

## CALIFORNIA

**Table 19 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in California, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2012-2013 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	3,527	305	1,075	2,147	3,222
Past Year Marijuana Use	4,384	444	1,519	2,421	3,940
Past Month Marijuana Use	2,822	243	965	1,614	2,579
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	1,226	112	305	808	1,114
Past Year Cocaine Use	663	25	278	361	639
Past Year Nonmedical Pain Reliever Use	1,643	164	459	1,021	1,480
Perception of Great Risk of Smoking Marijuana Once a Month	8,957	653	741	7,563	8,304
Average Annual Number of Marijuana Initiates <sup>2</sup>	389	164	193	32	225
<b>ALCOHOL</b>					
Past Month Alcohol Use	15,611	362	2,567	12,683	15,249
Past Month Binge Alcohol Use <sup>3</sup>	6,684	198	1,591	4,895	6,486
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	14,547	1,237	1,682	11,629	13,311
Past Month Alcohol Use (Individuals Aged 12 to 20)	1,193 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) <sup>3</sup>	722 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	6,016	177	1,301	4,538	5,839
Past Month Cigarette Use	5,147	134	1,152	3,861	5,013
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	24,049	2,089	3,237	18,723	21,960
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	675	63	290	322	611
Illicit Drug Dependence or Abuse <sup>1</sup>	915	131	399	385	784
Alcohol Dependence	1,118	37	296	785	1,081
Alcohol Dependence or Abuse	2,307	95	653	1,559	2,212
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	2,765	182	854	1,729	2,583
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	822	124	366	333	699
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	2,144	91	640	1,413	2,053
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	327	405	1,459	1,864
Serious Mental Illness <sup>9,10</sup>	--	--	175	928	1,103
Any Mental Illness <sup>9,10</sup>	--	--	937	4,341	5,278
Had Serious Thoughts of Suicide	--	--	354	726	1,080

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

<sup>2</sup> Average annual number of marijuana initiates =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

<sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

<sup>9</sup> For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/population-data-nsduh/reports?tab=33>.

<sup>10</sup> Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders (MHSS-SCID)*, which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness (SMI). Any mental illness (AMI) includes individuals in any of the three categories.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.

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**Table 20 Selected Drug Use, Perceptions of Great Risk, Average Annual Incidence Estimates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in California, by Age Group: Percentages, Annual Averages Based on 2012-2013 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLCIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	11.17	9.80	24.12	8.94	11.32
Past Year Marijuana Use	13.89	14.25	34.08	10.08	13.85
Past Month Marijuana Use	8.94	7.80	21.64	6.72	9.06
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	3.88	3.59	6.85	3.37	3.91
Past Year Cocaine Use	2.10	0.79	6.23	1.50	2.24
Past Year Nonmedical Pain Reliever Use	5.20	5.25	10.30	4.25	5.20
Perception of Great Risk of Smoking Marijuana Once a Month	28.34	20.95	16.61	31.51	29.15
Average Annual Incidence Estimates of First Use of Marijuana <sup>2</sup>	2.12	6.01	8.37	0.26	1.45
<b>ALCOHOL</b>					
Past Month Alcohol Use	49.43	11.60	57.56	52.83	53.57
Past Month Binge Alcohol Use <sup>3</sup>	21.16	6.36	35.68	20.39	22.79
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	46.06	39.67	37.72	48.44	46.76
Past Month Alcohol Use (Individuals Aged 12 to 20)	23.79 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) <sup>3</sup>	14.40 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	19.05	5.66	29.19	18.90	20.51
Past Month Cigarette Use	16.29	4.31	25.83	16.08	17.61
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	76.15	67.02	72.59	77.99	77.14
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	2.14	2.03	6.49	1.34	2.15
Illicit Drug Dependence or Abuse <sup>1</sup>	2.90	4.19	8.96	1.60	2.76
Alcohol Dependence	3.54	1.20	6.65	3.27	3.80
Alcohol Dependence or Abuse	7.30	3.05	14.64	6.49	7.77
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	8.75	5.83	19.16	7.20	9.08
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	2.60	3.97	8.20	1.39	2.46
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	6.79	2.92	14.35	5.89	7.21
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	10.48	9.08	6.08	6.55
Serious Mental Illness <sup>9,10</sup>	--	--	3.92	3.87	3.88
Any Mental Illness <sup>9,10</sup>	--	--	21.01	18.08	18.54
Had Serious Thoughts of Suicide	--	--	7.94	3.02	3.79

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

<sup>2</sup> Average annual initiation of marijuana (%) =  $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of individuals who never used marijuana. Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

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<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

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<sup>10</sup> Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders (MHSS-SCID)*, which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness (SMI). Any mental illness (AMI) includes individuals in any of the three categories.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.