

2019 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:

<https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

In Maryland, 431 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 52,759 clients in substance abuse treatment on March 29, 2019. The survey response rate in Maryland was 87.3 percent.

Facility operation, by number and percent

	Clients in treatment on March 29, 2019					
	Facilities		All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	130	30.2	12,391	23.5	209	18.0
Private for-profit	261	60.6	35,311	66.9	616	53.1
Local, county, or community government	12	2.8	2,141	4.1	263	22.7
State government	20	4.6	2,127	4.0	72	6.2
Federal government	8	1.9	789	1.5	—	—
Tribal government	—	—	—	—	—	—
Total	431	100.0	52,759	100.0	1,160	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Substance abuse problem treated, by number and percent

	Clients in treatment on March 29, 2019				
	Facilities ¹		Clients ²		Clients ² per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	279	85.1	11,759	23.0	244
Clients with drug abuse only	290	88.4	33,784	66.0	711
Clients with alcohol abuse only	233	71.0	5,610	11.0	116
Total			51,153	100.0	1,071

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	56	12
Number of clients ²	1,758	474
Number of designated beds	1,999	523
Utilization rate ³	87.9	90.6
Average number of designated beds per facility	36	44

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 29, 2019.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

Type of care, by number and percent

	Clients in treatment on March 29, 2019							
	Facilities		All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of	Median no. of	No.	%
					clients per	clients per		
				OTP facility	non-OTP facility			
Outpatient	376	87.2	50,382	95.5	319	50	1,160	100.0
Regular	352	81.7	14,844	28.1	19	26		
Intensive	247	57.3	4,895	9.3	12	19		
Day treatment or partial hospitalization	58	13.5	509	1.0	—	7		
Detoxification	76	17.6	294	0.6	11	5		
Methadone/buprenorphine maintenance or naltrexone treatment	211	49.0	29,840	56.6	300	27		
Residential (non-hospital)	78	18.1	1,892	3.6	108	13	—	—
Short term (≤ 30 days)	29	6.7	422	0.8	43	25		
Long term (> 30 days)	70	16.2	1,235	2.3	44	10		
Detoxification	18	4.2	235	0.4	21	7		
Hospital inpatient	19	4.4	485	0.9	57	22	—	—
Treatment	14	3.2	304	0.6	87	20		
Detoxification	18	4.2	181	0.3	13	9		
Total	431		52,759	100.0	317	42	1,160	100.0

Note: Facilities may provide more than one type of care.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	409	94.9
State substance abuse agency	351	81.4
State mental health department	213	49.4
State department of health	292	67.7
Hospital licensing authority	14	3.2
The Joint Commission	119	27.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	214	49.7
National Committee for Quality Assurance (NCQA)	12	2.8
Council on Accreditation (COA)	7	1.6
Healthcare Facilities Accreditation Program (HFAP)	11	2.6
Other national organization or federal, state, or local agency	61	14.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	383	88.9
Private health insurance	269	62.4
Medicare	177	41.1
Medicaid	360	83.5
State-financed health insurance plan other than Medicaid	173	40.1
Federal military insurance	116	26.9
No payment accepted (free treatment for all clients)	5	1.2
IHS/Tribal/Urban (ITU) funds	21	4.9
Other	—	—
Sliding fee scale	174	40.4
Treatment at no charge or minimal payment for clients who can't pay	148	34.3

Note: Facilities may accept more than one type of payment.

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	405	94.0
Screening for mental health disorders	318	73.8
Comprehensive substance abuse assessment or diagnosis	400	92.8
Comprehensive mental health assessment or diagnosis	232	53.8
Screening for tobacco use	335	77.7
Outreach to persons in the community who may need treatment	284	65.9
Interim services for clients when immediate admission is not possible	175	40.6
Professional interventionist/educational consultant	88	20.4
None of these assessment and pre-treatment services offered	17	3.9
Testing		
Drug and alcohol oral fluid testing	156	36.2
Breathalyzer or other blood alcohol testing	344	79.8
Drug or alcohol urine screening	412	95.6
Testing for hepatitis B	124	28.8
Testing for hepatitis C	141	32.7
HIV testing	151	35.0
STD testing	115	26.7
TB screening	197	45.7
Testing for metabolic syndrome	34	7.9
None of these testing services offered	13	3.0
Medical services		
Hepatitis A (HAV) vaccination	36	8.4
Hepatitis B (HBV) vaccination	32	7.4
None of these medical services offered	390	90.5
Transitional services		
Discharge planning	405	94.0
Aftercare/continuing care	356	82.6
Naloxone and overdose education	265	61.5
Outcome follow-up after discharge	302	70.1
None of these transitional services offered	3	0.7
Recovery support services		
Mentoring/peer support	262	60.8
Self-help groups (for example, AA, NA, SMART Recovery)	198	45.9
Assistance in locating housing for clients	277	64.3
Employment counseling or training for clients	194	45.0
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	311	72.2
Recovery coach	115	26.7
None of these recovery support services offered	57	13.2
Education and counseling services		
HIV or AIDS education, counseling, or support	282	65.4
Hepatitis education, counseling, or support	262	60.8
Health education other than HIV/AIDS or hepatitis	258	59.9
Substance abuse education	412	95.6
Smoking/ tobacco cessation counseling	248	57.5
Individual counseling	407	94.4

Continued

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Group counseling	399	92.6
Family counseling	330	76.6
Marital/couples counseling	239	55.5
Vocational training or educational support	63	14.6
None of these education and counseling services offered	2	0.5
Pharmacotherapies		
Disulfiram (Antabuse®)	132	30.6
Naltrexone (oral)	166	38.5
Naltrexone (extended-release, injectable, for example, Vivitrol®)	184	42.7
Acamprosate (Campral®)	110	25.5
Nicotine replacement	130	30.2
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	98	22.7
Medications for psychiatric disorders	197	45.7
Methadone ¹	78	18.1
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	240	55.7
Buprenorphine without naloxone	160	37.1
Buprenorphine sub-dermal implant (Probuphine®)	19	4.4
Buprenorphine (extended-release, injectable, for example, Sublocade®)	67	15.5
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	33	7.7
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	30	7.0
Lofexidine	16	3.7
Clonidine	79	18.3
None of these pharmacotherapy services offered	124	28.8
Ancillary services		
Case management services	346	80.3
Social skills development	302	70.1
Child care for clients' children	19	4.4
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	147	34.1
Early intervention for HIV	130	30.2
Transportation assistance to treatment	220	51.0
Mental health services	281	65.2
Acupuncture	44	10.2
Residential beds for clients' children	8	1.9
None of these ancillary services offered	22	5.1
Other services		
Treatment for gambling disorder	174	40.4
Treatment for Internet use disorder	67	15.5
Treatment for other addiction disorder (non-substance abuse)	144	33.4
None of these 'other' services offered	214	49.7

¹ Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

Clinical/therapeutic approaches used frequently, by number and percent

	Facilities	
	No.	%
Substance abuse counseling	423	98.1
12-step facilitation	303	70.3
Brief intervention	340	78.9
Cognitive behavioral therapy	393	91.2
Dialectical behavior therapy	209	48.5
Contingency management/motivational incentives	259	60.1
Motivational interviewing	383	88.9
Trauma-related counseling	322	74.7
Anger management	321	74.5
Matrix model	158	36.7
Community reinforcement plus vouchers	49	11.4
Rational emotive behavioral therapy (REBT)	169	39.2
Relapse prevention	408	94.7
Telemedicine/telehealth	97	22.5
Other treatment approaches	26	6.0
We do not use any of these clinical/therapeutic approaches	1	0.2

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	370	85.8
Adolescents	105	24.4
Young adults	164	38.1
Adult women	232	53.8
Pregnant or postpartum women	119	27.6
Adult men	240	55.7
Seniors or older adults	132	30.6
LGBT clients	112	26.0
Veterans	104	24.1
Active duty military	65	15.1
Members of military families	74	17.2
Criminal justice clients (other than DUI/DWI)	165	38.3
Clients with co-occurring mental and substance use disorders	232	53.8
Clients with co-occurring pain and substance use	82	19.0
Clients with HIV or AIDS	111	25.8
Clients who have experienced sexual abuse	117	27.1
Clients who have experienced intimate partner violence, domestic violence	131	30.4
Clients who have experienced trauma	187	43.4
DUI/DWI clients	177	41.1
Other	20	4.6
No specifically tailored programs or groups are offered	61	14.2

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	103	23.9

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	92	21.3
Any language other than English	157	36.4
Non-English language provided by		
Staff counselor only	48	30.6
On-call interpreter only	83	52.9
Both staff counselor and on-call interpreter	26	16.6
Languages provided by staff counselor¹		
Spanish	69	93.2
American Indian/Alaska Native languages	—	—
Other	25	33.8

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent;
† Less than 1 per 100,000; ‡ No facilities in this category.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

Access the latest N-SSATS public use files at:
<https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:
<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

	No.	%
Facilities with OTPs¹	83	4.9
Clients in facilities with OTPs²		
Any MAT ³	26,658	6.0
Methadone	24,185	5.9
Buprenorphine	2,222	6.3
Naltrexone	251	8.4
Clients in facilities without OTPs⁴		
Any MAT ⁵	6,339	4.0
Buprenorphine	5,171	3.9
Naltrexone	1,168	4.3

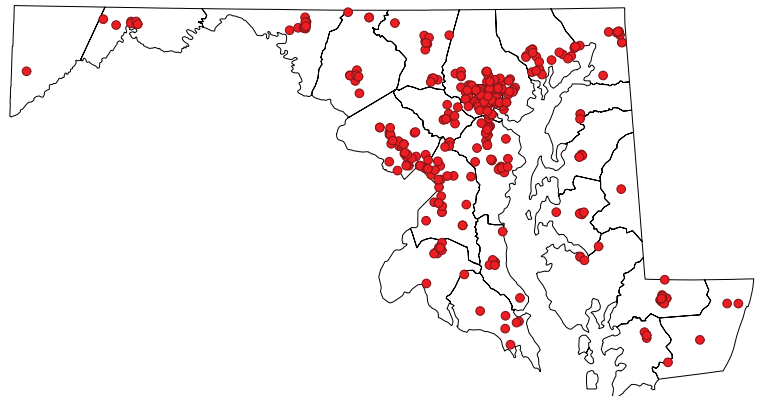
¹ Percentage of all facilities with OTPs in the U.S. ² Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S.; see 2019 N-SSATS report for details. ³ Consists of clients receiving methadone, buprenorphine, or naltrexone. ⁴ Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S.; see 2019 N-SSATS report for details. ⁵ Consists of clients receiving buprenorphine or naltrexone.

Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

	No.
Any type of medication-assisted therapy ¹	441
Methadone	400
Buprenorphine	37
Naltrexone	4

¹ Includes clients receiving methadone, buprenorphine, or naltrexone.

Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>