

**Table 6.23A Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Numbers in Thousands, 2007 and 2008**

| Dependence/Abuse                       | Total <sup>1</sup> |        | MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup> |       |              |        |
|--|--------------------|--------|---|-------|--------------|--------|
|  |                    |        | Received  |       | Not Received |        |
|  | 2007               | 2008   | 2007  | 2008  | 2007         | 2008   |
| <b>DEPENDENCE OR ABUSE<sup>3</sup></b> |                    |        |   |       |              |        |
| Illicit Drugs or Alcohol <sup>4</sup>  | 20,373             | 20,334 | 4,669   | 4,535 | 15,621       | 15,734 |
| Illicit Drugs <sup>4</sup>             | 5,758              | 5,841  | 1,804   | 1,733 | 3,925        | 4,084  |
| Alcohol                                | 17,273             | 17,119 | 3,614   | 3,633 | 13,584       | 13,431 |
| <b>DEPENDENCE<sup>3</sup></b>          |                    |        |   |       |              |        |
| Illicit Drugs or Alcohol <sup>4</sup>  | 10,800             | 11,336 | 2,991   | 3,181 | 7,751        | 8,117  |
| Illicit Drugs <sup>4</sup>             | 4,107              | 4,227  | 1,363   | 1,352 | 2,719        | 2,863  |
| Alcohol                                | 7,897              | 8,286  | 2,006   | 2,301 | 5,842        | 5,952  |

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent past year dependence/abuse for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>3</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>4</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically, based on data from original questions not including methamphetamine items added in 2005 and 2006.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

**Table 6.23B Substance Dependence or Abuse in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling: Percentages, 2007 and 2008**

| Dependence/Abuse                       | Total <sup>1</sup> |      | MENTAL HEALTH TREATMENT/COUNSELING <sup>2</sup> |      |              |      |
|--|--------------------|------|---|------|--------------|------|
|  |                    |      | Received  |      | Not Received |      |
|  | 2007               | 2008 | 2007  | 2008 | 2007         | 2008 |
| <b>DEPENDENCE OR ABUSE<sup>3</sup></b> |                    |      |   |      |              |      |
| Illicit Drugs or Alcohol <sup>4</sup>  | 9.2                | 9.0  | 15.9  | 15.1 | 8.1          | 8.1  |
| Illicit Drugs <sup>4</sup>             | 2.6                | 2.6  | 6.1   | 5.8  | 2.0          | 2.1  |
| Alcohol                                | 7.8                | 7.6  | 12.3  | 12.1 | 7.1          | 6.9  |
| <b>DEPENDENCE<sup>3</sup></b>          |                    |      |   |      |              |      |
| Illicit Drugs or Alcohol <sup>4</sup>  | 4.9                | 5.0  | 10.2  | 10.6 | 4.0          | 4.2  |
| Illicit Drugs <sup>4</sup>             | 1.8                | 1.9  | 4.6   | 4.5  | 1.4          | 1.5  |
| Alcohol                                | 3.5                | 3.7  | 6.8   | 7.7  | 3.0          | 3.1  |

\*Low precision; no estimate reported.

<sup>a</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Estimates in the Total column represent past year dependence/abuse for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

<sup>2</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

<sup>3</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>4</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically, based on data from original questions not including methamphetamine items added in 2005 and 2006.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.