

**Table 9.9C Types of Professionals Seen among Persons Aged 12 to 17 with Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year Who Saw or Talked to a Professional about Depression in Past Year: Standard Errors of Numbers in Thousands, 2017 and 2018**

Type of Professional <sup>1</sup>	MDE (2017)	MDE (2018)	MDE with Severe Impairment <sup>2</sup> (2017)	MDE with Severe Impairment <sup>2</sup> (2018)
<b>TOTAL</b>	54	59	50	52
<b>HEALTH PROFESSIONAL</b>	53	57	49	51
General Practitioner or Family Doctor	27	25	24	24
Other Medical Doctor <sup>3</sup>	12	12	12	11
Psychologist	33	36	32	34
Psychiatrist or Psychotherapist	31	29	30	26
Social Worker	21	24	20	23
Counselor	42	45	39	41
Other Mental Health Professional <sup>4</sup>	16	17	16	16
Nurse, Occupational Therapist, or Other Health Professional	18	18	17	16
<b>ALTERNATIVE SERVICE PROFESSIONAL</b>	18	19	17	15
Religious or Spiritual Advisor	17	17	16	14
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	7	10	6	8
<b>OTHER PROFESSIONAL<sup>5</sup></b>	4	4	4	4

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents could indicate multiple types of professionals; thus, these response categories are not mutually exclusive. Respondents with unknown type of professional data were excluded from the estimates for each specific type of professional but were included in the Total row.

<sup>2</sup> Respondents with unknown impairment data were excluded.

<sup>3</sup> Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

<sup>4</sup> Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

<sup>5</sup> Respondents with unknown or invalid responses to the other-specify question on other types of professionals seen for depression were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 9.9D Types of Professionals Seen among Persons Aged 12 to 17 with Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year Who Saw or Talked to a Professional about Depression in Past Year: Standard Errors of Percentages, 2017 and 2018**

Type of Professional <sup>1</sup>	MDE (2017)	MDE (2018)	MDE with Severe Impairment <sup>2</sup> (2017)	MDE with Severe Impairment <sup>2</sup> (2018)
<b>TOTAL</b>	0.00	0.00	0.00	0.00
<b>HEALTH PROFESSIONAL</b>	0.76	0.63	0.86	0.70
General Practitioner or Family Doctor	1.85	1.72	2.03	2.01
Other Medical Doctor <sup>3</sup>	0.96	0.85	1.16	0.97
Psychologist	2.09	2.14	2.36	2.43
Psychiatrist or Psychotherapist	2.01	1.88	2.28	2.11
Social Worker	1.55	1.65	1.79	1.95
Counselor	2.13	2.07	2.37	2.27
Other Mental Health Professional <sup>4</sup>	1.27	1.27	1.52	1.44
Nurse, Occupational Therapist, or Other Health Professional	1.39	1.30	1.59	1.51
<b>ALTERNATIVE SERVICE PROFESSIONAL</b>	1.37	1.38	1.58	1.40
Religious or Spiritual Advisor	1.27	1.22	1.50	1.26
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	0.57	0.72	0.56	0.72
<b>OTHER PROFESSIONAL<sup>5</sup></b>	0.32	0.30	0.39	0.37

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents could indicate multiple types of professionals; thus, these response categories are not mutually exclusive. Respondents with unknown type of professional data were excluded from the estimates for each specific type of professional but were included in the Total row.

<sup>2</sup> Respondents with unknown impairment data were excluded.

<sup>3</sup> Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

<sup>4</sup> Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

<sup>5</sup> Respondents with unknown or invalid responses to the other-specify question on other types of professionals seen for depression were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 9.9P Types of Professionals Seen among Persons Aged 12 to 17 with Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year Who Saw or Talked to a Professional about Depression in Past Year: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017**

Type of Professional <sup>1</sup>	MDE (2017)	MDE (2018)	MDE with Severe Impairment <sup>2</sup> (2017)	MDE with Severe Impairment <sup>2</sup> (2018)
<b>TOTAL</b>	da		da	
<b>HEALTH PROFESSIONAL</b>	0.9307		0.8390	
General Practitioner or Family Doctor	0.0070		0.0571	
Other Medical Doctor <sup>3</sup>	0.2316		0.0942	
Psychologist	0.6997		0.9057	
Psychiatrist or Psychotherapist	0.0413		0.0133	
Social Worker	0.7787		0.6029	
Counselor	0.5225		0.9633	
Other Mental Health Professional <sup>4</sup>	0.8729		0.6123	
Nurse, Occupational Therapist, or Other Health Professional	0.7902		0.8528	
<b>ALTERNATIVE SERVICE PROFESSIONAL</b>	0.1548		0.0638	
Religious or Spiritual Advisor	0.1875		0.0981	
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	0.8098		0.6743	
<b>OTHER PROFESSIONAL<sup>5</sup></b>	0.6377		0.6408	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents could indicate multiple types of professionals; thus, these response categories are not mutually exclusive. Respondents with unknown type of professional data were excluded from the estimates for each specific type of professional but were included in the Total row.

<sup>2</sup> Respondents with unknown impairment data were excluded.

<sup>3</sup> Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

<sup>4</sup> Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

<sup>5</sup> Respondents with unknown or invalid responses to the other-specify question on other types of professionals seen for depression were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.