

Table 9.6A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 12 to 17, and Receipt of Treatment for Depression in Past Year among Persons Aged 12 to 17 with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Numbers in Thousands, 2018 and 2019

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment¹ (2018)	Had MDE with Severe Impairment¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE² (2018)	Received Treatment for Depression in Past Year among Persons with MDE² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2019)
TOTAL	3,482 ^a	3,783	2,423 ^a	2,671	1,432 ^a	1,627	1,133 ^a	1,321
GEOGRAPHIC REGION								
Northeast	478	528	309	363	191	235	153	187
Midwest	797	838	578	604	357	407	318	340
South	1,341	1,409	940	1,017	524	568	396	455
West	866 ^a	1,009	596	688	360	416	266	339
COUNTY TYPE								
Large Metro	1,799 ^a	2,084	1,259 ^a	1,481	729 ^a	884	576 ^a	728
Small Metro	1,186	1,190	806	845	473	513	367	412
Nonmetro	498	508	358	345	230	230	191	182
POVERTY LEVEL								
Less Than 100%	662	676	452	482	275	284	221	238
100-199%	737	825	525	592	274	345	213 ^a	294
200% or More	2,083	2,283	1,446	1,597	883	998	699	790
HEALTH INSURANCE³								
Private	2,050	2,209	1,434	1,507	841	946	672	755
Medicaid/CHIP	1,249	1,377	837 ^a	1,008	543	615	420	510
Other ⁴	201	188	152	156	94	84	*	79
No Coverage	155	183	115	117	31 ^a	61	*	*
OVERALL HEALTH⁵								
Excellent	810	826	545	537	277	296	222	225
Very Good	1,496	1,571	1,039	1,113	613	641	479	528
Good	909 ^a	1,094	643 ^a	783	416 ^a	511	321 ^a	417
Fair/Poor	267	293	197	238	126	180	112	151

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁵ Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.6B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 12 to 17, and Receipt of Treatment for Depression in Past Year among Persons Aged 12 to 17 with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Percentages, 2018 and 2019

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment¹ (2018)	Had MDE with Severe Impairment¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE² (2018)	Received Treatment for Depression in Past Year among Persons with MDE² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment^{1,2} (2019)
TOTAL	14.4 ^a	15.7	10.0 ^a	11.1	41.4	43.3	46.9	49.7
GEOGRAPHIC REGION								
Northeast	12.2	13.8	7.9	9.5	40.4	44.8	49.6	52.0
Midwest	15.6	16.4	11.3	11.8	45.0	48.7	55.2	56.4
South	14.4	15.1	10.1	10.9	39.4	40.7	42.3	45.0
West	15.0 ^a	17.5	10.3	11.9	41.7	41.4	44.8	49.6
COUNTY TYPE								
Large Metro	13.3 ^a	15.9	9.3 ^a	11.3	40.7	42.7	45.8	49.4
Small Metro	16.5	16.0	11.2	11.4	40.3	43.3	45.7	49.0
Nonmetro	14.6	14.6	10.5	9.9	46.5	45.5	53.6	52.9
POVERTY LEVEL								
Less Than 100%	12.6	14.0	8.6	10.0	41.8	42.6	49.1	49.7
100-199%	14.7	16.0	10.5	11.5	37.6	42.1	40.7	49.9
200% or More	15.0	16.2	10.4	11.4	42.6	43.9	48.5	49.7
HEALTH INSURANCE³								
Private	14.8	16.0	10.4	10.9	41.2	43.0	46.9	50.3
Medicaid/CHIP	13.6 ^a	15.3	9.2 ^a	11.2	43.9	45.0	50.3	50.9
Other ⁴	17.6	15.9	13.4	13.2	47.0	44.8	*	50.5
No Coverage	14.4	16.3	10.6	10.5	20.3	33.8	*	*
OVERALL HEALTH⁵								
Excellent	10.0	10.1	6.7	6.5	34.3	35.9	40.9	41.9
Very Good	15.3	16.4	10.7	11.6	41.2	41.0	46.1	47.6
Good	17.5 ^a	21.2	12.4 ^a	15.2	46.3	47.0	50.2	53.6
Fair/Poor	25.1	27.4	18.5	22.4	47.5 ^a	62.7	57.1	64.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

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³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.