

**Table 1.82A Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	46,394 <sup>a</sup>	44,051	1,371	1,370	45,023 <sup>a</sup>	42,682	4,234	3,995	40,789 <sup>a</sup>	38,687
<b>GEOGRAPHIC REGION</b>										
Northeast	7,691	7,664	181	195	7,510	7,469	765	662	6,745	6,807
Midwest	9,351	9,214	306	278	9,045	8,936	982	956	8,063	7,980
South	18,359 <sup>a</sup>	17,162	526	571	17,833 <sup>a</sup>	16,591	1,544	1,417	16,288 <sup>a</sup>	15,174
West	10,993	10,012	357	326	10,636	9,685	943	961	9,693 <sup>a</sup>	8,724
<b>COUNTY TYPE</b>										
Large Metro	24,877	24,203	707	751	24,171	23,452	2,309	2,280	21,862	21,172
Small Metro	14,790 <sup>a</sup>	13,588	451	419	14,339 <sup>a</sup>	13,169	1,354	1,203	12,985	11,966
Nonmetro	6,726	6,260	213	200	6,514	6,060	572	512	5,942	5,548
Urbanized	3,166 <sup>a</sup>	2,479	86	83	3,080 <sup>a</sup>	2,396	274	280	2,806 <sup>a</sup>	2,116
Less Urbanized	2,909	3,065	105	85	2,803	2,980	276 <sup>a</sup>	189	2,527	2,790
Completely Rural	652	716	21	31	630	685	22	43	609	642
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	6,247 <sup>a</sup>	5,402	303	353	5,944 <sup>a</sup>	5,049	1,031 <sup>a</sup>	867	4,913 <sup>a</sup>	4,182
100-199%	8,348	8,061	253	281	8,094	7,781	974	856	7,120	6,925
200% or More	31,727	30,482	814	736	30,913	29,746	2,157	2,166	28,755	27,579
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	30,427	28,892	776	704	29,651	28,188	2,706	2,541	26,945	25,647
Medicaid/CHIP	8,121	7,742	543	574	7,578	7,169	872	847	6,706	6,322
Other <sup>3</sup>	15,754	14,865	68	90	15,687	14,775	290	304	15,397	14,471
No Coverage	2,902	2,846	49	65	2,853	2,781	540	464	2,312	2,317

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.82B Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	16.9 <sup>a</sup>	16.0	5.5	5.5	18.1 <sup>a</sup>	17.1	12.4	11.8	19.0 <sup>a</sup>	17.9
<b>GEOGRAPHIC REGION</b>										
Northeast	16.1	16.0	4.5	4.9	17.1	17.1	13.0	11.5	17.8	17.9
Midwest	16.3	16.1	5.8	5.3	17.4	17.2	13.6	13.3	18.1	17.8
South	17.7 <sup>a</sup>	16.4	5.5	5.9	19.0 <sup>a</sup>	17.5	12.1	11.1	20.0 <sup>a</sup>	18.5
West	16.9 <sup>a</sup>	15.3	6.0	5.4	18.0 <sup>a</sup>	16.3	11.5	11.9	19.0 <sup>a</sup>	16.9
<b>COUNTY TYPE</b>										
Large Metro	16.3	15.7	5.1	5.5	17.4	16.7	12.2	12.1	18.3	17.4
Small Metro	18.1 <sup>a</sup>	16.3	6.1	5.4	19.3 <sup>a</sup>	17.4	12.7	11.3	20.4 <sup>a</sup>	18.4
Nonmetro	17.0	16.4	6.0	5.5	18.1	17.6	13.1	11.8	18.8	18.4
Urbanized	17.9	15.6	6.0	5.4	19.0	16.7	14.2	13.8	19.7	17.2
Less Urbanized	16.1	17.2	6.1	5.2	17.1	18.4	13.2 <sup>a</sup>	9.8	17.7	19.6
Completely Rural	17.5	16.5	5.9	7.6	18.8	17.4	6.3	11.4	20.2	18.0
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	15.6	14.4	5.5	6.9	17.2	15.6	12.4	11.0	18.8	17.1
100-199%	15.3	15.2	4.9	5.3	16.4	16.3	11.8	11.1	17.4	17.4
200% or More	17.8 <sup>a</sup>	16.6	5.7	5.1	18.8 <sup>a</sup>	17.6	12.9	12.8	19.5 <sup>a</sup>	18.1
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	16.9 <sup>a</sup>	16.1	5.5	4.9	17.9 <sup>a</sup>	17.0	13.2	12.4	18.6	17.7
Medicaid/CHIP	17.5	17.1	5.7	6.1	20.6	20.0	12.0	11.7	22.7	22.2
Other <sup>3</sup>	22.7	21.2	5.7	7.3	23.0	21.4	11.3	12.0	23.4	21.8
No Coverage	11.3	10.5	4.4	5.6	11.6	10.7	11.2	9.6	11.7	11.0

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**Table 1.83A Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	6,435	5,895	460	436	5,975	5,459	1,658 <sup>a</sup>	1,409	4,317	4,050
<b>GEOGRAPHIC REGION</b>										
Northeast	1,106	1,057	48	31	1,058	1,025	319 <sup>a</sup>	227	739	798
Midwest	1,357 <sup>a</sup>	1,116	91	103	1,266 <sup>a</sup>	1,014	389	307	877	707
South	2,366	2,213	183	154	2,183	2,059	604	536	1,579	1,523
West	1,606	1,509	139	148	1,468	1,361	346	339	1,122	1,022
<b>COUNTY TYPE</b>										
Large Metro	3,845	3,551	239	224	3,607	3,328	925	797	2,682	2,531
Small Metro	1,792	1,754	158	166	1,634	1,588	503	423	1,131	1,165
Nonmetro	798 <sup>a</sup>	589	63	46	734 <sup>a</sup>	543	231	189	504	354
Urbanized	401	285	27	24	374	261	123	129	251 <sup>a</sup>	132
Less Urbanized	349	259	29	20	321	240	102 <sup>a</sup>	49	219	190
Completely Rural	47	45	8	3	39	42	6	10	34	32
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	1,127	1,038	113	95	1,014	943	396	327	617	616
100-199%	1,281	1,066	83	103	1,198	963	415 <sup>a</sup>	278	782	685
200% or More	4,003	3,752	264	238	3,739	3,514	822	765	2,918	2,749
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	3,735	3,370	232	214	3,503	3,156	1,035	914	2,468	2,242
Medicaid/CHIP	1,461	1,447	199	195	1,262	1,252	330	256	933	996
Other <sup>3</sup>	931	793	22	25	909	768	93	73	816	695
No Coverage	904	792	27	17	877	775	260	216	617	560

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**Table 1.83B Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	2.4	2.1	1.8	1.8	2.4	2.2	4.9 <sup>a</sup>	4.2	2.0	1.9
<b>GEOGRAPHIC REGION</b>										
Northeast	2.3	2.2	1.2	0.8	2.4	2.3	5.4 <sup>a</sup>	3.9	1.9	2.1
Midwest	2.4 <sup>a</sup>	1.9	1.7	1.9	2.4 <sup>a</sup>	1.9	5.4	4.3	2.0	1.6
South	2.3	2.1	1.9	1.6	2.3	2.2	4.7	4.2	1.9	1.9
West	2.5	2.3	2.3	2.5	2.5	2.3	4.2	4.2	2.2	2.0
<b>COUNTY TYPE</b>										
Large Metro	2.5	2.3	1.7	1.6	2.6	2.4	4.9	4.2	2.2	2.1
Small Metro	2.2	2.1	2.1	2.1	2.2	2.1	4.7	4.0	1.8	1.8
Nonmetro	2.0 <sup>a</sup>	1.5	1.8	1.3	2.0	1.6	5.3	4.4	1.6	1.2
Urbanized	2.3	1.8	1.8	1.5	2.3	1.8	6.4	6.4	1.8	1.1
Less Urbanized	1.9	1.5	1.7	1.2	2.0	1.5	4.9 <sup>a</sup>	2.6	1.5	1.3
Completely Rural	1.3	1.0	2.2	0.7	1.2	1.1	1.7	2.8	1.1	0.9
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	2.8	2.8	2.1	1.9	2.9	2.9	4.7	4.1	2.4	2.5
100-199%	2.4	2.0	1.6	1.9	2.4	2.0	5.0 <sup>a</sup>	3.6	1.9	1.7
200% or More	2.2	2.0	1.9	1.6	2.3	2.1	4.9	4.5	2.0	1.8
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	2.1	1.9	1.6	1.5	2.1	1.9	5.1	4.5	1.7	1.5
Medicaid/CHIP	3.2	3.2	2.1	2.1	3.4	3.5	4.6	3.5	3.2	3.5
Other <sup>3</sup>	1.3	1.1	1.9	2.0	1.3	1.1	3.6	2.9	1.2	1.0
No Coverage	3.5	2.9	2.4	1.4	3.6	3.0	5.4	4.5	3.1	2.7

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<b>TOTAL</b>	1,799	1,958	88	121	1,711	1,837	422	365	1,289	1,472
<b>GEOGRAPHIC REGION</b>										
Northeast	326	329	7	8	319	321	87	67	232	254
Midwest	373	382	25	29	348	353	92	85	256	268
South	729	667	41	41	688	626	176 <sup>a</sup>	113	512	513
West	371 <sup>a</sup>	581	16 <sup>a</sup>	44	355	537	68	100	288	437
<b>COUNTY TYPE</b>										
Large Metro	986	1,171	40	59	946	1,112	234	216	712	896
Small Metro	532	576	29	56	503	519	121	104	382	416
Nonmetro	281	211	19 <sup>a</sup>	5	262	206	68	45	194	161
Urbanized	137	88	5	5	132	83	34	31	98	52
Less Urbanized	133	104	11 <sup>a</sup>	1	122	103	33	14	89	89
Completely Rural	11	20	3	*	8	20	*	*	8	20
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	338	360	28	13	310	348	101	67	210	281
100-199%	356	289	20	31	335	259	132 <sup>a</sup>	66	204	193
200% or More	1,096	1,300	40	78	1,056	1,222	181	223	875	999
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	1,005	1,017	41	75	965	942	245	242	720	700
Medicaid/CHIP	424	498	51	47	373	451	90	68	283	383
Other <sup>3</sup>	351	295	5	4	347	291	19	14	328	277
No Coverage	280	292	3	1	277	292	77	58	199	233

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<b>TOTAL</b>	0.7	0.7	0.4	0.5	0.7	0.7	1.2	1.1	0.6	0.7
<b>GEOGRAPHIC REGION</b>										
Northeast	0.7	0.7	0.2	0.2	0.7	0.7	1.5	1.2	0.6	0.7
Midwest	0.7	0.7	0.5	0.5	0.7	0.7	1.3	1.2	0.6	0.6
South	0.7	0.6	0.4	0.4	0.7	0.7	1.4 <sup>a</sup>	0.9	0.6	0.6
West	0.6 <sup>a</sup>	0.9	0.3 <sup>a</sup>	0.7	0.6	0.9	0.8	1.2	0.6	0.8
<b>COUNTY TYPE</b>										
Large Metro	0.6	0.8	0.3	0.4	0.7	0.8	1.2	1.1	0.6	0.7
Small Metro	0.7	0.7	0.4	0.7	0.7	0.7	1.1	1.0	0.6	0.6
Nonmetro	0.7	0.6	0.6 <sup>a</sup>	0.2	0.7	0.6	1.5	1.0	0.6	0.5
Urbanized	0.8	0.6	0.4	0.3	0.8	0.6	1.8	1.5	0.7	0.4
Less Urbanized	0.7	0.6	0.7 <sup>a</sup>	0.1	0.7	0.6	1.6	0.7	0.6	0.6
Completely Rural	0.3	0.5	0.8	*	0.2	0.5	*	*	0.3	0.6
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	0.8	1.0	0.5	0.2	0.9	1.1	1.2	0.8	0.8	1.1
100-199%	0.7	0.5	0.4	0.6	0.7	0.5	1.6 <sup>a</sup>	0.9	0.5	0.5
200% or More	0.6	0.7	0.3	0.5	0.6	0.7	1.1	1.3	0.6	0.7
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	0.6	0.6	0.3	0.5	0.6	0.6	1.2	1.2	0.5	0.5
Medicaid/CHIP	0.9	1.1	0.5	0.5	1.0	1.3	1.2	0.9	1.0	1.3
Other <sup>3</sup>	0.5	0.4	0.4	0.3	0.5	0.4	0.7	0.5	0.5	0.4
No Coverage	1.1	1.1	0.3	0.1	1.1	1.1	1.6	1.2	1.0	1.1

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