

Table 8.24A Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2017 and 2018

Type and Location of Mental Health Services	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness ¹ (2017)	No Mental Illness ¹ (2018)
ANY MENTAL HEALTH SERVICES²	36,416	37,101	19,813	20,579	7,454	7,277	12,359	13,302	16,603	16,522
Outpatient	18,517	19,461	11,906	12,377	5,033	4,970	6,873	7,407	6,611	7,084
Outpatient Mental Health Clinic or Center	4,759	4,517	3,596	3,479	1,810	1,825	1,786	1,655	1,163	1,037
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	10,808 ^a	12,356	6,624 ^a	7,605	2,701	2,932	3,924 ^a	4,672	4,183	4,751
Doctor's Office - Not Part of a Clinic	2,980	2,834	2,119	2,062	1,050	880	1,068	1,182	861	772
Outpatient Medical Clinic	1,031	1,261	780	858	379	376	401	481	251	403
Partial Day Hospital or Day Treatment Program	311	285	277	263	175	184	102	79	35	21
School or University Setting/Clinic/Center ³	194	149	134	100	63	43	71	57	59	49
Some Other Place ⁴	448	467	299	286	147	139	153	147	149	181
Inpatient	2,357	2,366	1,556	1,580	850	824	706	756	801	786
Prescription Medication	29,757	30,115	16,603	17,219	6,589	6,420	10,014	10,799	13,154	12,896
DID NOT RECEIVE MENTAL HEALTH SERVICES	209,384	210,232	26,645	26,926	3,714	4,075	22,930	22,851	182,740	183,306

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.24B Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2017 and 2018

Type and Location of Mental Health Services	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness ¹ (2017)	No Mental Illness ¹ (2018)
ANY MENTAL HEALTH SERVICES²	14.8	15.0	42.6	43.3	66.7	64.1	35.0	36.8	8.3	8.3
Outpatient	7.5	7.9	25.7	26.1	45.3	43.9	19.5	20.5	3.3	3.5
Outpatient Mental Health Clinic or Center	1.9	1.8	7.8	7.3	16.3	16.1	5.1	4.6	0.6	0.5
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	4.4 ^a	5.0	14.3 ^a	16.0	24.3	25.9	11.1 ^a	12.9	2.1	2.4
Doctor's Office - Not Part of a Clinic	1.2	1.1	4.6	4.4	9.5	7.8	3.0	3.3	0.4	0.4
Outpatient Medical Clinic	0.4	0.5	1.7	1.8	3.4	3.3	1.1	1.3	0.1	0.2
Partial Day Hospital or Day Treatment Program	0.1	0.1	0.6	0.6	1.6	1.6	0.3	0.2	0.0	0.0
School or University Setting/Clinic/Center ³	0.1	0.1	0.3	0.2	0.6	0.4	0.2	0.2	0.0	0.0
Some Other Place ⁴	0.2	0.2	0.6	0.6	1.3	1.2	0.4	0.4	0.1	0.1
Inpatient	1.0	1.0	3.3	3.3	7.6	7.3	2.0	2.1	0.4	0.4
Prescription Medication	12.1	12.2	35.7	36.2	58.9	56.5	28.3	29.9	6.6	6.4
DID NOT RECEIVE MENTAL HEALTH SERVICES	85.2	85.0	57.4	56.7	33.3	35.9	65.0	63.2	91.7	91.7

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.