

**Table 1.88A Any Use of Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	16,775	15,636	502	545	16,274 <sup>a</sup>	15,091	1,049	1,051	15,225 <sup>a</sup>	14,040
<b>GEOGRAPHIC REGION</b>										
Northeast	2,356	2,434	67	83	2,289	2,351	161	157	2,128	2,194
Midwest	3,133	3,226	108	109	3,025	3,117	230	247	2,795	2,870
South	6,950	6,254	200	233	6,750	6,021	417	366	6,333	5,655
West	4,337	3,720	128	119	4,209	3,602	241	281	3,969 <sup>a</sup>	3,320
<b>COUNTY TYPE</b>										
Large Metro	9,115	8,651	262	284	8,854	8,368	586	616	8,268	7,751
Small Metro	5,291	4,691	171	165	5,119	4,526	312	303	4,807	4,222
Nonmetro	2,369	2,294	69	96	2,301	2,198	151	131	2,150	2,067
Urbanized	1,105	930	25	30	1,080	900	71	60	1,010	840
Less Urbanized	1,085	1,109	36	49	1,049	1,060	73	55	976	1,005
Completely Rural	179	255	8	17	171	238	8	16	164	222
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	2,147	1,860	111	155	2,036	1,705	288	242	1,748	1,463
100-199%	3,009	2,715	101	105	2,908	2,610	206	216	2,702	2,394
200% or More	11,607	11,022	290	284	11,317	10,738	542	554	10,775	10,183
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	10,808	10,202	298	297	10,510	9,904	666	658	9,843	9,247
Medicaid/CHIP	2,961	2,720	203	225	2,758	2,495	253	244	2,505	2,251
Other <sup>3</sup>	6,590	6,373	25	39	6,565	6,334	70	93	6,495	6,241
No Coverage	859	719	8	19	851	700	114	117	737	583

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.88B Any Use of Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	6.1 <sup>a</sup>	5.7	2.0	2.2	6.5 <sup>a</sup>	6.0	3.1	3.1	7.1 <sup>a</sup>	6.5
<b>GEOGRAPHIC REGION</b>										
Northeast	4.9	5.1	1.7	2.1	5.2	5.4	2.8	2.7	5.6	5.8
Midwest	5.5	5.6	2.0	2.1	5.8	6.0	3.2	3.4	6.3	6.4
South	6.7	6.0	2.1	2.4	7.2 <sup>a</sup>	6.3	3.3	2.9	7.8	6.9
West	6.7	5.7	2.1	2.0	7.1	6.0	2.9	3.5	7.8 <sup>a</sup>	6.4
<b>COUNTY TYPE</b>										
Large Metro	6.0	5.6	1.9	2.1	6.4	6.0	3.1	3.3	6.9	6.4
Small Metro	6.5 <sup>a</sup>	5.6	2.3	2.1	6.9 <sup>a</sup>	6.0	2.9	2.9	7.6 <sup>a</sup>	6.5
Nonmetro	6.0	6.0	2.0	2.7	6.4	6.4	3.5	3.0	6.8	6.9
Urbanized	6.3	5.9	1.7	1.9	6.7	6.3	3.6	3.0	7.1	6.8
Less Urbanized	6.0	6.2	2.1	3.0	6.4	6.6	3.5	2.8	6.8	7.1
Completely Rural	4.8	5.9	2.1	4.3	5.1	6.0	2.2	4.2	5.4	6.2
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	5.4	5.0	2.0 <sup>a</sup>	3.1	5.9	5.3	3.5	3.1	6.7	6.0
100-199%	5.5	5.1	2.0	2.0	5.9	5.5	2.5	2.8	6.6	6.0
200% or More	6.5	6.0	2.0	2.0	6.9	6.3	3.2	3.3	7.3	6.7
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	6.0	5.7	2.1	2.1	6.3	6.0	3.3	3.2	6.8	6.4
Medicaid/CHIP	6.4	6.0	2.1	2.4	7.5	7.0	3.5	3.4	8.5	7.9
Other <sup>3</sup>	9.5	9.1	2.1	3.1	9.6	9.2	2.7	3.7	9.9	9.4
No Coverage	3.3	2.7	0.7	1.7	3.5	2.7	2.4	2.4	3.7	2.8

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.89A Misuse of Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	1,084	1,098	63	82	1,021	1,016	194	175	827	841
<b>GEOGRAPHIC REGION</b>										
Northeast	199	202	8	11	191	191	39	15	153	176
Midwest	217	191	12	25	206	167	46	32	159	135
South	334	374	23	33	311	341	88	75	223	266
West	334	330	21	13	313	317	21 <sup>a</sup>	53	292	264
<b>COUNTY TYPE</b>										
Large Metro	633	673	38	43	596	630	105	104	490	526
Small Metro	265	338	18	32	247	307	51	53	196	254
Nonmetro	185 <sup>a</sup>	87	8	8	178 <sup>a</sup>	79	38	18	140	62
Urbanized	101	44	4	4	97	40	18	12	79	28
Less Urbanized	65	36	4	4	61	32	20	5	41	27
Completely Rural	20	7	*	*	20	7	*	0	20	7
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	114	201	12	20	102	182	42	28	60 <sup>a</sup>	154
100-199%	166	193	4 <sup>a</sup>	18	162	174	41	42	122	132
200% or More	803	692	48	44	755	648	110	93	645	555
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	745	630	44	45	701	586	116	123	585	463
Medicaid/CHIP	179	235	20	32	159	203	33	33	126	170
Other <sup>3</sup>	250	224	4	3	246	220	19	22	227	198
No Coverage	82	108	*	5	82	103	31	17	51	86

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.89B Misuse of Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	0.4	0.4	0.3	0.3	0.4	0.4	0.6	0.5	0.4	0.4
<b>GEOGRAPHIC REGION</b>										
Northeast	0.4	0.4	0.2	0.3	0.4	0.4	0.7	0.3	0.4	0.5
Midwest	0.4	0.3	0.2	0.5	0.4	0.3	0.6	0.4	0.4	0.3
South	0.3	0.4	0.2	0.3	0.3	0.4	0.7	0.6	0.3	0.3
West	0.5	0.5	0.4	0.2	0.5	0.5	0.3 <sup>a</sup>	0.7	0.6	0.5
<b>COUNTY TYPE</b>										
Large Metro	0.4	0.4	0.3	0.3	0.4	0.4	0.6	0.6	0.4	0.4
Small Metro	0.3	0.4	0.2	0.4	0.3	0.4	0.5	0.5	0.3	0.4
Nonmetro	0.5	0.2	0.2	0.2	0.5	0.2	0.9	0.4	0.4	0.2
Urbanized	0.6	0.3	0.3	0.3	0.6	0.3	0.9	0.6	0.6	0.2
Less Urbanized	0.4	0.2	0.2	0.2	0.4	0.2	0.9	0.3	0.3	0.2
Completely Rural	0.5	0.2	*	*	0.6	0.2	*	0.0	0.6	0.2
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	0.3 <sup>a</sup>	0.5	0.2	0.4	0.3	0.6	0.5	0.4	0.2 <sup>a</sup>	0.6
100-199%	0.3	0.4	0.1 <sup>a</sup>	0.3	0.3	0.4	0.5	0.5	0.3	0.3
200% or More	0.4	0.4	0.3	0.3	0.5	0.4	0.7	0.6	0.4	0.4
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	0.4	0.4	0.3	0.3	0.4	0.4	0.6	0.6	0.4	0.3
Medicaid/CHIP	0.4	0.5	0.2	0.3	0.4	0.6	0.5	0.5	0.4	0.6
Other <sup>3</sup>	0.4	0.3	0.4	0.3	0.4	0.3	0.7	0.9	0.3	0.3
No Coverage	0.3	0.4	*	0.4	0.3	0.4	0.7	0.4	0.3	0.4

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.90A Misuse of Sedatives in Past Month among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	243	304	9	29	234	275	43	44	191	231
<b>GEOGRAPHIC REGION</b>										
Northeast	41	74	1	2	41	72	8	4	32	69
Midwest	58	48	2	11	56	38	9	6	46	32
South	92	92	*	15	91	76	20	22	72	54
West	52	90	5	1	46	89	6	12	41	77
<b>COUNTY TYPE</b>										
Large Metro	118	205	2	11	116	194	22	32	94	163
Small Metro	63	84	4	18	59	66	12	12	47	54
Nonmetro	62	15	3	*	59	15	9	1	50	14
Urbanized	37	10	0	*	37	10	2	1	35	10
Less Urbanized	23	5	3	*	20	5	7	*	13	5
Completely Rural	2	*	*	*	2	*	*	*	2	*
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	36	55	2	2	33	53	5	1	28	53
100-199%	40	48	*	6	40	43	14	12	25	31
200% or More	168	199	6	21	161	178	23	31	138	148
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	154	159	6	22	147	138	24	31	123	107
Medicaid/CHIP	42	68	5	7	37	61	7	11	30	51
Other <sup>3</sup>	79	93	2	*	77	93	3	8	74	86
No Coverage	24	23	*	*	24	23	11	*	12	23

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.90B Misuse of Sedatives in Past Month among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1	0.1
<b>GEOGRAPHIC REGION</b>										
Northeast	0.1	0.2	0.0	0.0	0.1	0.2	0.1	0.1	0.1	0.2
Midwest	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.1	0.1	0.1
South	0.1	0.1	*	0.2	0.1	0.1	0.2	0.2	0.1	0.1
West	0.1	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.1	0.1
<b>COUNTY TYPE</b>										
Large Metro	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.2	0.1	0.1
Small Metro	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.1	0.1	0.1
Nonmetro	0.2	0.0	0.1	*	0.2	0.0	0.2	0.0	0.2	0.0
Urbanized	0.2	0.1	0.0	*	0.2	0.1	0.1	0.0	0.2	0.1
Less Urbanized	0.1	0.0	0.2	*	0.1	0.0	0.3	*	0.1	0.0
Completely Rural	0.1	*	*	*	0.1	*	*	*	0.1	*
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	0.1	0.1	0.0	0.0	0.1	0.2	0.1	0.0	0.1	0.2
100-199%	0.1	0.1	*	0.1	0.1	0.1	0.2	0.2	0.1	0.1
200% or More	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.2	0.1	0.1
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	0.1	0.1	0.0	0.2	0.1	0.1	0.1	0.2	0.1	0.1
Medicaid/CHIP	0.1	0.2	0.1	0.1	0.1	0.2	0.1	0.2	0.1	0.2
Other <sup>3</sup>	0.1	0.1	0.2	*	0.1	0.1	0.1	0.3	0.1	0.1
No Coverage	0.1	0.1	*	*	0.1	0.1	0.2	*	0.1	0.1

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.