

Table 10.16A Type of Mental Health Service Received in Past Year among Persons Aged 18 or Older, by Age Group: Numbers in Thousands, 2002-2019

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
ANY MENTAL HEALTH SERVICES¹	27,215 ^a	27,939 ^a	27,502 ^a	28,166 ^a	28,405 ^a	29,556 ^a	30,201 ^a	30,341 ^a	31,490 ^a	31,642 ^a	34,122 ^a	34,644 ^a	35,498 ^a	34,243 ^a	34,982 ^a	36,416 ^a	37,101 ^a	40,154
Inpatient	1,472 ^a	1,792 ^a	1,917 ^a	2,129	1,596 ^a	2,145	1,970	1,900 ^a	1,752 ^a	1,779 ^a	1,872 ^a	2,174	2,411	2,199	2,270	2,357	2,366	2,371
18-25	294 ^a	324 ^a	388 ^a	344 ^a	345 ^a	360 ^a	364 ^a	359 ^a	348 ^a	361 ^a	397 ^a	451 ^a	418 ^a	483	516	509	545	567
26 or Older	1,179 ^a	1,468	1,529	1,785	1,251 ^a	1,784	1,606	1,541	1,404	1,419	1,476	1,723	1,993	1,715	1,754	1,847	1,822	1,804
26-49	811	884	801	930	781	1,125	758	970	749	766	675 ^a	988	951	867	967	933	1,021	955
50 or Older	367 ^a	584	728	855	470 ^a	659	848	571	655	653	801	735	1,042	848	786	914	801	850
Outpatient ^{1,2}	15,487 ^a	15,065 ^a	15,226 ^a	14,856 ^a	14,712 ^a	15,433 ^a	15,327 ^a	14,394 ^a	15,144 ^a	15,473 ^a	15,468 ^a	15,640 ^a	16,082 ^a	17,069 ^a	16,875 ^a	18,517 ^a	19,461	20,561
18-25	2,077 ^a	2,096 ^a	1,976 ^a	2,070 ^a	1,912 ^a	1,837 ^a	1,948 ^a	2,039 ^a	1,946 ^a	2,126 ^a	2,239 ^a	2,172 ^a	2,204 ^a	2,280 ^a	2,519 ^a	3,052 ^a	3,131 ^a	3,456
26 or Older	13,410 ^a	12,969 ^a	13,250 ^a	12,785 ^a	12,801 ^a	13,596 ^a	13,380 ^a	12,355 ^a	13,198 ^a	13,347 ^a	13,229 ^a	13,469 ^a	13,878 ^a	14,789 ^a	14,356 ^a	15,466 ^a	16,330	17,105
26-49	8,931 ^a	8,696 ^a	8,632 ^a	7,766 ^a	7,581 ^a	7,975 ^a	7,880 ^a	7,378 ^a	7,699 ^a	7,640 ^a	7,411 ^a	7,229 ^a	7,368 ^a	7,805 ^a	7,990 ^a	8,456 ^a	8,805 ^a	9,893
50 or Older	4,479 ^a	4,274 ^a	4,619 ^a	5,019 ^a	5,220 ^a	5,620 ^a	5,500 ^a	4,977 ^a	5,499 ^a	5,707 ^a	5,818 ^a	6,239	6,510	6,984	6,366	7,009	7,526	7,213
Prescription Medication	22,005 ^a	23,253 ^a	22,638 ^a	23,305 ^a	23,967 ^a	24,864 ^a	25,598 ^a	25,719 ^a	26,671 ^a	26,777 ^a	29,027 ^a	29,530 ^a	30,082 ^a	28,455 ^a	29,350 ^a	29,757 ^a	30,115 ^a	32,629
18-25	2,316 ^a	2,621 ^a	2,594 ^a	2,680 ^a	2,612 ^a	2,602 ^a	2,676 ^a	2,857 ^a	2,838 ^a	3,005 ^a	3,109 ^a	3,270 ^a	3,075 ^a	2,999 ^a	3,330 ^a	3,780 ^a	3,769 ^a	4,165
26 or Older	19,689 ^a	20,632 ^a	20,044 ^a	20,625 ^a	21,354 ^a	22,262 ^a	22,923 ^a	22,862 ^a	23,833 ^a	23,772 ^a	25,918 ^a	26,260 ^a	27,007 ^a	25,456 ^a	26,020 ^a	25,977 ^a	26,346 ^a	28,464
26-49	11,384 ^a	11,837 ^a	11,671 ^a	11,423 ^a	11,741 ^a	11,777 ^a	11,701 ^a	12,204 ^a	12,269 ^a	12,006 ^a	12,669 ^a	12,767 ^a	12,557 ^a	12,398 ^a	12,460 ^a	12,736 ^a	12,990 ^a	14,388
50 or Older	8,304 ^a	8,795 ^a	8,373 ^a	9,202 ^a	9,613 ^a	10,484 ^a	11,222 ^a	10,658 ^a	11,564 ^a	11,767 ^a	13,249	13,494	14,450	13,058	13,560	13,241	13,356	14,076

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

² Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019.

Table 10.16B Type of Mental Health Service Received in Past Year among Persons Aged 18 or Older, by Age Group: Percentages, 2002-2019

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
ANY MENTAL HEALTH SERVICES¹	13.0 ^a	13.2 ^a	12.8 ^a	13.0 ^a	12.9 ^a	13.3 ^a	13.5 ^a	13.4 ^a	13.8 ^a	13.6 ^a	14.5 ^a	14.6 ^a	14.8 ^a	14.2 ^a	14.4 ^a	14.8 ^a	15.0 ^a	16.1
Inpatient	0.7 ^a	0.8	0.9	1.0	0.7 ^a	1.0	0.9	0.8	0.8 ^a	0.8 ^a	0.8	0.9	1.0	0.9	0.9	1.0	1.0	1.0
18-25	0.9 ^a	1.0 ^a	1.2 ^a	1.1 ^a	1.0 ^a	1.1 ^a	1.1 ^a	1.3 ^a	1.2 ^a	1.4	1.5	1.5	1.6	1.7				
26 or Older	0.7	0.8	0.8	1.0	0.7	0.9	0.8	0.8	0.7	0.7	0.7	0.9	1.0	0.8	0.8	0.9	0.9	0.8
26-49	0.8	0.9	0.8	0.9	0.8	1.1	0.8	1.0	0.8	0.8	0.7 ^a	1.0	1.0	0.9	1.0	0.9	1.0	0.9
50 or Older	0.5	0.7	0.9	1.0	0.5	0.7	0.9	0.6	0.7	0.7	0.8	0.7	1.0	0.8	0.7	0.8	0.7	0.7
Outpatient ^{1,2}	7.4 ^a	7.1 ^a	7.1 ^a	6.8 ^a	6.7 ^a	7.0 ^a	6.8 ^a	6.4 ^a	6.6 ^a	6.7 ^a	6.6 ^a	6.6 ^a	6.7 ^a	7.1 ^a	6.9 ^a	7.5 ^a	7.9	8.3
18-25	6.7 ^a	6.6 ^a	6.2 ^a	6.4 ^a	5.9 ^a	5.6 ^a	5.9 ^a	6.1 ^a	5.7 ^a	6.2 ^a	6.5 ^a	6.3 ^a	6.4 ^a	6.6 ^a	7.3 ^a	9.0 ^a	9.3 ^a	10.3
26 or Older	7.5	7.2 ^a	7.3 ^a	6.9 ^a	6.8 ^a	7.2 ^a	7.0 ^a	6.4 ^a	6.8 ^a	6.7 ^a	6.6 ^a	6.7 ^a	6.8 ^a	7.1 ^a	6.9 ^a	7.3 ^a	7.6	7.9
26-49	8.9 ^a	8.7 ^a	8.6 ^a	7.8 ^a	7.6 ^a	8.0 ^a	7.9 ^a	7.5 ^a	7.8 ^a	7.8 ^a	7.6 ^a	7.4 ^a	7.5 ^a	7.9 ^a	8.1 ^a	8.5 ^a	8.8 ^a	9.8
50 or Older	5.7	5.3 ^a	5.6	5.9	6.0	6.3	6.0	5.3 ^a	5.7	5.7	5.7	6.0	6.1	6.4	5.8	6.3	6.6	6.3
Prescription Medication	10.5 ^a	10.9 ^a	10.5 ^a	10.7 ^a	10.9 ^a	11.2 ^a	11.4 ^a	11.3 ^a	11.7 ^a	11.5 ^a	12.4 ^a	12.5	12.6	11.8 ^a	12.0 ^a	12.1 ^a	12.2 ^a	13.1
18-25	7.5 ^a	8.3 ^a	8.1 ^a	8.3 ^a	8.0 ^a	8.0 ^a	8.1 ^a	8.5 ^a	8.4 ^a	8.8 ^a	9.0 ^a	9.4 ^a	8.8 ^a	8.6 ^a	9.7 ^a	11.1 ^a	11.1 ^a	12.4
26 or Older	11.0 ^a	11.4 ^a	11.0 ^a	11.1 ^a	11.4 ^a	11.7 ^a	12.0 ^a	11.8 ^a	12.2 ^a	12.0 ^a	12.9	13.0	13.2	12.3 ^a	12.4 ^a	12.3 ^a	12.3 ^a	13.2
26-49	11.4 ^a	11.9 ^a	11.7 ^a	11.4 ^a	11.7 ^a	11.8 ^a	11.7 ^a	12.3 ^a	12.5 ^a	12.3 ^a	13.0 ^a	13.1 ^a	12.8 ^a	12.6 ^a	12.6 ^a	12.7 ^a	12.9 ^a	14.3
50 or Older	10.5 ^a	10.9 ^a	10.1 ^a	10.8 ^a	11.0 ^a	11.7	12.2	11.3	12.0	11.8	12.9	12.9	13.5 ^a	12.0	12.3	11.8	11.8	12.3

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