

Table 6.28A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2007 and 2008

| Reason Did Not Receive Treatment/Counseling ¹ | Total ² | | MENTAL HEALTH TREATMENT/COUNSELING ³ | | | |
|---|--------------------|--------|---|-------|------------------|-------|
| | | | Received | | Not Received | |
| | 2007 | 2008 | 2007 | 2008 | 2007 | 2008 |
| TOTAL POPULATION | 10,921 | 10,560 | 5,486 | 5,353 | 5,392 | 5,148 |
| Could Not Afford Cost | 4,860 | 4,734 | 2,537 | 2,498 | 2,312 | 2,189 |
| Might Cause Neighbors/Community to Have Negative Opinion | 832 | 877 | 362 | 481 | 463 | 395 |
| Might Have Negative Effect on Job | 811 | 685 | 352 | 374 | 459 | 311 |
| Health Insurance Does Not Cover Any Mental Health Treatment/Counseling | 699 | 769 | 294 | 398 | 404 | 370 |
| Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling | 1,293 ^a | 968 | 684 | 556 | 606 ^a | 412 |
| Did Not Know Where to Go for Services | 1,593 | 1,811 | 620 | 791 | 969 | 1,015 |
| Concerned about Confidentiality | 1,065 | 937 | 464 | 502 | 594 | 435 |
| Fear of Being Committed/Have to Take Medicine | 1,070 | 1,048 | 703 | 552 | 357 | 491 |
| Did Not Feel Need for Treatment | 901 ^b | 616 | 381 | 280 | 515 ^a | 331 |
| Could Handle the Problem Without Treatment | 2,801 | 2,454 | 1,219 | 982 | 1,571 | 1,466 |
| Treatment Would Not Help | 1,061 ^a | 765 | 564 | 394 | 496 | 371 |
| Did Not Have Time | 1,679 | 1,453 | 769 | 738 | 892 | 713 |
| Did Not Want Others to Find Out | 714 ^a | 525 | 287 | 237 | 421 ^a | 287 |
| No Transportation/Inconvenient | 282 | 350 | 185 | 220 | 97 | 130 |
| Some Other Reason ⁴ | 777 | 735 | 367 | 418 | 410 | 317 |

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.28B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2007 and 2008

| Reason Did Not Receive Treatment/Counseling ¹ | Total ² | | MENTAL HEALTH TREATMENT/COUNSELING ³ | | | |
|---|--------------------|-------|---|-------|-------------------|-------|
| | | | Received | | Not Received | |
| | 2007 | 2008 | 2007 | 2008 | 2007 | 2008 |
| TOTAL POPULATION | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Could Not Afford Cost | 44.9 | 45.1 | 46.9 | 47.0 | 43.2 | 42.7 |
| Might Cause Neighbors/Community to Have Negative Opinion | 7.7 | 8.3 | 6.7 | 9.1 | 8.7 | 7.7 |
| Might Have Negative Effect on Job | 7.5 | 6.5 | 6.5 | 7.0 | 8.6 | 6.1 |
| Health Insurance Does Not Cover Any Mental Health Treatment/Counseling | 6.5 | 7.3 | 5.4 | 7.5 | 7.6 | 7.2 |
| Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling | 12.0 ^a | 9.2 | 12.6 | 10.5 | 11.3 ^a | 8.0 |
| Did Not Know Where to Go for Services | 14.7 | 17.2 | 11.4 | 14.9 | 18.1 | 19.8 |
| Concerned about Confidentiality | 9.8 | 8.9 | 8.6 | 9.5 | 11.1 | 8.5 |
| Fear of Being Committed/Have to Take Medicine | 9.9 | 10.0 | 13.0 | 10.4 | 6.7 | 9.6 |
| Did Not Feel Need for Treatment | 8.3 ^a | 5.9 | 7.0 | 5.3 | 9.6 ^a | 6.4 |
| Could Handle the Problem Without Treatment | 25.9 | 23.4 | 22.5 | 18.5 | 29.3 | 28.6 |
| Treatment Would Not Help | 9.8 ^a | 7.3 | 10.4 | 7.4 | 9.3 | 7.2 |
| Did Not Have Time | 15.5 | 13.8 | 14.2 | 13.9 | 16.7 | 13.9 |
| Did Not Want Others to Find Out | 6.6 | 5.0 | 5.3 | 4.5 | 7.9 | 5.6 |
| No Transportation/Inconvenient | 2.6 | 3.3 | 3.4 | 4.1 | 1.8 | 2.5 |
| Some Other Reason ⁴ | 7.2 | 7.0 | 6.8 | 7.9 | 7.7 | 6.2 |

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.