

Table 6.28C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2007 and 2008

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL POPULATION	335	332	243	233	226	226
Could Not Afford Cost	223	215	162	152	147	140
Might Cause Neighbors/Community to Have Negative Opinion	79	77	51	60	59	54
Might Have Negative Effect on Job	91	76	58	56	70	52
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	84	92	49	68	68	61
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	110	92	83	72	74	55
Did Not Know Where to Go for Services	110	138	79	88	79	106
Concerned about Confidentiality	103	108	71	88	78	63
Fear of Being Committed/Have to Take Medicine	94	101	88	61	37	79
Did Not Feel Need for Treatment	89	58	61	40	64	43
Could Handle the Problem Without Treatment	160	144	118	88	111	112
Treatment Would Not Help	109	78	91	61	60	49
Did Not Have Time	126	105	87	77	91	71
Did Not Want Others to Find Out	71	61	49	41	53	41
No Transportation/Inconvenient	39	54	36	46	20	28
Some Other Reason ⁴	79	80	49	64	64	50

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.28D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2007 and 2008

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.51	1.54	2.26	2.12	1.96	2.13
Might Cause Neighbors/Community to Have Negative Opinion	0.71	0.71	0.95	1.07	1.05	1.02
Might Have Negative Effect on Job	0.80	0.70	1.05	1.03	1.24	1.00
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.75	0.84	0.90	1.24	1.20	1.15
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.97	0.83	1.43	1.29	1.31	1.04
Did Not Know Where to Go for Services	0.95	1.20	1.38	1.55	1.36	1.82
Concerned about Confidentiality	0.90	0.99	1.25	1.56	1.36	1.19
Fear of Being Committed/Have to Take Medicine	0.83	0.90	1.52	1.11	0.69	1.44
Did Not Feel Need for Treatment	0.80	0.54	1.09	0.74	1.14	0.83
Could Handle the Problem Without Treatment	1.24	1.21	1.90	1.55	1.72	1.88
Treatment Would Not Help	0.96	0.71	1.58	1.11	1.08	0.94
Did Not Have Time	1.07	0.95	1.50	1.41	1.53	1.31
Did Not Want Others to Find Out	0.64	0.58	0.89	0.76	0.96	0.81
No Transportation/Inconvenient	0.36	0.51	0.66	0.86	0.37	0.54
Some Other Reason ⁴	0.71	0.74	0.90	1.17	1.13	0.95

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.

Table 6.28P Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: *P* Values from Tests of Differences of Percentages, 2008 Versus 2007

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2007	2008	2007	2008	2007	2008
TOTAL POPULATION	N/A		N/A		N/A	
Could Not Afford Cost	0.9575		0.9656		0.8596	
Might Cause Neighbors/Community to Have Negative Opinion	0.5179		0.0958		0.5149	
Might Have Negative Effect on Job	0.3823		0.7258		0.1162	
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.4503		0.1760		0.8344	
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.0331		0.2542		0.0483	
Did Not Know Where to Go for Services	0.1056		0.0985		0.4587	
Concerned about Confidentiality	0.4982		0.6789		0.1417	
Fear of Being Committed/Have to Take Medicine	0.9497		0.1653		0.0651	
Did Not Feel Need for Treatment	0.0134		0.1879		0.0251	
Could Handle the Problem Without Treatment	0.1462		0.1004		0.7691	
Treatment Would Not Help	0.0343		0.1215		0.1515	
Did Not Have Time	0.2316		0.8786		0.1671	
Did Not Want Others to Find Out	0.0642		0.4761		0.0740	
No Transportation/Inconvenient	0.2368		0.4935		0.2708	
Some Other Reason ⁴	0.8252		0.4861		0.3072	

*Low precision; no estimate reported.

N/A: Not applicable.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2007 and 2008.