

Table 8.23A Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2018 and 2019

Location of Mental Health Services ¹	Total (2018)	Total (2019)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness ²	
			(2018)	(2019)	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)
Outpatient Mental Health Clinic or Center	4,517 ^a	5,162	3,479 ^a	3,990	1,825	2,033	1,655	1,958	1,037	1,172
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	12,356	12,429	7,605	8,240	2,932 ^a	3,398	4,672	4,843	4,751	4,188
Doctor's Office - Not Part of a Clinic	2,834	3,136	2,062	2,162	880	830	1,182	1,332	772	974
Outpatient Medical Clinic	1,261	1,181	858	857	376	422	481	434	403	324
Partial Day Hospital or Day Treatment Program	285	346	263	321	184	183	79	138	21	25
School or University Setting/Clinic/Center ³	149	151	100	103	43	35	57	68	49	48
Some Other Place ⁴	467	534	286	312	139	180	147	132	181	223

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.23B Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Percentages, 2018 and 2019

Location of Mental Health Services ¹	Total (2018)	Total (2019)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness ²	
			(2018)	(2019)	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)
Outpatient Mental Health Clinic or Center	23.3	25.3	28.2	29.0	36.8	35.3	22.4	24.4	14.8	17.6
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	63.8	60.8	61.6	59.8	59.1	59.1	63.2	60.4	67.7	62.8
Doctor's Office - Not Part of a Clinic	14.6	15.3	16.7	15.7	17.8	14.4	16.0	16.6	11.0	14.6
Outpatient Medical Clinic	6.5	5.8	6.9	6.2	7.6	7.3	6.5	5.4	5.7	4.9
Partial Day Hospital or Day Treatment Program	1.5	1.7	2.1	2.3	3.7	3.2	1.1	1.7	0.3	0.4
School or University Setting/Clinic/Center ³	0.8	0.7	0.8	0.8	0.9	0.6	0.8	0.9	0.7	0.7
Some Other Place ⁴	2.4	2.6	2.3	2.3	2.8	3.2	2.0	1.7	2.6	3.4

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.25A Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2018 and 2019

Location of Mental Health Services ¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Outpatient Mental Health Clinic or Center	4,517 ^a	5,162	882	911	3,635 ^a	4,251	2,103	2,395	1,531	1,856
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	12,356	12,429	2,062	2,243	10,294	10,185	5,488 ^a	6,238	4,806 ^a	3,947
Doctor's Office - Not Part of a Clinic	2,834	3,136	307	404	2,527	2,733	1,279	1,490	1,248	1,243
Outpatient Medical Clinic	1,261	1,181	163	212	1,098	969	632	583	466	385
Partial Day Hospital or Day Treatment Program	285	346	111	80	174	266	141	159	33	107
School or University Setting/Clinic/Center ²	149	151	123	114	26	37	26	37	*	*
Some Other Place ³	467	534	64	55	403	480	174	154	229	326

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.25B Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Percentages, 2018 and 2019

Location of Mental Health Services ¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Outpatient Mental Health Clinic or Center	23.3	25.3	28.3	26.6	22.4	25.0	24.0	24.3	20.5	25.9
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	63.8	60.8	66.3	65.5	63.3	59.9	62.6	63.4	64.3 ^a	55.0
Doctor's Office - Not Part of a Clinic	14.6	15.3	9.9	11.8	15.6	16.1	14.6	15.1	16.7	17.3
Outpatient Medical Clinic	6.5	5.8	5.2	6.2	6.8	5.7	7.2	5.9	6.2	5.4
Partial Day Hospital or Day Treatment Program	1.5	1.7	3.6	2.3	1.1	1.6	1.6	1.6	0.4	1.5
School or University Setting/Clinic/Center ²	0.8	0.7	4.0	3.4	0.2	0.2	0.3	0.4	*	*
Some Other Place ³	2.4	2.6	2.1	1.6	2.5	2.8	2.0	1.6	3.1	4.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.