

Iowa 2018 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System

Utilization Rates/Number of Consumers Served	U.S.	State	U.S. Rate	States
Penetration Rate per 1,000 population	7,808,416	59.96	23.69	58
Community Utilization per 1,000 population	7,577,095	53.60	22.99	58
State Hospital Utilization per 1,000 population	129,300	0.18	0.39	52
Other Psychiatric Inpatient Utilization per 1,000 population	447,545	4.37	1.58	41

Adult Employment Status	U.S.	State	U.S. Rate	States
Employed (Percent in Labor Force)*	758,207	39.8%	46.0%	57
Employed (percent with Employment Data)**	758,207	22.9%	22.2%	57

Adult Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	80.4%	50

Child/Family Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	-	72.3%	46

Readmission Rates:(Civil "non-Forensic" clients)	U.S.	State	U.S. Rate	States
State Hospital Readmissions: 30 Days	5,658	2.0%	7.2%	46
State Hospital Readmissions: 180 Days	13,392	5.2%	17.1%	50
State Hospital Readmissions: 30 Days: Adults	5,104	1.3%	7.3%	45
State Hospital Readmissions: 180 Days: Adults	11,997	3.8%	17.1%	49
State Hospital Readmissions: 30 Days: Children	545	2.4%	6.5%	17
State Hospital Readmissions: 180 Days: Children	1,386	6.0%	16.5%	19

Living Situation	U.S.	State	U.S. Rate	States
Private Residence	4,154,672	76.6%	83.5%	56
Homeless/Shelter	222,312	5.9%	4.5%	53
Jail/Correctional Facility	111,902	1.1%	2.2%	50

Adult EBP Services	U.S.	State	U.S. Rate	States
Supported Housing	91,920	-	2.9%	35
Supported Employment	70,310	-	2.0%	45
Assertive Community Treatment	76,802	-	2.1%	45
Family Psychoeducation	39,412	-	2.8%	15
Dual Diagnosis Treatment	250,051	-	11.6%	28
Illness Self Management	336,335	-	20.0%	21
Medications Management	524,689	-	32.1%	19

Child/Adolescent EBP Services	U.S.	State	U.S. Rate	States
Therapeutic Foster Care	7,762	-	1.1%	22
Multisystemic Therapy	25,203	-	3.8%	20
Functional Family Therapy	24,841	-	4.9%	16

Change in Social Connectedness	State	U.S. Rate	States
Adult Improved Social Connectedness	-	76.6%	48
Child/Family Improved Social Connectedness	-	86.3%	45

*Denominator is the sum of consumers employed and unemployed.

**Denominator is the sum of consumers employed, unemployed, and not in labor force.

SAMHSA Uniform Reporting System - 2018 State Mental Health Measures

Iowa

Utilization	State Number	State Rate	U.S.	U.S. Rate	States
Penetration Rate per 1,000 population	188,578	59.96	7,808,416	23.69	58
Community Utilization per 1,000 population	168,565	53.60	7,577,095	22.99	58
State Hospital Utilization per 1,000 population	554	0.18	129,300	0.39	52
Medicaid Funding Status	173,242	92%	5,310,831	71%	56
Employment Status (percent employed)	4,788	23%	758,207	22%	57
State Hospital Adult Admissions	213	0.89	96,700	0.80	52
Community Adult Admissions	18,772	0.17	10,921,488	2.26	52
Percent Adults with SMI and Children with SED	188,578	100%	5,519,497	71%	58

Utilization	State Rate	U.S. Rate	States
State Hospital LOS Discharged Adult patients (Median)	47 Days	90 Days	49
State Hospital LOS for Adult Resident patients in facility <1 year (Median)	107 Days	85 Days	49
Percent of Client who meet Federal SMI definition	100%	70%	56
Adults with Co-occurring MH/SA Disorders	13%	27%	56
Children with Co-occurring MH/SA Disorders	2%	5%	48

Adult Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	88.6%	50
Quality/Appropriateness of Services	-	89.5%	50
Outcome from Services	-	80.4%	50
Participation in Treatment Planning	-	86.2%	50
General Satisfaction with Care	-	90.1%	50

Child/Family Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	-	85.2%	46
General Satisfaction with Care	-	86.9%	47
Outcome from Services	-	72.3%	46
Participation in Treatment Planning	-	87.1%	47
Cultural Sensitivity of Providers	-	92.9%	45

Consumer Living Situations	State Number	State Rate	U.S.	U.S. Rate	States
Private Residence	23,976	76.6%	4,154,672	83.5%	56
Jail/Correctional Facility	348	1.1%	111,902	2.2%	50
Homeless or Shelter	1,843	5.9%	222,312	4.5%	53

Hospital Readmissions	State Number	State Rate	U.S.	U.S. Rate	States
State Hospital Readmissions: 30 Days	8	2.0%	5,658	7.2%	46
State Hospital Readmissions: 180 Days	21	5.2%	13,392	17.1%	50
Readmission to any psychiatric hospital: 30 Days	1,684	12.7%	28,791	13.0%	20

State Mental Health Finance (2018)	State Number	State Rate	U.S.	U.S. Rate	States
SMHA Expenditures for Community Mental Health*	\$767,742,730	94.5%	\$29,108,504,837	68.5%	58
State Expenditures from State Sources	\$35,266,409	4.3%	\$21,077,218,310	49.6%	55
Total SMHA Expenditures	\$812,458,918	-	\$42,463,280,813	-	58

Adult Evidence-Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Assertive Community Treatment	-	-	76,802	2.1%	45
Supported Housing	-	-	91,920	2.9%	35
Supported Employment	-	-	70,310	2.0%	45
Family Psychoeducation	-	-	39,412	2.8%	15
Integrated Dual Diagnosis Treatment	-	-	250,051	11.6%	28
Illness Self-Management and Recovery	-	-	336,335	20.0%	21
Medications Management	-	-	524,689	32.1%	19

Child Evidence Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Therapeutic Foster Care	-	-	7,762	1.1%	22
Multisystemic Therapy	-	-	25,203	3.8%	20
Functional Family Therapy	-	-	24,841	4.9%	16

Outcome	State Number	State Rate	U.S.	U.S. Rate	States
Adult Criminal Justice Contacts	-	-	33,739	4.0%	33
Juvenile Justice Contacts	-	-	5,869	2.9%	33
School Attendance (Improved)	-	-	8,959	30.4%	23

* Includes primary prevention, evidence-based practices for early serious mental illness, and Other 24-Hour Care

Mental Health Community Services Block Grant: 2018 State Summary Report

Iowa

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State Revenue Expenditure Data	Amount
FY 2018 Mental Health Block Grant Expenditures	\$3,352,872
FY 2018 SMHA Community MH Expenditures	\$766,717,415
FY 2018 Per Capita Community MH Expenditures	\$243.83
FY 2018 Community Percent of Total SMHA Spending	94.34%
FY 2018 Total SMHA Mental Health Expenditure	\$812,458,918
FY 2018 Per Capita Total SMHA Mental Health Expenditures	\$258.38

Statewide Mental Health Agency Data*

Measure	Number of Clients	Utilization Rate Per 1,000 Population
Total Clients Served by SMHA System	188,578	60.0
Clients Served in Community Settings	168,565	53.6
Clients Served in State Hospitals	554	0.2

Gender	Percent
Female	55.5%
Male	44.4%
Not Available	0.1%

Race/Ethnicity	Percent
American Indian or Alaska Native	1.3%
Asian	0.5%
Black or African American	5.5%
Native Hawaiian or Other Pacific Islander	0.4%
White	64.2%
Hispanic or Latino	3.1%
More Than One Race	3.1%
Not Available	21.9%

Employment With Known Status (Adults)	Percent
Employed	22.9%
Unemployed	34.6%
Not In Labor Force	42.5%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	83.3%
Non-Medicaid	8.1%
Both Medicaid and Other Funds	8.6%

Consumer Perception of Care: (Adults)	Percent
Access to Services	-
Quality/Appropriateness of Services	-
Outcome from Services	-
Participation in Treatment Planning	-
Overall Satisfaction with Care	-

Implementation of Evidence-Based Practices	Percent
Assertive Community Treatment	-
Supported Housing	-
Supported Employment	-
Family Psychoeducation	-
Integrated Dual Diagnosis Treatment	-
Illness Self-Management and Recovery	-
Medications Management	-
Therapeutic Foster Care	-
Multisystemic Therapy	-
Functional Family Therapy	-

Age	Percent
0 to 12	20.2%
13 to 17	12.9%
18 to 20	5.3%
21 to 24	6.0%
25 to 44	30.8%
45 to 64	20.5%
65 to 74	2.6%
75 and over	1.7%
Not Available	0.0%

Living Situation (with Known Status)	Percent
Private Residence	76.6%
Foster Home	0.1%
Residential Care	1.6%
Crisis Residence	-
Residential Treatment Center	12.1%
Institutional Setting	0.4%
Jail (Correctional Facility)	1.1%
Homeless (Shelter)	5.9%
Other	2.2%

Consumer Perception of Care: (Children/Adolescents)	Percent
Access to Services	-
Overall Satisfaction with Care	-
Outcome from Services	-
Participation in Treatment Planning	-
Cultural Sensitivity of Providers	-

Outcome Measures Developmental	Percent
Adults Arrested this Year	-
Youth Arrested this Year	-
Improved School Attendance	-

Hospital Readmissions (Civil Status Patients)	Percent
State Hospital Readmissions: 30 Days	2.0%
State Hospital Readmissions: 180 Days	5.2%
Readmission to any psychiatric hospital: 30 Days	12.7%

* Based on 2018 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

Access Domain: Demographic Characteristics of Persons Served by the State Mental Health Authority, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographics	Total Served				Penetration Rates			States Reporting
	State		US		(per 1,000 population)			
	n	%	n	%	State	Midwest	US	
Total	188,578	100.0%	7,808,416	100.0%	59.9	26.5	23.7	58
0-12	38,131	20.2%	1,203,652	15.4%	72.4	27.3	22.8	58
13-17	24,242	12.9%	925,819	11.9%	118.0	48.4	44.3	58
18-20	9,909	5.3%	360,836	4.6%	71.3	30.6	28.2	58
21-24	11,345	6.0%	444,506	5.7%	62.5	28.3	24.9	58
25-44	58,070	30.8%	2,473,874	31.7%	75.5	34.1	28.7	58
45-64	38,738	20.5%	1,986,490	25.4%	48.5	24.1	23.5	58
65-74	4,965	2.6%	283,165	3.6%	17.0	9.0	9.5	58
75 and over	3,177	1.7%	120,284	1.5%	13.5	4.7	5.7	56
Age Not Available	1	0.0%	9,790	0.1%	-	-	-	25
Female	104,618	55.5%	4,015,557	51.4%	66.2	26.7	24.0	58
Male	83,822	44.4%	3,756,736	48.1%	53.6	25.4	23.1	58
Gender Not Available	138	0.1%	36,123	0.5%	-	-	-	36
American Indian/Alaskan Native	2,512	1.3%	104,432	1.3%	154.9	44.5	25.4	54
Asian	906	0.5%	104,856	1.3%	11.0	7.1	5.5	56
Black/African American	10,366	5.5%	1,434,593	18.4%	86.2	38.0	33.0	54
Native Hawaiian/Pacific Islander	743	0.4%	19,970	0.3%	200.2	52.2	25.7	55
White	121,092	64.2%	4,676,060	59.9%	42.3	20.7	18.7	55
Hispanic or Latino Race	5,892	3.1%	72,946	0.9%	31.0	-	3.4	12
Multi-Racial	5,830	3.1%	219,096	2.8%	99.6	52.8	26.5	51
Race Not Available	41,237	21.9%	1,176,463	15.1%	-	-	-	53
Hispanic or Latino Ethnicity	17	0.0%	1,109,919	14.9%	0.1	13.4	18.9	52
Not Hispanic or Latino Ethnicity	406	0.2%	5,677,480	76.1%	0.1	22.2	21.8	56
Ethnicity Not Available	188,155	99.8%	670,932	9.0%	-	-	-	49

Note:

Are Client Counts Unduplicated? Duplicated between children and adults **Number of States with Unduplicated Counts** 43

This table uses data from URS Table 2a, Table 2b and from the US Census Bureau. All denominators use US Census data from 2017

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 2a

Age None
 Gender None
 Race None
 Overall None

Table 2b

Age None
 Gender None
 Race None
 Overall None

Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	56,077	33.3%	2,100,654	27.7%	76.6	28.5	58
Age 18-20	8,486	5.0%	349,921	4.6%	61.1	27.4	58
Age 21-64	97,157	57.6%	4,731,048	62.4%	55.6	25.1	58
Age 65+	6,844	4.1%	388,403	5.1%	13.0	7.1	58
Age Not Available	1	0.0%	7,069	0.1%	-	-	26
Age Total	168,565	100.0%	7,577,095	100.0%	53.6	23.0	58
Female	94,221	55.9%	3,936,934	52.0%	59.6	23.6	58
Male	74,207	44.0%	3,607,133	47.6%	47.4	22.2	58
Gender Not Available	137	0.1%	33,028	0.4%	-	-	36
Total	168,565	100.0%	7,577,095	100.0%	53.6	23.0	58

Note:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	314	56.7%	8,973	6.9%	0.4	0.2	34
Age 18-20	31	5.6%	5,523	4.3%	0.2	0.4	52
Age 21-64	199	35.9%	107,131	82.9%	0.1	0.6	52
Age 65+	10	1.8%	7,658	5.9%	0.0	0.2	51
Age Not Available	-	-	15	0.0%	-	-	4
Age Total	554	100.0%	129,300	100.0%	0.2	0.4	52
Female	270	48.7%	41,663	32.2%	0.2	0.3	52
Male	284	51.3%	87,598	67.7%	0.2	0.5	52
Gender Not Available	-	-	39	0.0%	-	-	9
Total	554	100.0%	129,300	100.0%	0.2	0.4	52

Notes:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographics	Total Served				Penetration Rates			States
	State		US		(per 1,000 population)			Reporting
	n	%	n	%	State	Midwest	US	
Total	188,578	100.0%	5,519,497	100.0%	59.9	15.7	16.7	58
0-12	38,131	20.2%	856,860	15.5%	72.4	18.0	16.2	56
13-17	24,242	12.9%	699,075	12.7%	118.0	31.8	33.4	57
18-20	9,909	5.3%	242,391	4.4%	71.3	16.9	19.0	56
21-24	11,345	6.0%	293,048	5.3%	62.5	14.9	16.4	57
25-44	58,070	30.8%	1,688,652	30.6%	75.5	18.5	18.6	58
45-64	38,738	20.5%	1,465,799	26.6%	48.5	14.7	17.4	58
65-74	4,965	2.6%	199,140	3.6%	17.0	5.3	6.7	56
75 and over	3,177	1.7%	71,137	1.3%	13.5	2.6	3.7	54
Age Not Available	1	0.0%	3,395	0.1%	-	-	-	18
Female	104,618	55.5%	2,878,627	52.2%	66.2	16.4	17.2	58
Male	83,822	44.4%	2,633,342	47.7%	53.6	14.9	16.2	58
Gender Not Available	138	0.1%	7,528	0.1%	-	-	-	34
American Indian/Alaskan Native	2,512	1.3%	67,388	1.2%	154.9	30.0	16.4	53
Asian	906	0.5%	80,171	1.5%	11.0	4.3	4.2	55
Black/African American	10,366	5.5%	1,045,137	18.9%	86.2	22.5	24.0	53
Native Hawaiian/Pacific Islander	743	0.4%	14,584	0.3%	200.2	37.9	18.6	54
White	121,092	64.2%	3,214,922	58.2%	42.3	12.5	12.9	53
Hispanic or Latino Race	5,892	3.1%	36,937	0.7%	31.0	-	0.6	11
Multi-Racial	5,830	3.1%	162,500	2.9%	99.6	29.7	18.6	51
Race Not Available	41,237	21.9%	897,858	16.3%	-	-	-	53
Hispanic or Latino Ethnicity	17	0.0%	867,240	16.6%	0.1	9.0	14.7	52
Not Hispanic or Latino Ethnicity	406	0.2%	3,837,995	73.7%	0.1	12.1	14.4	56
Ethnicity Not Available	188,155	99.8%	504,205	9.7%	-	-	-	49

Note: This table uses data from URS Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2017

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 14a	
Age	None
Gender	None
Race	None
Overall	None
Table 14b	
Age	None
Gender	None
Race	None
Overall	None

Access Domain: Adults with SMI and Children with SED Served in Community Mental Health Programs by Age and Gender, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	56,077	33.3%	1,484,087	28.5%	76.6	20.2	56
Age 18-20	8,486	5.0%	225,183	4.3%	61.1	17.7	55
Age 21-64	97,157	57.6%	3,250,140	62.3%	55.6	17.3	57
Age 65+	6,844	4.1%	253,414	4.9%	13.0	4.7	55
Age Not Available	1	0.0%	3,359	0.1%	-	-	20
Age Total	168,565	100.0%	5,216,183	100.0%	53.6	15.9	57
Female	94,221	55.9%	2,743,836	52.6%	59.6	16.5	57
Male	74,207	44.0%	2,464,910	47.3%	47.4	15.2	57
Gender Not Available	137	0.1%	7,437	0.1%	-	-	32
Total	168,565	100.0%	5,216,183	100.0%	53.6	15.9	57

Note:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Access Domain: Adults with SMI and Children with SED Served in State Psychiatric Hospitals by Age and Gender, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Served in State Psychiatric Hospitals				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	314	56.7%	6,791	7.1%	0.4	0.1	31
Age 18-20	31	5.6%	3,862	4.0%	0.2	0.3	48
Age 21-64	199	35.9%	80,029	83.3%	0.1	0.4	50
Age 65+	10	1.8%	5,325	5.5%	0.0	0.1	47
Age Not Available	-	-	9	0.0%	-	-	2
Age Total	554	100.0%	96,016	100.0%	0.2	0.3	50
Female	270	48.7%	31,283	32.6%	0.2	0.2	49
Male	284	51.3%	64,702	67.4%	0.2	0.4	50
Gender Not Available	-	-	31	0.0%	-	-	6
Total	554	100.0%	96,016	100.0%	0.2	0.3	50

Notes:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
 Gender None
 Overall None

Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Adults and Children who meet the Federal Definition of SMI/SED	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who meet the Federal definition for SMI	100.0%	70.3%	73.0%	56
Percent of Children served through the SMHA who meet the Federal definition for SED	100.0%	69.7%	69.5%	54

Co-occurring MH and Substance Abuse Consumers	State	US Average	US Median	States Reporting
Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder	13.0%	27.5%	27.0%	56
Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder	2.0%	4.2%	3.0%	53
Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis	13.0%	25.7%	24.0%	55
Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis	2.0%	7.3%	3.0%	52

Note

This table uses data from URS Table 12.

How are the number of clients with co-occurring disorders counted and calculated?

No Response

State Notes

None

ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	State							US Averages							States Reporting
	Number Served				% Served			Number Served				% Served			
	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	
Female	90,431	6,315	7,872	104,618	86%	6%	8%	2,293,126	1,039,861	510,676	3,843,663	60%	27%	13%	54
Male	66,591	8,883	8,348	83,822	79%	11%	10%	2,010,435	1,063,336	485,033	3,558,804	56%	30%	14%	54
Gender Not Available	-	138	-	138	-	100%	-	10,073	18,890	1,488	30,451	33%	62%	5%	35
Total	157,022	15,336	16,220	188,578	83%	8%	9%	4,313,634	2,122,087	997,197	7,432,918	58%	29%	13%	54
American Indian or Alaska Native	2,291	86	135	2,512	91%	3%	5%	64,822	22,584	14,180	101,586	64%	22%	14%	51
Asian	755	60	91	906	83%	7%	10%	61,194	25,857	12,818	99,869	61%	26%	13%	52
Black or African American	8,456	737	1,173	10,366	82%	7%	11%	798,653	372,054	196,089	1,366,796	58%	27%	14%	51
Native Hawaiian or Other Pacific Islander	742	1	-	743	100%	0%	-	10,038	4,493	2,298	16,829	60%	27%	14%	52
White	102,471	7,299	11,322	121,092	85%	6%	9%	2,477,317	1,378,338	599,891	4,455,546	56%	31%	13%	52
Hispanic or Latino	5,230	306	356	5,892	89%	5%	6%	35,348	24,248	4,135	63,731	55%	38%	6%	10
More Than One Race	5,802	2	26	5,830	100%	0%	0%	125,864	57,424	31,880	215,168	58%	27%	15%	49
Race Not Available	31,275	6,845	3,117	41,237	76%	17%	8%	740,398	237,089	135,906	1,113,393	66%	21%	12%	50
Total	157,022	15,336	16,220	188,578	83%	8%	9%	4,313,634	2,122,087	997,197	7,432,918	58%	29%	13%	54
Hispanic or Latino	-	17	-	17	-	100%	-	629,033	267,981	185,137	1,082,151	58%	25%	17%	50
Not Hispanic or Latino	-	406	-	406	-	100%	-	3,022,168	1,635,181	727,525	5,384,874	56%	30%	14%	53
Ethnicity Not Available	157,022	14,913	16,220	188,155	83%	8%	9%	385,006	146,381	84,421	615,808	63%	24%	14%	45
Total	157,022	15,336	16,220	188,578	83%	8%	9%	4,036,207	2,049,543	997,083	7,082,833	57%	29%	14%	53

Note:

This table uses data from URS tables 5a and 5b.

Type of Medicaid Data Reported

State Notes

5a	Age	None
5a	Gender	None
5a	Overall	None
5b	Overall	None

APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Setting	Demographic	State			US			Admission Rate		States Reporting
		Admissions During Year	Total Served At Start of Year	Total Served During Year	Admissions During Year	Total Served At Start of Year	Total Served During Year	State	US	
State Psychiatric Hospitals	Total	593	74	554	105,961	42,067	129,250	1.07	0.82	52
	Children	380	18	314	9,244	1,485	8,941	1.21	1.03	33
	Adults	213	56	240	96,700	40,564	120,262	0.89	0.80	52
	Age NA	-	-	-	17	18	-	-	-	1
Other Inpatient	Total	1,219	3	13,755	467,230	85,097	443,871	0.09	1.05	39
	Children	154	-	2,746	66,885	9,881	59,540	0.06	1.12	31
	Adults	1,065	3	11,009	396,837	74,954	379,840	0.10	1.04	39
	Age NA	-	-	-	3,508	262	2,942	-	1.19	4
Residential Treatment Centers	Total	4,069	1,769	5,704	42,647	19,641	57,576	0.71	0.74	37
	Children	2,652	689	3,236	16,997	8,157	19,438	0.82	0.87	35
	Adults	1,417	1,080	2,468	25,590	11,481	34,037	0.57	0.75	31
	Age NA	-	-	-	60	3	46	-	1.30	3
Community Programs	Total	20,597	10,624	168,565	19,375,511	3,643,823	6,724,335	0.12	2.88	52
	Children	1,824	453	56,077	8,393,740	926,723	1,887,713	0.03	4.45	51
	Adults	18,772	10,171	112,487	10,921,488	2,706,577	4,829,657	0.17	2.26	52
	Age NA	1	-	1	60,283	10,523	6,733	1.00	8.95	19

Note:

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS Table 3.

This table uses data from URS Table 3 and 6.

Table 3 State Notes:

Age None
 Overall None
 Gender None

Table 6 State Notes:

Hospital None
 Other Inpatient None
 Residential None
 Community None
 Overall None

APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Setting	Demographic	State						US						Reporting
		Length of Stay (Days)						Length of Stay (Days)						
		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		
		Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	
State Hospitals	All	-	-	-	-	-	-	185	81	98	78	1,591	1,134	15
	Children	20	10	58	61	-	-	77	64	70	60	629	618	24
	Adults	89	47	136	107	742	662	235	90	105	85	1,754	1,124	50
	Age NA	-	-	-	-	-	-	202	57	183	174	2,227	2,005	1
Other Inpatient	All	-	-	-	-	-	-	57	30	66	52	777	667	7
	Children	37	24	-	-	18	3	21	17	34	31	567	532	20
	Adults	146	180	-	-	2	-	83	48	60	49	902	687	30
	Age NA	-	-	-	-	-	-	13	7	21	11	-	-	1
Residential Treatment Centers	All	-	-	-	-	-	-	246	158	146	142	920	735	4
	Children	190	191	171	128	-	-	196	160	129	114	648	579	26
	Adults	182	160	300	364	395	395	371	330	154	158	1,282	1,060	21
	Age NA	-	-	-	-	-	-	13	10	6	6	-	-	1

Note:

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS Table 6.

Table 6 State Notes:

Hospital	None
Other Inpatient	None
Residential	None
Community	None
Overall	None

APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Age Group	Setting	State			US			States Reporting
		Living Situation	Percent in Living Situation	Percent with Known Living Situation	Living Situation	Percent in Living Situation	Percent with Known Living Situation	
All Persons Served	Private Residence	23,976	12.7%	76.6%	4,154,672	55.5%	83.5%	56
	Foster Home	40	0.0%	0.1%	68,024	0.9%	1.4%	47
	Residential Care	486	0.3%	1.6%	185,375	2.5%	3.7%	51
	Crisis Residence	-	-	-	9,918	0.1%	0.2%	31
	Residential Treatment Center	3,798	2.0%	12.1%	14,623	0.2%	0.3%	33
	Institutional Setting	132	0.1%	0.4%	65,414	0.9%	1.3%	51
	Jail (Correctional Facility)	348	0.2%	1.1%	111,902	1.5%	2.2%	50
	Homeless (Shelter)	1,843	1.0%	5.9%	222,312	3.0%	4.5%	53
	Other	694	0.4%	2.2%	143,898	1.9%	2.9%	40
	Not Available	157,261	83.4%	-	2,511,971	33.5%	-	49
	Total		188,578	100.0%	100.0%	7,488,109	100.0%	100.0%
Children under age 18	Private Residence	1,780	2.9%	35.1%	1,165,888	57.8%	90.9%	55
	Foster Home	3	0.0%	0.1%	51,884	2.6%	4.0%	46
	Residential Care	-	-	-	15,279	0.8%	1.2%	44
	Crisis Residence	-	-	-	1,351	0.1%	0.1%	28
	Residential Treatment Center	3,271	5.2%	64.5%	10,893	0.5%	0.8%	31
	Institutional Setting	2	0.0%	0.0%	4,210	0.2%	0.3%	41
	Jail (Correctional Facility)	-	-	-	7,785	0.4%	0.6%	44
	Homeless (Shelter)	7	0.0%	0.1%	6,461	0.3%	0.5%	47
	Other	7	0.0%	0.1%	18,227	0.9%	1.4%	37
	Not Available	57,303	91.9%	-	736,539	36.5%	-	47
	Total		62,373	100.0%	100.0%	2,018,517	100.0%	100.0%
Adults over age 18	Private Residence	22,196	17.6%	84.6%	2,986,403	54.7%	80.9%	56
	Foster Home	37	0.0%	0.1%	16,084	0.3%	0.4%	45
	Residential Care	486	0.4%	1.9%	169,784	3.1%	4.6%	51
	Crisis Residence	-	-	-	8,567	0.2%	0.2%	31
	Residential Treatment Center	527	0.4%	2.0%	3,730	0.1%	0.1%	25
	Institutional Setting	130	0.1%	0.5%	61,014	1.1%	1.7%	51
	Jail (Correctional Facility)	348	0.3%	1.3%	103,815	1.9%	2.8%	50
	Homeless (Shelter)	1,836	1.5%	7.0%	215,423	3.9%	5.8%	53
	Other	687	0.5%	2.6%	125,476	2.3%	3.4%	40
	Not Available	99,957	79.2%	-	1,769,574	32.4%	-	49
	Total		126,204	100.0%	100.0%	5,459,870	100.0%	100.0%

This table uses data from URS Table 15.

State Notes:

None

APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Homeless or Living in Shelters				Percent of Total with Known Living Situation		States Reporting
	State		US		State	US	
	N	%	N	%	%	%	
Age 0 to 17	7	0.4%	6,461	2.9%	0.1%	0.5%	47
Age 18 to 64	1,794	97.3%	209,608	94.3%	7.4%	6.1%	53
Age 65+	42	2.3%	5,815	2.6%	2.2%	2.1%	51
Age Not Available	-	-	428	0.2%	-	11.1%	10
Age Total	1,843	100.0%	222,312	100.0%	5.9%	4.5%	53
Female	722	39.2%	87,802	39.5%	5.0%	3.4%	52
Male	1,120	60.8%	134,163	60.3%	6.7%	5.6%	52
Gender Not Available	1	0.1%	347	0.2%	1.5%	9.3%	18
Gender Total	1,843	100.0%	222,312	100.0%	5.9%	4.5%	53
American Indian or Alaska Native	30	1.6%	3,997	1.8%	9.9%	5.6%	49
Asian	18	1.0%	2,056	0.9%	12.9%	2.5%	46
Black or African American	238	12.9%	66,986	30.1%	11.6%	6.8%	50
Native Hawaiian or Other Pacific Islander	-	-	590	0.3%	-	4.7%	36
White	1,126	61.1%	115,424	51.9%	5.9%	3.8%	51
Hispanic or Latino	55	3.0%	1,138	0.5%	7.8%	1.7%	7
More Than One Race	-	-	7,892	3.5%	-	4.1%	45
Race Not Available	376	20.4%	24,229	10.9%	4.3%	4.6%	47
Race Total	1,843	100.0%	222,312	100.0%	5.9%	4.5%	53
Hispanic or Latino	-	-	35,648	16.0%	-	3.7%	49
Not Hispanic or Latino	-	-	167,861	75.5%	-	4.7%	50
Not Available	1,843	100.0%	18,803	8.5%	5.9%	4.8%	45
Ethnicity Total	1,843	100.0%	222,312	100.0%	5.9%	4.5%	53

Note:

US totals are based on states reporting.

This table uses data from URS Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

None

Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Adult EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SMI		Measuring Fidelity		States Reporting
	EBP N	SMI N	EBP N	SMI N	State	US Average	State	US	
Supported Housing	-	-	91,920	3,677,129	-	2.9%	-	7	35
Supported Employment	-	-	70,310	3,677,129	-	2.0%	-	22	45
Assertive Community Treatment	-	-	76,802	3,677,129	-	2.1%	-	27	45
Family Psychoeducation	-	-	39,412	3,677,129	-	2.8%	-	6	15
Dual Diagnosis Treatment	-	-	250,051	3,677,129	-	11.6%	-	9	28
Illness Self Management	-	-	336,335	3,677,129	-	20.0%	-	6	21
Medication Management	-	-	524,689	3,677,129	-	32.1%	-	2	19

Child/Adolescent EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SED		Measuring Fidelity		States Reporting
	EBP N	SED N	EBP N	SED N	State	US Average	State	US	
Therapeutic Foster Care	-	-	7,762	1,275,641	-	1.1%	-	5	22
Multi-Systemic Therapy	-	-	25,203	1,275,641	-	3.8%	-	10	20
Family Functional Therapy	-	-	24,841	1,275,641	-	4.9%	-	7	16

Note:

US totals are based on states reporting.

This table uses data from URS Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Table 16: Data not available

Table 17: Data not available

Appropriateness Domain: Adults with SMI and Children with SED Receiving Evidence-Based Services for First Episode Psychosis (FEP), 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Number of coordinated specialty care programs: 3

Admissions to Coordinated Specialty Care (CSC)-FEP Service During the Year

	State		US		States Reporting
	N	%	N	%	
Adult CSC-FEP Admissions	24	92.3%	10,434	59.6%	43
Children/Adolescent CSC-FEP Admissions	2	7.7%	7,081	40.4%	41
Total CSC-FEP Admissions	26	100.0%	17,515	100.0%	44
Total Programs Reporting Number of Admissions	3	100.0%	177	89.8%	44
Average Admissions per Program	8.7	-	88.9	-	44

Clients Currently Receiving CSC-FEP Services

	State		US		States Reporting
	N	%	N	%	
Adults Receiving CSC-FEP Services	50	92.6%	9,218	79.0%	43
Children/Adolescents Receiving CSC-FEP Services	4	7.4%	2,451	21.0%	39
Total Receiving CSC-FEP Services	54	100.0%	11,669	100.0%	44
Total Programs Reporting Number of Clients Receiving Services	3	100.0%	176	89.3%	44
Average Number of Clients Services per Program	18.0	-	59.2	-	44

CSC-FEP Fidelity and Training

	State		US		States Reporting
	N	%	N	%	
Number of Programs Measuring Fidelity	3	100.0%	131	66.5%	44
Number of Programs with Staff Training Specifically in CSC EBP	3	100.0%	174	88.3%	41

Clients Served by Programs With and Without CSC-FEP Fidelity

	State			US			States Reporting
	Number of Programs	Clients Served	Average Number of Clients Served Per Program	Number of Programs	Clients Served	Average Number of Clients Served Per Program	
Programs with Fidelity	3	54	18.00	131	9,322	71.16	31
Programs without Fidelity	-	-	-	66	2,347	35.56	19

Note: This table use data from URS Table 16a.

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographics	State				Employed as Percent of those in Labor Force		Employed as Percent of Known Employment Status		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	
Age 18 to 20	232	353	585	1,032	40%	49%	22.5%	20.2%	57
Age 21 to 64	4,425	6,736	11,161	18,483	40%	46%	23.9%	23.4%	57
Age 65 and over	131	146	277	1,393	47%	40%	9.4%	10.0%	57
Age Not Available	-	-	-	-	-	67%	-	28.9%	4
Age TOTAL	4,788	7,235	12,023	20,908	40%	46%	22.9%	22.2%	57
Female	2,297	3,085	5,382	9,635	43%	48%	23.8%	23.1%	57
Male	2,490	4,145	6,635	11,263	38%	43%	22.1%	21.1%	57
Gender Not Available	1	5	6	10	17%	45%	10.0%	25.7%	32
Gender TOTAL	4,788	7,235	12,023	20,908	40%	46%	22.9%	22.2%	57

What populations are reported?

Number of States Reporting All Clients: 49 Number of States Reporting Some Clients: 9

When is Employment Status Measured?	At Admission	At Discharge	Monthly	Quarterly	Other
IA	-	-	-	-	Depends on the data source. At least annually.
US	42	29	4	5	27

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS Table 4.

State Notes:

Age None
 Gender None
 Overall Only populations where employment status collected were included

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Diagnosis	State				Employed as a % of Labor Force		Employed as % of Known Employment Status		% of Consumers with Dx		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	State	US	
Schizophrenia and Related Disorders	464	851	1,315	3,067	35.3%	29.2%	15.1%	6.8%	14.7%	12.2%	52
Bipolar and Mood Disorders	1,083	1,992	3,075	5,433	35.2%	45.1%	19.9%	15.1%	26.0%	39.8%	52
Other Psychoses	33	100	133	254	24.8%	30.2%	13.0%	7.7%	1.2%	2.4%	50
All other Diagnoses	3,208	4,292	7,500	12,154	42.8%	52.8%	26.4%	18.7%	58.1%	34.3%	52
No Diagnosis and Deferred Diagnosis	-	-	-	-	-	47.1%	-	11.1%	-	11.3%	44
TOTAL	4,788	7,235	12,023	20,908	39.8%	46.5%	22.9%	14.7%	100.0%	100.0%	52

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS Table 4a.

State Notes:

None

CONSUMER SURVEY RESULTS, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Indicators	Children: State	Children: U.S. Average	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Reporting Positively About Access	-	85.2%	46	-	88.5%	50
Reporting Positively About Quality and Appropriateness				-	89.5%	50
Reporting Positively About Outcomes	-	72.3%	46	-	80.4%	50
Reporting on Participation in Treatment Planning	-	87.1%	47	-	86.2%	50
Family Members Reporting High Cultural Sensitivity of Staff	-	92.9%	45			
Reporting positively about General Satisfaction with Services	-	86.9%	47	-	90.1%	50

Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey

This table uses data from URS Table 11.

Children/Family	State	U.S.
Type of Survey Used		YSS-F=40

Type of Adult Consumer Survey Used	28-Item MHSIP	Other MHSIP	Other Survey
State	-	-	-
U.S.	27	21	2

Sample Size & Response Rate	Children: State	Children: U.S.	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Response Rate	-	36.9%	42	-	43.7%	41
Number of Surveys Attempted (send out)	-	194,847	42	-	260,181	41
Number of Surveys Contacts Made	-	137,467	39	-	173,977	38
Complete Surveys	-	77,341	45	-	185,735	46

Populations covered in survey	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Consumers	-	7	-	3
Sample	-	39	-	47

Sample Approach	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Random Sample	-	11	-	9
Stratified Sample	-	12	-	15
Convenience Sample	-	16	-	20
Other Sample	-	2	-	4

Who is Sampled?	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Current Clients	-	44	-	50
Former Clients	-	18	-	19

Populations included in sample: (e.g., all adults, only adults with SMI, etc.)	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Children or Adults Served	-	27	-	28
SMI Adults or SED Children	-	19	-	19
Persons Covered by Medicaid	-	12	-	11
Other	-	7	-	7

State Notes:

Data not available

OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Race/Ethnicity	Family of Children Survey Indicators: Reporting Positively About...														States
	Access		General Satisfaction with Services		Outcomes		Participation In Tx Planning		Cultural Sensitivity of Staff		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
Total	-	85%	-	87%	-	72%	-	88%	-	94%	-	85%	-	69%	39
American Indian or Alaska Native	-	82%	-	84%	-	71%	-	84%	-	91%	-	83%	-	70%	29
Asian	-	78%	-	85%	-	67%	-	84%	-	93%	-	82%	-	70%	29
Black or African American	-	88%	-	90%	-	75%	-	91%	-	94%	-	85%	-	68%	33
Native Hawaiian or Other Pacific Islander	-	82%	-	88%	-	75%	-	86%	-	91%	-	86%	-	76%	21
White	-	87%	-	88%	-	72%	-	91%	-	94%	-	86%	-	69%	34
Hispanic or Latino	-	83%	-	87%	-	71%	-	85%	-	94%	-	84%	-	71%	29
More Than One Race	-	83%	-	86%	-	70%	-	87%	-	92%	-	83%	-	65%	27
Not Available	-	83%	-	85%	-	70%	-	83%	-	93%	-	84%	-	69%	36

Race/Ethnicity	Adult Consumer Survey Indicators: Reporting Positively About...														States
	Access		Quality & Appropriateness		Outcomes		Participation In Tx Planning		General Satisfaction		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
Total	-	87%	-	90%	-	74%	-	85%	-	90%	-	70%	-	71%	44
American Indian or Alaska Native	-	83%	-	87%	-	72%	-	82%	-	88%	-	74%	-	72%	35
Asian	-	88%	-	89%	-	72%	-	82%	-	90%	-	72%	-	72%	37
Black or African American	-	89%	-	92%	-	79%	-	88%	-	91%	-	72%	-	73%	38
Native Hawaiian or Other Pacific Islander	-	89%	-	91%	-	81%	-	83%	-	90%	-	76%	-	80%	32
White	-	87%	-	90%	-	73%	-	85%	-	90%	-	69%	-	70%	39
Hispanic or Latino	-	86%	-	89%	-	73%	-	83%	-	89%	-	72%	-	72%	35
More Than One Race	-	86%	-	89%	-	74%	-	82%	-	90%	-	70%	-	72%	32
Not Available	-	87%	-	90%	-	72%	-	83%	-	90%	-	72%	-	71%	40

Notes:

This table uses data from URS Table 11a.

State Notes:

None

Outcomes Domain: Change in Social Connectedness and Functioning, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Indicators	Children				Adults			
	State	US Average	US Median	States Reporting	State	US Average	US Median	States Reporting
Percent Reporting Improved Social Connectedness from Services	-	86.3%	83.2%	45	-	76.6%	70.5%	48
Percent Reporting Improved Functioning from Services	-	73.0%	64.1%	44	-	76.6%	70.6%	48

Note:

This table uses data from URS Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

Adult Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	46
Did you use the recommended new Functioning Domain Questions?	-	46
Did you collect these as part of your MHSIP Adult Consumer Survey?	-	46

Children/Family Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	44
Did you use the recommended new Functioning Domain Questions?	-	43
Did you collect these as part of your YSS-F Survey?	-	42

State Notes:

None

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 30 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	3	54	5.6%	115	2,017	5.7%	12	0	0	-	1	77	1.3%	1
Age 13 to 17	3	196	1.5%	430	6,383	6.7%	17	0	0	-	47	649	7.2%	6
Age 18 to 20	0	20	0.0%	299	4,390	6.8%	25	0	0	-	43	842	5.1%	10
Age 21 to 64	2	132	1.5%	4,527	61,928	7.3%	45	0	4	0.0%	756	23,333	3.2%	37
Age 65 to 74	0	1	0.0%	238	2,934	8.1%	26	0	0	-	27	846	3.2%	14
Age 75 and over	0	4	0.0%	40	716	5.6%	11	0	0	-	7	183	3.8%	7
Age Not Available	0	0	-	9	46	19.6%	2	0	0	-	-	1	-	0
Age Total	8	407	2.0%	5,658	78,414	7.2%	46	0	4	0.0%	881	25,931	3.4%	39
Female	2	204	1.0%	2,269	31,932	7.1%	42	0	1	0.0%	202	5,575	3.6%	27
Male	6	203	3.0%	3,385	46,445	7.3%	44	0	3	0.0%	677	19,995	3.4%	37
Gender Not Available	0	0	-	4	37	10.8%	2	0	0	-	2	361	0.6%	1
Gender Total	8	407	2.0%	5,658	78,414	7.2%	46	0	4	0.0%	881	25,931	3.4%	39
American Indian or Alaska Native	0	2	0.0%	92	1,184	7.8%	18	0	0	-	9	309	2.9%	7
Asian	0	2	0.0%	95	1,287	7.4%	19	0	0	-	16	470	3.4%	7
Black or African American	0	26	0.0%	1,395	17,947	7.8%	37	0	2	0.0%	359	9,717	3.7%	31
Native Hawaiian or Other Pacific Islander	0	0	-	6	1,256	0.5%	4	0	0	-	5	88	5.7%	3
White	0	335	0.0%	3,644	50,425	7.2%	40	0	0	-	390	11,151	3.5%	31
Hispanic or Latino	8	26	30.8%	37	525	7.0%	6	0	2	0.0%	15	1,421	1.1%	2
More Than One Race	0	10	0.0%	127	1,779	7.1%	17	0	0	-	19	638	3.0%	7
Race Not Available	0	6	0.0%	262	4,011	6.5%	25	0	0	-	68	2,137	3.2%	13
Race Total	8	407	2.0%	5,658	78,414	7.2%	46	0	4	0.0%	881	25,931	3.4%	39
Hispanic or Latino	0	26	0.0%	679	8,654	7.8%	25	0	0	-	94	3,776	2.5%	17
Not Hispanic or Latino	8	369	2.2%	4,742	65,157	7.3%	44	0	4	0.0%	747	20,177	3.7%	37
Not Available	0	12	0.0%	237	4,603	5.1%	15	0	0	-	40	1,978	2.0%	8
Ethnicity Total	8	407	2.0%	5,658	78,414	7.2%	46	0	4	0.0%	881	25,931	3.4%	39

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.
This table uses data from URS Tables 20a and 20b.

State Notes:

None

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2018

STATE: Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Demographic	Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 180 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	6	54	11.1%	331	2,017	16.4%	14	0	0	-	6	77	7.8%	5
Age 13 to 17	9	196	4.6%	1,055	6,383	16.5%	19	0	0	-	69	649	10.6%	7
Age 18 to 20	0	20	0.0%	647	4,390	14.7%	32	0	0	-	96	842	11.4%	20
Age 21 to 64	6	132	4.5%	10,760	61,928	17.4%	49	0	4	-	2,581	23,333	11.1%	41
Age 65 to 74	0	1	0.0%	523	2,934	17.8%	35	0	0	-	85	846	10.0%	23
Age 75 and over	0	4	0.0%	67	716	9.4%	15	0	0	-	15	183	8.2%	12
Age Not Available	0	0	-	9	46	19.6%	2	0	0	-	-	1	-	
Age Total	21	407	5.2%	13,392	78,414	17.1%	50	0	4	-	2,852	25,931	11.0%	43
Female	7	204	3.4%	5,389	31,932	16.9%	47	0	1	-	662	5,575	11.9%	37
Male	14	203	6.9%	7,999	46,445	17.2%	49	0	3	-	2,187	19,995	10.9%	43
Gender Not Available	0	0	-	4	37	10.8%	2	0	0	-	3	361	0.8%	1
Gender Total	21	407	5.2%	13,392	78,414	17.1%	50	0	4	-	2,852	25,931	11.0%	43
American Indian or Alaska Native	0	2	0.0%	200	1,184	16.9%	22	0	0	-	32	309	10.4%	18
Asian	0	2	0.0%	186	1,287	14.5%	25	0	0	-	40	470	8.5%	13
Black or African American	0	26	0.0%	3,317	17,947	18.5%	44	0	2	-	1,168	9,717	12.0%	35
Native Hawaiian or Other Pacific Islander	0	0	-	10	1,256	0.8%	7	0	0	-	19	88	21.6%	6
White	1	335	0.3%	8,737	50,425	17.3%	47	0	0	-	1,164	11,151	10.4%	37
Hispanic or Latino	20	26	76.9%	85	525	16.2%	7	0	2	-	90	1,421	6.3%	5
More Than One Race	0	10	0.0%	324	1,779	18.2%	23	0	0	-	90	638	14.1%	12
Race Not Available	0	6	0.0%	533	4,011	13.3%	32	0	0	-	249	2,137	11.7%	24
Race Total	21	407	5.2%	13,392	78,414	17.1%	50	0	4	-	2,852	25,931	11.0%	43
Hispanic or Latino	1	26	3.8%	1,483	8,654	17.1%	34	0	0	-	349	3,776	9.2%	27
Not Hispanic or Latino	20	369	5.4%	11,435	65,157	17.5%	48	0	4	-	2,329	20,177	11.5%	41
Not Available	0	12	0.0%	474	4,603	10.3%	22	0	0	-	174	1,978	8.8%	15
Ethnicity Total	21	407	5.2%	13,392	78,414	17.1%	50	0	4	-	2,852	25,931	11.0%	43

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.
This table uses data from URS Tables 20a and 20b.

State Notes:

None

Structure Domain: SMHA Expenditure for Early Serious Mental Illness and First Episode Psychosis, 2018

Iowa

Reporting Period 7/1/2017 To: 6/30/2018

Activity	State								US							
	MHBG		Other Funds		State Funds		Total		MHBG		Other Funds		State Funds		Total	
	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%
CSC-Evidence-Based Practices for First Episode Psychosis	\$246,516	100.0%	\$0	0.0%	\$0	0.0%	\$246,516	100%	\$48,386,927	76.5%	\$7,557,962	3.0%	\$7,287,857	11.5%	\$63,232,746	100%
Training for CSC Practices	\$22,977	100.0%	\$0	0.0%	\$0	0.0%	\$22,977	100%	\$1,483,998	82.4%	\$230,524	3.2%	\$85,359	4.7%	\$1,799,881	100%
Planning for CSC Practices	\$0	-	\$0	-	\$0	-	\$0	-	\$819,137	72.4%	\$160,000	3.5%	\$152,510	13.5%	\$1,131,647	100%
Other Early Serious Mental Illnesses program (other than FEP or partial CSC programs)	\$0	-	\$0	-	\$0	-	\$0	-	\$4,215,963	2.2%	\$179,351,116	23.5%	\$6,884,571	3.6%	\$190,451,650	100%
Training for ESMI	\$0	-	\$0	-	\$0	-	\$0	-	\$446,594	84.6%	\$30,800	1.5%	\$50,279	9.5%	\$527,673	100%
Planning for ESMI	\$0	-	\$0	-	\$0	-	\$0	-	\$101,406	36.6%	\$125,058	11.3%	\$50,279	18.2%	\$276,743	100%

Note: This table use data from URS Table 7a.

* Other Funds include Medicaid, Other Federal funds, local funds, and other funds from table 7a.

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

	Expenditures: State	Percent of Total Expenditures: State	Expenditures: U.S.	Percent of Total Expenditures: U.S.	States Reporting
State Hospitals-Inpatient	\$35,266,409	4%	\$11,205,524,521	26%	54
Other 24-Hour Care	\$176,016,323	22%	\$4,541,600,224	11%	44
Ambulatory/Community	\$590,431,598	73%	\$24,455,891,174	58%	57
EBPs for Early Serious Mental Illness	\$269,494	0%	\$70,795,395	0%	58
Primary Prevention	\$1,025,315	0%	\$40,218,044	0%	11
Administration	\$9,449,779	1%	\$2,149,251,455	5%	56
Total	\$812,458,918	100%	\$42,463,280,813	100%	58

Note:

This table uses data from URS Table 7

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures by Funding Sources, 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Funding Source	Ambulatory/Community			State Hospital		
	State	Percent Total (State)	Percent Total (US)	State	Percent Total (State)	Percent Total (US)
Mental Health Block Grant	\$3,124,975	0.4%	1.6%	-	-	-
Medicaid (Federal, State, and Local)	\$667,127,312	86.9%	49.6%	-	-	18.4%
Other Federal Funds (e.g., ACF (TANF), CDC, CMS (Medicare), SAMHSA, etc.)	\$332,893	0.0%	3.0%	-	-	2.5%
State Funds	-	-	41.3%	\$35,266,409	100.0%	74.9%
Local Funds (excluding local Medicaid)	\$97,157,550	12.7%	1.7%	-	-	1.9%
Other	-	-	2.8%	-	-	2.3%
Total	\$767,742,730	100%	100%	\$35,266,409	100%	100%

Note:

This table uses data from URS Table 7

Ambulatory/Community includes Primary Prevention, Evidence-Based Practices for Early Serious Mental Illness, and Other 24-Hour Care expenditures

This table does not show expenditures for state central office including Research, Training, and Administration expenses.

Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Service	Non-Direct Block Grant Expenditures	% Total	US % Total
Information Systems	-	0.0%	5.8%
Infrastructure Support	\$145,235	15.2%	26.2%
Partnerships, community outreach, and needs assessment	\$150,314	15.7%	20.3%
MHA Planning Council Activities	\$82,916	8.7%	4.7%
Quality assurance and improvement	\$3,601	0.4%	7.3%
Research and Evaluation	-	0.0%	10.8%
Training and Education	\$572,804	60.0%	24.9%
Total	\$954,870	100.0%	100.0%

Note: This table use data from URS Table 8.

State Notes:

Certain items were deemed to fit better in other categories and were moved accordingly.

Structure Domain: Mental Health Programs Funded by the Federal Mental Health Block Grant, FY 2018

Iowa

Reporting Period: 7/1/2017 To: 6/30/2018

Adult Programs: 23 Child Programs: 21 Set-Aside FEP Programs: 3 Total Programs: 24
 Adult Total: \$1,159,170 Child Total: \$1,085,102 Set-Aside FEP Total: \$322,545 Total: \$2,566,817

Agency Name	Address	Area Served	Total Block Grant Funds	Block Grant for Adults with SMI	Block Grant for Children with SED	Set-Aside for FEP Programs
Abbe Center for Community Mental Health	520 11th Street N.W., Cedar Rapids, IA 52405	Sub-State Planning Area	\$556,686	\$232,021	\$205,555	\$119,110
Crossroads Mental Health Center	1003 Cottonwood Road, Creston, IA 50801	Sub-State Planning Area	\$49,650	\$25,557	\$24,093	\$0
Eyerly Ball Mental Health Services	945 19th St., Des Moines, IA 50314	Sub-State Planning Area	\$414,780	\$170,936	\$93,945	\$149,899
Hillcrest Family Services	2005 Asbury Road, Dubuque, IA 52001	Sub-State Planning Area	\$148,991	\$87,665	\$61,326	\$0
North Central Iowa Mental Health Center	720 Kenyon Road, Ft. Dodge, IA 50501	Sub-State Planning Area	\$49,615	\$35,510	\$14,105	\$0
Northeast Iowa Mental Health Center	905 Montgomery Street, PO Box 349, Decorah, IA 52101	Sub-State Planning Area	\$91,441	\$47,613	\$43,828	\$0
Northwest Iowa Mental Health Center	201 East 11th Street, Spencer, IA 51301	Sub-State Planning Area	\$84,855	\$47,872	\$36,983	\$0
Orchard Place	2116 Grand Ave., Des Moines, IA 50312	Sub-State Planning Area	\$227,449	\$0	\$227,449	\$0
Pathways Behavioral Services, Inc.	3362 University Ave, Waterloo, IA 50701	Sub-State Planning Area	\$42,385	\$23,356	\$19,029	\$0
Plains Area Mental Health, Inc.	180 10th St. SE, PO Box 70, Le Mars, IA 51031	Sub-State Planning Area	\$129,220	\$69,193	\$60,027	\$0
Prairie Ridge Integrated Behavioral Healthcare	P.O. Box 1338, Mason City, IA 50402	Sub-State Planning Area	\$29,713	\$29,713	\$0	\$0
Alegent Health Bergan	701 Newport Avenue, Medical Office Building 3, Suite 308, Omaha, NE 68152	Sub-State Planning Area	\$10,506	\$5,253	\$5,253	\$0
Capstone Behavioral Healthcare, Inc.	306 N. 3rd Avenue East, Newton, IA 50208	Sub-State Planning Area	\$32,635	\$20,987	\$11,648	\$0
Siouxland Mental Health Center	625 Court Street, PO Box 1917, Sioux City, IA 51102	Sub-State Planning Area	\$201,627	\$74,165	\$73,926	\$53,536
Southern Iowa Mental Health Center	110 E. Main Street, Ottumwa, IA 52501	Sub-State Planning Area	\$50,238	\$30,991	\$19,247	\$0
Vera French Community Mental Health Center	1441 W. Central Park Avenue, Davenport, IA 52804	Sub-State Planning Area	\$119,186	\$60,678	\$58,508	\$0
Shelby County Hospital	1213 Garfield Avenue, Haarlan, IA 51537	Sub-State Planning Area	\$41,112	\$21,427	\$19,685	\$0
Black Hawk/Grundy MHC	3251 West 9th Street, Waterloo, IA 50702	Sub-State Planning Area	\$124,064	\$77,801	\$46,263	\$0
Burgess Health Center	1600 Diamond St., Onawa, IA 51040	Sub-State Planning Area	\$17,164	\$10,058	\$7,106	\$0
Center Associates	9 North 4th Avenue, Marshalltown, IA 52632	Sub-State Planning Area	\$25,722	\$22,589	\$3,133	\$0
Community Health Centers of Southern Iowa	302 NE 14th Street, Leon, IA 50583	Sub-State Planning Area	\$52,408	\$19,474	\$32,934	\$0
Mahaska County Hospital	1229 C Ave East, Oskaloosa, IA 52577	Sub-State Planning Area	\$426	\$426	\$0	\$0
Counseling Services LLC	322 S. 13th Street, Sac City, IA 50583	Sub-State Planning Area	\$25,338	\$25,338	\$0	\$0
Creative Living, P.C.	1905 10th Street, PO Box 163, Rock Valley, IA 51247	Sub-State Planning Area	\$41,606	\$20,547	\$21,059	\$0

General Notes FY 2018

Iowa

URS Table Number	General Notes
8	Certain items were deemed to fit better in other categories and were moved accordingly.
10	Due to reporting errors in SFY2017, expenditures for direct services were under reported by \$497,422. These expenses, however, were included in the total expenses for the MHBG dollars in SFY2017 Table 7.
All Reported Tables	Iowa has decided to use the transition to Medicaid managed care organizations and resulting changes in data collection procedures as an opportunity to review the inclusion criteria for the URS Tables and Mental Health Client Level Data. This thorough review has resulted in changes from previous years' data overall.