

**Table 6.49A Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2007 and 2008**

Demographic/Socioeconomic Characteristic	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2007)	Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2008)	Saw or Talked to Medical Doctor or Other Professional Only (2007)	Saw or Talked to Medical Doctor or Other Professional Only (2008)	Used Prescription Medication Only (2007)	Used Prescription Medication Only (2008)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2007)	Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2008)
<b>TOTAL</b>	781	758	412	436	49	57	313	264
<b>GENDER</b>								
Male	213	181	105	89	17	25	91	68
Female	568	577	308	348	32	33	222	196
<b>HISPANIC ORIGIN OR RACE</b>								
Not Hispanic or Latino	690	653	357	367	42	49	285	237
White	543	540	245	284	36	41	258	214
Black or African American	117	85	92	66	4	6	19	12
Other or Two or More Races	*	29	*	17	2	1	8	11
Hispanic or Latino	91	105	55	69	7	9	28	27
<b>FAMILY INCOME</b>								
Less Than \$20,000	135	128	85	76	6	8	43	44
\$20,000 - \$49,999	265	241	154	161	19	23	88	57
\$50,000 - \$74,999	127	115	67	63	11	4	47	48
\$75,000 or More	254	275	106	137	13	23	135	115
<b>GOVERNMENT ASSISTANCE<sup>1</sup></b>								
Yes	183	169	107	105	11	14	61	49
No	598	590	306	331	38	43	253	215
<b>HEALTH INSURANCE<sup>2</sup></b>								
Private	535	515	268	282	31	40	234	194
Medicaid/CHIP <sup>3</sup>	224	202	126	130	19	13	75	58
Other <sup>4</sup>	*	*	*	*	*	*	*	*
No Coverage	25	39	14	30	2	*	9	7

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>4</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.49B Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2007 and 2008**

<b>Demographic/Socioeconomic Characteristic</b>	<b>Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2007)</b>	<b>Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication (2008)</b>	<b>Saw or Talked to Medical Doctor or Other Professional Only (2007)</b>	<b>Saw or Talked to Medical Doctor or Other Professional Only (2008)</b>	<b>Used Prescription Medication Only (2007)</b>	<b>Used Prescription Medication Only (2008)</b>	<b>Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2007)</b>	<b>Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication (2008)</b>
<b>TOTAL</b>	38.9	37.7	20.5	21.7	2.5	2.9	15.6	13.1
<b>GENDER</b>								
Male	36.7	33.8	18.0	16.6	2.9	4.6	15.7	12.6
Female	39.9	39.2	21.6	23.6	2.3	2.2	15.6	13.3
<b>HISPANIC ORIGIN OR RACE</b>								
Not Hispanic or Latino	41.0	39.3	21.2	22.1	2.5	2.9	16.9	14.2
White	42.6	43.1	19.2	22.7	2.8	3.3	20.2	17.1
Black or African American	39.9	32.6	31.6	25.6	1.4	2.3	6.7	4.6
Other or Two or More Races	*	19.0	*	11.1	1.6	0.9	6.5	7.0
Hispanic or Latino	28.1	30.3	17.0	20.0	2.3	2.5	8.8	7.7
<b>FAMILY INCOME</b>								
Less Than \$20,000	39.9	42.4	25.3	25.1	1.8	2.7	12.8	14.5
\$20,000 - \$49,999	38.2	37.2	22.1	24.9	2.7	3.5	12.7	8.8
\$50,000 - \$74,999	36.1	32.0	19.1	17.6	3.2	1.1	13.5	13.3
\$75,000 or More	40.8	39.1	17.1	19.4	2.1	3.2	21.6	16.4
<b>GOVERNMENT ASSISTANCE<sup>1</sup></b>								
Yes	45.0	41.8	26.3	26.1	2.7	3.5	15.0	12.2
No	37.4	36.7	19.1	20.6	2.4	2.7	15.7	13.3
<b>HEALTH INSURANCE<sup>2</sup></b>								
Private	40.6	38.0	20.3	20.7	2.4	2.9	17.8	14.3
Medicaid/CHIP <sup>3</sup>	42.9	41.1	24.1	26.3	3.5	2.7	14.5	11.8
Other <sup>4</sup>	*	*	*	*	*	*	*	*
No Coverage	17.2	29.0	9.4 <sup>a</sup>	22.2	1.6	*	5.8	5.2

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>4</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.50A Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2008**

<b>Demographic/Socioeconomic Characteristic</b>	<b>Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication</b>	<b>Saw or Talked to Medical Doctor or Other Professional Only</b>	<b>Used Prescription Medication Only</b>	<b>Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication</b>
<b>TOTAL</b>	10,131	2,356	587	7,140
<b>GENDER</b>				
Male	3,204	836	141	2,227
Female	6,927	1,520	446	4,912
<b>HISPANIC ORIGIN OR RACE</b>				
Not Hispanic or Latino	9,209	1,916	558	6,687
White	7,927	1,572	506	5,801
Black or African American	681	206	25	*
Other or Two or More Races	*	*	*	*
Hispanic or Latino	*	*	28	*
<b>FAMILY INCOME</b>				
Less Than \$20,000	2,599	610	179	1,761
\$20,000 - \$49,999	3,519	1,011	167	2,340
\$50,000 - \$74,999	1,934	334	97	1,503
\$75,000 or More	2,079	401	143	1,535
<b>GOVERNMENT ASSISTANCE<sup>1</sup></b>				
Yes	2,847	663	122	2,013
No	7,284	1,693	465	5,126
<b>HEALTH INSURANCE<sup>2</sup></b>				
Private	5,589	1,284	380	3,926
Medicaid/CHIP <sup>3</sup>	1,694	249	44	1,400
Other <sup>4</sup>	2,326	422	174	1,683
No Coverage	1,893	669	97	1,127

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.7 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

NOTE: Respondents with unknown past year treatment data were excluded.

<sup>1</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>4</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008 (subsample).

**Table 6.50B Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2008**

<b>Demographic/Socioeconomic Characteristic</b>	<b>Saw or Talked to Medical Doctor or Other Professional OR Used Prescription Medication</b>	<b>Saw or Talked to Medical Doctor or Other Professional Only</b>	<b>Used Prescription Medication Only</b>	<b>Saw or Talked to Medical Doctor or Other Professional AND Used Prescription Medication</b>
<b>TOTAL</b>	71.0	16.5	4.1	50.2
<b>GENDER</b>				
Male	65.0	16.9	2.9	45.1
Female	74.2	16.3	4.8	52.9
<b>HISPANIC ORIGIN OR RACE</b>				
Not Hispanic or Latino	72.5	15.1	4.4	52.8
White	74.2	14.7	4.8	54.5
Black or African American	55.2	16.7	2.0	*
Other or Two or More Races	*	*	*	*
Hispanic or Latino	*	*	1.8	*
<b>FAMILY INCOME</b>				
Less Than \$20,000	69.1	16.2	4.8	47.4
\$20,000 - \$49,999	69.7	20.0	3.3	46.3
\$50,000 - \$74,999	74.1	12.7	3.7	57.4
\$75,000 or More	73.0	14.1	5.0	53.9
<b>GOVERNMENT ASSISTANCE<sup>1</sup></b>				
Yes	78.8	18.4	3.4	56.4
No	68.4	15.9	4.4	48.1
<b>HEALTH INSURANCE<sup>2</sup></b>				
Private	69.8	16.0	4.7	49.0
Medicaid/CHIP <sup>3</sup>	83.1	12.2	2.2	68.6
Other <sup>4</sup>	83.5	15.1	6.4	61.4
No Coverage	64.1	22.6	3.3	38.1

\*Low precision; no estimate reported.

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.7 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

NOTE: Respondents with unknown past year treatment data were excluded.

<sup>1</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>4</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008 (subsample).