

**Table 6.33C Perceived Recovery from a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2018)	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2018)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)
<b>TOTAL</b>	468	466	549	545
<b>AGE GROUP</b>				
18-25	74	75	130	136
26 or Older	467	456	533	521
26-49	236	244	290	313
50 or Older	397	374	418	420
<b>GENDER</b>				
Male	369	378	321	345
Female	271	263	403	398
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	440	438	517	501
White	440	449	537	539
Black or African American	133	132	134	143
AIAN	29	29	29	39
NHOPI	*	18	30	19
Asian	56	67	114	113
Two or More Races	44	66	70	74
Hispanic or Latino	151	163	162	208
<b>EDUCATION</b>				
< High School	159	158	159	168
High School Graduate	232	228	217	202
Some College/Associate's Degree	265	279	282	320
College Graduate	283	279	432	424
<b>CURRENT EMPLOYMENT</b>				
Full-Time	343	326	377	402
Part-Time	156	176	212	236
Unemployed	79	113	102	104
Other <sup>3</sup>	293	300	335	351

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 6.33D Perceived Recovery from a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Standard Errors of Percentages, 2018 and 2019**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2018)	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2018)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)
<b>TOTAL</b>	0.19	0.19	0.22	0.22
<b>AGE GROUP</b>				
18-25	0.22	0.22	0.39	0.41
26 or Older	0.22	0.21	0.25	0.24
26-49	0.24	0.24	0.29	0.31
50 or Older	0.35	0.33	0.37	0.37
<b>GENDER</b>				
Male	0.31	0.32	0.27	0.29
Female	0.21	0.20	0.32	0.31
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.21	0.21	0.25	0.24
White	0.26	0.25	0.31	0.29
Black or African American	0.44	0.42	0.44	0.45
AIAN	1.92	2.07	2.10	2.70
NHOPI	*	1.79	3.15	1.96
Asian	0.41	0.46	0.79	0.75
Two or More Races	1.01	1.39	1.51	1.53
Hispanic or Latino	0.38	0.40	0.40	0.51
<b>EDUCATION</b>				
< High School	0.50	0.51	0.50	0.54
High School Graduate	0.36	0.36	0.34	0.32
Some College/Associate's Degree	0.33	0.35	0.34	0.38
College Graduate	0.33	0.32	0.47	0.44
<b>CURRENT EMPLOYMENT</b>				
Full-Time	0.26	0.25	0.28	0.29
Part-Time	0.46	0.52	0.62	0.65
Unemployed	0.76	1.05	0.99	0.96
Other <sup>3</sup>	0.34	0.33	0.38	0.39

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 6.33P Perceived Recovery from a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: P Values from Tests of Differences of Percentages, 2019 Versus 2018**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2018)	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2018)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)
<b>TOTAL</b>	0.1589		0.0001	
<b>AGE GROUP</b>				
18-25	0.2849		0.0000	
26 or Older	0.2266		0.0059	
26-49	0.0739		0.0000	
50 or Older	0.7627		0.8912	
<b>GENDER</b>				
Male	0.3487		0.0011	
Female	0.2758		0.0075	
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.1875		0.0010	
White	0.2105		0.0131	
Black or African American	0.9517		0.0148	
AIAN	0.8340		0.3462	
NHOPI	*		0.5506	
Asian	0.6714		0.8894	
Two or More Races	0.0040		0.0060	
Hispanic or Latino	0.5948		0.0073	
<b>EDUCATION</b>				
< High School	0.9262		0.0177	
High School Graduate	0.8360		0.1900	
Some College/Associate's Degree	0.0812		0.0003	
College Graduate	0.3674		0.3143	
<b>CURRENT EMPLOYMENT</b>				
Full-Time	0.6330		0.0004	
Part-Time	0.0616		0.2064	
Unemployed	0.0142		0.0791	
Other <sup>3</sup>	0.9236		0.2057	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 6.34C Perceived Recovery from a Substance Use Problem among Persons Aged 18 or Older Who Perceived Ever Having a Substance Use Problem and Perceived Recovery from a Mental Health Issue among Persons Aged 18 or Older Who Perceived Ever Having a Mental Health Issue, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2018)	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2018)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)
<b>TOTAL</b>	501	505	597	618
<b>AGE GROUP</b>				
18-25	78	82	156	181
26 or Older	497	498	568	582
26-49	255	264	325	360
50 or Older	422	407	440	459
<b>GENDER</b>				
Male	392	402	338	374
Female	284	282	439	450
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	476	480	571	570
White	440	449	537	539
Black or African American	133	132	134	143
AIAN	*	*	*	*
NHOPI	*	*	*	*
Asian	*	*	114	113
Two or More Races	*	66	70	74
Hispanic or Latino	155	165	168	224
<b>EDUCATION</b>				
< High School	159	158	159	168
High School Graduate	232	228	217	202
Some College/Associate's Degree	265	279	282	320
College Graduate	283	279	432	424
<b>CURRENT EMPLOYMENT</b>				
Full-Time	343	326	377	402
Part-Time	156	176	212	236
Unemployed	79	113	102	104
Other <sup>3</sup>	293	300	335	351

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 6.34D Perceived Recovery from a Substance Use Problem among Persons Aged 18 or Older Who Perceived Ever Having a Substance Use Problem and Perceived Recovery from a Mental Health Issue among Persons Aged 18 or Older Who Perceived Ever Having a Mental Health Issue, by Demographic Characteristics: Standard Errors of Percentages, 2018 and 2019**

<b>Demographic Characteristic</b>	<b>In Recovery from a Substance Use Problem<sup>1</sup> (2018)</b>	<b>In Recovery from a Substance Use Problem<sup>1</sup> (2019)</b>	<b>In Recovery from a Mental Health Issue<sup>2</sup> (2018)</b>	<b>In Recovery from a Mental Health Issue<sup>2</sup> (2019)</b>
<b>TOTAL</b>	0.87	0.81	0.64	0.61
<b>AGE GROUP</b>				
18-25	1.77	1.65	0.87	0.87
26 or Older	0.93	0.87	0.79	0.75
26-49	1.03	1.02	0.85	0.78
50 or Older	1.55	1.44	1.38	1.37
<b>GENDER</b>				
Male	1.13	1.00	1.02	0.96
Female	1.31	1.35	0.77	0.77
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.92	0.84	0.67	0.64
White	0.96	0.87	0.74	0.70
Black or African American	3.41	3.18	2.53	2.23
AIAN	*	*	*	*
NHOPI	*	*	*	*
Asian	*	*	2.89	3.32
Two or More Races	*	5.06	3.49	3.09
Hispanic or Latino	2.38	2.49	1.98	1.88
<b>EDUCATION</b>				
< High School	2.61	2.83	2.68	2.28
High School Graduate	1.70	1.63	1.48	1.40
Some College/Associate's Degree	1.26	1.24	0.99	0.96
College Graduate	1.66	1.55	0.95	0.98
<b>CURRENT EMPLOYMENT</b>				
Full-Time	1.16	1.14	0.86	0.77
Part-Time	2.65	2.13	1.31	1.39
Unemployed	4.10	3.24	2.91	2.62
Other <sup>3</sup>	1.55	1.59	1.34	1.26

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 6.34P Perceived Recovery from a Substance Use Problem among Persons Aged 18 or Older Who Perceived Ever Having a Substance Use Problem and Perceived Recovery from a Mental Health Issue among Persons Aged 18 or Older Who Perceived Ever Having a Mental Health Issue, by Demographic Characteristics: P Values from Tests of Differences of Percentages, 2019 Versus 2018**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2018)	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2018)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)
<b>TOTAL</b>	0.3825		0.6305	
<b>AGE GROUP</b>				
18-25	0.9648		0.7011	
26 or Older	0.3721		0.7709	
26-49	0.0945		0.2570	
50 or Older	0.9495		0.2411	
<b>GENDER</b>				
Male	0.1837		0.1585	
Female	0.7682		0.0704	
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.3810		0.5198	
White	0.5105		0.9743	
Black or African American	0.1771		0.2606	
AIAN	*		*	
NHOPI	*		*	
Asian	*		0.5815	
Two or More Races	*		0.8348	
Hispanic or Latino	0.8349		0.6526	
<b>EDUCATION</b>				
< High School	0.7796		0.5351	
High School Graduate	0.4475		0.3199	
Some College/Associate's Degree	0.1243		0.4227	
College Graduate	0.7055		0.2539	
<b>CURRENT EMPLOYMENT</b>				
Full-Time	0.4196		0.8603	
Part-Time	0.4512		0.1250	
Unemployed	0.0163		0.9120	
Other <sup>3</sup>	0.3862		0.7925	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.