

## 2019 State Profile — Virginia

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:

<https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

In Virginia, 254 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 25,609 clients in substance abuse treatment on March 29, 2019. The survey response rate in Virginia was 91.8 percent.

#### Facility operation, by number and percent

	Clients in treatment on March 29, 2019					
	Facilities		All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	54	21.3	3,101	12.1	87	15.7
Private for-profit	96	37.8	12,372	48.3	178	32.1
Local, county, or community government	85	33.5	8,723	34.1	261	47.1
State government	8	3.1	506	2.0	28	5.1
Federal government	11	4.3	907	3.5	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>254</b>	<b>100.0</b>	<b>25,609</b>	<b>100.0</b>	<b>554</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Substance abuse problem treated, by number and percent

	Clients in treatment on March 29, 2019				
	Facilities <sup>1</sup>		Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	152	85.4	7,545	30.5	109
Clients with drug abuse only	156	87.6	14,227	57.5	211
Clients with alcohol abuse only	132	74.2	2,982	12.0	43
<b>Total</b>			<b>24,754</b>	<b>100.0</b>	<b>363</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

#### Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	27	7
Number of clients <sup>2</sup>	865	170
Number of designated beds	1,048	145
Utilization rate <sup>3</sup>	82.5	117.2
Average number of designated beds per facility	39	21

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2019.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

## Type of care, by number and percent

	Clients in treatment on March 29, 2019							
	Facilities		All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of	Median no. of	No.	%
					clients per	clients per		
				OTP facility	non-OTP facility			
<b>Outpatient</b>	<b>222</b>	<b>87.4</b>	<b>24,388</b>	<b>95.2</b>	<b>300</b>	<b>63</b>	<b>543</b>	<b>98.0</b>
Regular	193	76.0	10,161	39.7	75	40		
Intensive	90	35.4	2,435	9.5	20	20		
Day treatment or partial hospitalization	22	8.7	219	0.9	46	10		
Detoxification	34	13.4	319	1.2	3	10		
Methadone/buprenorphine maintenance or naltrexone treatment	109	42.9	11,254	43.9	266	27		
<b>Residential (non-hospital)</b>	<b>39</b>	<b>15.4</b>	<b>1,048</b>	<b>4.1</b>	<b>31</b>	<b>12</b>	<b>—</b>	<b>—</b>
Short term (≤ 30 days)	27	10.6	386	1.5	22	10		
Long term (> 30 days)	27	10.6	564	2.2	—	20		
Detoxification	15	5.9	98	0.4	11	9		
<b>Hospital inpatient</b>	<b>9</b>	<b>3.5</b>	<b>173</b>	<b>0.7</b>	<b>25</b>	<b>16</b>	<b>11</b>	<b>2.0</b>
Treatment	9	3.5	108	0.4	—	17		
Detoxification	9	3.5	65	0.3	25	3		
<b>Total</b>	<b>254</b>		<b>25,609</b>	<b>100.0</b>	<b>300</b>	<b>49</b>	<b>554</b>	<b>100.0</b>

Note: Facilities may provide more than one type of care.

## Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	219	86.2
State substance abuse agency	188	74.0
State mental health department	170	66.9
State department of health	57	22.4
Hospital licensing authority	15	5.9
The Joint Commission	40	15.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	59	23.2
National Committee for Quality Assurance (NCQA)	6	2.4
Council on Accreditation (COA)	5	2.0
Healthcare Facilities Accreditation Program (HFAP)	—	—
Other national organization or federal, state, or local agency	8	3.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

## Facility payment options, by number and percent

	No.	%
Cash or self-payment	237	93.3
Private health insurance	196	77.2
Medicare	121	47.6
Medicaid	189	74.4
State-financed health insurance plan other than Medicaid	104	40.9
Federal military insurance	135	53.1
No payment accepted (free treatment for all clients)	6	2.4
IHS/Tribal/Urban (ITU) funds	9	3.5
Other	1	0.4
Sliding fee scale	136	53.5
Treatment at no charge or minimal payment for clients who can't pay	93	36.6

Note: Facilities may accept more than one type of payment.

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	242	95.3
Screening for mental health disorders	189	74.4
Comprehensive substance abuse assessment or diagnosis	238	93.7
Comprehensive mental health assessment or diagnosis	155	61.0
Screening for tobacco use	163	64.2
Outreach to persons in the community who may need treatment	160	63.0
Interim services for clients when immediate admission is not possible	138	54.3
Professional interventionist/educational consultant	38	15.0
None of these assessment and pre-treatment services offered	4	1.6
<b>Testing</b>		
Drug and alcohol oral fluid testing	68	26.8
Breathalyzer or other blood alcohol testing	204	80.3
Drug or alcohol urine screening	236	92.9
Testing for hepatitis B	77	30.3
Testing for hepatitis C	88	34.6
HIV testing	72	28.3
STD testing	49	19.3
TB screening	112	44.1
Testing for metabolic syndrome	28	11.0
None of these testing services offered	12	4.7
<b>Medical services</b>		
Hepatitis A (HAV) vaccination	15	5.9
Hepatitis B (HBV) vaccination	15	5.9
None of these medical services offered	238	93.7
<b>Transitional services</b>		
Discharge planning	241	94.9
Aftercare/continuing care	205	80.7
Naloxone and overdose education	140	55.1
Outcome follow-up after discharge	148	58.3
None of these transitional services offered	4	1.6
<b>Recovery support services</b>		
Mentoring/peer support	146	57.5
Self-help groups (for example, AA, NA, SMART Recovery)	115	45.3
Assistance in locating housing for clients	155	61.0
Employment counseling or training for clients	88	34.6
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	163	64.2
Recovery coach	56	22.0
None of these recovery support services offered	28	11.0
<b>Education and counseling services</b>		
HIV or AIDS education, counseling, or support	117	46.1
Hepatitis education, counseling, or support	109	42.9
Health education other than HIV/AIDS or hepatitis	132	52.0
Substance abuse education	242	95.3
Smoking/ tobacco cessation counseling	128	50.4
Individual counseling	239	94.1

Continued

For a symbol key, see the last page of this profile.

**Types of services offered, by number and percent (continued)**

	Facilities	
	No.	%
Group counseling	240	94.5
Family counseling	208	81.9
Marital/couples counseling	139	54.7
Vocational training or educational support	20	7.9
None of these education and counseling services offered	4	1.6
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	65	25.6
Naltrexone (oral)	96	37.8
Naltrexone (extended-release, injectable, for example, Vivitrol®)	91	35.8
Acamprosate (Campral®)	72	28.3
Nicotine replacement	67	26.4
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	59	23.2
Medications for psychiatric disorders	150	59.1
Methadone <sup>1</sup>	35	13.8
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	119	46.9
Buprenorphine without naloxone	72	28.3
Buprenorphine sub-dermal implant (Probuphine®)	2	0.8
Buprenorphine (extended-release, injectable, for example, Sublocade®)	22	8.7
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	9	3.5
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	9	3.5
Lofexidine	4	1.6
Clonidine	52	20.5
None of these pharmacotherapy services offered	60	23.6
<b>Ancillary services</b>		
Case management services	209	82.3
Social skills development	175	68.9
Child care for clients' children	20	7.9
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	94	37.0
Early intervention for HIV	39	15.4
Transportation assistance to treatment	111	43.7
Mental health services	190	74.8
Acupuncture	39	15.4
Residential beds for clients' children	3	1.2
None of these ancillary services offered	13	5.1
<b>Other services</b>		
Treatment for gambling disorder	39	15.4
Treatment for Internet use disorder	41	16.1
Treatment for other addiction disorder (non-substance abuse)	75	29.5
None of these 'other' services offered	173	68.1

<sup>1</sup> Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

### Clinical/therapeutic approaches used frequently, by number and percent

	Facilities	
	No.	%
Substance abuse counseling	250	98.4
12-step facilitation	168	66.1
Brief intervention	211	83.1
Cognitive behavioral therapy	240	94.5
Dialectical behavior therapy	142	55.9
Contingency management/motivational incentives	140	55.1
Motivational interviewing	243	95.7
Trauma-related counseling	211	83.1
Anger management	206	81.1
Matrix model	113	44.5
Community reinforcement plus vouchers	20	7.9
Rational emotive behavioral therapy (REBT)	96	37.8
Relapse prevention	242	95.3
Telemedicine/telehealth	87	34.3
Other treatment approaches	38	15.0
We do not use any of these clinical/therapeutic approaches	1	0.4

### Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	198	78.0
Adolescents	68	26.8
Young adults	72	28.3
Adult women	128	50.4
Pregnant or postpartum women	84	33.1
Adult men	120	47.2
Seniors or older adults	40	15.7
LGBT clients	43	16.9
Veterans	52	20.5
Active duty military	38	15.0
Members of military families	37	14.6
Criminal justice clients (other than DUI/DWI)	79	31.1
Clients with co-occurring mental and substance use disorders	142	55.9
Clients with co-occurring pain and substance use	43	16.9
Clients with HIV or AIDS	38	15.0
Clients who have experienced sexual abuse	58	22.8
Clients who have experienced intimate partner violence, domestic violence	49	19.3
Clients who have experienced trauma	103	40.6
DUI/DWI clients	41	16.1
Other	11	4.3
No specifically tailored programs or groups are offered	56	22.0

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

**Facility funding, by number and percent**

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	131	51.6

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	Facilities	
	No.	%
Sign language	108	42.5
Any language other than English	127	50.0

**Non-English language provided by**

Staff counselor only	19	15.0
On-call interpreter only	86	67.7
Both staff counselor and on-call interpreter	22	17.3

**Languages provided by staff counselor<sup>1</sup>**

Spanish	39	95.1
American Indian/Alaska Native languages	—	—
Other	10	24.4

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

**Symbol key (where applicable)**

— Quantity is zero; \* Less than 0.05 percent;  
† Less than 1 per 100,000; ‡ No facilities in this category.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

Access the latest N-SSATS public use files at:  
<https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

**Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent**

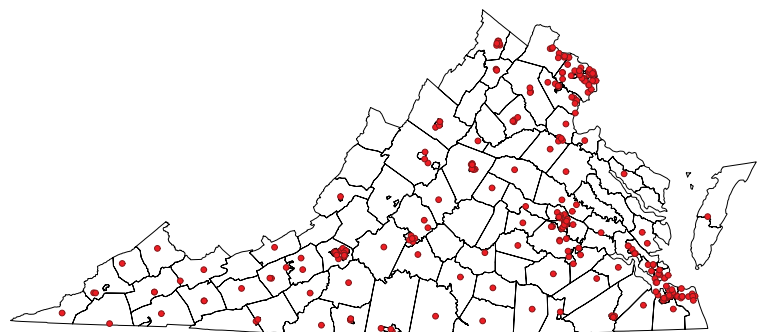
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>36</b>	<b>2.1</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT <sup>3</sup>	8,855	2.0
Methadone	8,046	2.0
Buprenorphine	777	2.2
Naltrexone	32	1.1
<b>Clients in facilities without OTPs<sup>4</sup></b>		
Any MAT <sup>5</sup>	2,951	1.8
Buprenorphine	2,690	2.0
Naltrexone	261	1.0

<sup>1</sup> Percentage of all facilities with OTPs in the U.S. <sup>2</sup> Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S.; see 2019 N-SSATS report for details. <sup>3</sup> Consists of clients receiving methadone, buprenorphine, or naltrexone. <sup>4</sup> Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S.; see 2019 N-SSATS report for details. <sup>5</sup> Consists of clients receiving buprenorphine or naltrexone.

**Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019**

	No.
Any type of medication-assisted therapy <sup>1</sup>	104
Methadone	94
Buprenorphine	9
Naltrexone	†

<sup>1</sup> Includes clients receiving methadone, buprenorphine, or naltrexone.

**Location of treatment facilities**

<https://www.samhsa.gov/data/quick-statistics>