

SOUTH REGION

Table 7 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the South Region, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2012-2013 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	7,755	794	2,438	4,522	6,961
Past Year Marijuana Use	10,328	1,154	3,643	5,531	9,174
Past Month Marijuana Use	5,946	589	2,100	3,257	5,357
Past Month Use of Illicit Drugs Other Than Marijuana ¹	3,252	330	872	2,049	2,922
Past Year Cocaine Use	1,511	58	498	955	1,453
Past Year Nonmedical Pain Reliever Use	4,375	481	1,207	2,686	3,893
Perception of Great Risk of Smoking Marijuana Once a Month	32,721	2,614	2,357	27,749	30,107
Average Annual Number of Marijuana Initiates ²	999	456	463	80	543
ALCOHOL					
Past Month Alcohol Use	46,833	1,087	7,277	38,470	45,747
Past Month Binge Alcohol Use ³	20,792	601	4,529	15,662	20,191
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	42,491	3,862	4,679	33,950	38,629
Past Month Alcohol Use (Individuals Aged 12 to 20)	3,015 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ³	1,875 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	26,620	788	4,903	20,928	25,831
Past Month Cigarette Use	22,140	573	4,059	17,508	21,567
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	68,469	6,020	8,401	54,048	62,449
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	1,771	185	629	957	1,586
Illicit Drug Dependence or Abuse ¹	2,561	342	907	1,313	2,219
Alcohol Dependence	2,955	102	676	2,177	2,853
Alcohol Dependence or Abuse	6,093	276	1,619	4,197	5,816
Alcohol or Illicit Drug Dependence or Abuse ¹	7,745	523	2,151	5,070	7,222
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	2,297	320	839	1,138	1,977
Needing But Not Receiving Treatment for Alcohol Use ⁷	5,908	263	1,604	4,040	5,645
PAST YEAR MENTAL HEALTH ISSUES					
Had at Least One Major Depressive Episode ^{8,9}	--	912	1,063	4,866	5,929
Serious Mental Illness ^{9,10}	--	--	494	3,189	3,683
Any Mental Illness ^{9,10}	--	--	2,316	13,824	16,140
Had Serious Thoughts of Suicide	--	--	869	2,472	3,341

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

² Average annual number of marijuana initiates = $X_1 \div 2$, where X_1 is the number of marijuana initiates in the past 24 months.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁴ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

⁶ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

⁷ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

⁸ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

⁹ For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/population-data-nsduh/reports?tab=33>.

¹⁰ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders (MHSS-SCID)*, which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness (SMI). Any mental illness (AMI) includes individuals in any of the three categories.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.

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Table 8 Selected Drug Use, Perceptions of Great Risk, Average Annual Incidence Estimates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the South Region, by Age Group: Percentages, Annual Averages Based on 2012-2013 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	8.00	8.51	19.04	6.05	7.95
Past Year Marijuana Use	10.65	12.37	28.44	7.39	10.47
Past Month Marijuana Use	6.13	6.31	16.40	4.35	6.11
Past Month Use of Illicit Drugs Other Than Marijuana ¹	3.35	3.54	6.81	2.74	3.33
Past Year Cocaine Use	1.56	0.62	3.89	1.28	1.66
Past Year Nonmedical Pain Reliever Use	4.51	5.16	9.42	3.59	4.44
Perception of Great Risk of Smoking Marijuana Once a Month	33.73	28.02	18.41	37.10	34.34
Average Annual Incidence Estimates of First Use of Marijuana ²	1.68	5.39	6.62	0.18	1.07
ALCOHOL					
Past Month Alcohol Use	48.31	11.65	56.82	51.42	52.21
Past Month Binge Alcohol Use ³	21.45	6.44	35.36	20.94	23.04
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	43.83	41.39	36.53	45.39	44.09
Past Month Alcohol Use (Individuals Aged 12 to 20)	21.43 ⁴	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ³	13.33 ⁴	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁵	27.46	8.45	38.28	27.98	29.49
Past Month Cigarette Use	22.84	6.14	31.69	23.41	24.62
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	70.63	64.52	65.59	72.25	71.28
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁶					
Illicit Drug Dependence ¹	1.83	1.99	4.91	1.28	1.81
Illicit Drug Dependence or Abuse ¹	2.64	3.66	7.08	1.76	2.53
Alcohol Dependence	3.05	1.09	5.28	2.91	3.26
Alcohol Dependence or Abuse	6.28	2.96	12.64	5.61	6.64
Alcohol or Illicit Drug Dependence or Abuse ¹	7.99	5.61	16.80	6.78	8.24
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,7}	2.37	3.42	6.55	1.52	2.26
Needing But Not Receiving Treatment for Alcohol Use ⁷	6.09	2.82	12.53	5.40	6.44
PAST YEAR MENTAL HEALTH ISSUES					
Had at Least One Major Depressive Episode ^{8,9}	--	9.77	8.30	6.51	6.77
Serious Mental Illness ^{9,10}	--	--	3.86	4.26	4.20
Any Mental Illness ^{9,10}	--	--	18.08	18.48	18.42
Had Serious Thoughts of Suicide	--	--	6.78	3.30	3.81

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

² Average annual initiation of marijuana (%) = $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$, where X_1 is the number of marijuana initiates in the past 24 months and X_2 is the number of individuals who never used marijuana. Both of the computation components, X_1 and X_2 , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁴ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

⁵ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

⁶ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

⁷ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

⁸ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.