

**Table 8.40C Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic/ Health Characteristic	Had MDE		Had MDE with Severe Impairment <sup>1</sup>		Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup>		Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup>	
	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)
<b>TOTAL</b>	379	385	311	331	333	342	285	298
<b>GEOGRAPHIC REGION</b>								
Northeast	150	164	125	132	138	145	111	117
Midwest	173	158	146	139	156	145	136	127
South	223	229	178	198	195	198	164	168
West	210	210	162	177	180	183	145	162
<b>COUNTY TYPE</b>								
Large Metro	318	332	240	272	257	279	202	241
Small Metro	233	225	188	179	199	188	168	160
Nonmetro	148	147	129	115	123	109	111	89
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	169	167	144	139	144	128	127	116
100-199%	174	205	131	173	146	174	118	147
200% or More	312	313	242	257	257	270	209	232
<b>EDUCATION</b>								
< High School	131	130	113	116	117	111	103	104
High School Graduate	186	187	151	150	149	147	131	126
Some College/Associate's Degree	234	256	199	221	201	212	175	188
College Graduate	220	229	157	178	186	197	132	165
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	322	320	244	250	266	268	210	224
Medicaid/CHIP	179	210	150	180	160	180	142	163
Other <sup>5</sup>	200	228	170	189	184	199	155	169
No Coverage	126	116	88	94	82	74	64	67
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	116	117	80	93	96	95	65	79
Very Good	220	225	170	172	173	180	135	150
Good	222	227	178	186	186	190	156	167
Fair/Poor	208	218	185	193	186	193	170	173

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.40D Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Standard Errors of Percentages, 2018 and 2019**

Geographic/Socioeconomic/ Health Characteristic	Had MDE		Had MDE with Severe Impairment <sup>1</sup>		Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup>		Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup>	
	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)	(2018)	(2019)
<b>TOTAL</b>	0.15	0.16	0.13	0.13	0.96	0.94	1.18	1.07
<b>GEOGRAPHIC REGION</b>								
Northeast	0.35	0.38	0.29	0.31	2.14	2.19	2.74	2.32
Midwest	0.34	0.31	0.28	0.27	1.90	1.81	2.08	2.11
South	0.24	0.24	0.19	0.21	1.78	1.70	1.98	1.87
West	0.36	0.36	0.28	0.30	1.99	2.00	2.75	2.17
<b>COUNTY TYPE</b>								
Large Metro	0.22	0.22	0.17	0.19	1.41	1.40	1.76	1.50
Small Metro	0.29	0.27	0.24	0.22	1.60	1.49	1.81	1.72
Nonmetro	0.36	0.37	0.33	0.30	2.38	2.27	2.85	2.80
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	0.46	0.50	0.41	0.41	2.05	1.93	2.37	2.15
100-199%	0.34	0.41	0.27	0.35	2.32	2.01	2.60	2.33
200% or More	0.18	0.18	0.14	0.15	1.21	1.27	1.55	1.45
<b>EDUCATION</b>								
< High School	0.42	0.43	0.37	0.38	3.05	3.08	3.51	3.48
High School Graduate	0.29	0.30	0.24	0.24	2.19	1.99	2.57	2.25
Some College/Associate's Degree	0.30	0.32	0.26	0.28	1.45	1.43	1.66	1.62
College Graduate	0.26	0.26	0.19	0.21	1.87	1.78	2.42	1.93
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	0.18	0.19	0.14	0.15	1.22	1.23	1.53	1.41
Medicaid/CHIP	0.48	0.57	0.40	0.48	1.84	1.71	2.20	1.77
Other <sup>5</sup>	0.30	0.32	0.25	0.27	2.05	2.37	2.40	2.54
No Coverage	0.50	0.44	0.36	0.37	2.89	2.66	3.20	3.22
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	0.22	0.23	0.15	0.18	3.01	2.76	3.90	3.43
Very Good	0.24	0.24	0.18	0.19	1.70	1.67	2.20	1.99
Good	0.30	0.30	0.24	0.25	1.80	1.55	2.16	1.77
Fair/Poor	0.58	0.60	0.53	0.54	1.85	1.88	1.89	1.94

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.40P Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: P Values from Tests of Differences of Percentages, 2019 Versus 2018**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2019)
<b>TOTAL</b>	0.0029		0.0004		0.2383		0.0202	
<b>GEOGRAPHIC REGION</b>								
Northeast	0.2215		0.1177		0.7534		0.4280	
Midwest	0.3625		0.5246		0.5044		0.5882	
South	0.0411		0.0742		0.9365		0.7076	
West	0.1315		0.0031		0.1229		0.0031	
<b>COUNTY TYPE</b>								
Large Metro	0.0148		0.0003		0.1313		0.0034	
Small Metro	0.6631		0.3822		0.7424		0.6022	
Nonmetro	0.0201		0.3710		0.6696		0.6398	
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	0.9146		0.7509		0.4031		0.1877	
100-199%	0.0005		0.0000		0.5832		0.5635	
200% or More	0.0734		0.0316		0.4433		0.0298	
<b>EDUCATION</b>								
< High School	0.8402		0.3211		0.4808		0.8803	
High School Graduate	0.2893		0.4438		0.7889		0.5391	
Some College/Associate's Degree	0.0431		0.0189		0.9665		0.5623	
College Graduate	0.0499		0.0109		0.2132		0.0026	
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	0.0187		0.0147		0.3753		0.0189	
Medicaid/CHIP	0.0114		0.0078		0.1825		0.0595	
Other <sup>5</sup>	0.2423		0.2388		0.2392		0.8267	
No Coverage	0.2281		0.4361		0.7795		0.7986	
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	0.2046		0.0633		0.6639		0.2870	
Very Good	0.2229		0.0411		0.5310		0.1461	
Good	0.0255		0.0131		0.5903		0.0628	
Fair/Poor	0.3001		0.3534		0.4365		0.5588	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

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