

## 2019 State Profile — Alabama

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:

<https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

In Alabama, 153 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 14,578 clients in substance abuse treatment on March 29, 2019. The survey response rate in Alabama was 95.3 percent.

#### Facility operation, by number and percent

	Clients in treatment on March 29, 2019					
	Facilities		All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	86	56.2	3,883	26.6	205	72.2
Private for-profit	52	34.0	8,911	61.1	79	27.8
Local, county, or community government	7	4.6	675	4.6	—	—
State government	3	2.0	198	1.4	—	—
Federal government	5	3.3	911	6.2	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>153</b>	<b>100.0</b>	<b>14,578</b>	<b>100.0</b>	<b>284</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Substance abuse problem treated, by number and percent

	Clients in treatment on March 29, 2019				
	Facilities <sup>1</sup>		Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	106	84.1	3,587	26.7	91
Clients with drug abuse only	110	87.3	8,533	63.6	221
Clients with alcohol abuse only	90	71.4	1,306	9.7	33
<b>Total</b>			<b>13,426</b>	<b>100.0</b>	<b>345</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

#### Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	27	11
Number of clients <sup>2</sup>	797	214
Number of designated beds	941	168
Utilization rate <sup>3</sup>	84.7	127.4
Average number of designated beds per facility	35	15

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2019.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

## Type of care, by number and percent

	Clients in treatment on March 29, 2019							
	Facilities		All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of	Median no. of	No.	%
					clients per	clients per		
				OTP facility	non-OTP facility			
<b>Outpatient</b>	<b>115</b>	<b>75.2</b>	<b>13,567</b>	<b>93.1</b>	<b>330</b>	<b>32</b>	<b>240</b>	<b>84.5</b>
Regular	98	64.1	3,746	25.7	—	30		
Intensive	50	32.7	1,566	10.7	103	14		
Day treatment or partial hospitalization	7	4.6	3	*	3	—		
Detoxification	16	10.5	63	0.4	4	3		
Methadone/buprenorphine maintenance or naltrexone treatment	46	30.1	8,189	56.2	309	6		
<b>Residential (non-hospital)</b>	<b>30</b>	<b>19.6</b>	<b>797</b>	<b>5.5</b>	<b>124</b>	<b>20</b>	<b>44</b>	<b>15.5</b>
Short term (≤ 30 days)	14	9.2	387	2.7	104	15		
Long term (> 30 days)	21	13.7	381	2.6	10	18		
Detoxification	2	1.3	29	0.2	15	—		
<b>Hospital inpatient</b>	<b>13</b>	<b>8.5</b>	<b>214</b>	<b>1.5</b>	<b>—</b>	<b>8</b>	<b>—</b>	<b>—</b>
Treatment	5	3.3	27	0.2	—	14		
Detoxification	13	8.5	187	1.3	—	8		
<b>Total</b>	<b>153</b>		<b>14,578</b>	<b>100.0</b>	<b>309</b>	<b>24</b>	<b>284</b>	<b>100.0</b>

Note: Facilities may provide more than one type of care.

## Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	139	90.8
State substance abuse agency	112	73.2
State mental health department	119	77.8
State department of health	26	17.0
Hospital licensing authority	6	3.9
The Joint Commission	28	18.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	20	13.1
National Committee for Quality Assurance (NCQA)	3	2.0
Council on Accreditation (COA)	3	2.0
Healthcare Facilities Accreditation Program (HFAP)	1	0.7
Other national organization or federal, state, or local agency	4	2.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

## Facility payment options, by number and percent

	No.	%
Cash or self-payment	138	90.2
Private health insurance	110	71.9
Medicare	45	29.4
Medicaid	103	67.3
State-financed health insurance plan other than Medicaid	58	37.9
Federal military insurance	66	43.1
No payment accepted (free treatment for all clients)	3	2.0
IHS/Tribal/Urban (ITU) funds	6	3.9
Other	1	0.7
Sliding fee scale	101	66.0
Treatment at no charge or minimal payment for clients who can't pay	93	60.8

Note: Facilities may accept more than one type of payment.

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	152	99.3
Screening for mental health disorders	97	63.4
Comprehensive substance abuse assessment or diagnosis	143	93.5
Comprehensive mental health assessment or diagnosis	54	35.3
Screening for tobacco use	96	62.7
Outreach to persons in the community who may need treatment	123	80.4
Interim services for clients when immediate admission is not possible	102	66.7
Professional interventionist/educational consultant	19	12.4
None of these assessment and pre-treatment services offered	1	0.7
<b>Testing</b>		
Drug and alcohol oral fluid testing	41	26.8
Breathalyzer or other blood alcohol testing	83	54.2
Drug or alcohol urine screening	149	97.4
Testing for hepatitis B	33	21.6
Testing for hepatitis C	40	26.1
HIV testing	64	41.8
STD testing	35	22.9
TB screening	121	79.1
Testing for metabolic syndrome	12	7.8
None of these testing services offered	2	1.3
<b>Medical services</b>		
Hepatitis A (HAV) vaccination	10	6.5
Hepatitis B (HBV) vaccination	11	7.2
None of these medical services offered	142	92.8
<b>Transitional services</b>		
Discharge planning	145	94.8
Aftercare/continuing care	128	83.7
Naloxone and overdose education	62	40.5
Outcome follow-up after discharge	127	83.0
None of these transitional services offered	—	—
<b>Recovery support services</b>		
Mentoring/peer support	109	71.2
Self-help groups (for example, AA, NA, SMART Recovery)	66	43.1
Assistance in locating housing for clients	79	51.6
Employment counseling or training for clients	56	36.6
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	85	55.6
Recovery coach	16	10.5
None of these recovery support services offered	11	7.2
<b>Education and counseling services</b>		
HIV or AIDS education, counseling, or support	112	73.2
Hepatitis education, counseling, or support	83	54.2
Health education other than HIV/AIDS or hepatitis	87	56.9
Substance abuse education	151	98.7
Smoking/ tobacco cessation counseling	77	50.3
Individual counseling	149	97.4

Continued

For a symbol key, see the last page of this profile.

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Group counseling	144	94.1
Family counseling	132	86.3
Marital/couples counseling	87	56.9
Vocational training or educational support	26	17.0
None of these education and counseling services offered	2	1.3
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	33	21.6
Naltrexone (oral)	31	20.3
Naltrexone (extended-release, injectable, for example, Vivitrol®)	27	17.6
Acamprosate (Campral®)	23	15.0
Nicotine replacement	32	20.9
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	19	12.4
Medications for psychiatric disorders	69	45.1
Methadone <sup>1</sup>	19	12.4
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	50	32.7
Buprenorphine without naloxone	37	24.2
Buprenorphine sub-dermal implant (Probuphine®)	2	1.3
Buprenorphine (extended-release, injectable, for example, Sublocade®)	10	6.5
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	11	7.2
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	11	7.2
Lofexidine	11	7.2
Clonidine	32	20.9
None of these pharmacotherapy services offered	45	29.4
<b>Ancillary services</b>		
Case management services	130	85.0
Social skills development	109	71.2
Child care for clients' children	6	3.9
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	43	28.1
Early intervention for HIV	46	30.1
Transportation assistance to treatment	49	32.0
Mental health services	84	54.9
Acupuncture	1	0.7
Residential beds for clients' children	2	1.3
None of these ancillary services offered	11	7.2
<b>Other services</b>		
Treatment for gambling disorder	19	12.4
Treatment for Internet use disorder	14	9.2
Treatment for other addiction disorder (non-substance abuse)	32	20.9
None of these 'other' services offered	117	76.5

<sup>1</sup> Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

**Clinical/therapeutic approaches used frequently, by number and percent**

	Facilities	
	No.	%
Substance abuse counseling	149	97.4
12-step facilitation	116	75.8
Brief intervention	113	73.9
Cognitive behavioral therapy	140	91.5
Dialectical behavior therapy	82	53.6
Contingency management/motivational incentives	89	58.2
Motivational interviewing	141	92.2
Trauma-related counseling	124	81.0
Anger management	132	86.3
Matrix model	76	49.7
Community reinforcement plus vouchers	15	9.8
Rational emotive behavioral therapy (REBT)	84	54.9
Relapse prevention	147	96.1
Telemedicine/telehealth	51	33.3
Other treatment approaches	7	4.6
We do not use any of these clinical/therapeutic approaches	2	1.3

**Specifically tailored programs or groups, by number and percent**

	Facilities	
	No.	%
Any program or group	111	72.5
Adolescents	36	23.5
Young adults	30	19.6
Adult women	53	34.6
Pregnant or postpartum women	37	24.2
Adult men	60	39.2
Seniors or older adults	24	15.7
LGBT clients	26	17.0
Veterans	30	19.6
Active duty military	16	10.5
Members of military families	16	10.5
Criminal justice clients (other than DUI/DWI)	39	25.5
Clients with co-occurring mental and substance use disorders	59	38.6
Clients with co-occurring pain and substance use	18	11.8
Clients with HIV or AIDS	33	21.6
Clients who have experienced sexual abuse	28	18.3
Clients who have experienced intimate partner violence, domestic violence	32	20.9
Clients who have experienced trauma	37	24.2
DUI/DWI clients	13	8.5
Other	4	2.6
No specifically tailored programs or groups are offered	42	27.5

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

### Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	104	68.0

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	87	56.9
Any language other than English	73	47.7

### Non-English language provided by

Staff counselor only	—	—
On-call interpreter only	67	91.8
Both staff counselor and on-call interpreter	6	8.2

### Languages provided by staff counselor<sup>1</sup>

Spanish	6	100.0
American Indian/Alaska Native languages	—	—
Other	1	16.7

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

### Symbol key (where applicable)

— Quantity is zero; \* Less than 0.05 percent;  
 † Less than 1 per 100,000; ‡ No facilities in this category.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

### Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>21</b>	<b>1.2</b>

### Clients in facilities with OTPs<sup>2</sup>

Any MAT <sup>3</sup>	7,346	1.6
Methadone	7,093	1.7
Buprenorphine	224	0.6
Naltrexone	29	1.0

### Clients in facilities without OTPs<sup>4</sup>

Any MAT <sup>5</sup>	1,208	0.8
Buprenorphine	1,050	0.8
Naltrexone	158	0.6

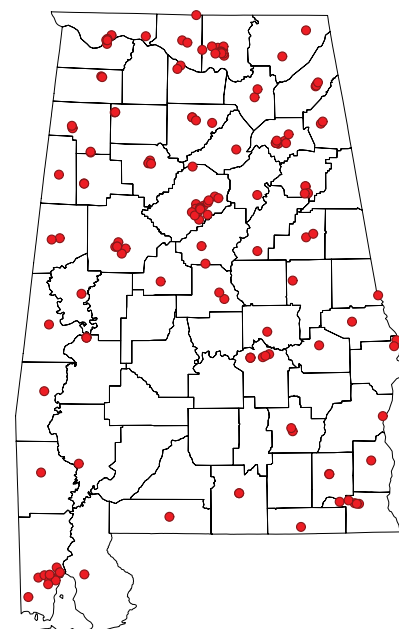
<sup>1</sup> Percentage of all facilities with OTPs in the U.S. <sup>2</sup> Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S.; see 2019 N-SSATS report for details. <sup>3</sup> Consists of clients receiving methadone, buprenorphine, or naltrexone. <sup>4</sup> Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S.; see 2019 N-SSATS report for details. <sup>5</sup> Consists of clients receiving buprenorphine or naltrexone.

### Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

	No.
Any type of medication-assisted therapy <sup>1</sup>	150
Methadone	145
Buprenorphine	5
Naltrexone	†

<sup>1</sup> Includes clients receiving methadone, buprenorphine, or naltrexone.

### Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>