

Table 8.17A Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Demographic Characteristics: Numbers in Thousands, 2017 and 2018

| Demographic Characteristic | Total (2017) | Total (2018) | Any Mental Illness (2017) | Any Mental Illness (2018) | Serious Mental Illness (2017) | Serious Mental Illness (2018) | Any Mental Illness Excluding Serious Mental Illness (2017) | Any Mental Illness Excluding Serious Mental Illness (2018) | No Mental Illness ¹ (2017) | No Mental Illness ¹ (2018) |
|---------------------------------|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--|--|---------------------------------------|---------------------------------------|
| TOTAL | 36,416 | 37,101 | 19,813 | 20,579 | 7,454 | 7,277 | 12,359 | 13,302 | 16,603 | 16,522 |
| AGE GROUP | | | | | | | | | | |
| 18-25 | 5,073 | 5,120 | 3,384 | 3,328 | 1,466 | 1,406 | 1,919 | 1,922 | 1,689 | 1,792 |
| 26 or Older | 31,343 | 31,981 | 16,429 | 17,251 | 5,989 | 5,870 | 10,441 ^a | 11,381 | 14,913 | 14,730 |
| 26-49 | 15,695 | 16,113 | 9,595 | 9,950 | 3,687 | 3,753 | 5,908 | 6,198 | 6,100 | 6,163 |
| 50 or Older | 15,647 | 15,868 | 6,834 | 7,301 | 2,301 | 2,118 | 4,533 | 5,183 | 8,813 | 8,567 |
| GENDER | | | | | | | | | | |
| Male | 12,462 | 12,096 | 6,263 | 6,372 | 2,239 | 2,267 | 4,024 | 4,104 | 6,199 | 5,724 |
| Female | 23,954 | 25,006 | 13,551 | 14,207 | 5,216 | 5,009 | 8,335 ^a | 9,198 | 10,403 | 10,798 |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 33,086 | 33,573 | 17,860 | 18,330 | 6,756 | 6,453 | 11,104 | 11,877 | 15,226 | 15,243 |
| White | 28,708 | 29,151 | 15,401 | 15,761 | 5,742 | 5,418 | 9,659 | 10,343 | 13,307 | 13,390 |
| Black or African American | 2,525 | 2,555 | 1,448 | 1,468 | 573 | 625 | 876 | 844 | 1,077 | 1,087 |
| AIAN | 170 | 211 | * | * | * | * | * | * | 65 | 85 |
| NHOPI | 53 | 98 | * | * | * | * | * | * | 7 | 6 |
| Asian | 823 | 894 | 403 | 518 | * | * | 241 | 385 | 420 | 376 |
| Two or More Races | 806 | 664 | 457 | 365 | * | * | 246 | 189 | 349 | 300 |
| Hispanic or Latino | 3,330 | 3,528 | 1,953 | 2,249 | 698 | 823 | 1,255 | 1,425 | 1,377 | 1,279 |
| CURRENT EMPLOYMENT | | | | | | | | | | |
| Full-Time | 15,742 | 16,601 | 7,960 ^a | 8,828 | 2,687 | 2,829 | 5,273 ^a | 5,999 | 7,782 | 7,773 |
| Part-Time | 5,833 | 5,601 | 3,225 | 3,175 | 1,246 | 1,187 | 1,979 | 1,988 | 2,607 | 2,426 |
| Unemployed | 1,666 | 1,471 | 1,075 | 1,034 | 427 | 467 | 648 | 567 | 591 | 437 |
| Other ² | 13,176 | 13,429 | 7,554 | 7,542 | 3,094 | 2,794 | 4,460 | 4,749 | 5,622 | 5,886 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.17B Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Demographic Characteristics: Percentages, 2017 and 2018

| Demographic Characteristic | Total (2017) | Total (2018) | Any Mental Illness (2017) | Any Mental Illness (2018) | Serious Mental Illness (2017) | Serious Mental Illness (2018) | Any Mental Illness Excluding Serious Mental Illness (2017) | Any Mental Illness Excluding Serious Mental Illness (2018) | No Mental Illness ¹ (2017) | No Mental Illness ¹ (2018) |
|---------------------------------|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--|--|---------------------------------------|---------------------------------------|
| TOTAL | 14.8 | 15.0 | 42.6 | 43.3 | 66.7 | 64.1 | 35.0 | 36.8 | 8.3 | 8.3 |
| AGE GROUP | | | | | | | | | | |
| 18-25 | 14.9 | 15.2 | 38.4 | 37.3 | 57.4 | 53.8 | 30.7 | 30.5 | 6.7 | 7.2 |
| 26 or Older | 14.8 | 15.0 | 43.6 | 44.7 | 69.5 | 67.2 | 36.0 | 38.1 | 8.6 | 8.4 |
| 26-49 | 15.7 | 16.1 | 43.3 | 43.9 | 66.2 | 63.7 | 35.6 | 36.9 | 7.9 | 7.9 |
| 50 or Older | 14.0 | 14.0 | 44.2 | 45.8 | 75.6 | 74.4 | 36.5 | 39.6 | 9.1 | 8.8 |
| GENDER | | | | | | | | | | |
| Male | 10.5 | 10.1 | 34.8 | 34.9 | 57.7 | 56.4 | 28.5 | 28.8 | 6.2 | 5.7 |
| Female | 18.8 | 19.5 | 47.6 | 48.6 | 71.5 | 68.3 | 39.4 | 42.0 | 10.5 | 10.9 |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 16.0 | 16.2 | 44.1 | 45.1 | 68.1 | 65.3 | 36.4 | 38.6 | 9.2 | 9.2 |
| White | 18.3 | 18.6 | 48.0 | 49.1 | 70.7 | 67.2 | 40.3 ^a | 43.0 | 10.7 | 10.7 |
| Black or African American | 8.7 | 8.7 | 30.6 | 30.6 | 56.2 | 58.0 | 23.6 | 22.7 | 4.4 | 4.4 |
| AIAN | 13.2 | 14.1 | * | * | * | * | * | * | 6.3 | 7.3 |
| NHOPI | 5.6 | 10.9 | * | * | * | * | * | * | 0.9 | 0.8 |
| Asian | 6.0 | 6.3 | 20.2 | 24.9 | * | * | 14.5 | 21.7 | 3.6 | 3.1 |
| Two or More Races | 19.4 | 15.4 | 38.4 | 31.8 | * | * | 28.9 | 22.3 | 11.7 | 9.5 |
| Hispanic or Latino | 8.4 | 8.8 | 32.6 | 32.9 | 56.2 | 56.0 | 26.4 | 26.6 | 4.1 | 3.8 |
| CURRENT EMPLOYMENT | | | | | | | | | | |
| Full-Time | 12.9 | 13.5 | 38.2 | 40.5 | 59.7 | 58.8 | 32.3 ^a | 35.3 | 7.7 | 7.7 |
| Part-Time | 18.2 | 17.5 | 45.5 | 44.9 | 69.4 | 63.8 | 37.4 | 38.2 | 10.4 | 9.7 |
| Unemployed | 15.9 | 14.9 | 38.2 | 37.6 | 53.3 | 59.2 | 32.1 | 28.9 | 7.7 | 6.1 |
| Other ² | 16.3 | 16.3 | 48.1 | 47.4 | 76.1 | 71.8 | 38.3 | 39.6 | 8.6 | 8.9 |

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