

Table 8.70A Serious Psychological Distress in Past Month among Persons Aged 18 or Older, by Age Group and Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic/Socioeconomic Characteristic	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
TOTAL	15,001 ^a	16,392	4,704 ^a	5,182	10,297	11,211	6,617 ^a	7,279	3,680	3,932
GENDER										
Male	6,076	6,345	1,792	1,912	4,284	4,434	2,850	2,978	1,434	1,456
Female	8,925 ^a	10,047	2,912 ^a	3,270	6,013 ^a	6,777	3,767 ^a	4,301	2,246	2,476
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	12,416 ^a	13,413	3,693 ^a	4,121	8,723	9,292	5,478	5,987	3,244	3,305
White	9,470	10,034	2,646 ^a	2,922	6,824	7,112	4,211	4,469	2,613	2,643
Black or African American	1,809 ^a	2,173	612	698	1,197	1,475	778 ^a	1,016	419	460
AIAN	132	108	29	28	103	80	58	30	*	*
NHOPI	93	70	*	*	*	53	*	*	*	*
Asian	575	578	258	263	317	315	259	221	*	94
Two or More Races	336	449	118 ^a	192	219	257	137	202	81	56
Hispanic or Latino	2,585	2,979	1,011	1,061	1,574	1,918	1,138	1,291	436	627
HEALTH INSURANCE¹										
Private	7,060	7,708	2,575 ^a	2,944	4,485	4,764	2,893	3,273	1,591	1,490
Medicaid/CHIP	4,540	5,118	1,241	1,288	3,299	3,830	2,147	2,299	1,152	1,531
Other ²	3,067	3,242	347	381	2,720	2,860	928	900	1,792	1,960
No Coverage	2,352	2,440	737	816	1,615	1,624	1,259	1,366	356	258
CURRENT EMPLOYMENT										
Full-Time	5,900	6,444	1,806 ^a	2,059	4,094	4,385	3,124 ^a	3,694	971	691
Part-Time	2,351	2,672	1,247	1,344	1,104	1,328	889	868	214 ^a	460
Unemployed	1,481	1,464	623	637	859	827	649	600	210	227
Other ³	5,269	5,813	1,028	1,142	4,240	4,671	1,955	2,117	2,285	2,554

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

² Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

³ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.70B Serious Psychological Distress in Past Month among Persons Aged 18 or Older, by Age Group and Demographic and Socioeconomic Characteristics: Percentages, 2018 and 2019

Demographic/Socioeconomic Characteristic	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
TOTAL	6.0 ^a	6.5	13.8 ^a	15.4	4.8	5.2	6.6 ^a	7.2	3.2	3.4
GENDER										
Male	5.1	5.3	10.5	11.3	4.2	4.3	5.7	6.0	2.7	2.7
Female	6.9 ^a	7.8	17.2 ^a	19.4	5.4 ^a	6.0	7.4 ^a	8.4	3.7	4.0
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	6.0 ^a	6.4	14.0 ^a	15.8	4.8	5.1	6.8	7.4	3.2	3.2
White	6.0	6.4	14.5 ^a	16.2	4.9	5.1	7.3	7.8	3.2	3.2
Black or African American	6.1 ^a	7.3	12.9	15.1	4.8	5.8	6.1 ^a	7.8	3.5	3.7
AIAN	8.8	7.8	13.2	13.0	8.0	6.8	9.4	5.9	*	*
NHOPI	9.9	7.1	*	*	*	6.4	*	*	*	*
Asian	4.1	4.0	11.4	12.6	2.7	2.5	3.5	3.1	*	1.8
Two or More Races	7.8	10.2	15.6	20.5	6.1	7.5	9.3	10.2	3.9	3.8
Hispanic or Latino	6.4	7.2	13.3	13.8	4.8	5.7	5.6	6.2	3.5	4.8
HEALTH INSURANCE¹										
Private	4.3 ^a	4.7	12.6 ^a	14.4	3.1	3.3	4.3 ^a	4.9	2.0	1.9
Medicaid/CHIP	12.3 ^a	14.3	17.1	17.8	11.2 ^a	13.4	13.4	14.2	8.5 ^a	12.4
Other ²	4.5	4.7	13.5	15.0	4.1	4.3	11.9	12.3	3.1	3.3
No Coverage	9.6	9.4	15.3	16.9	8.2	7.7	8.8	9.1	6.6	4.3
CURRENT EMPLOYMENT										
Full-Time	4.8	5.2	12.4 ^a	14.4	3.8	4.0	4.6 ^a	5.4	2.4	1.7
Part-Time	7.3	8.2	14.4	16.1	4.7	5.5	8.2	8.1	1.7 ^a	3.4
Unemployed	14.8	14.7	20.1	19.3	12.4	12.5	13.9	14.0	9.5	9.6
Other ³	6.4	7.0	13.3	14.7	5.6	6.2	11.3	12.2	3.9	4.4

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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