

**Table 6.1A Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2008**

Age Category	Total	Male	Female
<b>TOTAL</b>	10,158	4,252	5,906
18	400	156	244
19	388	141	247
20	330	138	192
21	302	126	176
22	276	112	163
23	298	115	183
24	250	100	149
25	239	113	126
26-29	970	386	584
30-34	883	334	549
35-39	1,216	522	694
40-44	1,025	420	605
45-49	946	442	504
50-54	784	259	525
55-59	482	221	260
60-64	366	198	168
65 or Older	1,005	469	535

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.1B Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2008**

Age Category	Total	Male	Female
<b>TOTAL</b>	4.5	3.9	5.1
18	8.2	6.2	10.2
19	8.9	6.1	12.0
20	8.3	6.9	9.8
21	7.6	6.3	8.8
22	6.8	5.6	8.0
23	7.3	5.7	8.9
24	6.5	5.3	7.7
25	6.3	6.1	6.5
26-29	5.7	4.4	7.0
30-34	4.8	3.7	5.7
35-39	6.0	5.3	6.6
40-44	4.8	4.0	5.5
45-49	4.2	3.9	4.5
50-54	3.6	2.5	4.5
55-59	2.7	2.5	2.9
60-64	2.4	2.7	2.1
65 or Older	2.7	2.9	2.5

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.2A Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group and Demographic Characteristics:  
Numbers in Thousands, 2008**

<b>Demographic Characteristic</b>	<b>Total</b>	<b>Aged 18-25</b>	<b>Aged 26-49</b>	<b>Aged 50+</b>
<b>TOTAL</b>	10,158	2,483	5,039	2,636
<b>GENDER</b>				
Male	4,252	1,001	2,103	1,147
Female	5,906	1,482	2,935	1,489
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	8,660	2,059	4,337	2,264
White	6,718	1,527	3,329	1,862
Black or African American	1,360	355	806	199
American Indian or Alaska Native	43	17	14	*
Native Hawaiian or Other Pacific Islander	*	*	*	*
Asian	291	100	100	*
Two or More Races	199	49	54	*
Hispanic or Latino	1,498	424	702	372
<b>EDUCATION</b>				
< High School	2,893	691	1,124	1,078
High School Graduate	3,200	827	1,606	768
Some College	2,746	759	1,517	470
College Graduate	1,318	206	792	320
<b>CURRENT EMPLOYMENT</b>				
Full-Time	4,036	951	2,548	537
Part-Time	1,328	587	558	183
Unemployed	918	373	483	62
Other <sup>1</sup>	3,876	571	1,450	1,855

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.2B Serious Psychological Distress in the Past Month among Persons Aged 18 or Older, by Age Group and Demographic Characteristics: Percentages, 2008**

<b>Demographic Characteristic</b>	<b>Total</b>	<b>Aged 18-25</b>	<b>Aged 26-49</b>	<b>Aged 50+</b>
<b>TOTAL</b>	4.5	7.5	5.0	2.9
<b>GENDER</b>				
Male	3.9	6.0	4.3	2.7
Female	5.1	9.1	5.8	3.0
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	4.5	7.6	5.2	2.7
White	4.3	7.5	5.2	2.6
Black or African American	5.3	7.6	6.6	2.3
American Indian or Alaska Native	4.5	10.1	3.5	*
Native Hawaiian or Other Pacific Islander	*	*	*	*
Asian	3.0	6.7	1.9	*
Two or More Races	7.9	12.0	6.2	*
Hispanic or Latino	4.9	7.3	4.2	4.9
<b>EDUCATION</b>				
< High School	8.3	11.7	8.5	6.8
High School Graduate	4.6	7.1	5.7	2.5
Some College	4.8	7.0	5.8	2.3
College Graduate	2.1	4.5	2.5	1.2
<b>CURRENT EMPLOYMENT</b>				
Full-Time	3.3	6.3	3.6	1.5
Part-Time	4.4	6.9	5.3	1.6
Unemployed	10.2	12.2	11.2	3.9
Other <sup>1</sup>	6.1	9.0	10.7	4.3

\*Low precision; no estimate reported.

NOTE: Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> The Other Employment category includes retired persons, disabled persons, homemakers, students, or other persons not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.