

Table 9.6A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 12 to 17, and Receipt of Treatment for Depression in Past Year among Persons Aged 12 to 17 with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Numbers in Thousands, 2017 and 2018

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment ¹ (2017)	Had MDE with Severe Impairment ¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2017)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)
TOTAL	3,214 ^a	3,482	2,265	2,423	1,330	1,432	1,074	1,133
GEOGRAPHIC REGION								
Northeast	441	478	316	309	207	191	171	153
Midwest	759	797	533	578	336	357	267	318
South	1,191 ^a	1,341	858	940	477	524	390	396
West	822	866	558	596	310	360	247	266
COUNTY TYPE								
Large Metro	1,810	1,799	1,288	1,259	751	729	605	576
Small Metro	936 ^a	1,186	666 ^a	806	387 ^a	473	319	367
Nonmetro	467	498	311	358	192	230	150	191
POVERTY LEVEL								
Less Than 100%	614	662	450	452	226	275	186	221
100-199%	734	737	501	525	295	274	232	213
200% or More	1,866 ^a	2,083	1,314	1,446	809	883	655	699
HEALTH INSURANCE³								
Private	1,911	2,050	1,332	1,434	827	841	666	672
Medicaid/CHIP	1,201	1,249	857	837	490	543	403	420
Other ⁴	115 ^a	201	78 ^a	152	*	94	*	*
No Coverage	126	155	95	115	*	31	*	*
OVERALL HEALTH⁵								
Excellent	709	810	480	545	243	277	176	222
Very Good	1,393	1,496	966	1,039	573	613	473	479
Good	821	909	592	643	361	416	295	321
Fair/Poor	292	267	228	197	153	126	131	112

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁵ Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 9.6B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 12 to 17, and Receipt of Treatment for Depression in Past Year among Persons Aged 12 to 17 with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Percentages, 2017 and 2018

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment¹ (2017)	Had MDE with Severe Impairment¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE² (2017)	Received Treatment for Depression in Past Year among Persons with MDE² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2018)
TOTAL	13.3 ^a	14.4	9.4	10.0	41.5	41.4	47.5	46.9
GEOGRAPHIC REGION								
Northeast	11.1	12.2	7.9	7.9	47.1	40.4	54.0	49.6
Midwest	14.7	15.6	10.4	11.3	44.4	45.0	50.0	55.2
South	12.8 ^a	14.4	9.2	10.1	40.1	39.4	45.5	42.3
West	14.3	15.0	9.7	10.3	38.0	41.7	44.3	44.8
COUNTY TYPE								
Large Metro	12.9	13.3	9.2	9.3	41.6	40.7	47.0	45.8
Small Metro	14.0 ^a	16.5	10.0	11.2	41.5	40.3	48.0	45.7
Nonmetro	13.4	14.6	9.0	10.5	41.3	46.5	48.2	53.6
POVERTY LEVEL								
Less Than 100%	11.8	12.6	8.7	8.6	37.1	41.8	41.6	49.1
100-199%	14.2	14.7	9.7	10.5	40.2	37.6	46.4	40.7
200% or More	13.5 ^a	15.0	9.5	10.4	43.5	42.6	49.9	48.5
HEALTH INSURANCE³								
Private	13.5 ^a	14.8	9.4	10.4	43.4	41.2	50.0	46.9
Medicaid/CHIP	13.3	13.6	9.5	9.2	41.0	43.9	47.2	50.3
Other ⁴	11.5 ^a	17.6	7.8 ^a	13.4	*	47.0	*	*
No Coverage	11.8	14.4	8.9	10.6	*	20.3	*	*
OVERALL HEALTH⁵								
Excellent	8.5 ^a	10.0	5.7	6.7	34.4	34.3	36.6	40.9
Very Good	14.0	15.3	9.7	10.7	41.2	41.2	49.0	46.1
Good	17.0	17.5	12.3	12.4	44.3	46.3	49.7	50.2
Fair/Poor	26.8	25.1	20.9	18.5	52.8	47.5	58.0	57.1

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.