2019 State Profile — New York
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:
https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services

In New York, 925 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 113,028 clients in substance abuse treatment on March 29, 2019. The survey response rate in New York was 95.1 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 29, 2019			
			All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	664	71.8	77,353	68.4	1,484	78.8
Private for-profit	154	16.6	20,401	18.0	197	10.5
Local, county, or community government	59	6.4	8,093	7.2	181	9.6
State government	31	3.4	4,791	4.2	9	0.5
Federal government	12	1.3	2,248	2.0	—	—
Tribal government	5	0.5	142	0.1	13	0.7
Total	**925**	**100.0**	**113,028**	**100.0**	**1,884**	**100.0**

Note: Percentages may not sum to 100 percent due to rounding.

Substance abuse problem treated, by number and percent

	Facilities[1]		Clients in treatment on March 29, 2019		
			Clients[2]		Clients[2] per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	713	93.9	44,216	40.1	281
Clients with drug abuse only	699	92.1	50,567	45.9	324
Clients with alcohol abuse only	614	80.9	15,453	14.0	98
Total			**110,236**	**100.0**	**703**

[1] Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.
[2] States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Facility capacity and utilization rate[1]

	Residential	Hospital inpatient
Number of facilities	191	58
Number of clients[2]	6,897	1,414
Number of designated beds	7,293	1,524
Utilization rate[3]	94.6	92.8
Average number of designated beds per facility	38	26

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
[2] Number of clients on March 29, 2019.
[3] Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

Type of care, by number and percent

	Facilities		Clients in treatment on March 29, 2019					
			All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	**640**	**69.2**	**104,280**	**92.3**	**308**	**110**	**1,767**	**93.8**
Regular	582	62.9	51,149	45.3	115	90		
Intensive	253	27.4	3,369	3.0	15	15		
Day treatment or partial hospitalization	72	7.8	1,979	1.8	65	39		
Detoxification	107	11.6	452	0.4	6	10		
Methadone/buprenorphine maintenance or naltrexone treatment	525	56.8	47,331	41.9	292	19		
Residential (non-hospital)	**235**	**25.4**	**7,109**	**6.3**	**70**	**24**	**112**	**5.9**
Short term (≤ 30 days)	65	7.0	1,519	1.3	66	21		
Long term (> 30 days)	187	20.2	5,016	4.4	70	20		
Detoxification	46	5.0	574	0.5	30	12		
Hospital inpatient	**83**	**9.0**	**1,639**	**1.5**	**15**	**16**	**5**	**0.3**
Treatment	66	7.1	1,101	1.0	14	18		
Detoxification	55	5.9	538	0.5	10	10		
Total	**925**		**113,028**	**100.0**	**227**	**70**	**1,884**	**100.0**

Note: Facilities may provide more than one type of care.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	906	97.9
State substance abuse agency	875	94.6
State mental health department	153	16.5
State department of health	328	35.5
Hospital licensing authority	111	12.0
The Joint Commission	264	28.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	93	10.1
National Committee for Quality Assurance (NCQA)	18	1.9
Council on Accreditation (COA)	28	3.0
Healthcare Facilities Accreditation Program (HFAP)	11	1.2
Other national organization or federal, state, or local agency	29	3.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	853	92.2
Private health insurance	755	81.6
Medicare	463	50.1
Medicaid	823	89.0
State-financed health insurance plan other than Medicaid	616	66.6
Federal military insurance	292	31.6
No payment accepted (free treatment for all clients)	8	0.9
IHS/Tribal/Urban (ITU) funds	62	6.7
Other	5	0.5
Sliding fee scale	772	83.5
Treatment at no charge or minimal payment for clients who can't pay	435	47.0

Note: Facilities may accept more than one type of payment.

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	893	96.5
Screening for mental health disorders	793	85.7
Comprehensive substance abuse assessment or diagnosis	883	95.5
Comprehensive mental health assessment or diagnosis	543	58.7
Screening for tobacco use	890	96.2
Outreach to persons in the community who may need treatment	554	59.9
Interim services for clients when immediate admission is not possible	428	46.3
Professional interventionist/educational consultant	123	13.3
None of these assessment and pre-treatment services offered	5	0.5
Testing		
Drug and alcohol oral fluid testing	386	41.7
Breathalyzer or other blood alcohol testing	808	87.4
Drug or alcohol urine screening	904	97.7
Testing for hepatitis B	426	46.1
Testing for hepatitis C	466	50.4
HIV testing	420	45.4
STD testing	334	36.1
TB screening	494	53.4
Testing for metabolic syndrome	99	10.7
None of these testing services offered	12	1.3
Medical services		
Hepatitis A (HAV) vaccination	119	12.9
Hepatitis B (HBV) vaccination	128	13.8
None of these medical services offered	791	85.5
Transitional services		
Discharge planning	907	98.1
Aftercare/continuing care	804	86.9
Naloxone and overdose education	736	79.6
Outcome follow-up after discharge	502	54.3
None of these transitional services offered	3	0.3
Recovery support services		
Mentoring/peer support	560	60.5
Self-help groups (for example, AA, NA, SMART Recovery)	497	53.7
Assistance in locating housing for clients	608	65.7
Employment counseling or training for clients	486	52.5
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	754	81.5
Recovery coach	217	23.5
None of these recovery support services offered	28	3.0
Education and counseling services		
HIV or AIDS education, counseling, or support	741	80.1
Hepatitis education, counseling, or support	732	79.1
Health education other than HIV/AIDS or hepatitis	744	80.4
Substance abuse education	920	99.5
Smoking/ tobacco cessation counseling	828	89.5
Individual counseling	920	99.5

Continued

For a symbol key, see the last page of this profile.

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Group counseling	903	97.6
Family counseling	751	81.2
Marital/couples counseling	466	50.4
Vocational training or educational support	238	25.7
None of these education and counseling services offered	—	—
Pharmacotherapies		
Disulfiram (Antabuse®)	372	40.2
Naltrexone (oral)	614	66.4
Naltrexone (extended-release, injectable, for example, Vivitrol®)	541	58.5
Acamprosate (Campral®)	480	51.9
Nicotine replacement	625	67.6
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	471	50.9
Medications for psychiatric disorders	646	69.8
Methadone[1]	164	17.7
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	678	73.3
Buprenorphine without naloxone	443	47.9
Buprenorphine sub-dermal implant (Probuphine®)	39	4.2
Buprenorphine (extended-release, injectable, for example, Sublocade®)	161	17.4
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	140	15.1
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	161	17.4
Lofexidine	58	6.3
Clonidine	291	31.5
None of these pharmacotherapy services offered	108	11.7
Ancillary services		
Case management services	745	80.5
Social skills development	709	76.6
Child care for clients' children	49	5.3
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	344	37.2
Early intervention for HIV	290	31.4
Transportation assistance to treatment	568	61.4
Mental health services	640	69.2
Acupuncture	34	3.7
Residential beds for clients' children	18	1.9
None of these ancillary services offered	26	2.8
Other services		
Treatment for gambling disorder	243	26.3
Treatment for Internet use disorder	47	5.1
Treatment for other addiction disorder (non-substance abuse)	167	18.1
None of these 'other' services offered	612	66.2

[1] Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

For a symbol key, see the last page of this profile.

Clinical/therapeutic approaches used frequently, by number and percent

	Facilities	
	No.	%
Substance abuse counseling	917	99.1
12-step facilitation	639	69.1
Brief intervention	834	90.2
Cognitive behavioral therapy	891	96.3
Dialectical behavior therapy	533	57.6
Contingency management/motivational incentives	499	53.9
Motivational interviewing	912	98.6
Trauma-related counseling	775	83.8
Anger management	786	85.0
Matrix model	301	32.5
Community reinforcement plus vouchers	79	8.5
Rational emotive behavioral therapy (REBT)	414	44.8
Relapse prevention	908	98.2
Telemedicine/telehealth	155	16.8
Other treatment approaches	65	7.0
We do not use any of these clinical/therapeutic approaches	—	—

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	802	86.7
Adolescents	245	26.5
Young adults	311	33.6
Adult women	589	63.7
Pregnant or postpartum women	171	18.5
Adult men	587	63.5
Seniors or older adults	217	23.5
LGBT clients	203	21.9
Veterans	175	18.9
Active duty military	70	7.6
Members of military families	81	8.8
Criminal justice clients (other than DUI/DWI)	354	38.3
Clients with co-occurring mental and substance use disorders	577	62.4
Clients with co-occurring pain and substance use	158	17.1
Clients with HIV or AIDS	204	22.1
Clients who have experienced sexual abuse	245	26.5
Clients who have experienced intimate partner violence, domestic violence	273	29.5
Clients who have experienced trauma	427	46.2
DUI/DWI clients	242	26.2
Other	64	6.9
No specifically tailored programs or groups are offered	123	13.3

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

For a symbol key, see the last page of this profile.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	494	53.4

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	234	25.3
Any language other than English	564	61.0
Non-English language provided by		
Staff counselor only	227	40.2
On-call interpreter only	188	33.3
Both staff counselor and on-call interpreter	149	26.4
Languages provided by staff counselor[1]		
Spanish	361	96.0
American Indian/Alaska Native languages	—	—
Other	101	26.9

[1] Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent;
† Less than 1 per 100,000; ‡ No facilities in this category.

Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

	No.	%
Facilities with OTPs[1]	**191**	**11.3**
Clients in facilities with OTPs[2]		
Any MAT[3]	40,729	9.1
Methadone	38,880	9.5
Buprenorphine	1,707	4.8
Naltrexone	142	4.8
Clients in facilities without OTPs[4]		
Any MAT[5]	11,785	7.4
Buprenorphine	9,274	7.0
Naltrexone	2,511	9.2

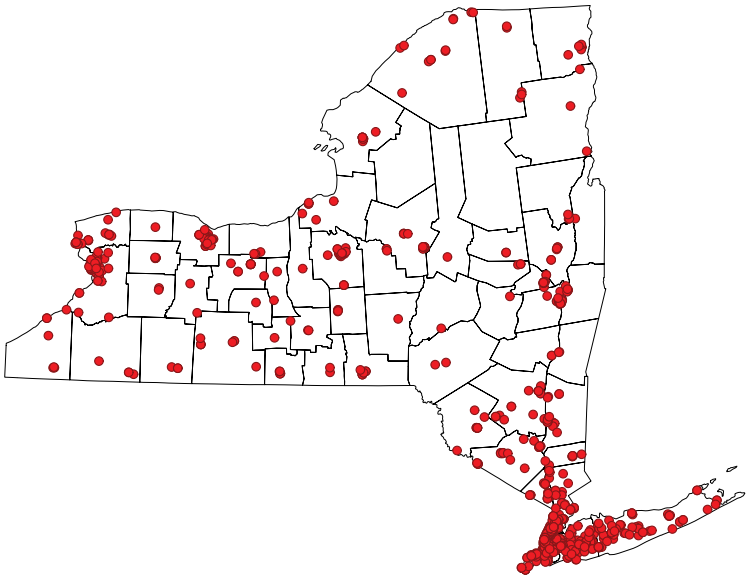
[1] Percentage of all facilities with OTPs in the U.S. [2] Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S; see 2019 N-SSATS report for details. [3] Consists of clients receiving methadone, buprenorphine, or naltrexone. [4] Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S; see 2019 N-SSATS report for details. [5] Consists of clients receiving buprenorphine or naltrexone.

Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

	No.
Any type of medication-assisted therapy[1]	209
Methadone	200
Buprenorphine	9
Naltrexone	†

[1] Includes clients receiving methadone, buprenorphine, or naltrexone.

Location of treatment facilities



Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services

Access the latest N-SSATS public use files at: https://datafiles.samhsa.gov

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: https://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

https://www.samhsa.gov/data/quick-statistics