

Table 8.23C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2017 and 2018

Location of Mental Health Services ¹	Total (2017)	Total (2018)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness ²	
			(2017)	(2018)	(2017)	(2018)	(2017)	(2018)	(2017)	(2018)
Outpatient Mental Health Clinic or Center	220	202	176	173	117	128	127	110	117	90
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	357	379	244	277	140	163	195	214	234	228
Doctor's Office - Not Part of a Clinic	178	170	144	141	94	92	96	109	103	93
Outpatient Medical Clinic	99	106	75	81	52	54	57	60	54	66
Partial Day Hospital or Day Treatment Program	46	39	43	38	34	30	28	23	12	10
School or University Setting/Clinic/Center ³	28	23	22	18	15	12	16	14	16	14
Some Other Place ⁴	70	66	55	49	34	36	42	34	44	44

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.23D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2017 and 2018

Location of Mental Health Services ¹	Total (2017)	Total (2018)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness ²	
			(2017)	(2018)	(2017)	(2018)	(2017)	(2018)	(2017)	(2018)
Outpatient Mental Health Clinic or Center	1.06	0.94	1.26	1.20	1.85	2.11	1.63	1.31	1.64	1.26
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.23	1.11	1.43	1.34	2.10	2.09	1.91	1.63	2.13	1.78
Doctor's Office - Not Part of a Clinic	0.87	0.82	1.08	1.05	1.61	1.65	1.32	1.35	1.47	1.26
Outpatient Medical Clinic	0.52	0.52	0.62	0.63	1.00	1.03	0.80	0.78	0.80	0.90
Partial Day Hospital or Day Treatment Program	0.25	0.20	0.36	0.30	0.66	0.60	0.41	0.31	0.19	0.15
School or University Setting/Clinic/Center ³	0.16	0.12	0.19	0.15	0.30	0.24	0.23	0.19	0.25	0.21
Some Other Place ⁴	0.38	0.34	0.46	0.40	0.68	0.71	0.62	0.46	0.67	0.63

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

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Definitions: Measures and terms are defined in Appendix A.

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Table 8.23P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017

Location of Mental Health Services ¹	Total (2017)	Total (2018)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness ² (2017)	No Mental Illness ² (2018)
			(2017)	(2018)	(2017)	(2018)	(2017)	(2018)	(2017)	(2018)
Outpatient Mental Health Clinic or Center	0.0834		0.2358		0.7775		0.0784		0.1542	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.0019		0.0024		0.0655		0.0157		0.1614	
Doctor's Office - Not Part of a Clinic	0.1945		0.4484		0.1743		0.8228		0.2594	
Outpatient Medical Clinic	0.2262		0.6635		0.9708		0.5529		0.1166	
Partial Day Hospital or Day Treatment Program	0.4838		0.6770		0.7949		0.4250		0.3522	
School or University Setting/Clinic/Center ³	0.1594		0.1759		0.2967		0.3624		0.4880	
Some Other Place ⁴	0.9654		0.7375		0.9158		0.7503		0.7469	

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NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) that are used in the comparisons are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

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³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.25C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2017 and 2018

Location of Mental Health Services ¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Outpatient Mental Health Clinic or Center	220	202	51	57	212	189	123	116	166	146
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	357	379	96	92	341	361	190	197	257	294
Doctor's Office - Not Part of a Clinic	178	170	34	32	175	165	84	87	150	145
Outpatient Medical Clinic	99	106	19	22	98	104	52	65	83	81
Partial Day Hospital or Day Treatment Program	46	39	18	19	42	35	27	29	32	19
School or University Setting/Clinic/Center ²	28	23	24	20	13	12	13	12	*	*
Some Other Place ³	70	66	14	16	69	64	35	33	59	55

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

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² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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Table 8.25D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Percentages, 2017 and 2018

Location of Mental Health Services¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Outpatient Mental Health Clinic or Center	1.06	0.94	1.51	1.50	1.22	1.06	1.29	1.14	2.11	1.79
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	1.23	1.11	1.69	1.53	1.42	1.28	1.36	1.32	2.53	2.29
Doctor's Office - Not Part of a Clinic	0.87	0.82	1.08	0.97	1.02	0.95	0.93	0.92	1.92	1.80
Outpatient Medical Clinic	0.52	0.52	0.61	0.67	0.62	0.61	0.61	0.69	1.16	1.05
Partial Day Hospital or Day Treatment Program	0.25	0.20	0.58	0.58	0.27	0.21	0.32	0.33	0.46	0.25
School or University Setting/Clinic/Center ²	0.16	0.12	0.76	0.64	0.09	0.08	0.16	0.14	*	*
Some Other Place ³	0.38	0.34	0.47	0.50	0.45	0.39	0.42	0.39	0.85	0.73

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

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³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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Table 8.25P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017

Location of Mental Health Services ¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Outpatient Mental Health Clinic or Center	0.0834		0.5715		0.0507		0.2031		0.1249	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	0.0019		0.0408		0.0057		0.4466		0.0042	
Doctor's Office - Not Part of a Clinic	0.1945		0.1857		0.2823		0.3050		0.5172	
Outpatient Medical Clinic	0.2262		0.8803		0.2303		0.1551		0.6315	
Partial Day Hospital or Day Treatment Program	0.4838		0.3953		0.2638		0.9783		0.1177	
School or University Setting/Clinic/Center ²	0.1594		0.2385		0.4213		0.4386		*	
Some Other Place ³	0.9654		0.4657		0.8174		0.9154		0.8187	

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NOTE: Respondents with unknown mental health services information were excluded.

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³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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