

Table 8.33C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	348	337	239	252	232	212
Could Not Afford Cost	211	183	146	126	138	131
Might Cause Neighbors/Community to Have Negative Opinion	91	88	68	59	62	67
Might Have Negative Effect on Job	100	84	63	62	73	57
Health Insurance Does Not Cover Any Mental Health Services	85	91	53	68	63	59
Health Insurance Does Not Pay Enough for Mental Health Services	124	127	93	90	79	92
Did Not Know Where to Go for Services	148	154	110	112	102	102
Concerned about Confidentiality	94	81	59	47	66	68
Concerned about Being Committed/Having to Take Medicine	90	98	67	70	56	67
Did Not Feel Need for Treatment at the Time	93	92	61	66	69	66
Thought Could Handle the Problem Without Treatment	168	168	114	123	128	119
Treatment Would Not Help	103	109	70	83	73	65
Did Not Have Time	144	140	102	103	103	94
Did Not Want Others to Find Out	93	76	53	41	78	64
No Transportation/Inconvenient	60	72	50	59	33	38
Some Other Reason ⁴	97	105	81	87	56	60

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.33D Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Percentages, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.12	1.09	1.61	1.51	1.54	1.47
Might Cause Neighbors/Community to Have Negative Opinion	0.64	0.61	0.94	0.80	0.91	0.94
Might Have Negative Effect on Job	0.70	0.58	0.87	0.83	1.05	0.80
Health Insurance Does Not Cover Any Mental Health Services	0.60	0.60	0.74	0.88	0.91	0.82
Health Insurance Does Not Pay Enough for Mental Health Services	0.80	0.81	1.18	1.15	1.09	1.20
Did Not Know Where to Go for Services	0.95	0.92	1.40	1.34	1.34	1.25
Concerned about Confidentiality	0.67	0.55	0.82	0.66	0.95	0.93
Concerned about Being Committed/Having to Take Medicine	0.64	0.65	0.93	0.93	0.84	0.93
Did Not Feel Need for Treatment at the Time	0.65	0.62	0.83	0.85	1.01	0.94
Thought Could Handle the Problem Without Treatment	1.07	0.99	1.43	1.43	1.57	1.42
Treatment Would Not Help	0.72	0.72	0.96	1.06	1.06	0.91
Did Not Have Time	0.93	0.85	1.27	1.23	1.39	1.19
Did Not Want Others to Find Out	0.67	0.52	0.72	0.56	1.14	0.91
No Transportation/Inconvenient	0.44	0.49	0.70	0.79	0.51	0.55
Some Other Reason ⁴	0.68	0.70	1.09	1.10	0.84	0.84

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Table 8.33P Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: P Values from Tests of Differences of Percentages, 2018 Versus 2017

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.1208		0.0860		0.7327	
Might Cause Neighbors/Community to Have Negative Opinion	0.6456		0.2868		0.6817	
Might Have Negative Effect on Job	0.3005		0.9193		0.1750	
Health Insurance Does Not Cover Any Mental Health Services	0.9817		0.5856		0.5938	
Health Insurance Does Not Pay Enough for Mental Health Services	0.7596		0.3832		0.1920	
Did Not Know Where to Go for Services	0.8677		0.7970		0.9494	
Concerned about Confidentiality	0.4176		0.0688		0.7082	
Concerned about Being Committed/Having to Take Medicine	0.3430		0.6879		0.3617	
Did Not Feel Need for Treatment at the Time	0.5808		0.7849		0.6239	
Thought Could Handle the Problem Without Treatment	0.0632		0.4098		0.0728	
Treatment Would Not Help	0.7207		0.3753		0.1537	
Did Not Have Time	0.4710		0.9444		0.2761	
Did Not Want Others to Find Out	0.1731		0.2606		0.3558	
No Transportation/Inconvenient	0.5045		0.4140		0.9208	
Some Other Reason ⁴	0.0855		0.3264		0.1280	

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.34C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	303	296	219	227	196	177
Could Not Afford Cost	192	167	139	121	118	113
Might Cause Neighbors/Community to Have Negative Opinion	85	75	64	57	56	52
Might Have Negative Effect on Job	88	77	61	58	59	50
Health Insurance Does Not Cover Any Mental Health Services	80	78	51	56	59	54
Health Insurance Does Not Pay Enough for Mental Health Services	115	116	88	85	66	78
Did Not Know Where to Go for Services	137	142	104	101	92	92
Concerned about Confidentiality	80	69	57	45	52	55
Concerned about Being Committed/Having to Take Medicine	86	92	65	69	53	60
Did Not Feel Need for Treatment at the Time	80	84	51	62	59	57
Thought Could Handle the Problem Without Treatment	147	144	104	112	111	95
Treatment Would Not Help	93	96	68	75	62	56
Did Not Have Time	121	127	91	96	84	81
Did Not Want Others to Find Out	84	66	51	38	68	53
No Transportation/Inconvenient	56	68	47	59	30	33
Some Other Reason ⁴	87	98	73	81	51	56

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NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.23	1.22	1.71	1.68	1.73	1.70
Might Cause Neighbors/Community to Have Negative Opinion	0.73	0.66	1.01	0.90	1.06	1.00
Might Have Negative Effect on Job	0.75	0.67	0.96	0.92	1.12	0.98
Health Insurance Does Not Cover Any Mental Health Services	0.69	0.65	0.80	0.87	1.10	1.01
Health Insurance Does Not Pay Enough for Mental Health Services	0.92	0.93	1.28	1.26	1.22	1.41
Did Not Know Where to Go for Services	1.05	1.07	1.50	1.44	1.57	1.51
Concerned about Confidentiality	0.69	0.60	0.91	0.75	1.00	1.04
Concerned about Being Committed/Having to Take Medicine	0.74	0.78	1.04	1.08	1.01	1.13
Did Not Feel Need for Treatment at the Time	0.68	0.71	0.81	0.94	1.14	1.11
Thought Could Handle the Problem Without Treatment	1.12	1.04	1.49	1.50	1.70	1.57
Treatment Would Not Help	0.79	0.80	1.06	1.12	1.16	1.08
Did Not Have Time	0.98	0.97	1.34	1.34	1.51	1.39
Did Not Want Others to Find Out	0.73	0.57	0.80	0.61	1.28	1.01
No Transportation/Inconvenient	0.50	0.58	0.76	0.91	0.61	0.63
Some Other Reason ⁴	0.75	0.82	1.14	1.19	1.01	1.08

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NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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Table 8.34P Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: P Values from Tests of Differences of Percentages, 2018 Versus 2017

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.3861		0.2182		0.8141	
Might Cause Neighbors/Community to Have Negative Opinion	0.6055		0.5013		0.9912	
Might Have Negative Effect on Job	0.5132		0.8603		0.4263	
Health Insurance Does Not Cover Any Mental Health Services	0.9502		0.8334		0.8083	
Health Insurance Does Not Pay Enough for Mental Health Services	0.4670		0.6538		0.1215	
Did Not Know Where to Go for Services	0.7661		0.7324		0.9963	
Concerned about Confidentiality	0.6392		0.1009		0.3703	
Concerned about Being Committed/Having to Take Medicine	0.2579		0.4038		0.4828	
Did Not Feel Need for Treatment at the Time	0.3222		0.3006		0.6968	
Thought Could Handle the Problem Without Treatment	0.0644		0.5232		0.0492	
Treatment Would Not Help	0.9097		0.5187		0.3722	
Did Not Have Time	0.4755		0.3068		0.9445	
Did Not Want Others to Find Out	0.1648		0.2437		0.3966	
No Transportation/Inconvenient	0.4400		0.2119		0.6150	
Some Other Reason ⁴	0.0318		0.2385		0.0475	

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Table 8.35C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2017 and 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	192	181	159	151	99	106
Could Not Afford Cost	129	117	102	91	70	74
Might Cause Neighbors/Community to Have Negative Opinion	53	57	40	44	35	39
Might Have Negative Effect on Job	59	59	43	48	39	33
Health Insurance Does Not Cover Any Mental Health Services	50	60	38	47	33	39
Health Insurance Does Not Pay Enough for Mental Health Services	77	84	66	62	37	56
Did Not Know Where to Go for Services	99	105	78	81	55	59
Concerned about Confidentiality	56	55	43	38	34	40
Concerned about Being Committed/Having to Take Medicine	69	73	59	57	37	45
Did Not Feel Need for Treatment at the Time	47	56	41	47	23	32
Thought Could Handle the Problem Without Treatment	93	84	74	66	55	51
Treatment Would Not Help	63	61	44	47	43	38
Did Not Have Time	79	79	67	65	38	44
Did Not Want Others to Find Out	45	50	34	31	30	38
No Transportation/Inconvenient	42	55	39	49	16	24
Some Other Reason ⁴	55	72	48	60	27	41

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Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.84	1.82	2.25	2.25	3.00	2.67
Might Cause Neighbors/Community to Have Negative Opinion	1.06	1.04	1.23	1.28	2.01	1.94
Might Have Negative Effect on Job	1.13	1.09	1.25	1.39	2.25	1.68
Health Insurance Does Not Cover Any Mental Health Services	0.98	1.11	1.12	1.38	1.96	1.96
Health Insurance Does Not Pay Enough for Mental Health Services	1.41	1.49	1.80	1.76	2.12	2.63
Did Not Know Where to Go for Services	1.68	1.76	2.05	2.13	2.78	2.69
Concerned about Confidentiality	1.09	1.02	1.27	1.16	1.93	1.95
Concerned about Being Committed/Having to Take Medicine	1.31	1.32	1.68	1.64	2.16	2.16
Did Not Feel Need for Treatment at the Time	0.91	1.04	1.18	1.37	1.43	1.64
Thought Could Handle the Problem Without Treatment	1.65	1.40	1.97	1.79	2.86	2.32
Treatment Would Not Help	1.19	1.13	1.30	1.36	2.38	1.92
Did Not Have Time	1.44	1.37	1.81	1.79	2.25	2.05
Did Not Want Others to Find Out	0.88	0.93	0.99	0.95	1.81	1.87
No Transportation/Inconvenient	0.83	1.02	1.13	1.41	1.00	1.21
Some Other Reason ⁴	1.05	1.31	1.37	1.69	1.60	2.04

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Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2017	2018	2017	2018	2017	2018
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.9853		0.5910		0.5749	
Might Cause Neighbors/Community to Have Negative Opinion	0.6032		0.3599		0.6492	
Might Have Negative Effect on Job	0.7686		0.2856		0.3234	
Health Insurance Does Not Cover Any Mental Health Services	0.3075		0.1547		0.7481	
Health Insurance Does Not Pay Enough for Mental Health Services	0.2327		0.5523		0.2313	
Did Not Know Where to Go for Services	0.7748		0.7057		0.8938	
Concerned about Confidentiality	0.4730		0.7998		0.5968	
Concerned about Being Committed/Having to Take Medicine	0.4876		0.7747		0.5180	
Did Not Feel Need for Treatment at the Time	0.5070		0.7506		0.4222	
Thought Could Handle the Problem Without Treatment	0.1655		0.5076		0.1305	
Treatment Would Not Help	0.9365		0.5440		0.5601	
Did Not Have Time	0.6133		0.5863		0.7899	
Did Not Want Others to Find Out	0.7488		0.9557		0.8244	
No Transportation/Inconvenient	0.2218		0.1505		0.9881	
Some Other Reason ⁴	0.2191		0.2142		0.6893	

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