2019 State Profile — Montana
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:
https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services

In Montana, 88 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 4,537 clients in substance abuse treatment on March 29, 2019. The survey response rate in Montana was 95.7 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 29, 2019			
			All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	44	50.0	2,267	50.0	109	43.8
Private for-profit	30	34.1	1,849	40.8	120	48.2
Local, county, or community government	—	—	—	—	—	—
State government	2	2.3	95	2.1	10	4.0
Federal government	7	8.0	7	0.2	—	—
Tribal government	5	5.7	319	7.0	10	4.0
Total	**88**	**100.0**	**4,537**	**100.0**	**249**	**100.0**

Note: Percentages may not sum to 100 percent due to rounding.

Substance abuse problem treated, by number and percent

	Facilities[1]		Clients in treatment on March 29, 2019		
			Clients[2]		Clients[2] per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	45	84.9	1,614	38.8	176
Clients with drug abuse only	43	81.1	1,611	38.7	182
Clients with alcohol abuse only	39	73.6	932	22.4	107
Total			**4,157**	**100.0**	**465**

[1] Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.
[2] States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Facility capacity and utilization rate[1]

	Residential	Hospital inpatient
Number of facilities	12	3
Number of clients[2]	243	28
Number of designated beds	273	66
Utilization rate[3]	89.0	42.4
Average number of designated beds per facility	23	22

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
[2] Number of clients on March 29, 2019.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

Type of care, by number and percent

	Facilities		Clients in treatment on March 29, 2019					
			All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	**78**	**88.6**	**4,260**	**93.9**	**239**	**52**	**188**	**75.5**
Regular	78	88.6	2,349	51.8	—	38		
Intensive	41	46.6	492	10.8	—	10		
Day treatment or partial hospitalization	6	6.8	62	1.4	—	9		
Detoxification	5	5.7	15	0.3	—	15		
Methadone/buprenorphine maintenance or naltrexone treatment	30	34.1	1,342	29.6	239	36		
Residential (non-hospital)	**16**	**18.2**	**249**	**5.5**	**—**	**15**	**61**	**24.5**
Short term (≤ 30 days)	12	13.6	164	3.6	—	19		
Long term (> 30 days)	8	9.1	85	1.9	—	8		
Detoxification	2	2.3	—	—	—	—		
Hospital inpatient	**6**	**6.8**	**28**	**0.6**	**—**	**4**	**—**	**—**
Treatment	5	5.7	19	0.4	—	10		
Detoxification	6	6.8	9	0.2	—	5		
Total	**88**		**4,537**	**100.0**	**239**	**41**	**249**	**100.0**

Note: Facilities may provide more than one type of care.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	77	87.5
State substance abuse agency	62	70.5
State mental health department	24	27.3
State department of health	27	30.7
Hospital licensing authority	3	3.4
The Joint Commission	6	6.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	19	21.6
National Committee for Quality Assurance (NCQA)	5	5.7
Council on Accreditation (COA)	2	2.3
Healthcare Facilities Accreditation Program (HFAP)	2	2.3
Other national organization or federal, state, or local agency	4	4.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	81	92.0
Private health insurance	80	90.9
Medicare	34	38.6
Medicaid	75	85.2
State-financed health insurance plan other than Medicaid	61	69.3
Federal military insurance	55	62.5
No payment accepted (free treatment for all clients)	1	1.1
IHS/Tribal/Urban (ITU) funds	41	46.6
Other	—	—
Sliding fee scale	54	61.4
Treatment at no charge or minimal payment for clients who can't pay	50	56.8

Note: Facilities may accept more than one type of payment.

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	86	97.7
Screening for mental health disorders	73	83.0
Comprehensive substance abuse assessment or diagnosis	81	92.0
Comprehensive mental health assessment or diagnosis	49	55.7
Screening for tobacco use	65	73.9
Outreach to persons in the community who may need treatment	72	81.8
Interim services for clients when immediate admission is not possible	62	70.5
Professional interventionist/educational consultant	19	21.6
None of these assessment and pre-treatment services offered	—	—
Testing		
Drug and alcohol oral fluid testing	18	20.5
Breathalyzer or other blood alcohol testing	50	56.8
Drug or alcohol urine screening	70	79.5
Testing for hepatitis B	28	31.8
Testing for hepatitis C	33	37.5
HIV testing	31	35.2
STD testing	30	34.1
TB screening	32	36.4
Testing for metabolic syndrome	9	10.2
None of these testing services offered	16	18.2
Medical services		
Hepatitis A (HAV) vaccination	13	14.8
Hepatitis B (HBV) vaccination	14	15.9
None of these medical services offered	74	84.1
Transitional services		
Discharge planning	80	90.9
Aftercare/continuing care	82	93.2
Naloxone and overdose education	36	40.9
Outcome follow-up after discharge	63	71.6
None of these transitional services offered	—	—
Recovery support services		
Mentoring/peer support	56	63.6
Self-help groups (for example, AA, NA, SMART Recovery)	32	36.4
Assistance in locating housing for clients	60	68.2
Employment counseling or training for clients	24	27.3
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	61	69.3
Recovery coach	12	13.6
None of these recovery support services offered	15	17.0
Education and counseling services		
HIV or AIDS education, counseling, or support	46	52.3
Hepatitis education, counseling, or support	48	54.5
Health education other than HIV/AIDS or hepatitis	40	45.5
Substance abuse education	80	90.9
Smoking/ tobacco cessation counseling	46	52.3
Individual counseling	77	87.5

Continued

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Group counseling	75	85.2
Family counseling	69	78.4
Marital/couples counseling	46	52.3
Vocational training or educational support	4	4.5
None of these education and counseling services offered	3	3.4
Pharmacotherapies		
Disulfiram (Antabuse®)	14	15.9
Naltrexone (oral)	28	31.8
Naltrexone (extended-release, injectable, for example, Vivitrol®)	33	37.5
Acamprosate (Campral®)	19	21.6
Nicotine replacement	27	30.7
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	23	26.1
Medications for psychiatric disorders	30	34.1
Methadone[1]	4	4.5
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	32	36.4
Buprenorphine without naloxone	29	33.0
Buprenorphine sub-dermal implant (Probuphine®)	6	6.8
Buprenorphine (extended-release, injectable, for example, Sublocade®)	11	12.5
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	4	4.5
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	5	5.7
Lofexidine	2	2.3
Clonidine	17	19.3
None of these pharmacotherapy services offered	42	47.7
Ancillary services		
Case management services	61	69.3
Social skills development	61	69.3
Child care for clients' children	3	3.4
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	29	33.0
Early intervention for HIV	25	28.4
Transportation assistance to treatment	41	46.6
Mental health services	59	67.0
Acupuncture	1	1.1
Residential beds for clients' children	2	2.3
None of these ancillary services offered	7	8.0
Other services		
Treatment for gambling disorder	50	56.8
Treatment for Internet use disorder	7	8.0
Treatment for other addiction disorder (non-substance abuse)	23	26.1
None of these 'other' services offered	31	35.2

[1] Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

For a symbol key, see the last page of this profile.

Clinical/therapeutic approaches used frequently, by number and percent

	Facilities	
	No.	%
Substance abuse counseling	86	97.7
12-step facilitation	64	72.7
Brief intervention	74	84.1
Cognitive behavioral therapy	79	89.8
Dialectical behavior therapy	55	62.5
Contingency management/motivational incentives	55	62.5
Motivational interviewing	85	96.6
Trauma-related counseling	79	89.8
Anger management	65	73.9
Matrix model	48	54.5
Community reinforcement plus vouchers	10	11.4
Rational emotive behavioral therapy (REBT)	43	48.9
Relapse prevention	83	94.3
Telemedicine/telehealth	50	56.8
Other treatment approaches	10	11.4
We do not use any of these clinical/therapeutic approaches	—	—

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	75	85.2
Adolescents	29	33.0
Young adults	24	27.3
Adult women	40	45.5
Pregnant or postpartum women	17	19.3
Adult men	35	39.8
Seniors or older adults	17	19.3
LGBT clients	16	18.2
Veterans	22	25.0
Active duty military	16	18.2
Members of military families	11	12.5
Criminal justice clients (other than DUI/DWI)	33	37.5
Clients with co-occurring mental and substance use disorders	38	43.2
Clients with co-occurring pain and substance use	23	26.1
Clients with HIV or AIDS	14	15.9
Clients who have experienced sexual abuse	26	29.5
Clients who have experienced intimate partner violence, domestic violence	24	27.3
Clients who have experienced trauma	38	43.2
DUI/DWI clients	42	47.7
Other	5	5.7
No specifically tailored programs or groups are offered	13	14.8

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

For a symbol key, see the last page of this profile.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	61	69.3

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	21	23.9
Any language other than English	28	31.8
Non-English language provided by		
Staff counselor only	9	32.1
On-call interpreter only	19	67.9
Both staff counselor and on-call interpreter	—	—
Languages provided by staff counselor[1]		
Spanish	8	88.9
American Indian/Alaska Native languages	1	11.1
Other	—	—

[1] Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent;
† Less than 1 per 100,000; ‡ No facilities in this category.

Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

	No.	%
Facilities with OTPs[1]	**4**	**0.2**
Clients in facilities with OTPs[2]		
Any MAT[3]	965	0.2
Methadone	727	0.2
Buprenorphine	202	0.6
Naltrexone	36	1.2
Clients in facilities without OTPs[4]		
Any MAT[5]	447	0.3
Buprenorphine	423	0.3
Naltrexone	24	0.1

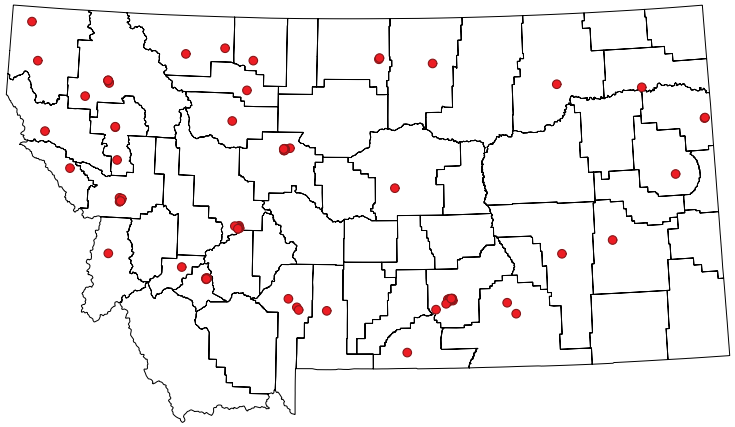
[1] Percentage of all facilities with OTPs in the U.S. [2] Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S; see 2019 N-SSATS report for details. [3] Consists of clients receiving methadone, buprenorphine, or naltrexone. [4] Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S; see 2019 N-SSATS report for details. [5] Consists of clients receiving buprenorphine or naltrexone.

Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

	No.
Any type of medication-assisted therapy[1]	90
Methadone	68
Buprenorphine	19
Naltrexone	3

[1] Includes clients receiving methadone, buprenorphine, or naltrexone.

Location of treatment facilities



Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services

Access the latest N-SSATS public use files at: https://datafiles.samhsa.gov

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: https://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

https://www.samhsa.gov/data/quick-statistics