious Thoughts of Suicide ¹¹	--	--	467	1,185	1,652

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: The Northeast region includes the following states: Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, and Vermont.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

² Average annual number of marijuana initiates = $X_1 \div 2$, where X_1 is the number of marijuana initiates in the past 24 months.

³ For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/>.

⁴ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁵ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

⁶ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

⁷ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

⁸ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], or mental health centers).

⁹ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

¹⁰ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders (MHSS-SCID)*, which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness (SMI). Any mental illness (AMI) includes individuals in any of the three categories.

¹¹ Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013 and 2014.

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Table 4 Selected Drug Use, Perceptions of Great Risk, Average Annual Incidence Estimates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the Northeast Region, by Age Group: Percentages, Annual Averages Based on 2013-2014 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	10.31	9.24	23.65	8.23	10.42
Past Year Marijuana Use	13.88	13.98	34.66	10.43	13.87
Past Month Marijuana Use	8.58	7.68	21.19	6.60	8.67
Past Month Use of Illicit Drugs Other Than Marijuana ¹	3.16	2.88	6.50	2.63	3.18
Past Year Cocaine Use	1.94	0.60	5.19	1.55	2.06
Past Year Nonmedical Pain Reliever Use	3.65	4.03	7.84	2.91	3.61
Perception of Great Risk from Smoking Marijuana Once a Month	25.53	22.31	11.92	28.18	25.84
Average Annual Incidence Estimates of First Use of Marijuana ^{2,3}	2.01	5.85	8.40	0.26	1.38
ALCOHOL					
Past Month Alcohol Use	57.80	13.19	63.79	61.82	62.10
Past Month Binge Alcohol Use ⁴	23.81	6.99	40.56	22.92	25.43
Perception of Great Risk from Drinking Five or More Drinks Once or Twice a Week	39.27	38.23	31.07	40.75	39.37
Past Month Alcohol Use (Individuals Aged 12 to 20)	26.11 ⁵	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ⁴	15.74 ⁵	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁶	23.76	7.18	34.61	23.82	25.35
Past Month Cigarette Use	19.69	5.10	28.36	19.89	21.10
Perception of Great Risk from Smoking One or More Packs of Cigarettes per Day	73.25	66.02	68.15	74.90	73.94
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁷					
Illicit Drug Dependence ¹	2.09	1.76	5.56	1.55	2.12
Illicit Drug Dependence or Abuse ¹	2.80	3.26	7.58	1.95	2.75
Alcohol Dependence	3.01	1.02	5.43	2.83	3.20
Alcohol Dependence or Abuse	6.64	2.88	13.12	5.99	7.00
Alcohol or Illicit Drug Dependence or Abuse ¹	8.36	4.95	17.68	7.20	8.68
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,8}	2.44	3.03	6.64	1.67	2.38
Needing But Not Receiving Treatment for Alcohol Use ⁸	6.24	2.73	12.45	5.60	6.58
PAST YEAR MENTAL HEALTH ISSUES					
Major Depressive Episode ^{3,9}	--	10.63	9.61	6.18	6.66
Serious Mental Illness ^{3,10}	--	--	4.67	3.80	3.93
Any Mental Illness ^{3,10}	--	--	20.80	17.39	17.87
Had Serious Thoughts of Suicide ¹¹	--	--	7.60	3.19	3.81

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

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² Average annual initiation of marijuana (%) = $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$, where X_1 is the number of marijuana initiates in the past 24 months and X_2 is the number of individuals who never used marijuana (with the at-risk population defined as $0.5 * X_1 + X_2$). Both of the computation components, X_1 and X_2 , are based on a survey-weighted hierarchical Bayes estimation approach. The age group shown is based on a respondent's age at the time of the interview, not his or her age at first use.

³ For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/>.

⁴ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

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¹¹ Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013 and 2014.