

2019 State Profile — New Jersey

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:

<https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

In New Jersey, 370 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 38,326 clients in substance abuse treatment on March 29, 2019. The survey response rate in New Jersey was 94.7 percent.

Facility operation, by number and percent

| | Clients in treatment on March 29, 2019 | | | | | |
|--|--|--------------|---------------|--------------|-----------------------------------|--------------|
| | Facilities | | All clients | | Clients under the age of 18 years | |
| | No. | % | No. | % | No. | % |
| Private non-profit | 178 | 48.1 | 18,034 | 47.1 | 752 | 72.9 |
| Private for-profit | 174 | 47.0 | 18,748 | 48.9 | 231 | 22.4 |
| Local, county, or community government | 10 | 2.7 | 712 | 1.9 | 46 | 4.5 |
| State government | 5 | 1.4 | 570 | 1.5 | 3 | 0.3 |
| Federal government | 3 | 0.8 | 262 | 0.7 | — | — |
| Tribal government | — | — | — | — | — | — |
| Total | 370 | 100.0 | 38,326 | 100.0 | 1,032 | 100.0 |

Note: Percentages may not sum to 100 percent due to rounding.

Substance abuse problem treated, by number and percent

| | Clients in treatment on March 29, 2019 | | | | |
|--|--|------|----------------------|--------------|--|
| | Facilities ¹ | | Clients ² | | Clients ² per 100,000 pop. aged 18 years or older |
| | No. | % | No. | % | |
| Clients with both alcohol and drug abuse | 280 | 91.8 | 12,633 | 33.0 | 175 |
| Clients with drug abuse only | 261 | 85.6 | 21,899 | 57.1 | 310 |
| Clients with alcohol abuse only | 253 | 83.0 | 3,806 | 9.9 | 52 |
| Total | | | 38,337 | 100.0 | 537 |

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Facility capacity and utilization rate¹

| | Residential | Hospital inpatient |
|--|-------------|--------------------|
| Number of facilities | 35 | 9 |
| Number of clients ² | 2,031 | 499 |
| Number of designated beds | 1,906 | 552 |
| Utilization rate ³ | 106.6 | 90.4 |
| Average number of designated beds per facility | 54 | 61 |

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 29, 2019.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

Type of care, by number and percent

| | Clients in treatment on March 29, 2019 | | | | | | | |
|---|--|-------------|---------------|--------------|------------------|---------------|-----------------------------------|--------------|
| | Facilities | | All clients | | | | Clients under the age of 18 years | |
| | No. | % | No. | % | Median no. of | Median no. of | No. | % |
| | | | | | clients per | clients per | | |
| | | | | OTP facility | non-OTP facility | | | |
| Outpatient | 334 | 90.3 | 35,454 | 92.5 | 521 | 46 | 971 | 94.1 |
| Regular | 319 | 86.2 | 12,870 | 33.6 | 31 | 23 | | |
| Intensive | 244 | 65.9 | 5,326 | 13.9 | 25 | 20 | | |
| Day treatment or partial hospitalization | 98 | 26.5 | 1,625 | 4.2 | 11 | 16 | | |
| Detoxification | 29 | 7.8 | 154 | 0.4 | 10 | 10 | | |
| Methadone/buprenorphine maintenance or naltrexone treatment | 143 | 38.6 | 15,479 | 40.4 | 478 | 11 | | |
| Residential (non-hospital) | 49 | 13.2 | 2,367 | 6.2 | 45 | 33 | 61 | 5.9 |
| Short term (≤ 30 days) | 20 | 5.4 | 731 | 1.9 | 29 | 21 | | |
| Long term (> 30 days) | 40 | 10.8 | 1,257 | 3.3 | 151 | 33 | | |
| Detoxification | 15 | 4.1 | 379 | 1.0 | 15 | 28 | | |
| Hospital inpatient | 13 | 3.5 | 505 | 1.3 | 55 | 50 | — | — |
| Treatment | 12 | 3.2 | 309 | 0.8 | 80 | 30 | | |
| Detoxification | 12 | 3.2 | 196 | 0.5 | 15 | 20 | | |
| Total | 370 | | 38,326 | 100.0 | 456 | 45 | 1,032 | 100.0 |

Note: Facilities may provide more than one type of care.

Facility licensing, certification, or accreditation, by number and percent

| | No. | % |
|---|-----|------|
| Any listed agency/organization | 319 | 86.2 |
| State substance abuse agency | 298 | 80.5 |
| State mental health department | 165 | 44.6 |
| State department of health | 179 | 48.4 |
| Hospital licensing authority | 25 | 6.8 |
| The Joint Commission | 80 | 21.6 |
| Commission on Accreditation of Rehabilitation Facilities (CARF) | 85 | 23.0 |
| National Committee for Quality Assurance (NCQA) | 5 | 1.4 |
| Council on Accreditation (COA) | 13 | 3.5 |
| Healthcare Facilities Accreditation Program (HFAP) | — | — |
| Other national organization or federal, state, or local agency | 11 | 3.0 |

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

Facility payment options, by number and percent

| | No. | % |
|---|-----|------|
| Cash or self-payment | 345 | 93.2 |
| Private health insurance | 257 | 69.5 |
| Medicare | 101 | 27.3 |
| Medicaid | 238 | 64.3 |
| State-financed health insurance plan other than Medicaid | 125 | 33.8 |
| Federal military insurance | 93 | 25.1 |
| No payment accepted (free treatment for all clients) | 13 | 3.5 |
| IHS/Tribal/Urban (ITU) funds | 1 | 0.3 |
| Other | 5 | 1.4 |
| Sliding fee scale | 263 | 71.1 |
| Treatment at no charge or minimal payment for clients who can't pay | 192 | 51.9 |

Note: Facilities may accept more than one type of payment.

Types of services offered, by number and percent

| | Facilities | |
|---|------------|------|
| | No. | % |
| Assessment and pre-treatment services | | |
| Screening for substance abuse | 361 | 97.6 |
| Screening for mental health disorders | 319 | 86.2 |
| Comprehensive substance abuse assessment or diagnosis | 359 | 97.0 |
| Comprehensive mental health assessment or diagnosis | 260 | 70.3 |
| Screening for tobacco use | 275 | 74.3 |
| Outreach to persons in the community who may need treatment | 228 | 61.6 |
| Interim services for clients when immediate admission is not possible | 175 | 47.3 |
| Professional interventionist/educational consultant | 97 | 26.2 |
| None of these assessment and pre-treatment services offered | — | — |
| Testing | | |
| Drug and alcohol oral fluid testing | 125 | 33.8 |
| Breathalyzer or other blood alcohol testing | 214 | 57.8 |
| Drug or alcohol urine screening | 349 | 94.3 |
| Testing for hepatitis B | 81 | 21.9 |
| Testing for hepatitis C | 97 | 26.2 |
| HIV testing | 101 | 27.3 |
| STD testing | 71 | 19.2 |
| TB screening | 107 | 28.9 |
| Testing for metabolic syndrome | 19 | 5.1 |
| None of these testing services offered | 17 | 4.6 |
| Medical services | | |
| Hepatitis A (HAV) vaccination | 15 | 4.1 |
| Hepatitis B (HBV) vaccination | 16 | 4.3 |
| None of these medical services offered | 353 | 95.4 |
| Transitional services | | |
| Discharge planning | 352 | 95.1 |
| Aftercare/continuing care | 324 | 87.6 |
| Naloxone and overdose education | 177 | 47.8 |
| Outcome follow-up after discharge | 242 | 65.4 |
| None of these transitional services offered | 9 | 2.4 |
| Recovery support services | | |
| Mentoring/peer support | 176 | 47.6 |
| Self-help groups (for example, AA, NA, SMART Recovery) | 186 | 50.3 |
| Assistance in locating housing for clients | 207 | 55.9 |
| Employment counseling or training for clients | 167 | 45.1 |
| Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI) | 257 | 69.5 |
| Recovery coach | 55 | 14.9 |
| None of these recovery support services offered | 53 | 14.3 |
| Education and counseling services | | |
| HIV or AIDS education, counseling, or support | 216 | 58.4 |
| Hepatitis education, counseling, or support | 194 | 52.4 |
| Health education other than HIV/AIDS or hepatitis | 225 | 60.8 |
| Substance abuse education | 362 | 97.8 |
| Smoking/ tobacco cessation counseling | 238 | 64.3 |
| Individual counseling | 362 | 97.8 |

Continued

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent (continued)

| | Facilities | |
|---|------------|------|
| | No. | % |
| Group counseling | 350 | 94.6 |
| Family counseling | 337 | 91.1 |
| Marital/couples counseling | 269 | 72.7 |
| Vocational training or educational support | 61 | 16.5 |
| None of these education and counseling services offered | — | — |
| Pharmacotherapies | | |
| Disulfiram (Antabuse®) | 61 | 16.5 |
| Naltrexone (oral) | 146 | 39.5 |
| Naltrexone (extended-release, injectable, for example, Vivitrol®) | 150 | 40.5 |
| Acamprosate (Campral®) | 85 | 23.0 |
| Nicotine replacement | 101 | 27.3 |
| Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline) | 76 | 20.5 |
| Medications for psychiatric disorders | 222 | 60.0 |
| Methadone ¹ | 37 | 10.0 |
| Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®) | 151 | 40.8 |
| Buprenorphine without naloxone | 87 | 23.5 |
| Buprenorphine sub-dermal implant (Probuphine®) | 4 | 1.1 |
| Buprenorphine (extended-release, injectable, for example, Sublocade®) | 16 | 4.3 |
| Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine) | 17 | 4.6 |
| Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin) | 23 | 6.2 |
| Lofexidine | 6 | 1.6 |
| Clonidine | 69 | 18.6 |
| None of these pharmacotherapy services offered | 104 | 28.1 |
| Ancillary services | | |
| Case management services | 317 | 85.7 |
| Social skills development | 283 | 76.5 |
| Child care for clients' children | 29 | 7.8 |
| Domestic violence—family or partner violence services (physical, sexual, and emotional abuse) | 175 | 47.3 |
| Early intervention for HIV | 106 | 28.6 |
| Transportation assistance to treatment | 188 | 50.8 |
| Mental health services | 313 | 84.6 |
| Acupuncture | 12 | 3.2 |
| Residential beds for clients' children | 4 | 1.1 |
| None of these ancillary services offered | 11 | 3.0 |
| Other services | | |
| Treatment for gambling disorder | 134 | 36.2 |
| Treatment for Internet use disorder | 71 | 19.2 |
| Treatment for other addiction disorder (non-substance abuse) | 170 | 45.9 |
| None of these 'other' services offered | 168 | 45.4 |

¹ Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

Clinical/therapeutic approaches used frequently, by number and percent

| | Facilities | |
|--|------------|------|
| | No. | % |
| Substance abuse counseling | 367 | 99.2 |
| 12-step facilitation | 315 | 85.1 |
| Brief intervention | 320 | 86.5 |
| Cognitive behavioral therapy | 359 | 97.0 |
| Dialectical behavior therapy | 244 | 65.9 |
| Contingency management/motivational incentives | 224 | 60.5 |
| Motivational interviewing | 355 | 95.9 |
| Trauma-related counseling | 314 | 84.9 |
| Anger management | 328 | 88.6 |
| Matrix model | 167 | 45.1 |
| Community reinforcement plus vouchers | 44 | 11.9 |
| Rational emotive behavioral therapy (REBT) | 236 | 63.8 |
| Relapse prevention | 362 | 97.8 |
| Telemedicine/telehealth | 73 | 19.7 |
| Other treatment approaches | 31 | 8.4 |
| We do not use any of these clinical/therapeutic approaches | 3 | 0.8 |

Specifically tailored programs or groups, by number and percent

| | Facilities | |
|---|------------|------|
| | No. | % |
| Any program or group | 328 | 88.6 |
| Adolescents | 107 | 28.9 |
| Young adults | 164 | 44.3 |
| Adult women | 236 | 63.8 |
| Pregnant or postpartum women | 117 | 31.6 |
| Adult men | 223 | 60.3 |
| Seniors or older adults | 128 | 34.6 |
| LGBT clients | 117 | 31.6 |
| Veterans | 115 | 31.1 |
| Active duty military | 61 | 16.5 |
| Members of military families | 79 | 21.4 |
| Criminal justice clients (other than DUI/DWI) | 171 | 46.2 |
| Clients with co-occurring mental and substance use disorders | 250 | 67.6 |
| Clients with co-occurring pain and substance use | 85 | 23.0 |
| Clients with HIV or AIDS | 106 | 28.6 |
| Clients who have experienced sexual abuse | 143 | 38.6 |
| Clients who have experienced intimate partner violence, domestic violence | 145 | 39.2 |
| Clients who have experienced trauma | 197 | 53.2 |
| DUI/DWI clients | 153 | 41.4 |
| Other | 23 | 6.2 |
| No specifically tailored programs or groups are offered | 42 | 11.4 |

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

Facility funding, by number and percent

| | Facilities | |
|---|------------|------|
| | No. | % |
| Receives federal, state, county, or local government funds or grants for substance use treatment programs | 183 | 49.5 |

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

| | Facilities | |
|---------------------------------|------------|------|
| | No. | % |
| Sign language | 60 | 16.2 |
| Any language other than English | 160 | 43.2 |

Non-English language provided by

| | | |
|--|----|------|
| Staff counselor only | 91 | 56.9 |
| On-call interpreter only | 37 | 23.1 |
| Both staff counselor and on-call interpreter | 32 | 20.0 |

Languages provided by staff counselor¹

| | | |
|---|-----|------|
| Spanish | 119 | 96.7 |
| American Indian/Alaska Native languages | — | — |
| Other | 32 | 26.0 |

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent;
 † Less than 1 per 100,000; ‡ No facilities in this category.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

| | No. | % |
|---|-----------|------------|
| Facilities with OTPs¹ | 41 | 2.4 |
| Clients in facilities with OTPs² | | |
| Any MAT ³ | 15,912 | 3.6 |
| Methadone | 15,300 | 3.7 |
| Buprenorphine | 528 | 1.5 |
| Naltrexone | 84 | 2.8 |
| Clients in facilities without OTPs⁴ | | |
| Any MAT ⁵ | 2,280 | 1.4 |
| Buprenorphine | 1,581 | 1.2 |
| Naltrexone | 699 | 2.6 |

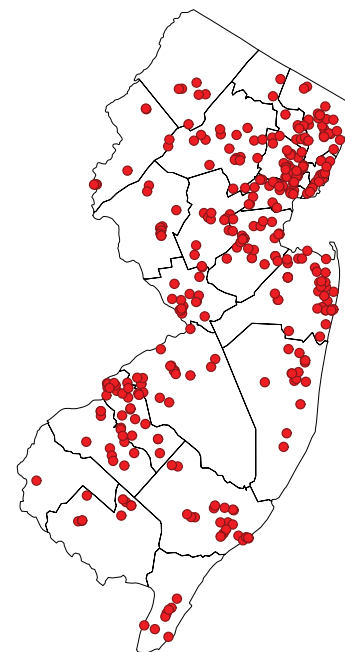
¹ Percentage of all facilities with OTPs in the U.S. ² Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S.; see 2019 N-SSATS report for details. ³ Consists of clients receiving methadone, buprenorphine, or naltrexone. ⁴ Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S.; see 2019 N-SSATS report for details. ⁵ Consists of clients receiving buprenorphine or naltrexone.

Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

| | No. |
|--|-----|
| Any type of medication-assisted therapy ¹ | 179 |
| Methadone | 172 |
| Buprenorphine | 6 |
| Naltrexone | † |

¹ Includes clients receiving methadone, buprenorphine, or naltrexone.

Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>