

Table 9.10A Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year, by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019

| Demographic/Socioeconomic Characteristic | Saw or Talked to a Health Professional OR Used Prescription Medication (2018) | Saw or Talked to a Health Professional OR Used Prescription Medication (2019) | Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2018) | Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019) | Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2018) | Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019) | Saw or Talked to a Health Professional AND Used Prescription Medication (2018) | Saw or Talked to a Health Professional AND Used Prescription Medication (2019) |
|--|---|---|---|---|--|--|--|--|
| TOTAL | 1,371 ^a | 1,577 | 749 | 796 | 77 ^a | 127 | 533 ^a | 645 |
| GENDER | | | | | | | | |
| Male | 331 | 385 | 185 | 165 | 26 | 49 | 114 ^a | 171 |
| Female | 1,040 ^a | 1,192 | 564 | 631 | 52 | 78 | 419 | 474 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 1,053 ^a | 1,214 | 514 | 580 | 60 ^a | 103 | 473 | 527 |
| White | 833 | 957 | 381 | 427 | 45 ^a | 87 | 400 | 439 |
| Black or African American | 110 | 123 | 71 | 81 | 10 | 2 | 30 | 40 |
| AIAN | * | * | * | * | * | * | * | * |
| NHOPI | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * |
| Two or More Races | 46 ^a | 81 | 18 ^a | 45 | * | 9 | 24 | 27 |
| Hispanic or Latino | 318 | 362 | 235 | 216 | 18 | 24 | 60 ^a | 118 |
| POVERTY LEVEL | | | | | | | | |
| Less Than 100% | 271 | 280 | 169 | 150 | 24 | 28 | 75 | 100 |
| 100-199% | 263 | 334 | 125 | 164 | 19 | 28 | 120 | 139 |
| 200% or More | 836 | 963 | 456 | 482 | 34 ^a | 71 | 338 | 406 |
| HEALTH INSURANCE¹ | | | | | | | | |
| Private | 799 | 914 | 415 | 461 | 34 | 58 | 346 | 391 |
| Medicaid/CHIP | 528 | 599 | 301 | 285 | 46 | 66 | 178 ^a | 241 |
| Other ² | 87 | 82 | * | 34 | * | 5 | 34 | * |
| No Coverage | 31 ^a | 59 | 13 ^a | 42 | 2 | * | 12 | 11 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

² Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.10B Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year, by Demographic and Socioeconomic Characteristics: Percentages, 2018 and 2019

| Demographic/Socioeconomic Characteristic | Saw or Talked to a Health Professional OR Used Prescription Medication (2018) | Saw or Talked to a Health Professional OR Used Prescription Medication (2019) | Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2018) | Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019) | Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2018) | Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019) | Saw or Talked to a Health Professional AND Used Prescription Medication (2018) | Saw or Talked to a Health Professional AND Used Prescription Medication (2019) |
|---|--|--|--|--|---|---|---|---|
| TOTAL | 40.0 | 42.2 | 21.8 | 21.3 | 2.2 | 3.4 | 15.4 | 17.1 |
| GENDER | | | | | | | | |
| Male | 35.9 | 36.3 | 20.1 | 15.5 | 2.8 | 4.6 | 12.3 | 15.9 |
| Female | 41.5 | 44.6 | 22.5 | 23.6 | 2.0 | 2.9 | 16.6 | 17.6 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 41.1 | 44.7 | 20.1 | 21.3 | 2.3 ^a | 3.8 | 18.3 | 19.2 |
| White | 44.6 ^a | 49.4 | 20.4 | 22.0 | 2.4 ^a | 4.5 | 21.2 | 22.3 |
| Black or African American | 33.2 | 33.9 | 21.2 | 22.2 | 2.9 | 0.6 | 9.0 | 11.0 |
| AIAN | * | * | * | * | * | * | * | * |
| NHOPI | * | * | * | * | * | * | * | * |
| Asian | * | * | * | * | * | * | * | * |
| Two or More Races | 33.9 | 43.4 | 13.6 | 24.2 | * | 4.8 | 18.0 | 14.3 |
| Hispanic or Latino | 36.5 | 35.6 | 27.1 | 21.2 | 2.0 | 2.3 | 6.9 ^a | 11.6 |
| POVERTY LEVEL | | | | | | | | |
| Less Than 100% | 41.3 | 42.2 | 25.8 | 22.5 | 3.7 | 4.2 | 11.4 | 14.9 |
| 100-199% | 36.5 | 41.0 | 17.3 | 20.2 | 2.6 | 3.5 | 16.4 | 17.0 |
| 200% or More | 40.7 | 42.7 | 22.2 | 21.3 | 1.6 ^a | 3.1 | 16.4 | 17.8 |
| HEALTH INSURANCE¹ | | | | | | | | |
| Private | 39.5 | 41.8 | 20.5 | 21.1 | 1.7 | 2.7 | 17.0 | 17.8 |
| Medicaid/CHIP | 43.0 | 44.2 | 24.5 | 21.0 | 3.7 | 4.9 | 14.4 | 17.7 |
| Other ² | 44.6 | 44.0 | * | 18.6 | * | 2.5 | 17.5 | * |
| No Coverage | 20.3 | 32.8 | 8.9 ^a | 23.6 | 1.2 | * | 8.1 | 5.9 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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