

Table 6.34C Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Numbers in Thousands, 2007 and 2008

Reason for Receipt of Mental Health Services ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³						2007 2008	
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
RECEIVED MENTAL HEALTH SERVICES ⁷	77	72	72	69	34	32	72	71	35	36	48	49
Thought about Killing Self or Tried to Kill Self	31	32	29	31	18	16	19	21	9	14	16	18
Felt Depressed	53	50	51	49	18	16	43	39	21	19	30	29
Felt Very Afraid or Tense	28	35	27	35	11	11	26	27	10	13	15	16
Eating Problems	24	23	21	22	9	9	15	15	11	11	12	11
Other Diagnosed Mental/ Neurological Disorder ⁸	10	10	9	9	3	2	2	4	4	6	2	2
Breaking Rules or "Acting Out"	36	37	34	36	14	13	31	31	13	13	19	19
Trouble Controlling Anger	28	28	28	27	9	9	21	23	8	10	10	12
Got into Physical Fights	15	16	14	15	5	5	17	14	4	7	8	4
Problems at Home/Family	40	39	39	39	10	10	26	28	10	13	16	17
Problems with Friends	24	27	23	27	5	5	28	31	5	6	12	16
Problems with People Other Than Family/Friends	20	24	20	24	6	5	23	22	13	8	10	11
Problems at School	29	32	28	31	8	10	32	35	12	12	14	17
Some Other Reason ⁹	23	23	22	21	8	11	17	18	13	11	10	10

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ Includes treatment/counseling from a (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Reason for Receipt of Mental Health Services only pertains to treatment/counseling from school counselors, school psychologists, or regular meetings with a teacher. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

⁵ Includes treatment/counseling from a pediatrician or other family doctor.

⁶ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁸ Respondent specified that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁹ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.34D Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Percentages, 2007 and 2008

Reason for Receipt of Mental Health Services ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³						2007 2008	
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
RECEIVED MENTAL HEALTH SERVICES ⁷	0.31	0.29	0.29	0.28	0.13	0.13	0.29	0.29	0.14	0.14	0.19	0.20
Thought about Killing Self or Tried to Kill Self	1.03	1.05	1.01	1.07	3.18	3.12	0.79	0.83	1.61	2.09	1.36	1.44
Felt Depressed	1.32	1.27	1.36	1.29	3.21	3.12	1.44	1.29	3.07	2.48	1.96	1.92
Felt Very Afraid or Tense	0.96	1.13	0.97	1.17	2.40	2.35	1.08	1.05	1.81	2.01	1.27	1.25
Eating Problems	0.83	0.79	0.78	0.80	2.09	2.05	0.63	0.64	2.00	1.85	1.00	0.90
Other Diagnosed Mental/ Neurological Disorder ⁸	0.36	0.35	0.36	0.35	0.82	0.56	0.09	0.17	0.82	1.01	0.15	0.14
Breaking Rules or "Acting Out"	1.15	1.13	1.17	1.16	2.93	2.82	1.17	1.14	2.22	1.93	1.55	1.47
Trouble Controlling Anger	0.97	0.91	0.99	0.93	2.09	1.99	0.86	0.89	1.49	1.54	0.86	0.97
Got into Physical Fights	0.53	0.56	0.53	0.56	1.29	1.29	0.72	0.57	0.77	1.15	0.70	0.38
Problems at Home/Family	1.24	1.20	1.27	1.26	2.23	2.27	1.08	1.06	1.73	1.99	1.30	1.34
Problems with Friends	0.83	0.94	0.86	0.98	1.24	1.25	1.11	1.18	0.97	0.94	1.02	1.27
Problems with People Other Than Family/Friends	0.71	0.82	0.73	0.85	1.36	1.20	0.97	0.88	2.33	1.33	0.85	0.89
Problems at School	0.99	1.04	1.00	1.08	1.86	2.18	1.27	1.21	2.07	1.80	1.19	1.37
Some Other Reason ⁹	0.80	0.79	0.80	0.76	1.75	2.54	0.74	0.74	2.18	1.80	0.85	0.86

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ Includes treatment/counseling from a (1) school counselors, school psychologists, or regular meetings with teachers or (2) special education services while in a regular classroom or placement in a special classroom, program, or school. Reason for Receipt of Mental Health Services only pertains to treatment/counseling from school counselors, school psychologists, or regular meetings with a teacher. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source.

⁵ Includes treatment/counseling from a pediatrician or other family doctor.

⁶ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

⁷ Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁸ Respondent specified that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁹ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.34P Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: *P* Values from Tests of Differences of Percentages, 2008 Versus 2007

Reason for Receipt of Mental Health Services ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ⁴		MEDICAL ⁵		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ⁶	
	Total		Outpatient ²		Inpatient ³						2007 2008	
	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008	2007	2008
RECEIVED MENTAL HEALTH SERVICES ⁷	0.5812		0.4990		0.6351		0.5375		0.6489		0.5012	
Thought about Killing Self or Tried to Kill Self	0.6595		0.9054		0.0330		0.5788		0.0347		0.3716	
Felt Depressed	0.4310		0.4560		0.2687		0.2881		0.1310		0.6772	
Felt Very Afraid or Tense	0.0863		0.0219		0.4118		0.6694		0.1726		0.7479	
Eating Problems	0.6867		0.6564		0.4165		0.5555		0.8893		0.4569	
Other Diagnosed Mental/ Neurological Disorder ⁸	0.6947		0.9963		0.2300		0.5204		0.3052		0.6853	
Breaking Rules or "Acting Out"	0.7156		0.6487		0.9165		0.9364		0.8975		0.9374	
Trouble Controlling Anger	0.7171		0.6536		0.8203		0.7427		0.2579		0.8909	
Got into Physical Fights	0.4192		0.4330		0.7294		0.1628		0.3891		0.0914	
Problems at Home/Family	0.9618		0.9476		0.7382		0.9305		0.3459		0.8580	
Problems with Friends	0.1250		0.0804		0.7389		0.8427		0.5334		0.0502	
Problems with People Other Than Family/Friends	0.3325		0.2683		0.8801		0.3928		0.9896		0.4151	
Problems at School	0.2244		0.2639		0.2213		0.4141		0.7384		0.2845	
Some Other Reason ⁹	0.5494		0.2570		0.1690		0.9319		0.7855		0.9939	

*Low precision; no estimate reported.

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