

Table 8.36A Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	17,720 ^a	19,357	6,272 ^a	7,125	11,447	12,233
18-25	4,609 ^a	5,045	1,665	1,841	2,943 ^a	3,204
18-20	1,818	2,050	631	736	1,187	1,314
21-25	2,790	2,995	1,034	1,105	1,756	1,890
26 or Older	13,111 ^a	14,312	4,607 ^a	5,284	8,504	9,028
26-49	7,990 ^a	8,914	2,956	3,271	5,034 ^a	5,643
26-29	1,996	2,088	797	852	1,199	1,236
30-34	1,911 ^a	2,259	696	845	1,215	1,414
35-39	1,467	1,705	565	487	902 ^a	1,218
40-44	1,319	1,455	483	532	836	922
45-49	1,295	1,407	415	555	881	852
50 or Older	5,121	5,399	1,651	2,013	3,470	3,386
50-54	1,382	1,364	530	562	852	801
55-59	1,281	1,270	437	452	843	818
60-64	971	1,056	262	307	709	749
65 or Older	1,488	1,709	422	693	1,066	1,017

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.36B Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	7.2 ^a	7.8	5.3 ^a	6.0	9.0	9.6
18-25	13.8 ^a	15.2	9.9	11.1	17.6 ^a	19.4
18-20	14.2 ^a	15.8	9.3	11.1	19.6	20.8
21-25	13.5 ^a	14.8	10.3	11.1	16.5 ^a	18.5
26 or Older	6.2 ^a	6.7	4.5 ^a	5.1	7.7	8.1
26-49	8.0 ^a	8.9	6.0	6.6	10.0 ^a	11.1
26-29	11.4	11.7	9.1	9.5	13.7	14.0
30-34	8.7 ^a	10.2	6.4	7.8	10.9	12.6
35-39	6.8	8.0	5.4	4.7	8.2 ^a	11.1
40-44	6.8	7.6	5.0	5.7	8.6	9.5
45-49	6.7	7.0	4.4	5.5	8.9	8.5
50 or Older	4.5	4.7	3.1	3.8	5.8	5.6
50-54	6.8	6.7	5.3	5.6	8.1	7.8
55-59	5.9	6.1	4.4	4.5	7.3	7.5
60-64	4.8	5.2	2.6	3.2	7.1	6.9
65 or Older	2.9	3.3	1.9	3.0	3.8	3.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.37A Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	11,489 ^a	13,112	4,013 ^a	4,646	7,476 ^a	8,466
18-25	2,968 ^a	3,407	1,087	1,236	1,881 ^a	2,170
18-20	1,183	1,341	417	482	766	859
21-25	1,785 ^a	2,065	670	754	1,115 ^a	1,311
26 or Older	8,520 ^a	9,705	2,926	3,409	5,595 ^a	6,296
26-49	5,284 ^a	6,101	1,980	2,169	3,304 ^a	3,932
26-29	1,326	1,427	530	558	796	869
30-34	1,259	1,468	480	511	778	957
35-39	973	1,192	366	331	606 ^a	860
40-44	895	1,039	345	401	550	638
45-49	831	976	258	367	573	609
50 or Older	3,236	3,604	946	1,240	2,291	2,364
50-54	976	887	287	341	689	546
55-59	852	886	311	314	541	572
60-64	588	737	128	174	460	563
65 or Older	820	1,094	220	411	601	684

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.37B Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	4.7 ^a	5.3	3.4 ^a	3.9	5.9 ^a	6.6
18-25	8.9 ^a	10.3	6.5 ^a	7.4	11.3 ^a	13.1
18-20	9.2	10.3	6.2	7.2	12.6	13.6
21-25	8.6 ^a	10.2	6.7	7.6	10.5 ^a	12.8
26 or Older	4.0 ^a	4.5	2.9	3.3	5.1	5.7
26-49	5.3 ^a	6.1	4.0	4.4	6.5 ^a	7.8
26-29	7.6	8.0	6.0	6.2	9.1	9.9
30-34	5.7	6.7	4.4	4.7	7.0	8.5
35-39	4.5 ^a	5.6	3.5	3.2	5.5 ^a	7.9
40-44	4.6	5.5	3.6	4.3	5.7	6.6
45-49	4.3	4.9	2.8	3.7	5.8	6.0
50 or Older	2.9	3.2	1.8	2.3	3.8	3.9
50-54	4.8	4.4	2.9	3.4	6.6	5.3
55-59	4.0	4.2	3.1	3.1	4.7	5.3
60-64	2.9	3.6	1.3	1.8	4.6	5.2
65 or Older	1.6	2.1	1.0	1.8	2.2	2.4

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.