

**Table 8.24C Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2017 and 2018**

Type and Location of Mental Health Services	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness <sup>1</sup> (2017)	No Mental Illness <sup>1</sup> (2018)
<b>ANY MENTAL HEALTH SERVICES<sup>2</sup></b>	608	591	442	470	264	258	339	373	474	427
<b>Outpatient</b>	431	442	321	357	197	216	245	272	284	265
Outpatient Mental Health Clinic or Center	220	200	176	173	117	128	127	110	117	90
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	345	362	244	277	140	163	195	214	234	228
Doctor's Office - Not Part of a Clinic	176	169	144	141	94	92	96	109	103	93
Outpatient Medical Clinic	98	105	75	81	52	54	57	60	54	66
Partial Day Hospital or Day Treatment Program	46	39	43	38	34	30	28	23	12	10
School or University Setting/Clinic/Center <sup>3</sup>	28	23	22	18	15	12	16	14	16	14
Some Other Place <sup>4</sup>	70	66	55	49	34	36	42	34	44	44
<b>Inpatient</b>	138	144	112	110	76	77	82	78	95	87
<b>Prescription Medication</b>	548	541	416	422	255	239	309	338	412	373
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	608	591	564	518	168	169	522	490	1,734	1,670

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

<sup>2</sup> Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 8.24D Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2017 and 2018**

Type and Location of Mental Health Services	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness <sup>1</sup> (2017)	No Mental Illness <sup>1</sup> (2018)
<b>ANY MENTAL HEALTH SERVICES<sup>2</sup></b>	0.25	0.24	0.71	0.68	1.27	1.24	0.77	0.79	0.23	0.20
<b>Outpatient</b>	0.18	0.18	0.59	0.59	1.27	1.29	0.63	0.63	0.14	0.13
Outpatient Mental Health Clinic or Center	0.09	0.08	0.37	0.35	0.96	1.05	0.36	0.29	0.06	0.04
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.14	0.15	0.48	0.51	1.08	1.17	0.52	0.54	0.11	0.11
Doctor's Office - Not Part of a Clinic	0.07	0.07	0.30	0.28	0.80	0.77	0.27	0.29	0.05	0.05
Outpatient Medical Clinic	0.04	0.04	0.16	0.17	0.46	0.46	0.16	0.16	0.03	0.03
Partial Day Hospital or Day Treatment Program	0.02	0.02	0.09	0.08	0.30	0.27	0.08	0.06	0.01	0.01
School or University Setting/Clinic/Center <sup>3</sup>	0.01	0.01	0.05	0.04	0.13	0.11	0.04	0.04	0.01	0.01
Some Other Place <sup>4</sup>	0.03	0.03	0.12	0.10	0.31	0.31	0.12	0.09	0.02	0.02
<b>Inpatient</b>	0.06	0.06	0.24	0.23	0.65	0.66	0.23	0.21	0.05	0.04
<b>Prescription Medication</b>	0.22	0.22	0.69	0.65	1.34	1.31	0.73	0.75	0.20	0.18
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	0.25	0.24	0.71	0.68	1.27	1.24	0.77	0.79	0.23	0.20

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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**Table 8.24P Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: P Values from Tests of Differences of Percentages, 2018 Versus 2017**

Type and Location of Mental Health Services	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness <sup>1</sup> (2017)	No Mental Illness <sup>1</sup> (2018)
<b>ANY MENTAL HEALTH SERVICES<sup>2</sup></b>	0.5833		0.5049		0.1399		0.1132		0.8419	
<b>Outpatient</b>	0.1873		0.6177		0.4468		0.2526		0.2363	
Outpatient Mental Health Clinic or Center	0.3652		0.4120		0.9136		0.2912		0.3915	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.0031		0.0112		0.2924		0.0138		0.0812	
Doctor's Office - Not Part of a Clinic	0.4935		0.5945		0.1325		0.5392		0.5056	
Outpatient Medical Clinic	0.1350		0.5831		0.8991		0.3918		0.0787	
Partial Day Hospital or Day Treatment Program	0.6307		0.7351		0.8968		0.5013		0.4114	
School or University Setting/Clinic/Center <sup>3</sup>	0.2177		0.1922		0.2540		0.4490		0.6008	
Some Other Place <sup>4</sup>	0.8690		0.7887		0.8420		0.8659		0.6150	
<b>Inpatient</b>	0.9773		0.9507		0.7029		0.7684		0.8985	
<b>Prescription Medication</b>	0.8228		0.5482		0.1997		0.1368		0.5763	
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	0.5833		0.5049		0.1399		0.1132		0.8419	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) that are used in the comparisons are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

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<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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