

Table 8.26C Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2018 and 2019

| Source of Payment ¹ | Aged 18+ (2018) | Aged 18+ (2019) | Aged 18-25 (2018) | Aged 18-25 (2019) | Aged 26+ (2018) | Aged 26+ (2019) | Aged 26-49 (2018) | Aged 26-49 (2019) | Aged 50+ (2018) | Aged 50+ (2019) |
|---|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|
| Self or Family Member Living in Household | 281 | 281 | 72 | 73 | 265 | 267 | 154 | 169 | 208 | 196 |
| Family Member Not Living in Household | 65 | 71 | 38 | 38 | 47 | 59 | 40 | 45 | 24 | 38 |
| Private Health Insurance | 294 | 299 | 67 | 66 | 285 | 291 | 159 | 164 | 226 | 236 |
| Medicare | 181 | 202 | 27 | 24 | 178 | 200 | 65 | 79 | 165 | 183 |
| Medicaid | 145 | 150 | 30 | 27 | 140 | 147 | 87 | 92 | 105 | 113 |
| Rehabilitation Program | 11 | 12 | 6 | 4 | 9 | 11 | 9 | 9 | * | 7 |
| Employer | 116 | 113 | 19 | 16 | 113 | 112 | 66 | 73 | 90 | 83 |
| VA or Other Military Program | 104 | 106 | 10 | 11 | 104 | 105 | 47 | 52 | 95 | 91 |
| Other Public Source | 68 | 69 | 16 | 18 | 65 | 66 | 39 | 50 | 53 | 43 |
| Other Private Source | 48 | 41 | 14 | 13 | 46 | 38 | 29 | 26 | 35 | 29 |
| Free Treatment | 76 | 91 | 37 | 44 | 66 | 80 | 48 | 53 | 48 | 60 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.26D Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Percentages, 2018 and 2019

| Source of Payment ¹ | Aged 18+ (2018) | Aged 18+ (2019) | Aged 18-25 (2018) | Aged 18-25 (2019) | Aged 26+ (2018) | Aged 26+ (2019) | Aged 26-49 (2018) | Aged 26-49 (2019) | Aged 50+ (2018) | Aged 50+ (2019) |
|---|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|
| Self or Family Member Living in Household | 1.06 | 1.05 | 1.74 | 1.56 | 1.22 | 1.20 | 1.28 | 1.23 | 2.19 | 2.24 |
| Family Member Not Living in Household | 0.33 | 0.34 | 1.11 | 1.07 | 0.29 | 0.35 | 0.46 | 0.46 | 0.32 | 0.53 |
| Private Health Insurance | 1.15 | 1.09 | 1.65 | 1.55 | 1.33 | 1.26 | 1.36 | 1.24 | 2.33 | 2.46 |
| Medicare | 0.86 | 0.86 | 0.86 | 0.72 | 1.00 | 1.01 | 0.71 | 0.76 | 1.93 | 2.07 |
| Medicaid | 0.70 | 0.73 | 0.95 | 0.82 | 0.81 | 0.86 | 0.93 | 0.89 | 1.33 | 1.54 |
| Rehabilitation Program | 0.06 | 0.06 | 0.19 | 0.12 | 0.06 | 0.07 | 0.11 | 0.09 | * | 0.09 |
| Employer | 0.57 | 0.53 | 0.59 | 0.46 | 0.66 | 0.63 | 0.72 | 0.70 | 1.15 | 1.12 |
| VA or Other Military Program | 0.52 | 0.51 | 0.31 | 0.33 | 0.62 | 0.61 | 0.53 | 0.53 | 1.22 | 1.23 |
| Other Public Source | 0.35 | 0.33 | 0.49 | 0.53 | 0.40 | 0.38 | 0.44 | 0.50 | 0.70 | 0.60 |
| Other Private Source | 0.25 | 0.20 | 0.44 | 0.39 | 0.28 | 0.23 | 0.33 | 0.26 | 0.47 | 0.40 |
| Free Treatment | 0.39 | 0.42 | 1.12 | 1.16 | 0.40 | 0.45 | 0.53 | 0.52 | 0.64 | 0.81 |

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NOTE: Respondents with unknown mental health services information were excluded.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.26P Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

| Source of Payment ¹ | Aged 18+ (2018) | Aged 18+ (2019) | Aged 18-25 (2018) | Aged 18-25 (2019) | Aged 26+ (2018) | Aged 26+ (2019) | Aged 26-49 (2018) | Aged 26-49 (2019) | Aged 50+ (2018) | Aged 50+ (2019) |
|---|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|
| Self or Family Member Living in Household | 0.6142 | | 0.9147 | | 0.6018 | | 0.9179 | | 0.3387 | |
| Family Member Not Living in Household | 0.7575 | | 0.4094 | | 0.4024 | | 0.9520 | | 0.2314 | |
| Private Health Insurance | 0.0892 | | 0.5145 | | 0.1184 | | 0.1402 | | 0.3408 | |
| Medicare | 0.2689 | | 0.9584 | | 0.2407 | | 0.2447 | | 0.1742 | |
| Medicaid | 0.4348 | | 0.2134 | | 0.2883 | | 0.5082 | | 0.4784 | |
| Rehabilitation Program | 0.9113 | | 0.5772 | | 0.8848 | | 0.6708 | | * | |
| Employer | 0.9495 | | 0.2742 | | 0.9008 | | 0.3282 | | 0.4926 | |
| VA or Other Military Program | 0.2097 | | 0.7854 | | 0.2072 | | 0.4570 | | 0.3916 | |
| Other Public Source | 0.5575 | | 0.0466 | | 0.9052 | | 0.3174 | | 0.4200 | |
| Other Private Source | 0.2886 | | 0.5893 | | 0.1952 | | 0.2525 | | 0.4549 | |
| Free Treatment | 0.0545 | | 0.1651 | | 0.1607 | | 0.4545 | | 0.2942 | |

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¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.