

**Table 1.82A Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2017 and 2018**

Geographic/Socioeconomic Characteristic	Aged 12+ (2017)	Aged 12+ (2018)	Aged 12-17 (2017)	Aged 12-17 (2018)	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)
<b>TOTAL</b>	46,679	46,394	1,507	1,371	45,171	45,023	4,646 <sup>a</sup>	4,234	40,525	40,789
<b>GEOGRAPHIC REGION</b>										
Northeast	7,890	7,691	200	181	7,689	7,510	825	765	6,865	6,745
Midwest	9,905	9,351	351	306	9,554	9,045	1,040	982	8,514	8,063
South	18,765	18,359	626 <sup>a</sup>	526	18,138	17,833	1,788 <sup>a</sup>	1,544	16,351	16,288
West	10,119	10,993	330	357	9,790	10,636	994	943	8,796	9,693
<b>COUNTY TYPE</b>										
Large Metro	24,332	24,877	837	707	23,495	24,171	2,634 <sup>a</sup>	2,309	20,860	21,862
Small Metro	15,397	14,790	456	451	14,941	14,339	1,511	1,354	13,430	12,985
Nonmetro	6,950	6,726	214	213	6,736	6,514	500	572	6,235	5,942
Urbanized	2,788	3,166	92	86	2,697	3,080	248	274	2,449	2,806
Less Urbanized	3,491 <sup>a</sup>	2,909	109	105	3,382 <sup>a</sup>	2,803	233	276	3,150 <sup>a</sup>	2,527
Completely Rural	670	652	14	21	657	630	20	22	637	609
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	6,388	6,247	310	303	6,078	5,944	1,106	1,031	4,972	4,913
100-199%	8,887	8,348	337 <sup>a</sup>	253	8,550	8,094	1,049	974	7,501	7,120
200% or More	31,336	31,727	859	814	30,476	30,913	2,424 <sup>a</sup>	2,157	28,052	28,755
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	30,837	30,427	865	776	29,972	29,651	3,000 <sup>a</sup>	2,706	26,972	26,945
Medicaid/CHIP	8,240	8,121	619	543	7,620	7,578	978	872	6,642	6,706
Other <sup>3</sup>	15,446	15,754	57	68	15,389	15,687	320	290	15,069	15,397
No Coverage	2,959	2,902	62	49	2,897	2,853	543	540	2,354	2,312

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 1.82B Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2017 and 2018**

Geographic/Socioeconomic Characteristic	Aged 12+ (2017)	Aged 12+ (2018)	Aged 12-17 (2017)	Aged 12-17 (2018)	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)
<b>TOTAL</b>	17.2	16.9	6.0	5.5	18.3	18.1	13.5 <sup>a</sup>	12.4	19.0	19.0
<b>GEOGRAPHIC REGION</b>										
Northeast	16.4	16.1	4.9	4.5	17.5	17.1	13.7	13.0	18.1	17.8
Midwest	17.4	16.3	6.6	5.8	18.5	17.4	14.2	13.6	19.2	18.1
South	18.3	17.7	6.5 <sup>a</sup>	5.5	19.5	19.0	14.0 <sup>a</sup>	12.1	20.4	20.0
West	15.7	16.9	5.5	6.0	16.7	18.0	12.1	11.5	17.5	19.0
<b>COUNTY TYPE</b>										
Large Metro	15.9	16.3	5.8	5.1	16.9	17.4	13.6 <sup>a</sup>	12.2	17.5	18.3
Small Metro	19.3	18.1	6.6	6.1	20.5	19.3	14.3 <sup>a</sup>	12.7	21.6	20.4
Nonmetro	17.8	17.0	6.0	6.0	18.9	18.1	11.4	13.1	20.0	18.8
Urbanized	16.6	17.9	6.0	6.0	17.7	19.0	12.0	14.2	18.5	19.7
Less Urbanized	18.4 <sup>a</sup>	16.1	6.1	6.1	19.7 <sup>a</sup>	17.1	11.4	13.2	20.8 <sup>a</sup>	17.7
Completely Rural	19.7	17.5	4.8	5.9	21.0	18.8	7.2	6.3	22.4	20.2
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	16.2	15.6	5.8	5.5	17.8	17.2	13.1	12.4	19.3	18.8
100-199%	16.4	15.3	6.3 <sup>a</sup>	4.9	17.6	16.4	12.7	11.8	18.5	17.4
200% or More	17.6	17.8	6.1	5.7	18.6	18.8	14.4 <sup>a</sup>	12.9	19.1	19.5
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	17.2	16.9	6.0	5.5	18.1	17.9	14.4	13.2	18.7	18.6
Medicaid/CHIP	18.1	17.5	6.6	5.7	21.1	20.6	13.1	12.0	23.2	22.7
Other <sup>3</sup>	22.5	22.7	5.5	5.7	22.8	23.0	12.6	11.3	23.1	23.4
No Coverage	12.1	11.3	5.5	4.4	12.4	11.6	11.7	11.2	12.6	11.7

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**Table 1.83A Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2017 and 2018**

Geographic/Socioeconomic Characteristic	Aged 12+ (2017)	Aged 12+ (2018)	Aged 12-17 (2017)	Aged 12-17 (2018)	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)
<b>TOTAL</b>	6,743	6,435	492	460	6,251	5,975	1,949 <sup>a</sup>	1,658	4,302	4,317
<b>GEOGRAPHIC REGION</b>										
Northeast	1,176	1,106	38	48	1,138	1,058	410 <sup>a</sup>	319	729	739
Midwest	1,452	1,357	106	91	1,347	1,266	422	389	924	877
South	2,623	2,366	211	183	2,412	2,183	770 <sup>a</sup>	604	1,642	1,579
West	1,492	1,606	138	139	1,354	1,468	347	346	1,007	1,122
<b>COUNTY TYPE</b>										
Large Metro	3,847	3,845	274	239	3,573	3,607	1,164 <sup>a</sup>	925	2,409	2,682
Small Metro	2,004	1,792	142	158	1,862	1,634	590	503	1,272	1,131
Nonmetro	892	798	76	63	816	734	195	231	621	504
Urbanized	346	401	36	27	311	374	109	123	202	251
Less Urbanized	463	349	35	29	429	321	78	102	351	219
Completely Rural	82	47	5	8	77	39	8	6	68	34
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	1,280	1,127	129	113	1,151	1,014	445	396	707	617
100-199%	1,232	1,281	115	83	1,117	1,198	420	415	697	782
200% or More	4,198	4,003	248	264	3,950	3,739	1,052 <sup>a</sup>	822	2,898	2,918
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	4,074	3,735	248	232	3,826	3,503	1,279 <sup>a</sup>	1,035	2,548	2,468
Medicaid/CHIP	1,500	1,461	225	199	1,275	1,262	383	330	892	933
Other <sup>3</sup>	960	931	27	22	933	909	109	93	824	816
No Coverage	919	904	35	27	885	877	251	260	633	617

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<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

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**Table 1.83B Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2017 and 2018**

Geographic/Socioeconomic Characteristic	Aged 12+ (2017)	Aged 12+ (2018)	Aged 12-17 (2017)	Aged 12-17 (2018)	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)
<b>TOTAL</b>	2.5	2.4	2.0	1.8	2.5	2.4	5.7 <sup>a</sup>	4.9	2.0	2.0
<b>GEOGRAPHIC REGION</b>										
Northeast	2.4	2.3	0.9	1.2	2.6	2.4	6.8	5.4	1.9	1.9
Midwest	2.5	2.4	2.0	1.7	2.6	2.4	5.8	5.4	2.1	2.0
South	2.6	2.3	2.2	1.9	2.6	2.3	6.0 <sup>a</sup>	4.7	2.0	1.9
West	2.3	2.5	2.3	2.3	2.3	2.5	4.2	4.2	2.0	2.2
<b>COUNTY TYPE</b>										
Large Metro	2.5	2.5	1.9	1.7	2.6	2.6	6.0 <sup>a</sup>	4.9	2.0	2.2
Small Metro	2.5	2.2	2.1	2.1	2.6	2.2	5.6	4.7	2.0	1.8
Nonmetro	2.3	2.0	2.1	1.8	2.3	2.0	4.4	5.3	2.0	1.6
Urbanized	2.1	2.3	2.4	1.8	2.0	2.3	5.3	6.4	1.5	1.8
Less Urbanized	2.4	1.9	2.0	1.7	2.5	2.0	3.8	4.9	2.3	1.5
Completely Rural	2.4	1.3	1.9	2.2	2.5	1.2	3.0	1.7	2.4	1.1
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	3.2	2.8	2.4	2.1	3.4	2.9	5.3	4.7	2.7	2.4
100-199%	2.3	2.4	2.1	1.6	2.3	2.4	5.1	5.0	1.7	1.9
200% or More	2.4	2.2	1.8	1.9	2.4	2.3	6.2 <sup>a</sup>	4.9	2.0	2.0
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	2.3	2.1	1.7	1.6	2.3	2.1	6.1 <sup>a</sup>	5.1	1.8	1.7
Medicaid/CHIP	3.3	3.2	2.4	2.1	3.5	3.4	5.1	4.6	3.1	3.2
Other <sup>3</sup>	1.4	1.3	2.6	1.9	1.4	1.3	4.3	3.6	1.3	1.2
No Coverage	3.7	3.5	3.1	2.4	3.8	3.6	5.4	5.4	3.4	3.1

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<b>TOTAL</b>	1,955	1,799	140 <sup>a</sup>	88	1,815	1,711	575 <sup>a</sup>	422	1,240	1,289
<b>GEOGRAPHIC REGION</b>										
Northeast	377	326	6	7	371	319	128	87	243	232
Midwest	470	373	33	25	437	348	131	92	305	256
South	765	729	60	41	705	688	232	176	473	512
West	343	371	40 <sup>a</sup>	16	303	355	84	68	219	288
<b>COUNTY TYPE</b>										
Large Metro	1,136	986	71 <sup>a</sup>	40	1,065	946	354 <sup>a</sup>	234	711	712
Small Metro	555	532	46	29	509	503	157	121	352	382
Nonmetro	264	281	23	19	241	262	65	68	176	194
Urbanized	95	137	7	5	88	132	36	34	51	98
Less Urbanized	133	133	14	11	119	122	24	33	95	89
Completely Rural	36	11	2	3	35	8	5	*	30	8
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	461	338	31	28	430	310	141	101	289	210
100-199%	408	356	37	20	372	335	132	132	239	204
200% or More	1,083	1,096	71 <sup>a</sup>	40	1,011	1,056	300 <sup>a</sup>	181	712	875
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	1,015	1,005	70	41	946	965	359 <sup>a</sup>	245	586	720
Medicaid/CHIP	541	424	67	51	474	373	115	90	359	283
Other <sup>3</sup>	224	351	9	5	215	347	25	19	190	328
No Coverage	314	280	1	3	313	277	87	77	226	199

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<b>TOTAL</b>	0.7	0.7	0.6 <sup>a</sup>	0.4	0.7	0.7	1.7 <sup>a</sup>	1.2	0.6	0.6
<b>GEOGRAPHIC REGION</b>										
Northeast	0.8	0.7	0.2	0.2	0.8	0.7	2.1	1.5	0.6	0.6
Midwest	0.8	0.7	0.6	0.5	0.8	0.7	1.8	1.3	0.7	0.6
South	0.7	0.7	0.6	0.4	0.8	0.7	1.8	1.4	0.6	0.6
West	0.5	0.6	0.7 <sup>a</sup>	0.3	0.5	0.6	1.0	0.8	0.4	0.6
<b>COUNTY TYPE</b>										
Large Metro	0.7	0.6	0.5	0.3	0.8	0.7	1.8 <sup>a</sup>	1.2	0.6	0.6
Small Metro	0.7	0.7	0.7	0.4	0.7	0.7	1.5	1.1	0.6	0.6
Nonmetro	0.7	0.7	0.6	0.6	0.7	0.7	1.5	1.5	0.6	0.6
Urbanized	0.6	0.8	0.5	0.4	0.6	0.8	1.8	1.8	0.4	0.7
Less Urbanized	0.7	0.7	0.8	0.7	0.7	0.7	1.2	1.6	0.6	0.6
Completely Rural	1.1	0.3	0.6	0.8	1.1	0.2	1.8	*	1.0	0.3
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	1.2	0.8	0.6	0.5	1.3	0.9	1.7	1.2	1.1	0.8
100-199%	0.8	0.7	0.7	0.4	0.8	0.7	1.6	1.6	0.6	0.5
200% or More	0.6	0.6	0.5 <sup>a</sup>	0.3	0.6	0.6	1.8 <sup>a</sup>	1.1	0.5	0.6
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	0.6	0.6	0.5	0.3	0.6	0.6	1.7 <sup>a</sup>	1.2	0.4	0.5
Medicaid/CHIP	1.2	0.9	0.7	0.5	1.3	1.0	1.5	1.2	1.3	1.0
Other <sup>3</sup>	0.3	0.5	0.9	0.4	0.3	0.5	1.0	0.7	0.3	0.5
No Coverage	1.3	1.1	0.1	0.3	1.3	1.1	1.9	1.6	1.2	1.0

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