

Table 8.33A Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	13,475	14,215	6,991	7,349	6,451	6,845
Could Not Afford Cost	5,465	5,411	2,742	2,587	2,705	2,815
Might Cause Neighbors/Community to Have Negative Opinion	1,453	1,467	730	665	721	801
Might Have Negative Effect on Job	1,382	1,320	660	679	722	641
Health Insurance Does Not Cover Any Mental Health Services	1,051	1,100	485	551	558	545
Health Insurance Does Not Pay Enough for Mental Health Services	2,063	2,213	1,195	1,143	867	1,065
Did Not Know Where to Go for Services	3,300	3,432	1,523	1,552	1,767	1,879
Concerned about Confidentiality	1,236	1,199	583	473	652	726
Concerned about Being Committed/Having to Take Medicine	1,537	1,731	816	888	719	841
Did Not Feel Need for Treatment at the Time Thought Could Handle the Problem Without Treatment	1,330	1,465	637	686	691	778
Treatment Would Not Help	3,914	3,709	1,695	1,641	2,201	2,067
Did Not Have Time	1,547	1,572	746	870	791	703
Did Not Want Others to Find Out	2,819	2,832	1,340	1,406	1,461	1,415
No Transportation/Inconvenient	1,156	1,053	437	381	719	671
Some Other Reason ⁴	630	722	381	459	244	263
	1,213 ^a	1,502	739	880	472	618

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.33B Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Percentages, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	40.8	38.5	39.5	35.7	42.2	41.5
Might Cause Neighbors/Community to Have Negative Opinion	10.8	10.4	10.5	9.2	11.3	11.8
Might Have Negative Effect on Job	10.3	9.4	9.5	9.4	11.3	9.4
Health Insurance Does Not Cover Any Mental Health Services	7.8	7.8	7.0	7.6	8.7	8.0
Health Insurance Does Not Pay Enough for Mental Health Services	15.4	15.7	17.2	15.8	13.5	15.7
Did Not Know Where to Go for Services	24.6	24.4	21.9	21.4	27.6	27.7
Concerned about Confidentiality	9.2	8.5	8.4	6.5	10.2	10.7
Concerned about Being Committed/Having to Take Medicine	11.5	12.3	11.7	12.3	11.2	12.4
Did Not Feel Need for Treatment at the Time Thought Could Handle the Problem Without Treatment	9.9	10.4	9.2	9.5	10.8	11.5
Treatment Would Not Help	29.2	26.4	24.4	22.7	34.3	30.4
Did Not Have Time	11.6	11.2	10.7	12.0	12.3	10.3
Did Not Want Others to Find Out	21.1	20.2	19.3	19.4	22.8	20.8
Did Not Want Others to Find Out	8.6	7.5	6.3	5.3	11.2	9.9
No Transportation/Inconvenient	4.7	5.1	5.5	6.3	3.8	3.9
Some Other Reason ⁴	9.1	10.7	10.6	12.2	7.4	9.1

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.34A Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	11,052	11,208	6,085	6,223	4,938	4,966
Could Not Afford Cost	4,638	4,529	2,430	2,283	2,191	2,238
Might Cause Neighbors/Community to Have Negative Opinion	1,270	1,227	663	616	605	610
Might Have Negative Effect on Job	1,217	1,159	624	618	594	541
Health Insurance Does Not Cover Any Mental Health Services	881	884	418	439	455	441
Health Insurance Does Not Pay Enough for Mental Health Services	1,724	1,846	1,082	1,047	642	794
Did Not Know Where to Go for Services	2,818	2,799	1,371	1,348	1,436	1,449
Concerned about Confidentiality	1,067	1,030	536	429	531	601
Concerned about Being Committed/Having to Take Medicine	1,418	1,564	776	862	639	698
Did Not Feel Need for Treatment at the Time	1,022	1,139	521	605	498	533
Thought Could Handle the Problem Without Treatment	3,147	2,855	1,454	1,387	1,676	1,468
Treatment Would Not Help	1,329	1,329	690	761	630	569
Did Not Have Time	2,186	2,317	1,118	1,255	1,051	1,053
Did Not Want Others to Find Out	1,005	876	404	338	601	538
No Transportation/Inconvenient	554	624	345	440	203	184
Some Other Reason ⁴	1,039 ^a	1,316	652	781	385 ^a	531

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.34B Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Percentages, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	42.2	40.7	40.1	37.1	44.6	45.2
Might Cause Neighbors/Community to Have Negative Opinion	11.5	11.0	10.9	10.0	12.3	12.3
Might Have Negative Effect on Job	11.1	10.4	10.3	10.1	12.1	10.9
Health Insurance Does Not Cover Any Mental Health Services	8.0	8.0	6.9	7.1	9.3	8.9
Health Insurance Does Not Pay Enough for Mental Health Services	15.7	16.6	17.8	17.0	13.1	16.0
Did Not Know Where to Go for Services	25.6	25.2	22.6	21.9	29.2	29.3
Concerned about Confidentiality	9.7	9.3	8.8	7.0	10.8	12.1
Concerned about Being Committed/Having to Take Medicine	12.9	14.1	12.8	14.0	13.0	14.1
Did Not Feel Need for Treatment at the Time	9.3	10.2	8.6	9.8	10.1	10.8
Thought Could Handle the Problem Without Treatment	28.6	25.7	24.0	22.6	34.1 ^a	29.6
Treatment Would Not Help	12.1	12.0	11.4	12.4	12.8	11.5
Did Not Have Time	19.9	20.8	18.4	20.4	21.4	21.3
Did Not Want Others to Find Out	9.1	7.9	6.7	5.5	12.2	10.9
No Transportation/Inconvenient	5.0	5.6	5.7	7.2	4.1	3.7
Some Other Reason ⁴	9.4 ^a	11.8	10.8	12.7	7.8 ^a	10.7

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.35A Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	4,939	5,116	3,320	3,268	1,606	1,845
Could Not Afford Cost	2,267	2,351	1,422	1,338	836	1,009
Might Cause Neighbors/Community to Have Negative Opinion	606	667	355	401	250	266
Might Have Negative Effect on Job	622	668	360	417	262	251
Health Insurance Does Not Cover Any Mental Health Services	402	493	224	304	177	189
Health Insurance Does Not Pay Enough for Mental Health Services	820	973	579	617	240	352
Did Not Know Where to Go for Services	1,283	1,365	760	781	513	584
Concerned about Confidentiality	544	617	301	308	243	308
Concerned about Being Committed/Having to Take Medicine	945	1,044	615	624	328	416
Did Not Feel Need for Treatment at the Time	411	473	291	304	118	169
Thought Could Handle the Problem Without Treatment	1,238	1,131	734	663	493	468
Treatment Would Not Help	644	674	378	408	257	266
Did Not Have Time	862	946	575	610	277	335
Did Not Want Others to Find Out	418	454	217	211	201	243
No Transportation/Inconvenient	317	410	237	318	79	92
Some Other Reason ⁴	516	641	359	440	157	202

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	46.1	46.1	42.9	41.2	52.5	54.7
Might Cause Neighbors/Community to Have Negative Opinion	12.3	13.1	10.7	12.3	15.7	14.4
Might Have Negative Effect on Job	12.6	13.1	10.9	12.8	16.4	13.6
Health Insurance Does Not Cover Any Mental Health Services	8.2	9.7	6.8	9.4	11.1	10.3
Health Insurance Does Not Pay Enough for Mental Health Services	16.7	19.1	17.5	19.0	15.1	19.1
Did Not Know Where to Go for Services	26.1	26.8	22.9	24.0	32.2	31.6
Concerned about Confidentiality	11.0	12.1	9.1	9.5	15.3	16.7
Concerned about Being Committed/Having to Take Medicine	19.2	20.5	18.5	19.2	20.6	22.5
Did Not Feel Need for Treatment at the Time	8.4	9.3	8.8	9.3	7.4	9.2
Thought Could Handle the Problem Without Treatment	25.2	22.2	22.2	20.4	30.9	25.4
Treatment Would Not Help	13.1	13.2	11.4	12.6	16.1	14.4
Did Not Have Time	17.5	18.6	17.4	18.8	17.4	18.2
Did Not Want Others to Find Out	8.5	8.9	6.6	6.5	12.6	13.2
No Transportation/Inconvenient	6.4	8.0	7.2	9.8	5.0	5.0
Some Other Reason ⁴	10.5	12.6	10.8	13.5	9.9	10.9

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