

**Table 10.43A Serious Psychological Distress in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2018**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>TOTAL</b>	23,103 <sup>a</sup>	23,743 <sup>a</sup>	22,901 <sup>a</sup>	23,314 <sup>a</sup>	23,243 <sup>a</sup>	23,567 <sup>a</sup>	23,511 <sup>a</sup>	25,312 <sup>a</sup>	25,209 <sup>a</sup>	25,505 <sup>a</sup>	25,018 <sup>a</sup>	26,023 <sup>a</sup>	27,570	28,690
<b>AGE GROUP</b>														
18-25	5,875 <sup>a</sup>	5,668 <sup>a</sup>	5,731 <sup>a</sup>	5,951 <sup>a</sup>	5,863 <sup>a</sup>	6,026 <sup>a</sup>	5,993 <sup>a</sup>	6,405 <sup>a</sup>	6,238 <sup>a</sup>	6,838 <sup>a</sup>	7,111 <sup>a</sup>	7,311 <sup>a</sup>	8,318	8,610
26 or Older	17,228 <sup>a</sup>	18,075 <sup>a</sup>	17,170 <sup>a</sup>	17,364 <sup>a</sup>	17,380 <sup>a</sup>	17,541 <sup>a</sup>	17,517 <sup>a</sup>	18,907	18,971	18,668 <sup>a</sup>	17,907 <sup>a</sup>	18,712 <sup>a</sup>	19,252	20,081
26-49	11,810 <sup>a</sup>	12,602	11,677 <sup>a</sup>	11,525 <sup>a</sup>	11,999 <sup>a</sup>	11,596 <sup>a</sup>	11,526 <sup>a</sup>	11,910 <sup>a</sup>	11,800 <sup>a</sup>	11,258 <sup>a</sup>	11,793 <sup>a</sup>	12,132 <sup>a</sup>	12,758	13,218
50 or Older	5,418 <sup>a</sup>	5,472 <sup>a</sup>	5,493 <sup>a</sup>	5,839 <sup>a</sup>	5,382 <sup>a</sup>	5,945	5,991	6,997	7,171	7,410	6,114	6,580	6,494	6,863
<b>GENDER</b>														
Male	8,292 <sup>a</sup>	9,057 <sup>a</sup>	8,531 <sup>a</sup>	8,551 <sup>a</sup>	8,526 <sup>a</sup>	9,000 <sup>a</sup>	9,096 <sup>a</sup>	9,982 <sup>a</sup>	9,377 <sup>a</sup>	9,436 <sup>a</sup>	9,516 <sup>a</sup>	10,067 <sup>a</sup>	10,459	11,152
Female	14,811 <sup>a</sup>	14,686 <sup>a</sup>	14,370 <sup>a</sup>	14,763 <sup>a</sup>	14,717 <sup>a</sup>	14,566 <sup>a</sup>	14,415 <sup>a</sup>	15,329 <sup>a</sup>	15,832 <sup>a</sup>	16,070 <sup>a</sup>	15,502 <sup>a</sup>	15,956 <sup>a</sup>	17,111	17,538
<b>HISPANIC ORIGIN AND RACE</b>														
Not Hispanic or Latino	19,965 <sup>a</sup>	20,673 <sup>a</sup>	19,941 <sup>a</sup>	20,288 <sup>a</sup>	20,248 <sup>a</sup>	20,250 <sup>a</sup>	20,577 <sup>a</sup>	21,299 <sup>a</sup>	21,220 <sup>a</sup>	21,898 <sup>a</sup>	21,438 <sup>a</sup>	21,920 <sup>a</sup>	23,730	23,968
White	16,017 <sup>a</sup>	16,373 <sup>a</sup>	16,154 <sup>a</sup>	16,412 <sup>a</sup>	16,598 <sup>a</sup>	16,229 <sup>a</sup>	16,138 <sup>a</sup>	16,204 <sup>a</sup>	16,495 <sup>a</sup>	17,023 <sup>a</sup>	17,045 <sup>a</sup>	17,465 <sup>a</sup>	18,566	18,697
Black or African American	2,651	2,652	2,606	2,518 <sup>a</sup>	2,499 <sup>a</sup>	2,721	2,486 <sup>a</sup>	3,282	2,960	2,901	2,620 <sup>a</sup>	2,607 <sup>a</sup>	2,974	3,047
AIAN	230	281	151	96 <sup>a</sup>	140	135	211	288	199	176	160	177	166	224
NHOPI	*	96	50 <sup>a</sup>	*	72	*	*	*	49 <sup>a</sup>	122	79	84	110	146
Asian	628 <sup>a</sup>	745 <sup>a</sup>	632 <sup>a</sup>	795 <sup>a</sup>	578 <sup>a</sup>	685 <sup>a</sup>	954	920	951	1,041	955	953	1,210	1,183
Two or More Races	355 <sup>a</sup>	526	349 <sup>a</sup>	366 <sup>a</sup>	361 <sup>a</sup>	400 <sup>a</sup>	584	436 <sup>a</sup>	565	636	579	634	706	671
Hispanic or Latino	3,138 <sup>a</sup>	3,070 <sup>a</sup>	2,960 <sup>a</sup>	3,026 <sup>a</sup>	2,996 <sup>a</sup>	3,317 <sup>a</sup>	2,933 <sup>a</sup>	4,013 <sup>a</sup>	3,989 <sup>a</sup>	3,607 <sup>a</sup>	3,580 <sup>a</sup>	4,102 <sup>a</sup>	3,840 <sup>a</sup>	4,723

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Estimates for 2005 to 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports.

<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2018.

**Table 10.43B Serious Psychological Distress in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2018**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>TOTAL</b>	10.6 <sup>a</sup>	10.8 <sup>a</sup>	10.3 <sup>a</sup>	10.4 <sup>a</sup>	10.2 <sup>a</sup>	10.3 <sup>a</sup>	10.1 <sup>a</sup>	10.8 <sup>a</sup>	10.6 <sup>a</sup>	10.6 <sup>a</sup>	10.3 <sup>a</sup>	10.6 <sup>a</sup>	11.2	11.5
<b>AGE GROUP</b>														
18-25	18.1 <sup>a</sup>	17.3 <sup>a</sup>	17.5 <sup>a</sup>	18.1 <sup>a</sup>	17.5 <sup>a</sup>	17.7 <sup>a</sup>	17.5 <sup>a</sup>	18.5 <sup>a</sup>	17.9 <sup>a</sup>	19.6 <sup>a</sup>	20.4 <sup>a</sup>	21.1 <sup>a</sup>	24.2	25.3
26 or Older	9.3	9.6	9.0	9.0	9.0	9.0	8.8	9.4	9.4	9.1	8.6 <sup>a</sup>	8.9	9.0	9.3
26-49	11.8 <sup>a</sup>	12.5	11.7 <sup>a</sup>	11.5 <sup>a</sup>	12.1 <sup>a</sup>	11.8 <sup>a</sup>	11.8 <sup>a</sup>	12.2 <sup>a</sup>	12.1 <sup>a</sup>	11.5 <sup>a</sup>	12.0 <sup>a</sup>	12.2 <sup>a</sup>	12.7	13.1
50 or Older	6.4	6.3	6.1	6.3	5.7	6.2	6.0	6.8	6.8	6.9 <sup>a</sup>	5.6	5.9	5.8	6.0
<b>GENDER</b>														
Male	7.9 <sup>a</sup>	8.5 <sup>a</sup>	7.9 <sup>a</sup>	7.9 <sup>a</sup>	7.8 <sup>a</sup>	8.1 <sup>a</sup>	8.1 <sup>a</sup>	8.8	8.2 <sup>a</sup>	8.2 <sup>a</sup>	8.1 <sup>a</sup>	8.5 <sup>a</sup>	8.8	9.3
Female	13.1	12.9	12.5 <sup>a</sup>	12.7 <sup>a</sup>	12.5 <sup>a</sup>	12.3 <sup>a</sup>	11.9 <sup>a</sup>	12.6 <sup>a</sup>	12.9	12.9	12.3 <sup>a</sup>	12.6 <sup>a</sup>	13.4	13.6
<b>HISPANIC ORIGIN AND RACE</b>														
Not Hispanic or Latino	10.5 <sup>a</sup>	10.8 <sup>a</sup>	10.3 <sup>a</sup>	10.4 <sup>a</sup>	10.3 <sup>a</sup>	10.3 <sup>a</sup>	10.4 <sup>a</sup>	10.6 <sup>a</sup>	10.5 <sup>a</sup>	10.8 <sup>a</sup>	10.5 <sup>a</sup>	10.6 <sup>a</sup>	11.4	11.5
White	10.5 <sup>a</sup>	10.7 <sup>a</sup>	10.5 <sup>a</sup>	10.6 <sup>a</sup>	10.7 <sup>a</sup>	10.4 <sup>a</sup>	10.4 <sup>a</sup>	10.4 <sup>a</sup>	10.6 <sup>a</sup>	10.9 <sup>a</sup>	10.8 <sup>a</sup>	11.1 <sup>a</sup>	11.8	11.9
Black or African American	10.7	10.5	10.3	9.8	9.5	10.2	9.3	12.1 <sup>a</sup>	10.7	10.3	9.2	9.0	10.1	10.3
AIAN	20.9	25.6	13.7	10.2	12.8	12.6	16.3	22.2	16.0	13.8	12.6	12.8	12.8	14.9
NHOPI	*	11.6	7.8	*	9.8	*	*	*	6.4 <sup>a</sup>	13.3	13.2	7.7	11.0	15.4
Asian	6.9	8.0	6.6	8.1	5.8 <sup>a</sup>	6.6	8.5	7.9	7.9	8.2	7.1	7.2	8.7	8.3
Two or More Races	16.1	23.6 <sup>a</sup>	15.1	14.6	14.8	15.1	17.8	12.7	16.0	17.4	15.0	15.8	16.8	15.5
Hispanic or Latino	11.3	10.6	10.0 <sup>a</sup>	10.0 <sup>a</sup>	9.6 <sup>a</sup>	10.4	8.6 <sup>a</sup>	11.5	11.2	9.8 <sup>a</sup>	9.5 <sup>a</sup>	10.7	9.7 <sup>a</sup>	11.6

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