

**Table 1.85A Any Use of Tranquilizers in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	37,610 <sup>a</sup>	35,601	1,001	1,010	36,609 <sup>a</sup>	34,591	3,681	3,419	32,928 <sup>a</sup>	31,172
<b>GEOGRAPHIC REGION</b>										
Northeast	6,593	6,387	124	125	6,469	6,262	703 <sup>a</sup>	578	5,766	5,685
Midwest	7,794	7,460	227	221	7,567	7,239	876	819	6,691	6,421
South	14,631	13,851	375	422	14,256	13,429	1,324	1,219	12,932	12,209
West	8,593	7,903	276	243	8,318	7,660	779	803	7,539	6,857
<b>COUNTY TYPE</b>										
Large Metro	20,076	19,449	516	557	19,560	18,892	2,013	1,931	17,546	16,961
Small Metro	12,083	11,120	326	324	11,757	10,796	1,156	1,035	10,601	9,762
Nonmetro	5,452	5,032	159	129	5,292	4,903	511	453	4,781	4,450
Urbanized	2,556 <sup>a</sup>	2,047	71	63	2,485 <sup>a</sup>	1,984	241	265	2,244 <sup>a</sup>	1,719
Less Urbanized	2,322	2,415	75	52	2,248	2,363	252 <sup>a</sup>	153	1,996	2,210
Completely Rural	574	570	14	14	560	556	18	36	542	520
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	5,300 <sup>a</sup>	4,575	221	251	5,079 <sup>a</sup>	4,324	867	755	4,212 <sup>a</sup>	3,568
100-199%	6,816	6,614	184	204	6,632	6,410	878	739	5,754	5,671
200% or More	25,433	24,338	596	555	24,837	23,783	1,875	1,850	22,962	21,933
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	24,513	23,204	548	518	23,965	22,686	2,354	2,196	21,611	20,490
Medicaid/CHIP	6,875	6,494	395	415	6,480	6,079	729	740	5,751	5,339
Other <sup>3</sup>	12,080	11,372	51	66	12,029	11,306	254	235	11,775	11,072
No Coverage	2,553	2,441	48	49	2,505	2,392	496	394	2,010	1,997

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.85B Any Use of Tranquilizers in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	13.7 <sup>a</sup>	12.9	4.0	4.1	14.7 <sup>a</sup>	13.8	10.8	10.1	15.3 <sup>a</sup>	14.4
<b>GEOGRAPHIC REGION</b>										
Northeast	13.8	13.4	3.1	3.2	14.8	14.3	12.0	10.0	15.2	14.9
Midwest	13.6	13.0	4.3	4.2	14.6	13.9	12.1	11.4	15.0	14.3
South	14.1	13.2	3.9	4.4	15.2	14.1	10.4	9.6	15.9	14.9
West	13.2	12.1	4.6	4.0	14.1	12.9	9.5	9.9	14.8	13.3
<b>COUNTY TYPE</b>										
Large Metro	13.2	12.6	3.7	4.1	14.1	13.5	10.6	10.3	14.7	14.0
Small Metro	14.8 <sup>a</sup>	13.3	4.4	4.2	15.8 <sup>a</sup>	14.3	10.8	9.8	16.7 <sup>a</sup>	15.0
Nonmetro	13.8	13.2	4.5	3.6	14.7	14.2	11.7	10.5	15.1	14.8
Urbanized	14.5	12.9	4.9	4.1	15.3	13.8	12.5	13.1	15.7	13.9
Less Urbanized	12.8	13.5	4.3	3.1	13.7	14.6	12.0 <sup>a</sup>	7.9	14.0	15.5
Completely Rural	15.4	13.1	3.8	3.5	16.7	14.1	5.3	9.5	18.0	14.6
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	13.2	12.2	4.0	4.9	14.7	13.4	10.4	9.6	16.1	14.6
100-199%	12.5	12.5	3.6	3.8	13.5	13.5	10.6	9.6	14.0	14.2
200% or More	14.2 <sup>a</sup>	13.2	4.2	3.8	15.1 <sup>a</sup>	14.1	11.2	10.9	15.6 <sup>a</sup>	14.4
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	13.6 <sup>a</sup>	12.9	3.9	3.6	14.5	13.7	11.5	10.8	14.9	14.1
Medicaid/CHIP	14.8	14.4	4.2	4.4	17.6	17.0	10.1	10.2	19.4	18.7
Other <sup>3</sup>	17.4	16.2	4.3	5.4	17.6	16.4	9.9	9.2	17.9	16.7
No Coverage	9.9	9.0	4.3	4.2	10.2	9.2	10.3 <sup>a</sup>	8.2	10.2	9.5

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.86A Misuse of Tranquilizers in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	5,742	5,220	423	392	5,319	4,829	1,566 <sup>a</sup>	1,313	3,753	3,516
<b>GEOGRAPHIC REGION</b>										
Northeast	982	978	41	21	941	957	304	227	637	730
Midwest	1,246 <sup>a</sup>	971	84	93	1,163 <sup>a</sup>	878	379	291	784 <sup>a</sup>	588
South	2,139	2,005	169	138	1,969	1,867	551	494	1,419	1,373
West	1,375	1,267	129	140	1,246	1,127	332	301	914	826
<b>COUNTY TYPE</b>										
Large Metro	3,457	3,109	217	198	3,240	2,911	878	736	2,362	2,175
Small Metro	1,627	1,567	148	152	1,479	1,415	469	392	1,010	1,023
Nonmetro	658	545	58	41	600	503	219	185	381	318
Urbanized	325	266	24	23	301	243	116	127	185	116
Less Urbanized	302	237	26	16	276	221	97 <sup>a</sup>	48	179	173
Completely Rural	31	42	8	3	23	39	6	10	17	28
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	1,078	930	108	79	970	851	378	319	592	532
100-199%	1,194 <sup>a</sup>	949	81	91	1,113 <sup>a</sup>	858	397 <sup>a</sup>	261	716	597
200% or More	3,446	3,313	233	222	3,212	3,091	767	705	2,445	2,387
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	3,217	2,916	205	200	3,012	2,716	990	843	2,022	1,873
Medicaid/CHIP	1,386	1,317	190	170	1,196	1,146	313	238	883	909
Other <sup>3</sup>	727	672	20	22	707	650	79	59	628	592
No Coverage	863	748	27	12	836	736	241	213	595	523

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.86B Misuse of Tranquilizers in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	2.1	1.9	1.7	1.6	2.1	1.9	4.6 <sup>a</sup>	3.9	1.7	1.6
<b>GEOGRAPHIC REGION</b>										
Northeast	2.1	2.0	1.0	0.5	2.1	2.2	5.2	3.9	1.7	1.9
Midwest	2.2 <sup>a</sup>	1.7	1.6	1.8	2.2 <sup>a</sup>	1.7	5.2	4.1	1.8 <sup>a</sup>	1.3
South	2.1	1.9	1.8	1.4	2.1	2.0	4.3	3.9	1.7	1.7
West	2.1	1.9	2.1	2.3	2.1	1.9	4.1	3.7	1.8	1.6
<b>COUNTY TYPE</b>										
Large Metro	2.3	2.0	1.6	1.5	2.3	2.1	4.6	3.9	2.0	1.8
Small Metro	2.0	1.9	2.0	2.0	2.0	1.9	4.4	3.7	1.6	1.6
Nonmetro	1.7	1.4	1.6	1.1	1.7	1.5	5.0	4.3	1.2	1.1
Urbanized	1.8	1.7	1.7	1.5	1.9	1.7	6.0	6.3	1.3	0.9
Less Urbanized	1.7	1.3	1.5	0.9	1.7	1.4	4.6 <sup>a</sup>	2.5	1.3	1.2
Completely Rural	0.8	1.0	2.2	0.7	0.7	1.0	1.7	2.7	0.6	0.8
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	2.7	2.5	2.0	1.6	2.8	2.6	4.5	4.0	2.3	2.2
100-199%	2.2	1.8	1.6	1.7	2.3	1.8	4.8 <sup>a</sup>	3.4	1.7	1.5
200% or More	1.9	1.8	1.6	1.5	2.0	1.8	4.6	4.2	1.7	1.6
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	1.8	1.6	1.4	1.4	1.8	1.6	4.8	4.1	1.4	1.3
Medicaid/CHIP	3.0	2.9	2.0	1.8	3.2	3.2	4.3	3.3	3.0	3.2
Other <sup>3</sup>	1.0	1.0	1.7	1.8	1.0	0.9	3.1	2.3	1.0	0.9
No Coverage	3.4	2.8	2.4	1.0	3.4	2.8	5.0	4.4	3.0	2.5

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.87A Misuse of Tranquilizers in Past Month among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	1,634	1,781	81	112	1,553	1,669	395	337	1,159	1,332
<b>GEOGRAPHIC REGION</b>										
Northeast	300	315	6	6	294	308	83	67	210	241
Midwest	348	357	23	27	325	329	90	85	236	245
South	664	608	41	36	623	571	159 <sup>a</sup>	97	465	474
West	322 <sup>a</sup>	502	11 <sup>a</sup>	43	311	460	63	88	248	372
<b>COUNTY TYPE</b>										
Large Metro	909	1,056	37	54	872	1,002	218	195	654	807
Small Metro	504	521	27	53	477	468	117	98	360	370
Nonmetro	221	204	17	5	205	199	60	44	145	154
Urbanized	100	85	5	5	95	81	32	30	63	50
Less Urbanized	112	99	8	1	104	98	28	14	76	84
Completely Rural	9	20	3	*	6	20	*	*	6	20
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	322	325	25	13	297	312	97	66	200	246
100-199%	342	249	20	27	322	221	124 <sup>a</sup>	60	198	162
200% or More	960	1,200	35	72	925	1,128	165	203	760	924
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	879	920	36	71	843	849	228	227	616	622
Medicaid/CHIP	397	444	46	42	351	402	86	59	265	343
Other <sup>3</sup>	294	238	2	4	292	233	17	11	275	222
No Coverage	270	289	3	1	267	288	71	58	196	230

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.87B Misuse of Tranquilizers in Past Month among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	0.6	0.6	0.3	0.5	0.6	0.7	1.2	1.0	0.5	0.6
<b>GEOGRAPHIC REGION</b>										
Northeast	0.6	0.7	0.2	0.2	0.7	0.7	1.4	1.2	0.6	0.6
Midwest	0.6	0.6	0.4	0.5	0.6	0.6	1.2	1.2	0.5	0.5
South	0.6	0.6	0.4	0.4	0.7	0.6	1.2 <sup>a</sup>	0.8	0.6	0.6
West	0.5	0.8	0.2 <sup>a</sup>	0.7	0.5	0.8	0.8	1.1	0.5	0.7
<b>COUNTY TYPE</b>										
Large Metro	0.6	0.7	0.3	0.4	0.6	0.7	1.1	1.0	0.5	0.7
Small Metro	0.6	0.6	0.4	0.7	0.6	0.6	1.1	0.9	0.6	0.6
Nonmetro	0.6	0.5	0.5	0.2	0.6	0.6	1.4	1.0	0.5	0.5
Urbanized	0.6	0.5	0.4	0.3	0.6	0.6	1.6	1.5	0.4	0.4
Less Urbanized	0.6	0.6	0.5	0.1	0.6	0.6	1.4	0.7	0.5	0.6
Completely Rural	0.2	0.5	0.8	*	0.2	0.5	*	*	0.2	0.6
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	0.8	0.9	0.5	0.2	0.9	1.0	1.2	0.8	0.8	1.0
100-199%	0.6	0.5	0.4	0.5	0.7	0.5	1.5 <sup>a</sup>	0.8	0.5	0.4
200% or More	0.5	0.7	0.2	0.5	0.6	0.7	1.0	1.2	0.5	0.6
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	0.5	0.5	0.3	0.5	0.5	0.5	1.1	1.1	0.4	0.4
Medicaid/CHIP	0.9	1.0	0.5	0.4	1.0	1.1	1.2	0.8	0.9	1.2
Other <sup>3</sup>	0.4	0.3	0.2	0.3	0.4	0.3	0.6	0.4	0.4	0.3
No Coverage	1.1	1.1	0.3	0.1	1.1	1.1	1.5	1.2	1.0	1.1

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.