

Table 10.16A Type of Mental Health Service Received in Past Year among Persons Aged 18 or Older, by Age Group: Numbers in Thousands, 2002-2018

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
ANY MENTAL HEALTH SERVICES¹	27,215 ^a	27,939 ^a	27,502 ^a	28,166 ^a	28,405 ^a	29,556 ^a	30,201 ^a	30,341 ^a	31,490 ^a	31,642 ^a	34,122 ^a	34,644 ^a	35,498 ^a	34,243 ^a	34,982 ^a	36,416	37,101
Inpatient	1,472 ^a	1,792 ^a	1,917 ^a	2,129	1,596 ^a	2,145	1,970	1,900 ^a	1,752 ^a	1,779 ^a	1,872 ^a	2,174	2,411	2,199	2,270	2,357	2,366
18-25	294 ^a	324 ^a	388 ^a	344 ^a	345 ^a	360 ^a	364 ^a	359 ^a	348 ^a	361 ^a	397 ^a	451	418 ^a	483	516	509	545
26 or Older	1,179 ^a	1,468	1,529	1,785	1,251 ^a	1,784	1,606	1,541	1,404 ^a	1,419 ^a	1,476	1,723	1,993	1,715	1,754	1,847	1,822
26-49	811	884	801	930	781	1,125	758 ^a	970	749 ^a	766 ^a	675 ^a	988	951	867	967	933	1,021
50 or Older	367 ^a	584	728	855	470 ^a	659	848	571	655	653	801	735	1,042	848	786	914	801
Outpatient ^{1,2}	15,487 ^a	15,065 ^a	15,226 ^a	14,856 ^a	14,712 ^a	15,433 ^a	15,327 ^a	14,394 ^a	15,144 ^a	15,473 ^a	15,468 ^a	15,640 ^a	16,082 ^a	17,069 ^a	16,875 ^a	18,517	19,461
18-25	2,077 ^a	2,096 ^a	1,976 ^a	2,070 ^a	1,912 ^a	1,837 ^a	1,948 ^a	2,039 ^a	1,946 ^a	2,126 ^a	2,239 ^a	2,172 ^a	2,204 ^a	2,280 ^a	2,519 ^a	3,052	3,131
26 or Older	13,410 ^a	12,969 ^a	13,250 ^a	12,785 ^a	12,801 ^a	13,596 ^a	13,380 ^a	12,355 ^a	13,198 ^a	13,347 ^a	13,229 ^a	13,469 ^a	13,878 ^a	14,789 ^a	14,356 ^a	15,466	16,330
26-49	8,931	8,696	8,632	7,766 ^a	7,581 ^a	7,975 ^a	7,880 ^a	7,378 ^a	7,699 ^a	7,640 ^a	7,411 ^a	7,229 ^a	7,368 ^a	7,805 ^a	7,990 ^a	8,456	8,805
50 or Older	4,479 ^a	4,274 ^a	4,619 ^a	5,019 ^a	5,220 ^a	5,620 ^a	5,500 ^a	4,977 ^a	5,499 ^a	5,707 ^a	5,818 ^a	6,239 ^a	6,510 ^a	6,984	6,366 ^a	7,009	7,526
Prescription Medication	22,005 ^a	23,253 ^a	22,638 ^a	23,305 ^a	23,967 ^a	24,864 ^a	25,598 ^a	25,719 ^a	26,671 ^a	26,777 ^a	29,027	29,530	30,082	28,455 ^a	29,350	29,757	30,115
18-25	2,316 ^a	2,621 ^a	2,594 ^a	2,680 ^a	2,612 ^a	2,602 ^a	2,676 ^a	2,857 ^a	2,838 ^a	3,005 ^a	3,109 ^a	3,270 ^a	3,075 ^a	2,999 ^a	3,330 ^a	3,780	3,769
26 or Older	19,689 ^a	20,632 ^a	20,044 ^a	20,625 ^a	21,354 ^a	22,262 ^a	22,923 ^a	22,862 ^a	23,833 ^a	23,772 ^a	25,918	26,260	27,007	25,456	26,020	25,977	26,346
26-49	11,384 ^a	11,837 ^a	11,671 ^a	11,423 ^a	11,741 ^a	11,777 ^a	11,701 ^a	12,204	12,269	12,006 ^a	12,669	12,767	12,557	12,398	12,460	12,736	12,990
50 or Older	8,304 ^a	8,795 ^a	8,373 ^a	9,202 ^a	9,613 ^a	10,484 ^a	11,222 ^a	10,658 ^a	11,564 ^a	11,767 ^a	13,249	13,494	14,450	13,058	13,560	13,241	13,356

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

² Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2018.

Table 10.16B Type of Mental Health Service Received in Past Year among Persons Aged 18 or Older, by Age Group: Percentages, 2002-2018

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
ANY MENTAL HEALTH SERVICES¹	13.0 ^a	13.2 ^a	12.8 ^a	13.0 ^a	12.9 ^a	13.3 ^a	13.5 ^a	13.4 ^a	13.8 ^a	13.6 ^a	14.5	14.6	14.8	14.2 ^a	14.4	14.8	15.0
Inpatient	0.7 ^a	0.8	0.9	1.0	0.7 ^a	1.0	0.9	0.8	0.8 ^a	0.8 ^a	0.8	0.9	1.0	0.9	0.9	1.0	1.0
18-25	0.9 ^a	1.0 ^a	1.2 ^a	1.1 ^a	1.0 ^a	1.1 ^a	1.1 ^a	1.3	1.2 ^a	1.4	1.5	1.5	1.6				
26 or Older	0.7 ^a	0.8	0.8	1.0	0.7 ^a	0.9	0.8	0.8	0.7	0.7	0.7	0.9	1.0	0.8	0.8	0.9	0.9
26-49	0.8	0.9	0.8	0.9	0.8	1.1	0.8 ^a	1.0	0.8 ^a	0.8	0.7 ^a	1.0	1.0	0.9	1.0	0.9	1.0
50 or Older	0.5	0.7	0.9	1.0	0.5	0.7	0.9	0.6	0.7	0.7	0.8	0.7	1.0	0.8	0.7	0.8	0.7
Outpatient ^{1,2}	7.4	7.1 ^a	7.1 ^a	6.8 ^a	6.7 ^a	7.0 ^a	6.8 ^a	6.4 ^a	6.6 ^a	6.7 ^a	6.6 ^a	6.6 ^a	6.7 ^a	7.1 ^a	6.9 ^a	7.5	7.9
18-25	6.7 ^a	6.6 ^a	6.2 ^a	6.4 ^a	5.9 ^a	5.6 ^a	5.9 ^a	6.1 ^a	5.7 ^a	6.2 ^a	6.5 ^a	6.3 ^a	6.4 ^a	6.6 ^a	7.3 ^a	9.0	9.3
26 or Older	7.5	7.2	7.3	6.9 ^a	6.8 ^a	7.2	7.0 ^a	6.4 ^a	6.8 ^a	6.7 ^a	6.6 ^a	6.7 ^a	6.8 ^a	7.1	6.9 ^a	7.3	7.6
26-49	8.9	8.7	8.6	7.8 ^a	7.6 ^a	8.0 ^a	7.9 ^a	7.5 ^a	7.8 ^a	7.8 ^a	7.6 ^a	7.4 ^a	7.5 ^a	7.9 ^a	8.1 ^a	8.5	8.8
50 or Older	5.7	5.3 ^a	5.6 ^a	5.9	6.0	6.3	6.0	5.3 ^a	5.7 ^a	5.7 ^a	5.7 ^a	6.0	6.1	6.4	5.8 ^a	6.3	6.6
Prescription Medication	10.5 ^a	10.9 ^a	10.5 ^a	10.7 ^a	10.9 ^a	11.2 ^a	11.4 ^a	11.3 ^a	11.7	11.5	12.4	12.5	12.6	11.8	12.0	12.1	12.2
18-25	7.5 ^a	8.3 ^a	8.1 ^a	8.3 ^a	8.0 ^a	8.0 ^a	8.1 ^a	8.5 ^a	8.4 ^a	8.8 ^a	9.0 ^a	9.4 ^a	8.8 ^a	8.6 ^a	9.7 ^a	11.1	11.1
26 or Older	11.0 ^a	11.4 ^a	11.0 ^a	11.1 ^a	11.4 ^a	11.7	12.0	11.8	12.2	12.0	12.9	13.0	13.2 ^a	12.3	12.4	12.3	12.3
26-49	11.4 ^a	11.9 ^a	11.7 ^a	11.4 ^a	11.7 ^a	11.8 ^a	11.7 ^a	12.3	12.5	12.3	13.0	13.1	12.8	12.6	12.6	12.7	12.9
50 or Older	10.5	10.9	10.1 ^a	10.8	11.0	11.7	12.2	11.3	12.0	11.8	12.9	12.9	13.5 ^a	12.0	12.3	11.8	11.8

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2018.

Table 10.19A Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year: Numbers in Thousands, 2002-2018

Location of Mental Health Services	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	3,136 ^a	2,983 ^a	3,268 ^a	3,612 ^a	3,342 ^a	3,133 ^a	3,371 ^a	3,079 ^a	3,320 ^a	3,645 ^a	3,634 ^a	4,002	4,126	4,411	4,301	4,759	4,517
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	8,461 ^a	8,216 ^a	7,839 ^a	8,038 ^a	7,790 ^a	8,441 ^a	8,787 ^a	7,678 ^a	8,482 ^a	8,559 ^a	8,514 ^a	9,019 ^a	9,209 ^a	10,007 ^a	9,775 ^a	10,808 ^a	12,356
Doctor's Office - Not Part of a Clinic	3,796 ^a	3,669 ^a	3,752 ^a	3,159	3,299	3,297	3,009	3,336	3,157	3,014	3,104	2,393	2,446	2,862	2,531	2,980	2,834
Outpatient Medical Clinic	950 ^a	997	1,195	1,126	1,159	1,376	1,354	1,233	1,007	1,161	1,012	1,070	1,156	1,054	1,159	1,031	1,261
Partial Day Hospital or Day Treatment Program	289	310	293	311	190	349	237	358	283	284	343	194	300	335	225	311	285
School or University Setting/Clinic/Center ¹	107	78 ^a	84 ^a	93	88 ^a	65 ^a	101	83 ^a	81 ^a	84 ^a	106	83 ^a	111	95	121	194	149
Some Other Place ²	288 ^a	265 ^a	322	144 ^a	257 ^a	332	250 ^a	272 ^a	325	373	256 ^a	435	393	390	368	448	467

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NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

NOTE: Respondents with unknown mental health services information were excluded.

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^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

² Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2018.

Table 10.19B Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year: Percentages, 2002-2018

Location of Mental Health Services	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	20.4 ^a	20.0 ^a	21.6	24.5	22.8	20.4 ^a	22.1	21.6	22.0	23.7	23.5	25.7	25.8	26.0	25.6	25.8	23.3
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	55.0 ^a	55.0 ^a	51.7 ^a	54.4 ^a	53.2 ^a	54.9 ^a	57.7 ^a	53.8 ^a	56.3 ^a	55.7 ^a	55.1 ^a	57.9 ^a	57.5 ^a	58.9 ^a	58.3 ^a	58.6 ^a	63.8
Doctor's Office - Not Part of a Clinic	24.7 ^a	24.6 ^a	24.8 ^a	21.4 ^a	22.5 ^a	21.4 ^a	19.8 ^a	23.4 ^a	21.0 ^a	19.6 ^a	20.1 ^a	15.4	15.3	16.8	15.1	16.2	14.6
Outpatient Medical Clinic	6.2	6.7	7.9	7.6	7.9	9.0 ^a	8.9 ^a	8.6 ^a	6.7	7.6	6.6	6.9	7.2	6.2	6.9	5.6	6.5
Partial Day Hospital or Day Treatment Program	1.9	2.1	1.9	2.1	1.3	2.3	1.6	2.5 ^a	1.9	1.9	2.2	1.2	1.9	2.0	1.3	1.7	1.5
School or University Setting/Clinic/Center ¹	0.7	0.5	0.6	0.6	0.6	0.4 ^a	0.7	0.6	0.5	0.6	0.7	0.5	0.7	0.6	0.7	1.1	0.8
Some Other Place ²	1.9	1.8	2.1	1.0 ^a	1.8	2.2	1.6	1.9	2.2	2.4	1.7	2.8	2.5	2.3	2.2	2.5	2.4

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¹ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

² Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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