

Table 9.4C Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Standard Errors of Numbers in Thousands, 2018 and 2019

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
RECEIVED MENTAL HEALTH SERVICES⁴	92	93	87	92	40	38	85	91	42	44	15	17
Thought about Killing Self or Tried to Kill Self	48	53	46	51	25	28	29	33	20	18	*	*
Felt Depressed	72	75	69	74	27	26	51	53	29	32	*	*
Felt Very Afraid and Tense	47	55	46	53	14	17	38	40	20	23	*	*
Had Eating Problems	27	29	25	28	14	12	14	19	12	14	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	19	16	19	16	2	0	6	6	8	8	*	*
Broke Rules and "Acted Out"	38	35	36	32	17	16	28	30	11	12	*	*
Had Trouble Controlling Anger	37	35	36	34	11	10	20	23	8	11	*	*
Got into Physical Fights	14	13	13	12	6	5	14	14	2	4	*	*
Had Problems with Home/Family	51	45	50	45	13	9	26	28	9	10	*	*
Had Problems with Friends	33	32	33	31	8	7	32	31	7	9	*	*
Had Problems with People Other Than Family/Friends	25	26	25	26	8	6	19	21	5	8	*	*
Had Problems at School	41	38	39	36	14	11	36	40	15	15	*	*
Some Other Reason ⁶	28	33	27	32	9	10	20	27	15	12	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.4D Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Standard Errors of Percentages, 2018 and 2019

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
RECEIVED MENTAL HEALTH SERVICES⁴	0.38	0.38	0.36	0.38	0.16	0.15	0.35	0.37	0.17	0.18	0.06	0.07
Thought about Killing Self or Tried to Kill Self	1.16	1.21	1.18	1.21	3.44	3.34	1.15	1.14	2.48	2.00	*	*
Felt Depressed	1.28	1.25	1.30	1.26	3.45	3.58	1.58	1.52	2.95	2.66	*	*
Felt Very Afraid and Tense	1.11	1.18	1.15	1.20	2.68	2.85	1.41	1.32	2.61	2.33	*	*
Had Eating Problems	0.76	0.74	0.74	0.76	2.61	2.19	0.62	0.73	1.69	1.60	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	0.56	0.46	0.58	0.48	0.53	0.04	0.27	0.24	1.23	1.01	*	*
Broke Rules and "Acted Out"	0.97	0.88	0.98	0.86	3.07	2.68	1.12	1.07	1.61	1.46	*	*
Had Trouble Controlling Anger	0.93	0.90	0.96	0.91	2.20	1.81	0.85	0.88	1.12	1.28	*	*
Got into Physical Fights	0.42	0.36	0.41	0.36	1.14	1.02	0.61	0.52	0.24	0.45	*	*
Had Problems with Home/Family	1.23	1.10	1.26	1.13	2.40	1.58	1.08	1.04	1.27	1.22	*	*
Had Problems with Friends	0.89	0.84	0.92	0.86	1.55	1.24	1.23	1.15	0.95	1.05	*	*
Had Problems with People Other Than Family/Friends	0.69	0.69	0.72	0.71	1.63	1.16	0.81	0.81	0.74	0.96	*	*
Had Problems at School	1.02	0.92	1.03	0.94	2.57	2.07	1.32	1.32	2.09	1.70	*	*
Some Other Reason ⁶	0.80	0.87	0.81	0.89	1.89	1.91	0.86	0.99	2.11	1.43	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.4P Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: P Values from Tests of Differences of Percentages, 2019 Versus 2018

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
RECEIVED MENTAL HEALTH SERVICES⁴	0.1643		0.1181		0.7103		0.0241		0.0253		0.8772	
Thought about Killing Self or Tried to Kill Self	0.9282		0.7067		0.9650		0.7328		0.0411		*	
Felt Depressed	0.2297		0.0997		0.2803		0.5652		0.6288		*	
Felt Very Afraid and Tense	0.0596		0.1193		0.4629		0.4412		0.9069		*	
Had Eating Problems	0.2916		0.1742		0.2197		0.5666		0.6426		*	
Had Other Self-Reported Mental/Neurological Disorder ⁵	0.1122		0.1486		0.0323		0.4262		0.8157		*	
Broke Rules and "Acted Out"	0.4244		0.2446		0.4157		0.9822		0.9255		*	
Had Trouble Controlling Anger	0.1482		0.1166		0.4843		0.2271		0.0439		*	
Got into Physical Fights	0.6483		0.6823		0.3731		0.7339		0.3688		*	
Had Problems with Home/Family	0.6587		0.8159		0.1067		0.8879		0.9201		*	
Had Problems with Friends	0.3910		0.4399		0.1973		0.6089		0.3004		*	
Had Problems with People Other Than Family/Friends	0.7681		0.7796		0.1522		0.8703		0.7583		*	
Had Problems at School	0.3848		0.4817		0.2736		0.9745		0.2083		*	
Some Other Reason ⁶	0.1542		0.1990		0.7058		0.4785		0.2100		*	

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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