

## 2019 State Profile — United States and Other Jurisdictions National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

The 2019 N-MHSS report included 12,472 mental health treatment facilities, with a reference date of April 30, 2019. The survey response rate was 90.7 percent overall.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	7,622	61.1
Private for-profit	2,514	20.2
<b>Public agency or department</b>		
State mental health agency (SMHA)	387	3.1
Other state government agency or department	466	3.7
Regional/district authority or county, local, or municipal government	901	7.2
Tribal government	20	0.2
Indian Health Service	12	0.1
Department of Veterans Affairs	540	4.3
Other	10	0.1
<b>Total</b>	<b>12,472</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	1,892	15.2
24-hour residential	1,979	15.9
Less-than-24 hour		
Partial hospitalization/day treatment	1,901	15.2
Outpatient	9,766	78.3
<b>Total</b>	<b>12,472</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	708	5.7
General hospital	1,033	8.3
Residential treatment center for children	596	4.8
Residential treatment center for adults	864	6.9
Other type of residential treatment facility	68	0.5
Veterans Affairs medical center or other VA health care facility	482	3.9
Community mental health center (CMHC)	2,682	21.5
Partial hospitalization/day treatment facility	434	3.5
Outpatient mental health facility	5,220	41.9
Multi-setting mental health facility	375	3.0
Other	10	0.1
<b>Total</b>	<b>12,472</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	11,426	91.6
Couples/family therapy	9,043	72.5
Group therapy	10,671	85.6
Cognitive behavioral therapy	11,253	90.2
Dialectical behavior therapy	7,025	56.3
Behavior modification	8,229	66.0
Integrated dual disorders treatment	7,058	56.6
Trauma therapy	9,637	77.3
Activity therapy	5,564	44.6
Electroconvulsive therapy	512	4.1
Telemedicine/telehealth therapy	4,741	38.0
Psychotropic medication	10,204	81.8
Other	730	5.9
None of these mental health treatment approaches are offered	76	0.6

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	5,515	44.2
Children (12 years or younger)	7,389	59.2
Adolescents (13–17 years)	8,101	65.0
Young adults (18–25 years)	10,973	88.0
Adults (26–64 years)	10,488	84.1
Seniors (65 years or older)	10,019	80.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	1,724	13.8
Intensive case management (ICM)	2,961	23.7
Case management (CM)	8,417	67.5
Court-ordered outpatient treatment	5,977	47.9
Chronic disease/illness management (CDM)	2,338	18.7
Illness management and recovery (IMR)	3,355	26.9
Integrated primary care services	3,142	25.2
Diet and exercise counseling	3,897	31.2
Family psychoeducation	8,453	67.8
Education services	3,858	30.9
Housing services	2,569	20.6
Supported housing	1,963	15.7
Psychosocial rehabilitation services	5,155	41.3
Vocational rehabilitation services	1,991	16.0
Supported employment	2,270	18.2
Therapeutic foster care	581	4.7
Legal advocacy	713	5.7
Psychiatric emergency walk-in services	3,914	31.4
Suicide prevention services	7,754	62.2
Consumer-run (peer support) services	3,429	27.5
Screening for tobacco use	6,976	55.9
Smoking/tobacco cessation counseling	5,316	42.6
Nicotine replacement therapy	3,401	27.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	3,293	26.4
Other	190	1.5
None of these services and practices are offered	236	1.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	8,806	70.6
State substance abuse agency	4,195	33.6
State department of health	6,089	48.8
State or local department of family and children's services	2,552	20.5
Hospital licensing authority	1,712	13.7
The Joint Commission	4,283	34.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	2,995	24.0
Council on Accreditation (COA)	1,228	9.8
Centers for Medicare and Medicaid Services (CMS)	6,307	50.6
Other national organization or federal, state, or local agency	559	4.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	10,443	83.7
Private health insurance	10,004	80.2
Medicare	8,426	67.6
Medicaid	10,935	87.7
State-financed health insurance plan other than Medicaid	7,254	58.2
State mental health agency (or equivalent) funds	6,987	56.0
State welfare or child and family services agency funds	5,203	41.7
State corrections or juvenile justice agency funds	3,737	30.0
State education agency funds	2,105	16.9
Other state government funds	4,473	35.9
County or local government funds	5,809	46.6
Community Service Block Grants	2,718	21.8
Community Mental Health Block Grants	3,957	31.7
Federal military insurance	6,225	49.9
U.S. Department of Veterans Affairs funds	2,980	23.9
IHS/Tribal/Urban (ITU) funds	1,061	8.5
Other	146	1.2

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	7,113	57.0
Any language other than English	9,103	73.0
<b>Languages provided by staff</b>		
Spanish	4,198	33.7
American Indian/Alaska Native languages	48	0.4
Other	1,450	11.6

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	6,041	48.4
No crisis intervention team	6,405	51.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	4,472	35.9
Transitional age young adults	2,760	22.1
Persons 18 years and older with serious mental illness (SMI)	6,115	49.0
Seniors or older adults	3,277	26.3
Persons with Alzheimer's or dementia	866	6.9
Persons with co-occurring mental and substance use disorders	6,267	50.2
Persons with eating disorders	1,235	9.9
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	5,573	44.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	5,228	41.9
Persons with traumatic brain injury (TBI)	956	7.7
Veterans	2,090	16.8
Active duty military	924	7.4
Members of military families	1,385	11.1
LGBT clients	2,757	22.1
Forensic clients <sup>1</sup>	2,533	20.3
Persons with HIV or AIDS	1,387	11.1
Other special program or group	842	6.8
No dedicated or exclusively designed programs or groups offered	1,775	14.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

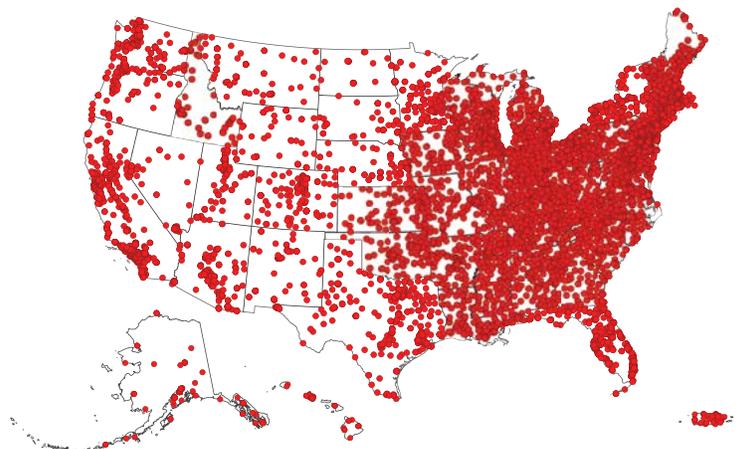
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For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<https://findtreatment.samhsa.gov/>

## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Alabama National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Alabama, 180 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Alabama was 91.6 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	102	56.7
Private for-profit	21	11.7
<b>Public agency or department</b>		
State mental health agency (SMHA)	6	3.3
Other state government agency or department	14	7.8
Regional/district authority or county, local, or municipal government	24	13.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	13	7.2
Other	—	—
<b>Total</b>	<b>180</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	40	22.2
24-hour residential	44	24.4
Less-than-24 hour		
Partial hospitalization/day treatment	54	30.0
Outpatient	110	61.1
<b>Total</b>	<b>180</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	14	7.8
General hospital	26	14.4
Residential treatment center for children	4	2.2
Residential treatment center for adults	28	15.6
Other type of residential treatment facility	2	1.1
Veterans Affairs medical center or other VA health care facility	11	6.1
Community mental health center (CMHC)	70	38.9
Partial hospitalization/day treatment facility	5	2.8
Outpatient mental health facility	15	8.3
Multi-setting mental health facility	5	2.8
Other	—	—
<b>Total</b>	<b>180</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	170	94.4
Couples/family therapy	120	66.7
Group therapy	165	91.7
Cognitive behavioral therapy	158	87.8
Dialectical behavior therapy	74	41.1
Behavior modification	102	56.7
Integrated dual disorders treatment	65	36.1
Trauma therapy	86	47.8
Activity therapy	93	51.7
Electroconvulsive therapy	5	2.8
Telemedicine/telehealth therapy	94	52.2
Psychotropic medication	169	93.9
Other	1	0.6
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	62	34.4
Children (12 years or younger)	81	45.0
Adolescents (13–17 years)	85	47.2
Young adults (18–25 years)	148	82.2
Adults (26–64 years)	157	87.2
Seniors (65 years or older)	153	85.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	30	16.7
Intensive case management (ICM)	55	30.6
Case management (CM)	135	75.0
Court-ordered outpatient treatment	102	56.7
Chronic disease/illness management (CDM)	34	18.9
Illness management and recovery (IMR)	58	32.2
Integrated primary care services	40	22.2
Diet and exercise counseling	47	26.1
Family psychoeducation	137	76.1
Education services	57	31.7
Housing services	19	10.6
Supported housing	37	20.6
Psychosocial rehabilitation services	81	45.0
Vocational rehabilitation services	15	8.3
Supported employment	22	12.2
Therapeutic foster care	3	1.7
Legal advocacy	11	6.1
Psychiatric emergency walk-in services	73	40.6
Suicide prevention services	115	63.9
Consumer-run (peer support) services	29	16.1
Screening for tobacco use	89	49.4
Smoking/tobacco cessation counseling	59	32.8
Nicotine replacement therapy	44	24.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	41	22.8
Other	1	0.6
None of these services and practices are offered	1	0.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	144	80.0
State substance abuse agency	41	22.8
State department of health	42	23.3
State or local department of family and children's services	11	6.1
Hospital licensing authority	21	11.7
The Joint Commission	60	33.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	13	7.2
Council on Accreditation (COA)	7	3.9
Centers for Medicare and Medicaid Services (CMS)	80	44.4
Other national organization or federal, state, or local agency	2	1.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	162	90.0
Private health insurance	162	90.0
Medicare	145	80.6
Medicaid	159	88.3
State-financed health insurance plan other than Medicaid	99	55.0
State mental health agency (or equivalent) funds	125	69.4
State welfare or child and family services agency funds	50	27.8
State corrections or juvenile justice agency funds	34	18.9
State education agency funds	32	17.8
Other state government funds	53	29.4
County or local government funds	81	45.0
Community Service Block Grants	28	15.6
Community Mental Health Block Grants	72	40.0
Federal military insurance	112	62.2
U.S. Department of Veterans Affairs funds	52	28.9
IHS/Tribal/Urban (ITU) funds	12	6.7
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	143	79.4
Any language other than English	143	79.4
<b>Languages provided by staff</b>		
Spanish	27	15.0
American Indian/Alaska Native languages	—	—
Other	1	0.6

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	89	49.4
No crisis intervention team	91	50.6

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	60	33.3
Transitional age young adults	19	10.6
Persons 18 years and older with serious mental illness (SMI)	110	61.1
Seniors or older adults	55	30.6
Persons with Alzheimer's or dementia	22	12.2
Persons with co-occurring mental and substance use disorders	69	38.3
Persons with eating disorders	8	4.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	36	20.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	43	23.9
Persons with traumatic brain injury (TBI)	10	5.6
Veterans	32	17.8
Active duty military	13	7.2
Members of military families	15	8.3
LGBT clients	17	9.4
Forensic clients <sup>1</sup>	30	16.7
Persons with HIV or AIDS	14	7.8
Other special program or group	1	0.6
No dedicated or exclusively designed programs or groups offered	21	11.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

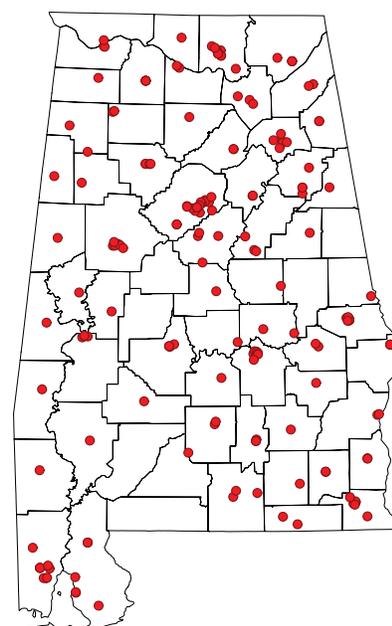
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Alaska

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Alaska, 93 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Alaska was 95.9 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	60	64.5
Private for-profit	11	11.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	1	1.1
Regional/district authority or county, local, or municipal government	4	4.3
Tribal government	7	7.5
Indian Health Service	6	6.5
Department of Veterans Affairs	3	3.2
Other	1	1.1
<b>Total</b>	<b>93</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	9	9.7
24-hour residential	21	22.6
Less-than-24 hour		
Partial hospitalization/day treatment	7	7.5
Outpatient	74	79.6
<b>Total</b>	<b>93</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	5.4
General hospital	3	3.2
Residential treatment center for children	12	12.9
Residential treatment center for adults	1	1.1
Other type of residential treatment facility	2	2.2
Veterans Affairs medical center or other VA health care facility	3	3.2
Community mental health center (CMHC)	30	32.3
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	31	33.3
Multi-setting mental health facility	6	6.5
Other	—	—
<b>Total</b>	<b>93</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	89	95.7
Couples/family therapy	73	78.5
Group therapy	86	92.5
Cognitive behavioral therapy	89	95.7
Dialectical behavior therapy	74	79.6
Behavior modification	67	72.0
Integrated dual disorders treatment	69	74.2
Trauma therapy	86	92.5
Activity therapy	59	63.4
Electroconvulsive therapy	2	2.2
Telemedicine/telehealth therapy	59	63.4
Psychotropic medication	63	67.7
Other	6	6.5
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	47	50.5
Children (12 years or younger)	69	74.2
Adolescents (13–17 years)	78	83.9
Young adults (18–25 years)	78	83.9
Adults (26–64 years)	66	71.0
Seniors (65 years or older)	64	68.8

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	8	8.6
Intensive case management (ICM)	24	25.8
Case management (CM)	81	87.1
Court-ordered outpatient treatment	46	49.5
Chronic disease/illness management (CDM)	20	21.5
Illness management and recovery (IMR)	15	16.1
Integrated primary care services	31	33.3
Diet and exercise counseling	28	30.1
Family psychoeducation	63	67.7
Education services	44	47.3
Housing services	21	22.6
Supported housing	9	9.7
Psychosocial rehabilitation services	65	69.9
Vocational rehabilitation services	14	15.1
Supported employment	13	14.0
Therapeutic foster care	16	17.2
Legal advocacy	9	9.7
Psychiatric emergency walk-in services	32	34.4
Suicide prevention services	69	74.2
Consumer-run (peer support) services	17	18.3
Screening for tobacco use	61	65.6
Smoking/tobacco cessation counseling	40	43.0
Nicotine replacement therapy	28	30.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	25	26.9
Other	1	1.1
None of these services and practices are offered	1	1.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	70	75.3
State substance abuse agency	38	40.9
State department of health	52	55.9
State or local department of family and children's services	31	33.3
Hospital licensing authority	13	14.0
The Joint Commission	31	33.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	39	41.9
Council on Accreditation (COA)	21	22.6
Centers for Medicare and Medicaid Services (CMS)	42	45.2
Other national organization or federal, state, or local agency	3	3.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	82	88.2
Private health insurance	85	91.4
Medicare	49	52.7
Medicaid	86	92.5
State-financed health insurance plan other than Medicaid	56	60.2
State mental health agency (or equivalent) funds	71	76.3
State welfare or child and family services agency funds	61	65.6
State corrections or juvenile justice agency funds	55	59.1
State education agency funds	31	33.3
Other state government funds	54	58.1
County or local government funds	37	39.8
Community Service Block Grants	27	29.0
Community Mental Health Block Grants	47	50.5
Federal military insurance	69	74.2
U.S. Department of Veterans Affairs funds	45	48.4
IHS/Tribal/Urban (ITU) funds	40	43.0
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	37	39.8
Any language other than English	56	60.2
<b>Languages provided by staff</b>		
Spanish	11	11.8
American Indian/Alaska Native languages	5	5.4
Other	4	4.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	52	55.9
No crisis intervention team	40	43.0

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	57	61.3
Transitional age young adults	20	21.5
Persons 18 years and older with serious mental illness (SMI)	38	40.9
Seniors or older adults	17	18.3
Persons with Alzheimer's or dementia	7	7.5
Persons with co-occurring mental and substance use disorders	50	53.8
Persons with eating disorders	9	9.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	52	55.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	41	44.1
Persons with traumatic brain injury (TBI)	20	21.5
Veterans	15	16.1
Active duty military	7	7.5
Members of military families	14	15.1
LGBT clients	17	18.3
Forensic clients <sup>1</sup>	21	22.6
Persons with HIV or AIDS	13	14.0
Other special program or group	5	5.4
No dedicated or exclusively designed programs or groups offered	12	12.9

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

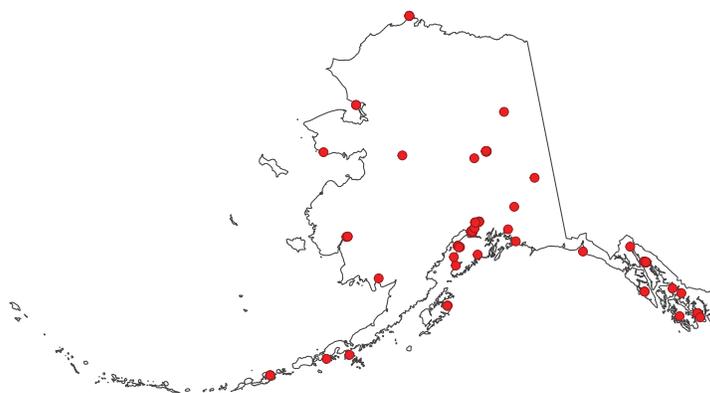
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## Location of treatment facilities



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Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Arizona

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Arizona, 421 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Arizona was 93.1 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	269	63.9
Private for-profit	140	33.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.2
Other state government agency or department	1	0.2
Regional/district authority or county, local, or municipal government	2	0.5
Tribal government	1	0.2
Indian Health Service	1	0.2
Department of Veterans Affairs	6	1.4
Other	—	—
<b>Total</b>	<b>421</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	40	9.5
24-hour residential	108	25.7
Less-than-24 hour		
Partial hospitalization/day treatment	29	6.9
Outpatient	312	74.1
<b>Total</b>	<b>421</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	22	5.2
General hospital	9	2.1
Residential treatment center for children	21	5.0
Residential treatment center for adults	75	17.8
Other type of residential treatment facility	2	0.5
Veterans Affairs medical center or other VA health care facility	4	1.0
Community mental health center (CMHC)	16	3.8
Partial hospitalization/day treatment facility	5	1.2
Outpatient mental health facility	259	61.5
Multi-setting mental health facility	7	1.7
Other	1	0.2
<b>Total</b>	<b>421</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	374	88.8
Couples/family therapy	289	68.6
Group therapy	385	91.4
Cognitive behavioral therapy	378	89.8
Dialectical behavior therapy	213	50.6
Behavior modification	293	69.6
Integrated dual disorders treatment	261	62.0
Trauma therapy	308	73.2
Activity therapy	205	48.7
Electroconvulsive therapy	11	2.6
Telemedicine/telehealth therapy	221	52.5
Psychotropic medication	323	76.7
Other	54	12.8
None of these mental health treatment approaches are offered	1	0.2

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	144	34.2
Children (12 years or younger)	218	51.8
Adolescents (13–17 years)	240	57.0
Young adults (18–25 years)	373	88.6
Adults (26–64 years)	360	85.5
Seniors (65 years or older)	334	79.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	63	15.0
Intensive case management (ICM)	125	29.7
Case management (CM)	320	76.0
Court-ordered outpatient treatment	186	44.2
Chronic disease/illness management (CDM)	139	33.0
Illness management and recovery (IMR)	133	31.6
Integrated primary care services	175	41.6
Diet and exercise counseling	195	46.3
Family psychoeducation	301	71.5
Education services	138	32.8
Housing services	95	22.6
Supported housing	78	18.5
Psychosocial rehabilitation services	224	53.2
Vocational rehabilitation services	121	28.7
Supported employment	142	33.7
Therapeutic foster care	11	2.6
Legal advocacy	23	5.5
Psychiatric emergency walk-in services	101	24.0
Suicide prevention services	264	62.7
Consumer-run (peer support) services	157	37.3
Screening for tobacco use	235	55.8
Smoking/tobacco cessation counseling	197	46.8
Nicotine replacement therapy	104	24.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	121	28.7
Other	16	3.8
None of these services and practices are offered	4	1.0

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	262	62.2
State substance abuse agency	101	24.0
State department of health	375	89.1
State or local department of family and children's services	71	16.9
Hospital licensing authority	29	6.9
The Joint Commission	107	25.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	112	26.6
Council on Accreditation (COA)	37	8.8
Centers for Medicare and Medicaid Services (CMS)	153	36.3
Other national organization or federal, state, or local agency	12	2.9

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	339	80.5
Private health insurance	299	71.0
Medicare	235	55.8
Medicaid	387	91.9
State-financed health insurance plan other than Medicaid	225	53.4
State mental health agency (or equivalent) funds	273	64.8
State welfare or child and family services agency funds	179	42.5
State corrections or juvenile justice agency funds	103	24.5
State education agency funds	43	10.2
Other state government funds	103	24.5
County or local government funds	111	26.4
Community Service Block Grants	136	32.3
Community Mental Health Block Grants	192	45.6
Federal military insurance	151	35.9
U.S. Department of Veterans Affairs funds	57	13.5
IHS/Tribal/Urban (ITU) funds	134	31.8
Other	2	0.5

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	308	73.2
Any language other than English	374	88.8
<b>Languages provided by staff</b>		
Spanish	258	61.3
American Indian/Alaska Native languages	18	4.3
Other	42	10.0

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	157	37.3
No crisis intervention team	264	62.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	105	24.9
Transitional age young adults	120	28.5
Persons 18 years and older with serious mental illness (SMI)	208	49.4
Seniors or older adults	84	20.0
Persons with Alzheimer's or dementia	26	6.2
Persons with co-occurring mental and substance use disorders	228	54.2
Persons with eating disorders	53	12.6
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	189	44.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	171	40.6
Persons with traumatic brain injury (TBI)	55	13.1
Veterans	60	14.3
Active duty military	33	7.8
Members of military families	48	11.4
LGBT clients	108	25.7
Forensic clients <sup>1</sup>	104	24.7
Persons with HIV or AIDS	56	13.3
Other special program or group	38	9.0
No dedicated or exclusively designed programs or groups offered	55	13.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

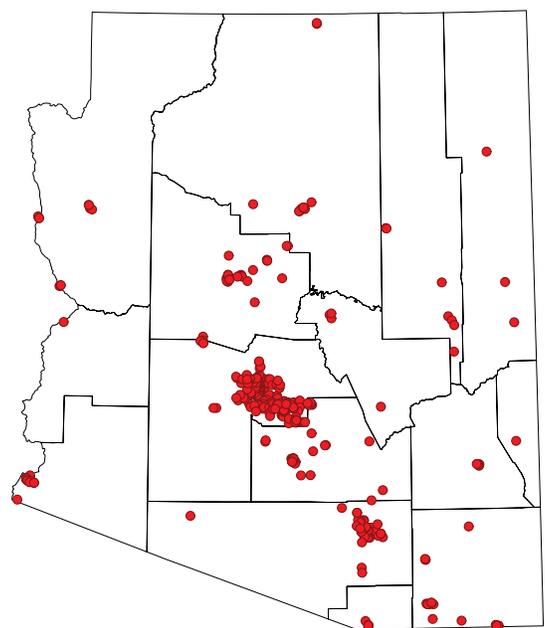
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Arkansas National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Arkansas, 202 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Arkansas was 91.0 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	117	57.9
Private for-profit	67	33.2
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.5
Other state government agency or department	1	0.5
Regional/district authority or county, local, or municipal government	1	0.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	7.4
Other	—	—
<b>Total</b>	<b>202</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	37	18.3
24-hour residential	29	14.4
Less-than-24 hour		
Partial hospitalization/day treatment	54	26.7
Outpatient	169	83.7
<b>Total</b>	<b>202</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	13	6.4
General hospital	22	10.9
Residential treatment center for children	6	3.0
Residential treatment center for adults	1	0.5
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	15	7.4
Community mental health center (CMHC)	56	27.7
Partial hospitalization/day treatment facility	8	4.0
Outpatient mental health facility	65	32.2
Multi-setting mental health facility	16	7.9
Other	—	—
<b>Total</b>	<b>202</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	195	96.5
Couples/family therapy	174	86.1
Group therapy	197	97.5
Cognitive behavioral therapy	193	95.5
Dialectical behavior therapy	124	61.4
Behavior modification	174	86.1
Integrated dual disorders treatment	110	54.5
Trauma therapy	166	82.2
Activity therapy	102	50.5
Electroconvulsive therapy	4	2.0
Telemedicine/telehealth therapy	127	62.9
Psychotropic medication	188	93.1
Other	5	2.5
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	95	47.0
Children (12 years or younger)	130	64.4
Adolescents (13–17 years)	135	66.8
Young adults (18–25 years)	176	87.1
Adults (26–64 years)	176	87.1
Seniors (65 years or older)	162	80.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	14	6.9
Intensive case management (ICM)	29	14.4
Case management (CM)	183	90.6
Court-ordered outpatient treatment	136	67.3
Chronic disease/illness management (CDM)	22	10.9
Illness management and recovery (IMR)	73	36.1
Integrated primary care services	24	11.9
Diet and exercise counseling	36	17.8
Family psychoeducation	153	75.7
Education services	66	32.7
Housing services	28	13.9
Supported housing	46	22.8
Psychosocial rehabilitation services	110	54.5
Vocational rehabilitation services	16	7.9
Supported employment	30	14.9
Therapeutic foster care	20	9.9
Legal advocacy	3	1.5
Psychiatric emergency walk-in services	120	59.4
Suicide prevention services	153	75.7
Consumer-run (peer support) services	46	22.8
Screening for tobacco use	101	50.0
Smoking/tobacco cessation counseling	89	44.1
Nicotine replacement therapy	54	26.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	52	25.7
Other	3	1.5
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	150	74.3
State substance abuse agency	67	33.2
State department of health	94	46.5
State or local department of family and children's services	60	29.7
Hospital licensing authority	20	9.9
The Joint Commission	100	49.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	88	43.6
Council on Accreditation (COA)	12	5.9
Centers for Medicare and Medicaid Services (CMS)	97	48.0
Other national organization or federal, state, or local agency	1	0.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	176	87.1
Private health insurance	192	95.0
Medicare	145	71.8
Medicaid	187	92.6
State-financed health insurance plan other than Medicaid	153	75.7
State mental health agency (or equivalent) funds	113	55.9
State welfare or child and family services agency funds	79	39.1
State corrections or juvenile justice agency funds	61	30.2
State education agency funds	43	21.3
Other state government funds	75	37.1
County or local government funds	44	21.8
Community Service Block Grants	63	31.2
Community Mental Health Block Grants	79	39.1
Federal military insurance	138	68.3
U.S. Department of Veterans Affairs funds	55	27.2
IHS/Tribal/Urban (ITU) funds	5	2.5
Other	4	2.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	149	73.8
Any language other than English	166	82.2
<b>Languages provided by staff</b>		
Spanish	32	15.8
American Indian/Alaska Native languages	—	—
Other	3	1.5

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	174	86.1
No crisis intervention team	28	13.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	100	49.5
Transitional age young adults	48	23.8
Persons 18 years and older with serious mental illness (SMI)	120	59.4
Seniors or older adults	62	30.7
Persons with Alzheimer's or dementia	29	14.4
Persons with co-occurring mental and substance use disorders	95	47.0
Persons with eating disorders	27	13.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	88	43.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	86	42.6
Persons with traumatic brain injury (TBI)	17	8.4
Veterans	23	11.4
Active duty military	13	6.4
Members of military families	26	12.9
LGBT clients	36	17.8
Forensic clients <sup>1</sup>	49	24.3
Persons with HIV or AIDS	40	19.8
Other special program or group	8	4.0
No dedicated or exclusively designed programs or groups offered	26	12.9

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

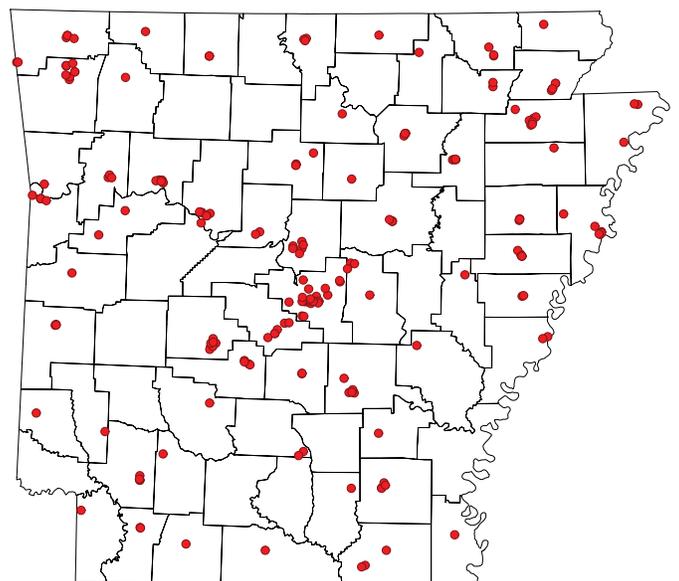
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## Location of treatment facilities



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## 2019 State Profile — California National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In California, 952 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in California was 88.4 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	493	51.8
Private for-profit	186	19.5
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	0.2
Other state government agency or department	25	2.6
Regional/district authority or county, local, or municipal government	205	21.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	41	4.3
Other	—	—
<b>Total</b>	<b>952</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	128	13.4
24-hour residential	188	19.7
Less-than-24 hour		
Partial hospitalization/day treatment	119	12.5
Outpatient	734	77.1
<b>Total</b>	<b>952</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	63	6.6
General hospital	53	5.6
Residential treatment center for children	54	5.7
Residential treatment center for adults	102	10.7
Other type of residential treatment facility	3	0.3
Veterans Affairs medical center or other VA health care facility	35	3.7
Community mental health center (CMHC)	91	9.6
Partial hospitalization/day treatment facility	26	2.7
Outpatient mental health facility	500	52.5
Multi-setting mental health facility	25	2.6
Other	—	—
<b>Total</b>	<b>952</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	889	93.4
Couples/family therapy	664	69.7
Group therapy	841	88.3
Cognitive behavioral therapy	869	91.3
Dialectical behavior therapy	514	54.0
Behavior modification	628	66.0
Integrated dual disorders treatment	521	54.7
Trauma therapy	761	79.9
Activity therapy	470	49.4
Electroconvulsive therapy	29	3.0
Telemedicine/telehealth therapy	291	30.6
Psychotropic medication	810	85.1
Other	48	5.0
None of these mental health treatment approaches are offered	2	0.2

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	206	21.6
Children (12 years or younger)	459	48.2
Adolescents (13–17 years)	535	56.2
Young adults (18–25 years)	820	86.1
Adults (26–64 years)	686	72.1
Seniors (65 years or older)	564	59.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	142	14.9
Intensive case management (ICM)	386	40.5
Case management (CM)	787	82.7
Court-ordered outpatient treatment	298	31.3
Chronic disease/illness management (CDM)	124	13.0
Illness management and recovery (IMR)	172	18.1
Integrated primary care services	220	23.1
Diet and exercise counseling	286	30.0
Family psychoeducation	720	75.6
Education services	259	27.2
Housing services	276	29.0
Supported housing	176	18.5
Psychosocial rehabilitation services	616	64.7
Vocational rehabilitation services	223	23.4
Supported employment	155	16.3
Therapeutic foster care	45	4.7
Legal advocacy	59	6.2
Psychiatric emergency walk-in services	231	24.3
Suicide prevention services	583	61.2
Consumer-run (peer support) services	319	33.5
Screening for tobacco use	398	41.8
Smoking/tobacco cessation counseling	282	29.6
Nicotine replacement therapy	194	20.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	170	17.9
Other	12	1.3
None of these services and practices are offered	2	0.2

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	578	60.7
State substance abuse agency	134	14.1
State department of health	427	44.9
State or local department of family and children's services	149	15.7
Hospital licensing authority	101	10.6
The Joint Commission	301	31.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	133	14.0
Council on Accreditation (COA)	88	9.2
Centers for Medicare and Medicaid Services (CMS)	395	41.5
Other national organization or federal, state, or local agency	79	8.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	577	60.6
Private health insurance	463	48.6
Medicare	537	56.4
Medicaid	683	71.7
State-financed health insurance plan other than Medicaid	348	36.6
State mental health agency (or equivalent) funds	445	46.7
State welfare or child and family services agency funds	286	30.0
State corrections or juvenile justice agency funds	182	19.1
State education agency funds	125	13.1
Other state government funds	277	29.1
County or local government funds	567	59.6
Community Service Block Grants	122	12.8
Community Mental Health Block Grants	190	20.0
Federal military insurance	155	16.3
U.S. Department of Veterans Affairs funds	114	12.0
IHS/Tribal/Urban (ITU) funds	41	4.3
Other	9	0.9

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	482	50.6
Any language other than English	828	87.0
<b>Languages provided by staff</b>		
Spanish	707	74.3
American Indian/Alaska Native languages	2	0.2
Other	323	33.9

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	487	51.2
No crisis intervention team	461	48.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	345	36.2
Transitional age young adults	311	32.7
Persons 18 years and older with serious mental illness (SMI)	487	51.2
Seniors or older adults	247	25.9
Persons with Alzheimer's or dementia	33	3.5
Persons with co-occurring mental and substance use disorders	491	51.6
Persons with eating disorders	119	12.5
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	511	53.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	489	51.4
Persons with traumatic brain injury (TBI)	43	4.5
Veterans	139	14.6
Active duty military	38	4.0
Members of military families	68	7.1
LGBT clients	303	31.8
Forensic clients <sup>1</sup>	209	22.0
Persons with HIV or AIDS	107	11.2
Other special program or group	76	8.0
No dedicated or exclusively designed programs or groups offered	75	7.9

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

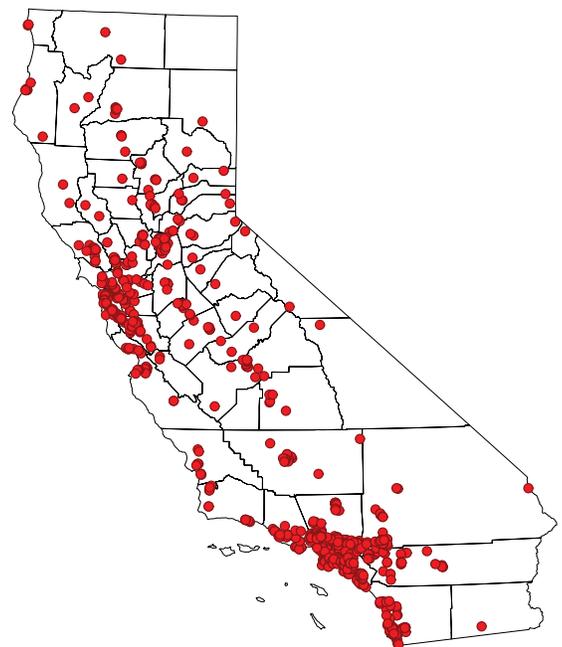
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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## 2019 State Profile — Colorado

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Colorado, 190 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Colorado was 91.4 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	166	87.4
Private for-profit	13	6.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	3	1.6
Regional/district authority or county, local, or municipal government	1	0.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	7	3.7
Other	—	—
<b>Total</b>	<b>190</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	19	10.0
24-hour residential	40	21.1
Less-than-24 hour		
Partial hospitalization/day treatment	24	12.6
Outpatient	151	79.5
<b>Total</b>	<b>190</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	3.7
General hospital	9	4.7
Residential treatment center for children	14	7.4
Residential treatment center for adults	17	8.9
Other type of residential treatment facility	3	1.6
Veterans Affairs medical center or other VA health care facility	7	3.7
Community mental health center (CMHC)	100	52.6
Partial hospitalization/day treatment facility	2	1.1
Outpatient mental health facility	26	13.7
Multi-setting mental health facility	5	2.6
Other	—	—
<b>Total</b>	<b>190</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	182	95.8
Couples/family therapy	147	77.4
Group therapy	179	94.2
Cognitive behavioral therapy	173	91.1
Dialectical behavior therapy	155	81.6
Behavior modification	129	67.9
Integrated dual disorders treatment	112	58.9
Trauma therapy	166	87.4
Activity therapy	98	51.6
Electroconvulsive therapy	11	5.8
Telemedicine/telehealth therapy	102	53.7
Psychotropic medication	163	85.8
Other	28	14.7
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	97	51.1
Children (12 years or younger)	127	66.8
Adolescents (13–17 years)	143	75.3
Young adults (18–25 years)	168	88.4
Adults (26–64 years)	161	84.7
Seniors (65 years or older)	149	78.4

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	58	30.5
Intensive case management (ICM)	80	42.1
Case management (CM)	167	87.9
Court-ordered outpatient treatment	106	55.8
Chronic disease/illness management (CDM)	55	28.9
Illness management and recovery (IMR)	55	28.9
Integrated primary care services	49	25.8
Diet and exercise counseling	59	31.1
Family psychoeducation	137	72.1
Education services	55	28.9
Housing services	64	33.7
Supported housing	45	23.7
Psychosocial rehabilitation services	91	47.9
Vocational rehabilitation services	72	37.9
Supported employment	50	26.3
Therapeutic foster care	7	3.7
Legal advocacy	2	1.1
Psychiatric emergency walk-in services	62	32.6
Suicide prevention services	146	76.8
Consumer-run (peer support) services	82	43.2
Screening for tobacco use	115	60.5
Smoking/tobacco cessation counseling	91	47.9
Nicotine replacement therapy	69	36.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	63	33.2
Other	4	2.1
None of these services and practices are offered	2	1.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	163	85.8
State substance abuse agency	114	60.0
State department of health	120	63.2
State or local department of family and children's services	45	23.7
Hospital licensing authority	13	6.8
The Joint Commission	38	20.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	15	7.9
Council on Accreditation (COA)	19	10.0
Centers for Medicare and Medicaid Services (CMS)	102	53.7
Other national organization or federal, state, or local agency	1	0.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	173	91.1
Private health insurance	157	82.6
Medicare	140	73.7
Medicaid	175	92.1
State-financed health insurance plan other than Medicaid	136	71.6
State mental health agency (or equivalent) funds	123	64.7
State welfare or child and family services agency funds	119	62.6
State corrections or juvenile justice agency funds	97	51.1
State education agency funds	63	33.2
Other state government funds	93	48.9
County or local government funds	125	65.8
Community Service Block Grants	63	33.2
Community Mental Health Block Grants	95	50.0
Federal military insurance	120	63.2
U.S. Department of Veterans Affairs funds	55	28.9
IHS/Tribal/Urban (ITU) funds	21	11.1
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	113	59.5
Any language other than English	151	79.5
<b>Languages provided by staff</b>		
Spanish	68	35.8
American Indian/Alaska Native languages	—	—
Other	4	2.1

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	135	71.1
No crisis intervention team	55	28.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	79	41.6
Transitional age young adults	47	24.7
Persons 18 years and older with serious mental illness (SMI)	93	48.9
Seniors or older adults	48	25.3
Persons with Alzheimer's or dementia	6	3.2
Persons with co-occurring mental and substance use disorders	118	62.1
Persons with eating disorders	8	4.2
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	116	61.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	111	58.4
Persons with traumatic brain injury (TBI)	12	6.3
Veterans	32	16.8
Active duty military	18	9.5
Members of military families	22	11.6
LGBT clients	40	21.1
Forensic clients <sup>1</sup>	48	25.3
Persons with HIV or AIDS	17	8.9
Other special program or group	7	3.7
No dedicated or exclusively designed programs or groups offered	22	11.6

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

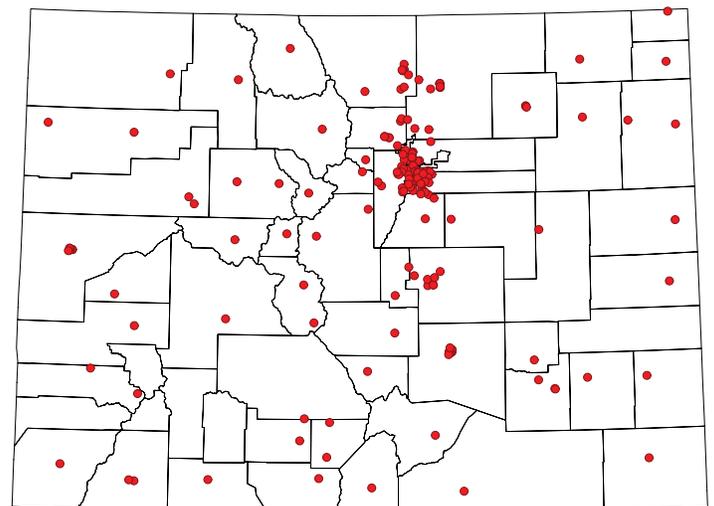
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## Location of treatment facilities



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## 2019 State Profile — Connecticut National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Connecticut, 230 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Connecticut was 87.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	191	83.0
Private for-profit	14	6.1
<b>Public agency or department</b>		
State mental health agency (SMHA)	13	5.7
Other state government agency or department	5	2.2
Regional/district authority or county, local, or municipal government	5	2.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	0.9
Other	—	—
<b>Total</b>	<b>230</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	23	10.0
24-hour residential	35	15.2
Less-than-24 hour		
Partial hospitalization/day treatment	41	17.8
Outpatient	182	79.1
<b>Total</b>	<b>230</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	2.2
General hospital	18	7.8
Residential treatment center for children	7	3.0
Residential treatment center for adults	15	6.5
Other type of residential treatment facility	3	1.3
Veterans Affairs medical center or other VA health care facility	2	0.9
Community mental health center (CMHC)	25	10.9
Partial hospitalization/day treatment facility	16	7.0
Outpatient mental health facility	128	55.7
Multi-setting mental health facility	11	4.8
Other	—	—
<b>Total</b>	<b>230</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	204	88.7
Couples/family therapy	177	77.0
Group therapy	214	93.0
Cognitive behavioral therapy	214	93.0
Dialectical behavior therapy	137	59.6
Behavior modification	142	61.7
Integrated dual disorders treatment	143	62.2
Trauma therapy	184	80.0
Activity therapy	82	35.7
Electroconvulsive therapy	6	2.6
Telemedicine/telehealth therapy	13	5.7
Psychotropic medication	209	90.9
Other	18	7.8
None of these mental health treatment approaches are offered	2	0.9

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	66	28.7
Children (12 years or younger)	116	50.4
Adolescents (13–17 years)	137	59.6
Young adults (18–25 years)	185	80.4
Adults (26–64 years)	175	76.1
Seniors (65 years or older)	168	73.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	16	7.0
Intensive case management (ICM)	34	14.8
Case management (CM)	148	64.3
Court-ordered outpatient treatment	74	32.2
Chronic disease/illness management (CDM)	44	19.1
Illness management and recovery (IMR)	60	26.1
Integrated primary care services	64	27.8
Diet and exercise counseling	88	38.3
Family psychoeducation	184	80.0
Education services	63	27.4
Housing services	37	16.1
Supported housing	22	9.6
Psychosocial rehabilitation services	68	29.6
Vocational rehabilitation services	40	17.4
Supported employment	41	17.8
Therapeutic foster care	5	2.2
Legal advocacy	16	7.0
Psychiatric emergency walk-in services	63	27.4
Suicide prevention services	128	55.7
Consumer-run (peer support) services	46	20.0
Screening for tobacco use	138	60.0
Smoking/tobacco cessation counseling	127	55.2
Nicotine replacement therapy	81	35.2
Non-nicotine smoking/tobacco cessation medications (by prescription)	92	40.0
Other	2	0.9
None of these services and practices are offered	4	1.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	122	53.0
State substance abuse agency	85	37.0
State department of health	187	81.3
State or local department of family and children's services	111	48.3
Hospital licensing authority	35	15.2
The Joint Commission	142	61.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	23	10.0
Council on Accreditation (COA)	24	10.4
Centers for Medicare and Medicaid Services (CMS)	146	63.5
Other national organization or federal, state, or local agency	21	9.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	210	91.3
Private health insurance	204	88.7
Medicare	167	72.6
Medicaid	216	93.9
State-financed health insurance plan other than Medicaid	177	77.0
State mental health agency (or equivalent) funds	142	61.7
State welfare or child and family services agency funds	132	57.4
State corrections or juvenile justice agency funds	64	27.8
State education agency funds	39	17.0
Other state government funds	88	38.3
County or local government funds	79	34.3
Community Service Block Grants	71	30.9
Community Mental Health Block Grants	88	38.3
Federal military insurance	121	52.6
U.S. Department of Veterans Affairs funds	41	17.8
IHS/Tribal/Urban (ITU) funds	25	10.9
Other	11	4.8

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	93	40.4
Any language other than English	161	70.0
<b>Languages provided by staff</b>		
Spanish	121	52.6
American Indian/Alaska Native languages	—	—
Other	46	20.0

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	104	45.2
No crisis intervention team	126	54.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	75	32.6
Transitional age young adults	65	28.3
Persons 18 years and older with serious mental illness (SMI)	100	43.5
Seniors or older adults	59	25.7
Persons with Alzheimer's or dementia	8	3.5
Persons with co-occurring mental and substance use disorders	137	59.6
Persons with eating disorders	23	10.0
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	145	63.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	135	58.7
Persons with traumatic brain injury (TBI)	26	11.3
Veterans	33	14.3
Active duty military	19	8.3
Members of military families	23	10.0
LGBT clients	92	40.0
Forensic clients <sup>1</sup>	43	18.7
Persons with HIV or AIDS	40	17.4
Other special program or group	16	7.0
No dedicated or exclusively designed programs or groups offered	16	7.0

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

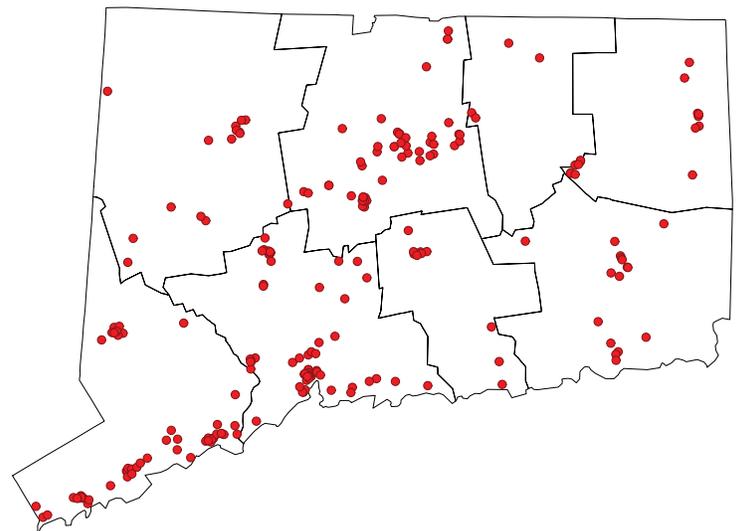
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## Location of treatment facilities



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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Delaware National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Delaware, 36 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Delaware was 90.0 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	20	55.6
Private for-profit	10	27.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	5.6
Other state government agency or department	2	5.6
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	5.6
Other	—	—
<b>Total</b>	<b>36</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	5	13.9
24-hour residential	2	5.6
Less-than-24 hour		
Partial hospitalization/day treatment	3	8.3
Outpatient	32	88.9
<b>Total</b>	<b>36</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	4	11.1
General hospital	1	2.8
Residential treatment center for children	1	2.8
Residential treatment center for adults	1	2.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	2	5.6
Community mental health center (CMHC)	—	—
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	27	75.0
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>36</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	34	94.4
Couples/family therapy	27	75.0
Group therapy	29	80.6
Cognitive behavioral therapy	35	97.2
Dialectical behavior therapy	22	61.1
Behavior modification	30	83.3
Integrated dual disorders treatment	25	69.4
Trauma therapy	34	94.4
Activity therapy	18	50.0
Electroconvulsive therapy	1	2.8
Telemedicine/telehealth therapy	18	50.0
Psychotropic medication	32	88.9
Other	1	2.8
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	14	38.9
Children (12 years or younger)	21	58.3
Adolescents (13–17 years)	24	66.7
Young adults (18–25 years)	34	94.4
Adults (26–64 years)	34	94.4
Seniors (65 years or older)	28	77.8

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	6	16.7
Intensive case management (ICM)	5	13.9
Case management (CM)	15	41.7
Court-ordered outpatient treatment	13	36.1
Chronic disease/illness management (CDM)	6	16.7
Illness management and recovery (IMR)	9	25.0
Integrated primary care services	9	25.0
Diet and exercise counseling	11	30.6
Family psychoeducation	28	77.8
Education services	12	33.3
Housing services	4	11.1
Supported housing	3	8.3
Psychosocial rehabilitation services	6	16.7
Vocational rehabilitation services	2	5.6
Supported employment	5	13.9
Therapeutic foster care	1	2.8
Legal advocacy	2	5.6
Psychiatric emergency walk-in services	7	19.4
Suicide prevention services	26	72.2
Consumer-run (peer support) services	11	30.6
Screening for tobacco use	15	41.7
Smoking/tobacco cessation counseling	14	38.9
Nicotine replacement therapy	12	33.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	6	16.7
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	12	33.3
State substance abuse agency	16	44.4
State department of health	10	27.8
State or local department of family and children's services	11	30.6
Hospital licensing authority	6	16.7
The Joint Commission	16	44.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	30.6
Council on Accreditation (COA)	3	8.3
Centers for Medicare and Medicaid Services (CMS)	15	41.7
Other national organization or federal, state, or local agency	4	11.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	31	86.1
Private health insurance	32	88.9
Medicare	22	61.1
Medicaid	33	91.7
State-financed health insurance plan other than Medicaid	28	77.8
State mental health agency (or equivalent) funds	25	69.4
State welfare or child and family services agency funds	19	52.8
State corrections or juvenile justice agency funds	17	47.2
State education agency funds	10	27.8
Other state government funds	17	47.2
County or local government funds	15	41.7
Community Service Block Grants	11	30.6
Community Mental Health Block Grants	15	41.7
Federal military insurance	25	69.4
U.S. Department of Veterans Affairs funds	11	30.6
IHS/Tribal/Urban (ITU) funds	2	5.6
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	24	66.7
Any language other than English	29	80.6
<b>Languages provided by staff</b>		
Spanish	15	41.7
American Indian/Alaska Native languages	1	2.8
Other	5	13.9

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	13	36.1
No crisis intervention team	23	63.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	9	25.0
Transitional age young adults	4	11.1
Persons 18 years and older with serious mental illness (SMI)	13	36.1
Seniors or older adults	7	19.4
Persons with Alzheimer's or dementia	1	2.8
Persons with co-occurring mental and substance use disorders	15	41.7
Persons with eating disorders	2	5.6
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	17	47.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	11	30.6
Persons with traumatic brain injury (TBI)	3	8.3
Veterans	7	19.4
Active duty military	3	8.3
Members of military families	4	11.1
LGBT clients	9	25.0
Forensic clients <sup>1</sup>	3	8.3
Persons with HIV or AIDS	6	16.7
Other special program or group	6	16.7
No dedicated or exclusively designed programs or groups offered	10	27.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

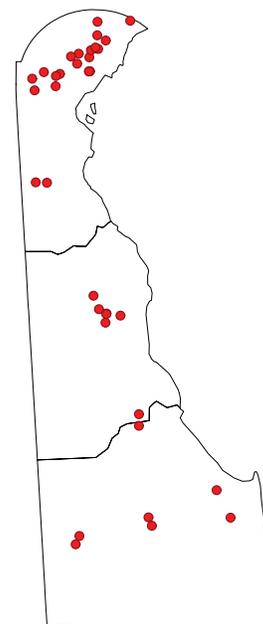
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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## 2019 State Profile — District of Columbia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In the District of Columbia, 39 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in the District of Columbia was 88.6 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	28	71.8
Private for-profit	5	12.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	2	5.1
Regional/district authority or county, local, or municipal government	2	5.1
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	2.6
Other	1	2.6
<b>Total</b>	<b>39</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	6	15.4
24-hour residential	1	2.6
Less-than-24 hour		
Partial hospitalization/day treatment	4	10.3
Outpatient	35	89.7
<b>Total</b>	<b>39</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

### Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	1	2.6
General hospital	5	12.8
Residential treatment center for children	—	—
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	1	2.6
Community mental health center (CMHC)	5	12.8
Partial hospitalization/day treatment facility	1	2.6
Outpatient mental health facility	25	64.1
Multi-setting mental health facility	1	2.6
Other	—	—
<b>Total</b>	<b>39</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	37	94.9
Couples/family therapy	23	59.0
Group therapy	31	79.5
Cognitive behavioral therapy	35	89.7
Dialectical behavior therapy	16	41.0
Behavior modification	22	56.4
Integrated dual disorders treatment	23	59.0
Trauma therapy	25	64.1
Activity therapy	12	30.8
Electroconvulsive therapy	1	2.6
Telemedicine/telehealth therapy	7	17.9
Psychotropic medication	32	82.1
Other	6	15.4
None of these mental health treatment approaches are offered	1	2.6

Note: Facilities may provide more than one type of treatment approach.

### Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	16	41.0
Children (12 years or younger)	21	53.8
Adolescents (13–17 years)	23	59.0
Young adults (18–25 years)	36	92.3
Adults (26–64 years)	34	87.2
Seniors (65 years or older)	34	87.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

### Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	8	20.5
Intensive case management (ICM)	8	20.5
Case management (CM)	22	56.4
Court-ordered outpatient treatment	19	48.7
Chronic disease/illness management (CDM)	11	28.2
Illness management and recovery (IMR)	8	20.5
Integrated primary care services	19	48.7
Diet and exercise counseling	19	48.7
Family psychoeducation	23	59.0
Education services	11	28.2
Housing services	14	35.9
Supported housing	8	20.5
Psychosocial rehabilitation services	18	46.2
Vocational rehabilitation services	4	10.3
Supported employment	7	17.9
Therapeutic foster care	—	—
Legal advocacy	5	12.8
Psychiatric emergency walk-in services	13	33.3
Suicide prevention services	20	51.3
Consumer-run (peer support) services	10	25.6
Screening for tobacco use	16	41.0
Smoking/tobacco cessation counseling	14	35.9
Nicotine replacement therapy	10	25.6
Non-nicotine smoking/tobacco cessation medications (by prescription)	7	17.9
Other	1	2.6
None of these services and practices are offered	3	7.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	30	76.9
State substance abuse agency	12	30.8
State department of health	20	51.3
State or local department of family and children's services	4	10.3
Hospital licensing authority	3	7.7
The Joint Commission	9	23.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	2	5.1
Council on Accreditation (COA)	3	7.7
Centers for Medicare and Medicaid Services (CMS)	20	51.3
Other national organization or federal, state, or local agency	5	12.8

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	28	71.8
Private health insurance	26	66.7
Medicare	28	71.8
Medicaid	35	89.7
State-financed health insurance plan other than Medicaid	22	56.4
State mental health agency (or equivalent) funds	20	51.3
State welfare or child and family services agency funds	8	20.5
State corrections or juvenile justice agency funds	6	15.4
State education agency funds	6	15.4
Other state government funds	12	30.8
County or local government funds	21	53.8
Community Service Block Grants	7	17.9
Community Mental Health Block Grants	10	25.6
Federal military insurance	13	33.3
U.S. Department of Veterans Affairs funds	5	12.8
IHS/Tribal/Urban (ITU) funds	—	—
Other	2	5.1

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	21	53.8
Any language other than English	33	84.6
<b>Languages provided by staff</b>		
Spanish	23	59.0
American Indian/Alaska Native languages	—	—
Other	8	20.5

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	18	46.2
No crisis intervention team	21	53.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

### Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	8	20.5
Transitional age young adults	11	28.2
Persons 18 years and older with serious mental illness (SMI)	21	53.8
Seniors or older adults	14	35.9
Persons with Alzheimer’s or dementia	2	5.1
Persons with co-occurring mental and substance use disorders	23	59.0
Persons with eating disorders	5	12.8
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	21	53.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	18	46.2
Persons with traumatic brain injury (TBI)	1	2.6
Veterans	12	30.8
Active duty military	5	12.8
Members of military families	7	17.9
LGBT clients	13	33.3
Forensic clients <sup>1</sup>	8	20.5
Persons with HIV or AIDS	14	35.9
Other special program or group	4	10.3
No dedicated or exclusively designed programs or groups offered	6	15.4

LGBT = lesbian, gay, bisexual, or transgender.  
<sup>1</sup> Referred from the court/judicial system.

### Symbol key (where applicable)

— Quantity is zero.

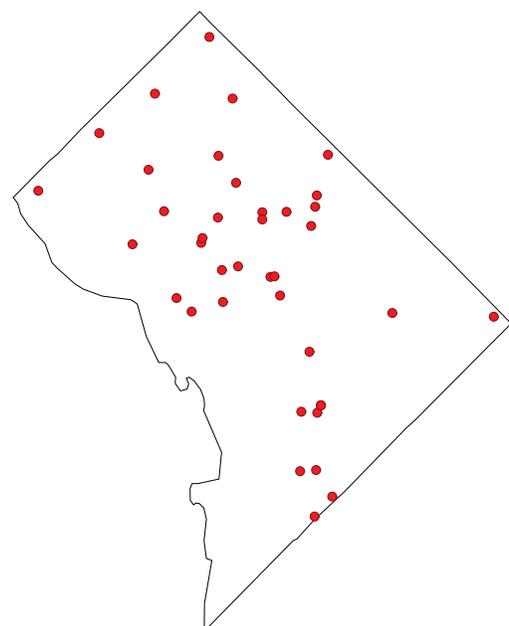
### Location of treatment facilities

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## 2019 State Profile — Florida National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Florida, 520 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Florida was 91.6 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	321	61.7
Private for-profit	137	26.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	4	0.8
Other state government agency or department	2	0.4
Regional/district authority or county, local, or municipal government	12	2.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	44	8.5
Other	—	—
<b>Total</b>	<b>520</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	106	20.4
24-hour residential	98	18.8
Less-than-24 hour		
Partial hospitalization/day treatment	93	17.9
Outpatient	397	76.3
<b>Total</b>	<b>520</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	45	8.7
General hospital	40	7.7
Residential treatment center for children	24	4.6
Residential treatment center for adults	42	8.1
Other type of residential treatment facility	2	0.4
Veterans Affairs medical center or other VA health care facility	42	8.1
Community mental health center (CMHC)	115	22.1
Partial hospitalization/day treatment facility	14	2.7
Outpatient mental health facility	180	34.6
Multi-setting mental health facility	16	3.1
Other	—	—
<b>Total</b>	<b>520</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	465	89.4
Couples/family therapy	368	70.8
Group therapy	429	82.5
Cognitive behavioral therapy	448	86.2
Dialectical behavior therapy	238	45.8
Behavior modification	299	57.5
Integrated dual disorders treatment	322	61.9
Trauma therapy	386	74.2
Activity therapy	249	47.9
Electroconvulsive therapy	35	6.7
Telemedicine/telehealth therapy	198	38.1
Psychotropic medication	420	80.8
Other	27	5.2
None of these mental health treatment approaches are offered	2	0.4

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	217	41.7
Children (12 years or younger)	291	56.0
Adolescents (13–17 years)	302	58.1
Young adults (18–25 years)	464	89.2
Adults (26–64 years)	458	88.1
Seniors (65 years or older)	431	82.9

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	57	11.0
Intensive case management (ICM)	92	17.7
Case management (CM)	347	66.7
Court-ordered outpatient treatment	233	44.8
Chronic disease/illness management (CDM)	105	20.2
Illness management and recovery (IMR)	126	24.2
Integrated primary care services	128	24.6
Diet and exercise counseling	147	28.3
Family psychoeducation	314	60.4
Education services	147	28.3
Housing services	85	16.3
Supported housing	72	13.8
Psychosocial rehabilitation services	180	34.6
Vocational rehabilitation services	42	8.1
Supported employment	49	9.4
Therapeutic foster care	28	5.4
Legal advocacy	36	6.9
Psychiatric emergency walk-in services	183	35.2
Suicide prevention services	299	57.5
Consumer-run (peer support) services	132	25.4
Screening for tobacco use	263	50.6
Smoking/tobacco cessation counseling	215	41.3
Nicotine replacement therapy	155	29.8
Non-nicotine smoking/tobacco cessation medications (by prescription)	136	26.2
Other	12	2.3
None of these services and practices are offered	8	1.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	243	46.7
State substance abuse agency	169	32.5
State department of health	225	43.3
State or local department of family and children's services	322	61.9
Hospital licensing authority	91	17.5
The Joint Commission	227	43.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	199	38.3
Council on Accreditation (COA)	73	14.0
Centers for Medicare and Medicaid Services (CMS)	250	48.1
Other national organization or federal, state, or local agency	29	5.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	435	83.7
Private health insurance	414	79.6
Medicare	289	55.6
Medicaid	404	77.7
State-financed health insurance plan other than Medicaid	234	45.0
State mental health agency (or equivalent) funds	247	47.5
State welfare or child and family services agency funds	204	39.2
State corrections or juvenile justice agency funds	117	22.5
State education agency funds	59	11.3
Other state government funds	172	33.1
County or local government funds	211	40.6
Community Service Block Grants	95	18.3
Community Mental Health Block Grants	136	26.2
Federal military insurance	252	48.5
U.S. Department of Veterans Affairs funds	142	27.3
IHS/Tribal/Urban (ITU) funds	30	5.8
Other	10	1.9

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	375	72.1
Any language other than English	424	81.5
<b>Languages provided by staff</b>		
Spanish	294	56.5
American Indian/Alaska Native languages	—	—
Other	123	23.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	198	38.1
No crisis intervention team	322	61.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	150	28.8
Transitional age young adults	95	18.3
Persons 18 years and older with serious mental illness (SMI)	262	50.4
Seniors or older adults	160	30.8
Persons with Alzheimer's or dementia	42	8.1
Persons with co-occurring mental and substance use disorders	285	54.8
Persons with eating disorders	39	7.5
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	233	44.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	226	43.5
Persons with traumatic brain injury (TBI)	45	8.7
Veterans	134	25.8
Active duty military	48	9.2
Members of military families	75	14.4
LGBT clients	110	21.2
Forensic clients <sup>1</sup>	133	25.6
Persons with HIV or AIDS	78	15.0
Other special program or group	30	5.8
No dedicated or exclusively designed programs or groups offered	66	12.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

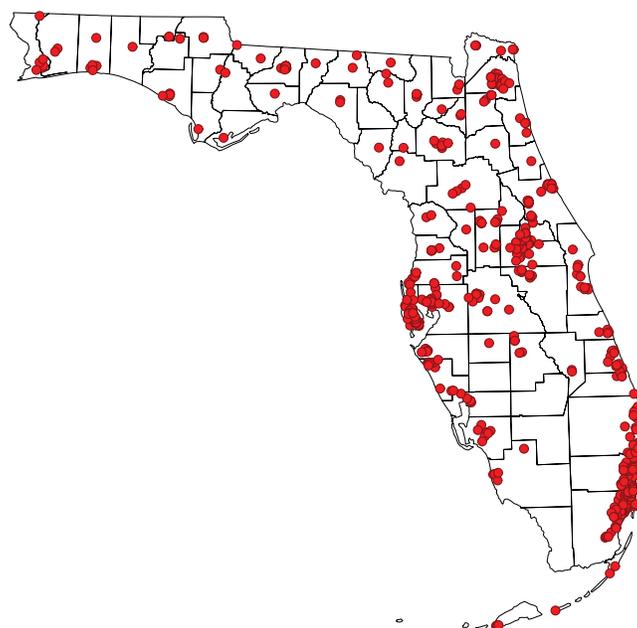
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## Location of treatment facilities



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## 2019 State Profile — Georgia

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Georgia, 236 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Georgia was 90.4 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	60	25.4
Private for-profit	68	28.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	15	6.4
Other state government agency or department	60	25.4
Regional/district authority or county, local, or municipal government	21	8.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	11	4.7
Other	1	0.4
<b>Total</b>	<b>236</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	41	17.4
24-hour residential	25	10.6
Less-than-24 hour		
Partial hospitalization/day treatment	39	16.5
Outpatient	206	87.3
<b>Total</b>	<b>236</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	19	8.1
General hospital	17	7.2
Residential treatment center for children	4	1.7
Residential treatment center for adults	9	3.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	9	3.8
Community mental health center (CMHC)	40	16.9
Partial hospitalization/day treatment facility	2	0.8
Outpatient mental health facility	129	54.7
Multi-setting mental health facility	7	3.0
Other	—	—
<b>Total</b>	<b>236</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	220	93.2
Couples/family therapy	188	79.7
Group therapy	222	94.1
Cognitive behavioral therapy	221	93.6
Dialectical behavior therapy	150	63.6
Behavior modification	167	70.8
Integrated dual disorders treatment	164	69.5
Trauma therapy	185	78.4
Activity therapy	114	48.3
Electroconvulsive therapy	8	3.4
Telemedicine/telehealth therapy	146	61.9
Psychotropic medication	220	93.2
Other	6	2.5
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	130	55.1
Children (12 years or younger)	158	66.9
Adolescents (13–17 years)	171	72.5
Young adults (18–25 years)	219	92.8
Adults (26–64 years)	210	89.0
Seniors (65 years or older)	202	85.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	45	19.1
Intensive case management (ICM)	66	28.0
Case management (CM)	197	83.5
Court-ordered outpatient treatment	154	65.3
Chronic disease/illness management (CDM)	29	12.3
Illness management and recovery (IMR)	60	25.4
Integrated primary care services	50	21.2
Diet and exercise counseling	86	36.4
Family psychoeducation	172	72.9
Education services	79	33.5
Housing services	70	29.7
Supported housing	62	26.3
Psychosocial rehabilitation services	137	58.1
Vocational rehabilitation services	26	11.0
Supported employment	68	28.8
Therapeutic foster care	22	9.3
Legal advocacy	6	2.5
Psychiatric emergency walk-in services	116	49.2
Suicide prevention services	173	73.3
Consumer-run (peer support) services	100	42.4
Screening for tobacco use	115	48.7
Smoking/tobacco cessation counseling	76	32.2
Nicotine replacement therapy	50	21.2
Non-nicotine smoking/tobacco cessation medications (by prescription)	38	16.1
Other	5	2.1
None of these services and practices are offered	2	0.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	144	61.0
State substance abuse agency	143	60.6
State department of health	104	44.1
State or local department of family and children's services	39	16.5
Hospital licensing authority	25	10.6
The Joint Commission	63	26.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	154	65.3
Council on Accreditation (COA)	26	11.0
Centers for Medicare and Medicaid Services (CMS)	121	51.3
Other national organization or federal, state, or local agency	5	2.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	207	87.7
Private health insurance	182	77.1
Medicare	168	71.2
Medicaid	209	88.6
State-financed health insurance plan other than Medicaid	173	73.3
State mental health agency (or equivalent) funds	157	66.5
State welfare or child and family services agency funds	116	49.2
State corrections or juvenile justice agency funds	88	37.3
State education agency funds	42	17.8
Other state government funds	102	43.2
County or local government funds	110	46.6
Community Service Block Grants	78	33.1
Community Mental Health Block Grants	91	38.6
Federal military insurance	123	52.1
U.S. Department of Veterans Affairs funds	89	37.7
IHS/Tribal/Urban (ITU) funds	17	7.2
Other	1	0.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	160	67.8
Any language other than English	176	74.6
<b>Languages provided by staff</b>		
Spanish	53	22.5
American Indian/Alaska Native languages	—	—
Other	8	3.4

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	104	44.1
No crisis intervention team	132	55.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	92	39.0
Transitional age young adults	62	26.3
Persons 18 years and older with serious mental illness (SMI)	125	53.0
Seniors or older adults	80	33.9
Persons with Alzheimer's or dementia	12	5.1
Persons with co-occurring mental and substance use disorders	185	78.4
Persons with eating disorders	21	8.9
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	122	51.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	120	50.8
Persons with traumatic brain injury (TBI)	11	4.7
Veterans	59	25.0
Active duty military	31	13.1
Members of military families	44	18.6
LGBT clients	59	25.0
Forensic clients <sup>1</sup>	57	24.2
Persons with HIV or AIDS	37	15.7
Other special program or group	11	4.7
No dedicated or exclusively designed programs or groups offered	20	8.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

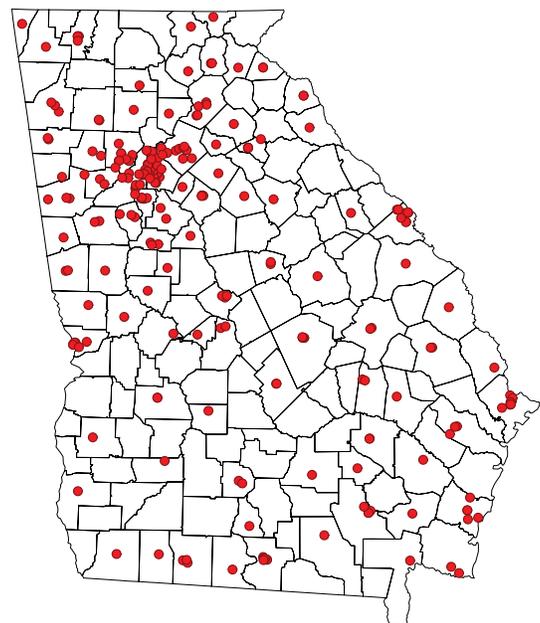
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<https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Hawaii

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Hawaii, 39 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Hawaii was 95.2 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	8	20.5
Private for-profit	8	20.5
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	2.6
Other state government agency or department	18	46.2
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	4	10.3
Other	—	—
<b>Total</b>	<b>39</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	9	23.1
24-hour residential	3	7.7
Less-than-24 hour		
Partial hospitalization/day treatment	7	17.9
Outpatient	33	84.6
<b>Total</b>	<b>39</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	5.1
General hospital	6	15.4
Residential treatment center for children	—	—
Residential treatment center for adults	—	—
Other type of residential treatment facility	1	2.6
Veterans Affairs medical center or other VA health care facility	4	10.3
Community mental health center (CMHC)	10	25.6
Partial hospitalization/day treatment facility	1	2.6
Outpatient mental health facility	15	38.5
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>39</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	37	94.9
Couples/family therapy	25	64.1
Group therapy	29	74.4
Cognitive behavioral therapy	32	82.1
Dialectical behavior therapy	18	46.2
Behavior modification	27	69.2
Integrated dual disorders treatment	31	79.5
Trauma therapy	29	74.4
Activity therapy	12	30.8
Electroconvulsive therapy	1	2.6
Telemedicine/telehealth therapy	20	51.3
Psychotropic medication	36	92.3
Other	1	2.6
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	10	25.6
Children (12 years or younger)	13	33.3
Adolescents (13–17 years)	13	33.3
Young adults (18–25 years)	39	100.0
Adults (26–64 years)	36	92.3
Seniors (65 years or older)	36	92.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	2	5.1
Intensive case management (ICM)	20	51.3
Case management (CM)	29	74.4
Court-ordered outpatient treatment	24	61.5
Chronic disease/illness management (CDM)	13	33.3
Illness management and recovery (IMR)	12	30.8
Integrated primary care services	19	48.7
Diet and exercise counseling	23	59.0
Family psychoeducation	25	64.1
Education services	10	25.6
Housing services	14	35.9
Supported housing	12	30.8
Psychosocial rehabilitation services	19	48.7
Vocational rehabilitation services	12	30.8
Supported employment	10	25.6
Therapeutic foster care	—	—
Legal advocacy	11	28.2
Psychiatric emergency walk-in services	25	64.1
Suicide prevention services	29	74.4
Consumer-run (peer support) services	17	43.6
Screening for tobacco use	25	64.1
Smoking/tobacco cessation counseling	24	61.5
Nicotine replacement therapy	13	33.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	22	56.4
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	19	48.7
State substance abuse agency	10	25.6
State department of health	28	71.8
State or local department of family and children's services	3	7.7
Hospital licensing authority	7	17.9
The Joint Commission	12	30.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	19	48.7
Council on Accreditation (COA)	8	20.5
Centers for Medicare and Medicaid Services (CMS)	20	51.3
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	21	53.8
Private health insurance	22	56.4
Medicare	33	84.6
Medicaid	35	89.7
State-financed health insurance plan other than Medicaid	23	59.0
State mental health agency (or equivalent) funds	28	71.8
State welfare or child and family services agency funds	15	38.5
State corrections or juvenile justice agency funds	8	20.5
State education agency funds	4	10.3
Other state government funds	20	51.3
County or local government funds	11	28.2
Community Service Block Grants	4	10.3
Community Mental Health Block Grants	11	28.2
Federal military insurance	18	46.2
U.S. Department of Veterans Affairs funds	10	25.6
IHS/Tribal/Urban (ITU) funds	1	2.6
Other	1	2.6

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	20	51.3
Any language other than English	34	87.2
<b>Languages provided by staff</b>		
Spanish	13	33.3
American Indian/Alaska Native languages	—	—
Other	15	38.5

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	23	59.0
No crisis intervention team	16	41.0

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	6	15.4
Transitional age young adults	10	25.6
Persons 18 years and older with serious mental illness (SMI)	27	69.2
Seniors or older adults	14	35.9
Persons with Alzheimer's or dementia	7	17.9
Persons with co-occurring mental and substance use disorders	27	69.2
Persons with eating disorders	2	5.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	16	41.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	17	43.6
Persons with traumatic brain injury (TBI)	12	30.8
Veterans	13	33.3
Active duty military	6	15.4
Members of military families	11	28.2
LGBT clients	8	20.5
Forensic clients <sup>1</sup>	24	61.5
Persons with HIV or AIDS	11	28.2
Other special program or group	5	12.8
No dedicated or exclusively designed programs or groups offered	4	10.3

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

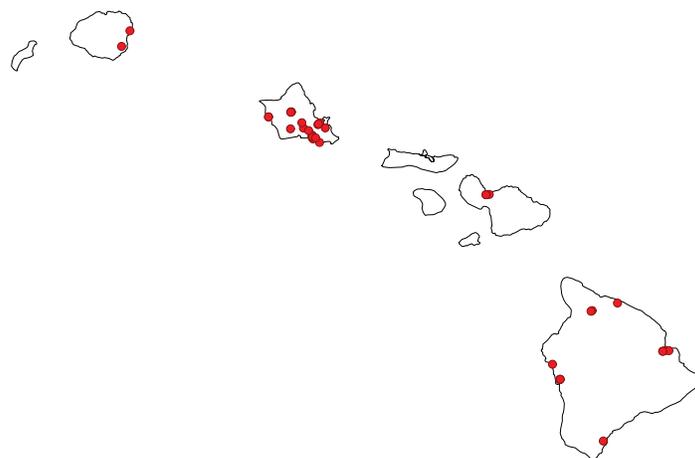
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## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Idaho

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Idaho, 140 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Idaho was 88.6 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	12	8.6
Private for-profit	99	70.7
<b>Public agency or department</b>		
State mental health agency (SMHA)	11	7.9
Other state government agency or department	7	5.0
Regional/district authority or county, local, or municipal government	1	0.7
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	4.3
Other	4	2.9
<b>Total</b>	<b>140</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	10	7.1
24-hour residential	6	4.3
Less-than-24 hour		
Partial hospitalization/day treatment	8	5.7
Outpatient	130	92.9
<b>Total</b>	<b>140</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	2.1
General hospital	6	4.3
Residential treatment center for children	2	1.4
Residential treatment center for adults	1	0.7
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	6	4.3
Community mental health center (CMHC)	13	9.3
Partial hospitalization/day treatment facility	1	0.7
Outpatient mental health facility	104	74.3
Multi-setting mental health facility	4	2.9
Other	—	—
<b>Total</b>	<b>140</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	138	98.6
Couples/family therapy	117	83.6
Group therapy	112	80.0
Cognitive behavioral therapy	136	97.1
Dialectical behavior therapy	106	75.7
Behavior modification	110	78.6
Integrated dual disorders treatment	83	59.3
Trauma therapy	124	88.6
Activity therapy	70	50.0
Electroconvulsive therapy	3	2.1
Telemedicine/telehealth therapy	58	41.4
Psychotropic medication	83	59.3
Other	12	8.6
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	108	77.1
Children (12 years or younger)	113	80.7
Adolescents (13–17 years)	122	87.1
Young adults (18–25 years)	136	97.1
Adults (26–64 years)	135	96.4
Seniors (65 years or older)	132	94.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	33	23.6
Intensive case management (ICM)	26	18.6
Case management (CM)	116	82.9
Court-ordered outpatient treatment	95	67.9
Chronic disease/illness management (CDM)	25	17.9
Illness management and recovery (IMR)	26	18.6
Integrated primary care services	27	19.3
Diet and exercise counseling	28	20.0
Family psychoeducation	108	77.1
Education services	39	27.9
Housing services	14	10.0
Supported housing	6	4.3
Psychosocial rehabilitation services	86	61.4
Vocational rehabilitation services	8	5.7
Supported employment	7	5.0
Therapeutic foster care	3	2.1
Legal advocacy	6	4.3
Psychiatric emergency walk-in services	43	30.7
Suicide prevention services	88	62.9
Consumer-run (peer support) services	70	50.0
Screening for tobacco use	41	29.3
Smoking/tobacco cessation counseling	35	25.0
Nicotine replacement therapy	20	14.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	25	17.9
Other	2	1.4
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	107	76.4
State substance abuse agency	45	32.1
State department of health	64	45.7
State or local department of family and children's services	38	27.1
Hospital licensing authority	10	7.1
The Joint Commission	20	14.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	7.9
Council on Accreditation (COA)	2	1.4
Centers for Medicare and Medicaid Services (CMS)	66	47.1
Other national organization or federal, state, or local agency	3	2.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	132	94.3
Private health insurance	129	92.1
Medicare	90	64.3
Medicaid	113	80.7
State-financed health insurance plan other than Medicaid	91	65.0
State mental health agency (or equivalent) funds	88	62.9
State welfare or child and family services agency funds	87	62.1
State corrections or juvenile justice agency funds	80	57.1
State education agency funds	62	44.3
Other state government funds	70	50.0
County or local government funds	76	54.3
Community Service Block Grants	39	27.9
Community Mental Health Block Grants	49	35.0
Federal military insurance	92	65.7
U.S. Department of Veterans Affairs funds	52	37.1
IHS/Tribal/Urban (ITU) funds	28	20.0
Other	3	2.1

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	56	40.0
Any language other than English	83	59.3
<b>Languages provided by staff</b>		
Spanish	54	38.6
American Indian/Alaska Native languages	—	—
Other	13	9.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	73	52.1
No crisis intervention team	67	47.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

### Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	76	54.3
Transitional age young adults	44	31.4
Persons 18 years and older with serious mental illness (SMI)	80	57.1
Seniors or older adults	50	35.7
Persons with Alzheimer’s or dementia	9	6.4
Persons with co-occurring mental and substance use disorders	68	48.6
Persons with eating disorders	26	18.6
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	61	43.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	63	45.0
Persons with traumatic brain injury (TBI)	29	20.7
Veterans	37	26.4
Active duty military	25	17.9
Members of military families	31	22.1
LGBT clients	38	27.1
Forensic clients <sup>1</sup>	44	31.4
Persons with HIV or AIDS	21	15.0
Other special program or group	8	5.7
No dedicated or exclusively designed programs or groups offered	29	20.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

### Symbol key (where applicable)

— Quantity is zero.

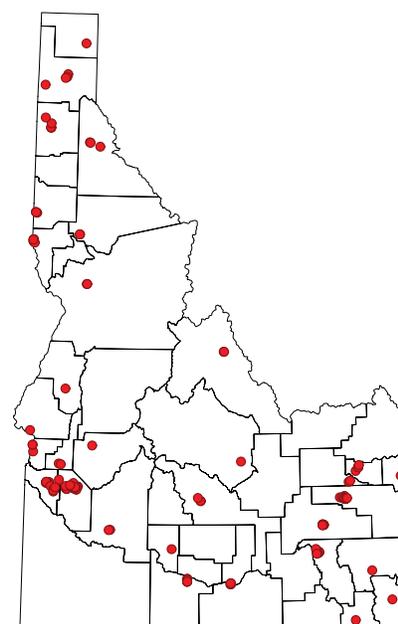
### Location of treatment facilities

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## 2019 State Profile — Illinois National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Illinois, 397 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Illinois was 92.1 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	302	76.1
Private for-profit	31	7.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	4	1.0
Other state government agency or department	10	2.5
Regional/district authority or county, local, or municipal government	26	6.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	24	6.0
Other	—	—
<b>Total</b>	<b>397</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	78	19.6
24-hour residential	77	19.4
Less-than-24 hour		
Partial hospitalization/day treatment	62	15.6
Outpatient	304	76.6
<b>Total</b>	<b>397</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	20	5.0
General hospital	53	13.4
Residential treatment center for children	10	2.5
Residential treatment center for adults	44	11.1
Other type of residential treatment facility	3	0.8
Veterans Affairs medical center or other VA health care facility	20	5.0
Community mental health center (CMHC)	122	30.7
Partial hospitalization/day treatment facility	9	2.3
Outpatient mental health facility	103	25.9
Multi-setting mental health facility	13	3.3
Other	—	—
<b>Total</b>	<b>397</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	363	91.4
Couples/family therapy	282	71.0
Group therapy	354	89.2
Cognitive behavioral therapy	357	89.9
Dialectical behavior therapy	241	60.7
Behavior modification	252	63.5
Integrated dual disorders treatment	195	49.1
Trauma therapy	287	72.3
Activity therapy	188	47.4
Electroconvulsive therapy	20	5.0
Telemedicine/telehealth therapy	138	34.8
Psychotropic medication	316	79.6
Other	20	5.0
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	185	46.6
Children (12 years or younger)	219	55.2
Adolescents (13–17 years)	241	60.7
Young adults (18–25 years)	362	91.2
Adults (26–64 years)	361	90.9
Seniors (65 years or older)	348	87.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	35	8.8
Intensive case management (ICM)	80	20.2
Case management (CM)	326	82.1
Court-ordered outpatient treatment	174	43.8
Chronic disease/illness management (CDM)	68	17.1
Illness management and recovery (IMR)	107	27.0
Integrated primary care services	112	28.2
Diet and exercise counseling	140	35.3
Family psychoeducation	250	63.0
Education services	131	33.0
Housing services	99	24.9
Supported housing	70	17.6
Psychosocial rehabilitation services	115	29.0
Vocational rehabilitation services	57	14.4
Supported employment	82	20.7
Therapeutic foster care	11	2.8
Legal advocacy	53	13.4
Psychiatric emergency walk-in services	133	33.5
Suicide prevention services	236	59.4
Consumer-run (peer support) services	98	24.7
Screening for tobacco use	186	46.9
Smoking/tobacco cessation counseling	133	33.5
Nicotine replacement therapy	104	26.2
Non-nicotine smoking/tobacco cessation medications (by prescription)	85	21.4
Other	7	1.8
None of these services and practices are offered	6	1.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	260	65.5
State substance abuse agency	132	33.2
State department of health	144	36.3
State or local department of family and children's services	104	26.2
Hospital licensing authority	73	18.4
The Joint Commission	190	47.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	143	36.0
Council on Accreditation (COA)	55	13.9
Centers for Medicare and Medicaid Services (CMS)	244	61.5
Other national organization or federal, state, or local agency	25	6.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	347	87.4
Private health insurance	312	78.6
Medicare	259	65.2
Medicaid	345	86.9
State-financed health insurance plan other than Medicaid	232	58.4
State mental health agency (or equivalent) funds	189	47.6
State welfare or child and family services agency funds	130	32.7
State corrections or juvenile justice agency funds	67	16.9
State education agency funds	50	12.6
Other state government funds	125	31.5
County or local government funds	174	43.8
Community Service Block Grants	76	19.1
Community Mental Health Block Grants	121	30.5
Federal military insurance	162	40.8
U.S. Department of Veterans Affairs funds	78	19.6
IHS/Tribal/Urban (ITU) funds	11	2.8
Other	4	1.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	204	51.4
Any language other than English	270	68.0
<b>Languages provided by staff</b>		
Spanish	113	28.5
American Indian/Alaska Native languages	—	—
Other	38	9.6

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	259	65.2
No crisis intervention team	138	34.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	111	28.0
Transitional age young adults	72	18.1
Persons 18 years and older with serious mental illness (SMI)	216	54.4
Seniors or older adults	101	25.4
Persons with Alzheimer's or dementia	30	7.6
Persons with co-occurring mental and substance use disorders	165	41.6
Persons with eating disorders	29	7.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	160	40.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	138	34.8
Persons with traumatic brain injury (TBI)	18	4.5
Veterans	64	16.1
Active duty military	25	6.3
Members of military families	36	9.1
LGBT clients	75	18.9
Forensic clients <sup>1</sup>	64	16.1
Persons with HIV or AIDS	32	8.1
Other special program or group	30	7.6
No dedicated or exclusively designed programs or groups offered	48	12.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

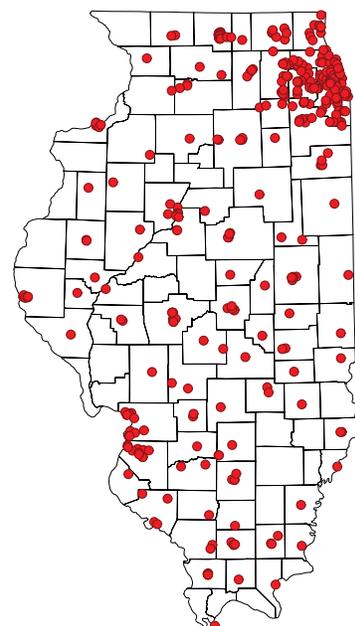
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## Location of treatment facilities



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## 2019 State Profile — Indiana National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Indiana, 285 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Indiana was 92.1 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	229	80.4
Private for-profit	21	7.4
<b>Public agency or department</b>		
State mental health agency (SMHA)	5	1.8
Other state government agency or department	7	2.5
Regional/district authority or county, local, or municipal government	7	2.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	16	5.6
Other	—	—
<b>Total</b>	<b>285</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	63	22.1
24-hour residential	48	16.8
Less-than-24 hour		
Partial hospitalization/day treatment	26	9.1
Outpatient	222	77.9
<b>Total</b>	<b>285</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	31	10.9
General hospital	26	9.1
Residential treatment center for children	13	4.6
Residential treatment center for adults	20	7.0
Other type of residential treatment facility	2	0.7
Veterans Affairs medical center or other VA health care facility	12	4.2
Community mental health center (CMHC)	148	51.9
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	31	10.9
Multi-setting mental health facility	2	0.7
Other	—	—
<b>Total</b>	<b>285</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	256	89.8
Couples/family therapy	227	79.6
Group therapy	252	88.4
Cognitive behavioral therapy	257	90.2
Dialectical behavior therapy	176	61.8
Behavior modification	148	51.9
Integrated dual disorders treatment	159	55.8
Trauma therapy	230	80.7
Activity therapy	125	43.9
Electroconvulsive therapy	15	5.3
Telemedicine/telehealth therapy	111	38.9
Psychotropic medication	249	87.4
Other	7	2.5
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	155	54.4
Children (12 years or younger)	186	65.3
Adolescents (13–17 years)	188	66.0
Young adults (18–25 years)	256	89.8
Adults (26–64 years)	251	88.1
Seniors (65 years or older)	252	88.4

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	25	8.8
Intensive case management (ICM)	96	33.7
Case management (CM)	231	81.1
Court-ordered outpatient treatment	140	49.1
Chronic disease/illness management (CDM)	75	26.3
Illness management and recovery (IMR)	119	41.8
Integrated primary care services	91	31.9
Diet and exercise counseling	105	36.8
Family psychoeducation	183	64.2
Education services	81	28.4
Housing services	58	20.4
Supported housing	38	13.3
Psychosocial rehabilitation services	144	50.5
Vocational rehabilitation services	43	15.1
Supported employment	93	32.6
Therapeutic foster care	16	5.6
Legal advocacy	12	4.2
Psychiatric emergency walk-in services	138	48.4
Suicide prevention services	206	72.3
Consumer-run (peer support) services	54	18.9
Screening for tobacco use	245	86.0
Smoking/tobacco cessation counseling	180	63.2
Nicotine replacement therapy	118	41.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	113	39.6
Other	3	1.1
None of these services and practices are offered	1	0.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	226	79.3
State substance abuse agency	171	60.0
State department of health	121	42.5
State or local department of family and children's services	99	34.7
Hospital licensing authority	53	18.6
The Joint Commission	187	65.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	94	33.0
Council on Accreditation (COA)	29	10.2
Centers for Medicare and Medicaid Services (CMS)	161	56.5
Other national organization or federal, state, or local agency	14	4.9

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	261	91.6
Private health insurance	269	94.4
Medicare	244	85.6
Medicaid	265	93.0
State-financed health insurance plan other than Medicaid	233	81.8
State mental health agency (or equivalent) funds	217	76.1
State welfare or child and family services agency funds	211	74.0
State corrections or juvenile justice agency funds	165	57.9
State education agency funds	86	30.2
Other state government funds	140	49.1
County or local government funds	179	62.8
Community Service Block Grants	104	36.5
Community Mental Health Block Grants	141	49.5
Federal military insurance	229	80.4
U.S. Department of Veterans Affairs funds	107	37.5
IHS/Tribal/Urban (ITU) funds	22	7.7
Other	1	0.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	218	76.5
Any language other than English	232	81.4
<b>Languages provided by staff</b>		
Spanish	67	23.5
American Indian/Alaska Native languages	—	—
Other	9	3.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	194	68.1
No crisis intervention team	91	31.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	120	42.1
Transitional age young adults	57	20.0
Persons 18 years and older with serious mental illness (SMI)	161	56.5
Seniors or older adults	72	25.3
Persons with Alzheimer's or dementia	25	8.8
Persons with co-occurring mental and substance use disorders	168	58.9
Persons with eating disorders	15	5.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	121	42.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	113	39.6
Persons with traumatic brain injury (TBI)	14	4.9
Veterans	36	12.6
Active duty military	10	3.5
Members of military families	23	8.1
LGBT clients	38	13.3
Forensic clients <sup>1</sup>	69	24.2
Persons with HIV or AIDS	24	8.4
Other special program or group	17	6.0
No dedicated or exclusively designed programs or groups offered	30	10.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

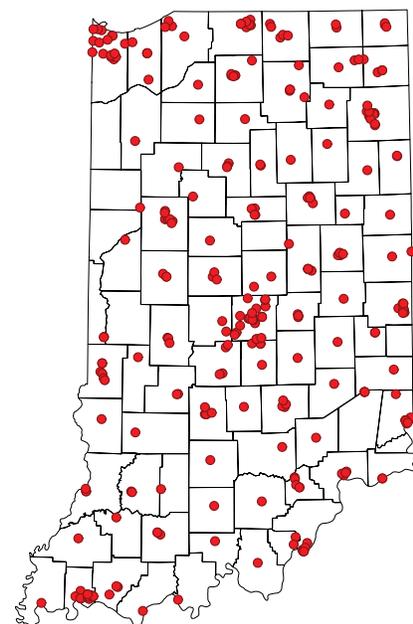
## Location of treatment facilities

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## 2019 State Profile — Iowa National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Iowa, 143 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Iowa was 91.1 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	120	83.9
Private for-profit	8	5.6
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.7
Other state government agency or department	2	1.4
Regional/district authority or county, local, or municipal government	3	2.1
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	9	6.3
Other	—	—
<b>Total</b>	<b>143</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	27	18.9
24-hour residential	19	13.3
Less-than-24 hour		
Partial hospitalization/day treatment	12	8.4
Outpatient	117	81.8
<b>Total</b>	<b>143</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	2.1
General hospital	22	15.4
Residential treatment center for children	7	4.9
Residential treatment center for adults	10	7.0
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	4	2.8
Community mental health center (CMHC)	53	37.1
Partial hospitalization/day treatment facility	3	2.1
Outpatient mental health facility	40	28.0
Multi-setting mental health facility	1	0.7
Other	—	—
<b>Total</b>	<b>143</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	128	89.5
Couples/family therapy	105	73.4
Group therapy	111	77.6
Cognitive behavioral therapy	130	90.9
Dialectical behavior therapy	91	63.6
Behavior modification	83	58.0
Integrated dual disorders treatment	58	40.6
Trauma therapy	116	81.1
Activity therapy	67	46.9
Electroconvulsive therapy	9	6.3
Telemedicine/telehealth therapy	62	43.4
Psychotropic medication	113	79.0
Other	20	14.0
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	89	62.2
Children (12 years or younger)	101	70.6
Adolescents (13–17 years)	106	74.1
Young adults (18–25 years)	134	93.7
Adults (26–64 years)	131	91.6
Seniors (65 years or older)	131	91.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	12	8.4
Intensive case management (ICM)	16	11.2
Case management (CM)	55	38.5
Court-ordered outpatient treatment	91	63.6
Chronic disease/illness management (CDM)	20	14.0
Illness management and recovery (IMR)	18	12.6
Integrated primary care services	33	23.1
Diet and exercise counseling	24	16.8
Family psychoeducation	70	49.0
Education services	54	37.8
Housing services	9	6.3
Supported housing	7	4.9
Psychosocial rehabilitation services	25	17.5
Vocational rehabilitation services	6	4.2
Supported employment	6	4.2
Therapeutic foster care	1	0.7
Legal advocacy	3	2.1
Psychiatric emergency walk-in services	42	29.4
Suicide prevention services	76	53.1
Consumer-run (peer support) services	26	18.2
Screening for tobacco use	89	62.2
Smoking/tobacco cessation counseling	55	38.5
Nicotine replacement therapy	42	29.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	34	23.8
Other	—	—
None of these services and practices are offered	2	1.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	69	48.3
State substance abuse agency	38	26.6
State department of health	69	48.3
State or local department of family and children's services	28	19.6
Hospital licensing authority	20	14.0
The Joint Commission	49	34.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	24	16.8
Council on Accreditation (COA)	16	11.2
Centers for Medicare and Medicaid Services (CMS)	79	55.2
Other national organization or federal, state, or local agency	13	9.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	133	93.0
Private health insurance	129	90.2
Medicare	112	78.3
Medicaid	131	91.6
State-financed health insurance plan other than Medicaid	111	77.6
State mental health agency (or equivalent) funds	69	48.3
State welfare or child and family services agency funds	66	46.2
State corrections or juvenile justice agency funds	64	44.8
State education agency funds	31	21.7
Other state government funds	63	44.1
County or local government funds	113	79.0
Community Service Block Grants	52	36.4
Community Mental Health Block Grants	59	41.3
Federal military insurance	108	75.5
U.S. Department of Veterans Affairs funds	61	42.7
IHS/Tribal/Urban (ITU) funds	12	8.4
Other	1	0.7

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	78	54.5
Any language other than English	98	68.5
<b>Languages provided by staff</b>		
Spanish	28	19.6
American Indian/Alaska Native languages	—	—
Other	1	0.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	53	37.1
No crisis intervention team	90	62.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	36	25.2
Transitional age young adults	16	11.2
Persons 18 years and older with serious mental illness (SMI)	47	32.9
Seniors or older adults	24	16.8
Persons with Alzheimer's or dementia	12	8.4
Persons with co-occurring mental and substance use disorders	37	25.9
Persons with eating disorders	12	8.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	35	24.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	36	25.2
Persons with traumatic brain injury (TBI)	7	4.9
Veterans	23	16.1
Active duty military	10	7.0
Members of military families	15	10.5
LGBT clients	19	13.3
Forensic clients <sup>1</sup>	14	9.8
Persons with HIV or AIDS	8	5.6
Other special program or group	1	0.7
No dedicated or exclusively designed programs or groups offered	50	35.0

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

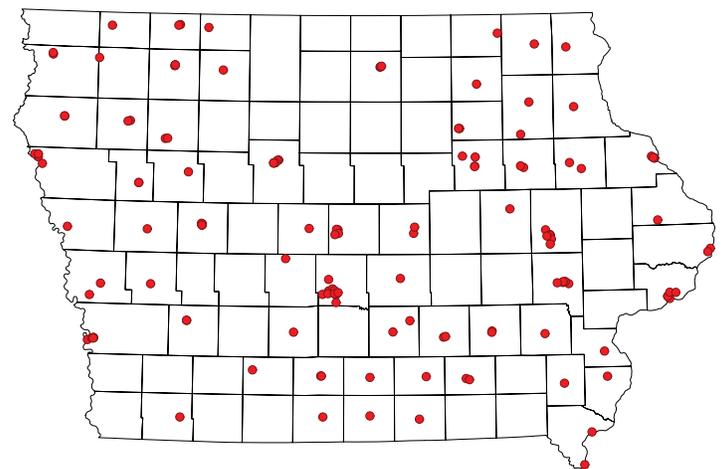
## Location of treatment facilities

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## 2019 State Profile — Kansas National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Kansas, 115 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Kansas was 89.4 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	72	62.6
Private for-profit	9	7.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.9
Other state government agency or department	5	4.3
Regional/district authority or county, local, or municipal government	26	22.6
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	1.7
Other	—	—
<b>Total</b>	<b>115</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	22	19.1
24-hour residential	15	13.0
Less-than-24 hour		
Partial hospitalization/day treatment	11	9.6
Outpatient	96	83.5
<b>Total</b>	<b>115</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	4.3
General hospital	14	12.2
Residential treatment center for children	4	3.5
Residential treatment center for adults	3	2.6
Other type of residential treatment facility	1	0.9
Veterans Affairs medical center or other VA health care facility	1	0.9
Community mental health center (CMHC)	65	56.5
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	19	16.5
Multi-setting mental health facility	3	2.6
Other	—	—
<b>Total</b>	<b>115</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	108	93.9
Couples/family therapy	84	73.0
Group therapy	98	85.2
Cognitive behavioral therapy	102	88.7
Dialectical behavior therapy	50	43.5
Behavior modification	88	76.5
Integrated dual disorders treatment	61	53.0
Trauma therapy	73	63.5
Activity therapy	50	43.5
Electroconvulsive therapy	3	2.6
Telemedicine/telehealth therapy	67	58.3
Psychotropic medication	96	83.5
Other	7	6.1
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	65	56.5
Children (12 years or younger)	79	68.7
Adolescents (13–17 years)	81	70.4
Young adults (18–25 years)	98	85.2
Adults (26–64 years)	97	84.3
Seniors (65 years or older)	99	86.1

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	5	4.3
Intensive case management (ICM)	30	26.1
Case management (CM)	93	80.9
Court-ordered outpatient treatment	66	57.4
Chronic disease/illness management (CDM)	14	12.2
Illness management and recovery (IMR)	22	19.1
Integrated primary care services	22	19.1
Diet and exercise counseling	21	18.3
Family psychoeducation	56	48.7
Education services	38	33.0
Housing services	23	20.0
Supported housing	37	32.2
Psychosocial rehabilitation services	66	57.4
Vocational rehabilitation services	21	18.3
Supported employment	37	32.2
Therapeutic foster care	5	4.3
Legal advocacy	7	6.1
Psychiatric emergency walk-in services	52	45.2
Suicide prevention services	91	79.1
Consumer-run (peer support) services	29	25.2
Screening for tobacco use	53	46.1
Smoking/tobacco cessation counseling	41	35.7
Nicotine replacement therapy	28	24.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	36	31.3
Other	1	0.9
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	88	76.5
State substance abuse agency	56	48.7
State department of health	31	27.0
State or local department of family and children's services	22	19.1
Hospital licensing authority	18	15.7
The Joint Commission	22	19.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	6	5.2
Council on Accreditation (COA)	5	4.3
Centers for Medicare and Medicaid Services (CMS)	67	58.3
Other national organization or federal, state, or local agency	3	2.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	110	95.7
Private health insurance	108	93.9
Medicare	93	80.9
Medicaid	105	91.3
State-financed health insurance plan other than Medicaid	73	63.5
State mental health agency (or equivalent) funds	76	66.1
State welfare or child and family services agency funds	60	52.2
State corrections or juvenile justice agency funds	50	43.5
State education agency funds	21	18.3
Other state government funds	54	47.0
County or local government funds	71	61.7
Community Service Block Grants	35	30.4
Community Mental Health Block Grants	66	57.4
Federal military insurance	92	80.0
U.S. Department of Veterans Affairs funds	36	31.3
IHS/Tribal/Urban (ITU) funds	13	11.3
Other	2	1.7

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	66	57.4
Any language other than English	88	76.5
<b>Languages provided by staff</b>		
Spanish	33	28.7
American Indian/Alaska Native languages	—	—
Other	5	4.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	75	65.2
No crisis intervention team	40	34.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	65	56.5
Transitional age young adults	28	24.3
Persons 18 years and older with serious mental illness (SMI)	67	58.3
Seniors or older adults	32	27.8
Persons with Alzheimer's or dementia	17	14.8
Persons with co-occurring mental and substance use disorders	58	50.4
Persons with eating disorders	17	14.8
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	45	39.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	43	37.4
Persons with traumatic brain injury (TBI)	7	6.1
Veterans	22	19.1
Active duty military	12	10.4
Members of military families	16	13.9
LGBT clients	22	19.1
Forensic clients <sup>1</sup>	30	26.1
Persons with HIV or AIDS	15	13.0
Other special program or group	4	3.5
No dedicated or exclusively designed programs or groups offered	14	12.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

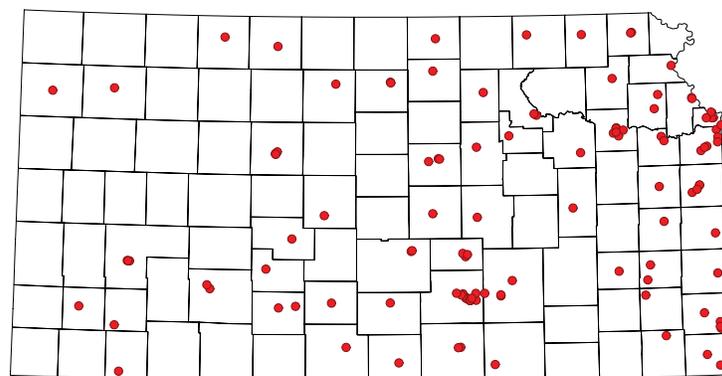
## Location of treatment facilities

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## 2019 State Profile — Kentucky National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Kentucky, 218 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Kentucky was 96.9 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	177	81.2
Private for-profit	17	7.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.5
Other state government agency or department	2	0.9
Regional/district authority or county, local, or municipal government	6	2.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	6.9
Other	—	—
<b>Total</b>	<b>218</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	31	14.2
24-hour residential	35	16.1
Less-than-24 hour		
Partial hospitalization/day treatment	29	13.3
Outpatient	176	80.7
<b>Total</b>	<b>218</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	11	5.0
General hospital	18	8.3
Residential treatment center for children	23	10.6
Residential treatment center for adults	4	1.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	12	5.5
Community mental health center (CMHC)	109	50.0
Partial hospitalization/day treatment facility	2	0.9
Outpatient mental health facility	33	15.1
Multi-setting mental health facility	6	2.8
Other	—	—
<b>Total</b>	<b>218</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	212	97.2
Couples/family therapy	188	86.2
Group therapy	200	91.7
Cognitive behavioral therapy	206	94.5
Dialectical behavior therapy	127	58.3
Behavior modification	168	77.1
Integrated dual disorders treatment	159	72.9
Trauma therapy	187	85.8
Activity therapy	79	36.2
Electroconvulsive therapy	8	3.7
Telemedicine/telehealth therapy	117	53.7
Psychotropic medication	188	86.2
Other	4	1.8
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	121	55.5
Children (12 years or younger)	151	69.3
Adolescents (13–17 years)	164	75.2
Young adults (18–25 years)	184	84.4
Adults (26–64 years)	179	82.1
Seniors (65 years or older)	177	81.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	58	26.6
Intensive case management (ICM)	65	29.8
Case management (CM)	183	83.9
Court-ordered outpatient treatment	121	55.5
Chronic disease/illness management (CDM)	50	22.9
Illness management and recovery (IMR)	79	36.2
Integrated primary care services	32	14.7
Diet and exercise counseling	46	21.1
Family psychoeducation	170	78.0
Education services	84	38.5
Housing services	67	30.7
Supported housing	53	24.3
Psychosocial rehabilitation services	85	39.0
Vocational rehabilitation services	30	13.8
Supported employment	78	35.8
Therapeutic foster care	20	9.2
Legal advocacy	7	3.2
Psychiatric emergency walk-in services	118	54.1
Suicide prevention services	186	85.3
Consumer-run (peer support) services	84	38.5
Screening for tobacco use	127	58.3
Smoking/tobacco cessation counseling	59	27.1
Nicotine replacement therapy	36	16.5
Non-nicotine smoking/tobacco cessation medications (by prescription)	31	14.2
Other	4	1.8
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	154	70.6
State substance abuse agency	102	46.8
State department of health	51	23.4
State or local department of family and children's services	59	27.1
Hospital licensing authority	28	12.8
The Joint Commission	108	49.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	70	32.1
Council on Accreditation (COA)	26	11.9
Centers for Medicare and Medicaid Services (CMS)	140	64.2
Other national organization or federal, state, or local agency	3	1.4

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	194	89.0
Private health insurance	186	85.3
Medicare	147	67.4
Medicaid	199	91.3
State-financed health insurance plan other than Medicaid	142	65.1
State mental health agency (or equivalent) funds	138	63.3
State welfare or child and family services agency funds	136	62.4
State corrections or juvenile justice agency funds	111	50.9
State education agency funds	41	18.8
Other state government funds	114	52.3
County or local government funds	78	35.8
Community Service Block Grants	85	39.0
Community Mental Health Block Grants	118	54.1
Federal military insurance	123	56.4
U.S. Department of Veterans Affairs funds	66	30.3
IHS/Tribal/Urban (ITU) funds	10	4.6
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	161	73.9
Any language other than English	166	76.1
<b>Languages provided by staff</b>		
Spanish	7	3.2
American Indian/Alaska Native languages	—	—
Other	—	—

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	166	76.1
No crisis intervention team	52	23.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	124	56.9
Transitional age young adults	55	25.2
Persons 18 years and older with serious mental illness (SMI)	118	54.1
Seniors or older adults	44	20.2
Persons with Alzheimer's or dementia	13	6.0
Persons with co-occurring mental and substance use disorders	133	61.0
Persons with eating disorders	11	5.0
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	92	42.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	89	40.8
Persons with traumatic brain injury (TBI)	12	5.5
Veterans	26	11.9
Active duty military	7	3.2
Members of military families	21	9.6
LGBT clients	27	12.4
Forensic clients <sup>1</sup>	41	18.8
Persons with HIV or AIDS	10	4.6
Other special program or group	6	2.8
No dedicated or exclusively designed programs or groups offered	23	10.6

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

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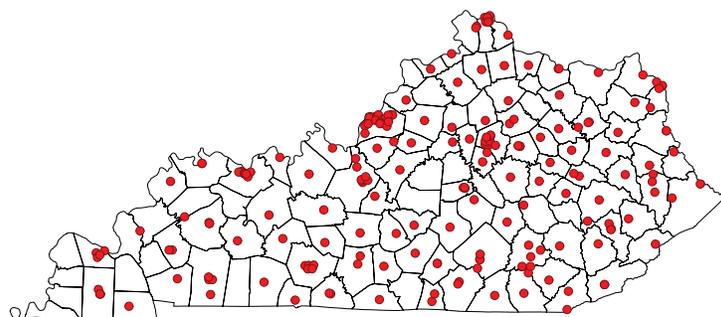
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## 2019 State Profile — Louisiana National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Louisiana, 189 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Louisiana was 86.7 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	45	23.8
Private for-profit	84	44.4
<b>Public agency or department</b>		
State mental health agency (SMHA)	9	4.8
Other state government agency or department	10	5.3
Regional/district authority or county, local, or municipal government	29	15.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	12	6.3
Other	—	—
<b>Total</b>	<b>189</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	64	33.9
24-hour residential	6	3.2
Less-than-24 hour		
Partial hospitalization/day treatment	32	16.9
Outpatient	143	75.7
<b>Total</b>	<b>189</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	36	19.0
General hospital	27	14.3
Residential treatment center for children	3	1.6
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	9	4.8
Community mental health center (CMHC)	9	4.8
Partial hospitalization/day treatment facility	8	4.2
Outpatient mental health facility	95	50.3
Multi-setting mental health facility	2	1.1
Other	—	—
<b>Total</b>	<b>189</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	181	95.8
Couples/family therapy	103	54.5
Group therapy	159	84.1
Cognitive behavioral therapy	166	87.8
Dialectical behavior therapy	64	33.9
Behavior modification	123	65.1
Integrated dual disorders treatment	99	52.4
Trauma therapy	104	55.0
Activity therapy	83	43.9
Electroconvulsive therapy	6	3.2
Telemedicine/telehealth therapy	73	38.6
Psychotropic medication	178	94.2
Other	5	2.6
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	78	41.3
Children (12 years or younger)	89	47.1
Adolescents (13–17 years)	90	47.6
Young adults (18–25 years)	156	82.5
Adults (26–64 years)	179	94.7
Seniors (65 years or older)	173	91.5

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	15	7.9
Intensive case management (ICM)	27	14.3
Case management (CM)	113	59.8
Court-ordered outpatient treatment	77	40.7
Chronic disease/illness management (CDM)	49	25.9
Illness management and recovery (IMR)	50	26.5
Integrated primary care services	60	31.7
Diet and exercise counseling	63	33.3
Family psychoeducation	104	55.0
Education services	72	38.1
Housing services	30	15.9
Supported housing	23	12.2
Psychosocial rehabilitation services	73	38.6
Vocational rehabilitation services	17	9.0
Supported employment	14	7.4
Therapeutic foster care	1	0.5
Legal advocacy	16	8.5
Psychiatric emergency walk-in services	66	34.9
Suicide prevention services	124	65.6
Consumer-run (peer support) services	44	23.3
Screening for tobacco use	117	61.9
Smoking/tobacco cessation counseling	101	53.4
Nicotine replacement therapy	80	42.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	78	41.3
Other	1	0.5
None of these services and practices are offered	7	3.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	84	44.4
State substance abuse agency	35	18.5
State department of health	152	80.4
State or local department of family and children's services	11	5.8
Hospital licensing authority	66	34.9
The Joint Commission	58	30.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	80	42.3
Council on Accreditation (COA)	14	7.4
Centers for Medicare and Medicaid Services (CMS)	118	62.4
Other national organization or federal, state, or local agency	1	0.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	142	75.1
Private health insurance	141	74.6
Medicare	137	72.5
Medicaid	159	84.1
State-financed health insurance plan other than Medicaid	77	40.7
State mental health agency (or equivalent) funds	64	33.9
State welfare or child and family services agency funds	29	15.3
State corrections or juvenile justice agency funds	30	15.9
State education agency funds	10	5.3
Other state government funds	43	22.8
County or local government funds	26	13.8
Community Service Block Grants	37	19.6
Community Mental Health Block Grants	46	24.3
Federal military insurance	84	44.4
U.S. Department of Veterans Affairs funds	61	32.3
IHS/Tribal/Urban (ITU) funds	15	7.9
Other	1	0.5

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	97	51.3
Any language other than English	105	55.6
<b>Languages provided by staff</b>		
Spanish	17	9.0
American Indian/Alaska Native languages	—	—
Other	9	4.8

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	92	48.7
No crisis intervention team	96	50.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	51	27.0
Transitional age young adults	43	22.8
Persons 18 years and older with serious mental illness (SMI)	109	57.7
Seniors or older adults	88	46.6
Persons with Alzheimer's or dementia	36	19.0
Persons with co-occurring mental and substance use disorders	115	60.8
Persons with eating disorders	27	14.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	83	43.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	85	45.0
Persons with traumatic brain injury (TBI)	18	9.5
Veterans	44	23.3
Active duty military	17	9.0
Members of military families	25	13.2
LGBT clients	48	25.4
Forensic clients <sup>1</sup>	36	19.0
Persons with HIV or AIDS	40	21.2
Other special program or group	4	2.1
No dedicated or exclusively designed programs or groups offered	24	12.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

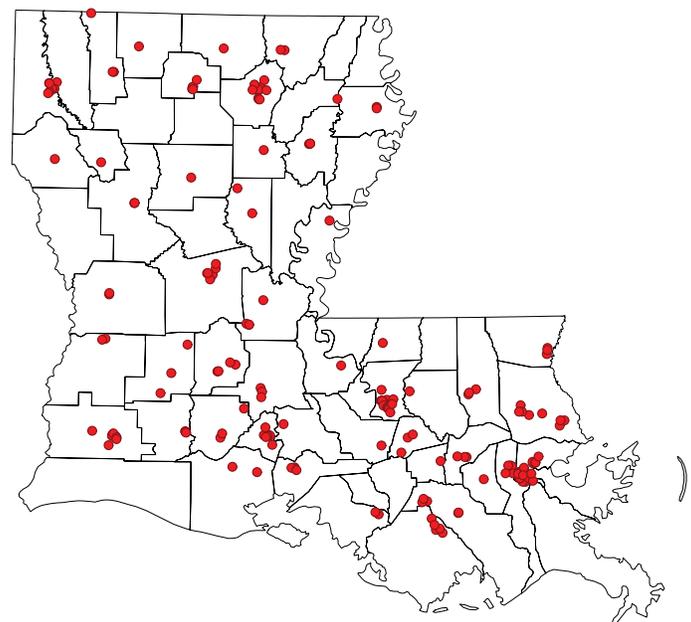
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Maine National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Maine, 181 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Maine was 92.4 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	135	74.6
Private for-profit	35	19.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	1.1
Other state government agency or department	2	1.1
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	7	3.9
Other	—	—
<b>Total</b>	<b>181</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	13	7.2
24-hour residential	49	27.1
Less-than-24 hour		
Partial hospitalization/day treatment	11	6.1
Outpatient	124	68.5
<b>Total</b>	<b>181</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	4	2.2
General hospital	8	4.4
Residential treatment center for children	13	7.2
Residential treatment center for adults	34	18.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	6	3.3
Community mental health center (CMHC)	16	8.8
Partial hospitalization/day treatment facility	4	2.2
Outpatient mental health facility	90	49.7
Multi-setting mental health facility	6	3.3
Other	—	—
<b>Total</b>	<b>181</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	153	84.5
Couples/family therapy	120	66.3
Group therapy	117	64.6
Cognitive behavioral therapy	144	79.6
Dialectical behavior therapy	109	60.2
Behavior modification	101	55.8
Integrated dual disorders treatment	100	55.2
Trauma therapy	128	70.7
Activity therapy	56	30.9
Electroconvulsive therapy	9	5.0
Telemedicine/telehealth therapy	44	24.3
Psychotropic medication	83	45.9
Other	8	4.4
None of these mental health treatment approaches are offered	7	3.9

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	82	45.3
Children (12 years or younger)	112	61.9
Adolescents (13–17 years)	117	64.6
Young adults (18–25 years)	158	87.3
Adults (26–64 years)	154	85.1
Seniors (65 years or older)	147	81.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	17	9.4
Intensive case management (ICM)	16	8.8
Case management (CM)	111	61.3
Court-ordered outpatient treatment	70	38.7
Chronic disease/illness management (CDM)	20	11.0
Illness management and recovery (IMR)	26	14.4
Integrated primary care services	28	15.5
Diet and exercise counseling	37	20.4
Family psychoeducation	95	52.5
Education services	31	17.1
Housing services	38	21.0
Supported housing	22	12.2
Psychosocial rehabilitation services	81	44.8
Vocational rehabilitation services	21	11.6
Supported employment	12	6.6
Therapeutic foster care	16	8.8
Legal advocacy	4	2.2
Psychiatric emergency walk-in services	31	17.1
Suicide prevention services	74	40.9
Consumer-run (peer support) services	48	26.5
Screening for tobacco use	111	61.3
Smoking/tobacco cessation counseling	62	34.3
Nicotine replacement therapy	25	13.8
Non-nicotine smoking/tobacco cessation medications (by prescription)	33	18.2
Other	7	3.9
None of these services and practices are offered	1	0.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	155	85.6
State substance abuse agency	64	35.4
State department of health	58	32.0
State or local department of family and children's services	65	35.9
Hospital licensing authority	16	8.8
The Joint Commission	30	16.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	15	8.3
Council on Accreditation (COA)	30	16.6
Centers for Medicare and Medicaid Services (CMS)	85	47.0
Other national organization or federal, state, or local agency	6	3.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	153	84.5
Private health insurance	136	75.1
Medicare	115	63.5
Medicaid	169	93.4
State-financed health insurance plan other than Medicaid	67	37.0
State mental health agency (or equivalent) funds	120	66.3
State welfare or child and family services agency funds	111	61.3
State corrections or juvenile justice agency funds	84	46.4
State education agency funds	34	18.8
Other state government funds	74	40.9
County or local government funds	59	32.6
Community Service Block Grants	27	14.9
Community Mental Health Block Grants	46	25.4
Federal military insurance	89	49.2
U.S. Department of Veterans Affairs funds	60	33.1
IHS/Tribal/Urban (ITU) funds	16	8.8
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	103	56.9
Any language other than English	96	53.0
<b>Languages provided by staff</b>		
Spanish	3	1.7
American Indian/Alaska Native languages	—	—
Other	4	2.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	46	25.4
No crisis intervention team	131	72.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	51	28.2
Transitional age young adults	15	8.3
Persons 18 years and older with serious mental illness (SMI)	78	43.1
Seniors or older adults	30	16.6
Persons with Alzheimer's or dementia	7	3.9
Persons with co-occurring mental and substance use disorders	80	44.2
Persons with eating disorders	9	5.0
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	71	39.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	64	35.4
Persons with traumatic brain injury (TBI)	10	5.5
Veterans	18	9.9
Active duty military	10	5.5
Members of military families	4	2.2
LGBT clients	23	12.7
Forensic clients <sup>1</sup>	17	9.4
Persons with HIV or AIDS	11	6.1
Other special program or group	13	7.2
No dedicated or exclusively designed programs or groups offered	35	19.3

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

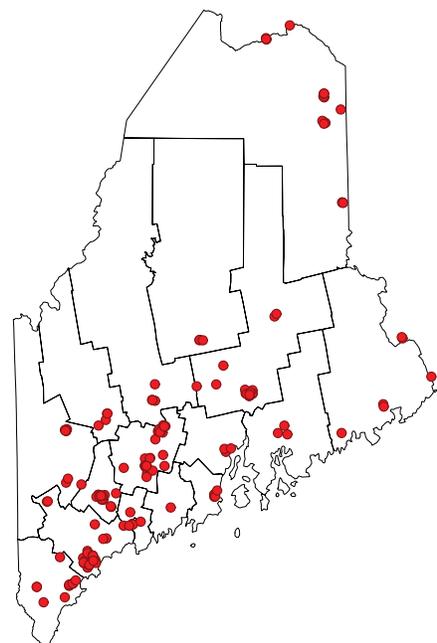
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## Location of treatment facilities



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## 2019 State Profile — Maryland National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Maryland, 282 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Maryland was 86.4 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	155	55.0
Private for-profit	92	32.6
<b>Public agency or department</b>		
State mental health agency (SMHA)	4	1.4
Other state government agency or department	21	7.4
Regional/district authority or county, local, or municipal government	4	1.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	2.1
Other	—	—
<b>Total</b>	<b>282</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	30	10.6
24-hour residential	42	14.9
Less-than-24 hour		
Partial hospitalization/day treatment	40	14.2
Outpatient	233	82.6
<b>Total</b>	<b>282</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	2.5
General hospital	22	7.8
Residential treatment center for children	6	2.1
Residential treatment center for adults	29	10.3
Other type of residential treatment facility	1	0.4
Veterans Affairs medical center or other VA health care facility	6	2.1
Community mental health center (CMHC)	36	12.8
Partial hospitalization/day treatment facility	6	2.1
Outpatient mental health facility	158	56.0
Multi-setting mental health facility	11	3.9
Other	—	—
<b>Total</b>	<b>282</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	231	81.9
Couples/family therapy	195	69.1
Group therapy	228	80.9
Cognitive behavioral therapy	227	80.5
Dialectical behavior therapy	120	42.6
Behavior modification	174	61.7
Integrated dual disorders treatment	158	56.0
Trauma therapy	198	70.2
Activity therapy	113	40.1
Electroconvulsive therapy	7	2.5
Telemedicine/telehealth therapy	83	29.4
Psychotropic medication	248	87.9
Other	15	5.3
None of these mental health treatment approaches are offered	6	2.1

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	129	45.7
Children (12 years or younger)	166	58.9
Adolescents (13–17 years)	183	64.9
Young adults (18–25 years)	265	94.0
Adults (26–64 years)	258	91.5
Seniors (65 years or older)	235	83.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	40	14.2
Intensive case management (ICM)	39	13.8
Case management (CM)	120	42.6
Court-ordered outpatient treatment	154	54.6
Chronic disease/illness management (CDM)	67	23.8
Illness management and recovery (IMR)	96	34.0
Integrated primary care services	73	25.9
Diet and exercise counseling	97	34.4
Family psychoeducation	173	61.3
Education services	77	27.3
Housing services	55	19.5
Supported housing	31	11.0
Psychosocial rehabilitation services	136	48.2
Vocational rehabilitation services	58	20.6
Supported employment	50	17.7
Therapeutic foster care	10	3.5
Legal advocacy	13	4.6
Psychiatric emergency walk-in services	60	21.3
Suicide prevention services	135	47.9
Consumer-run (peer support) services	60	21.3
Screening for tobacco use	142	50.4
Smoking/tobacco cessation counseling	111	39.4
Nicotine replacement therapy	66	23.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	66	23.4
Other	3	1.1
None of these services and practices are offered	5	1.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	227	80.5
State substance abuse agency	54	19.1
State department of health	169	59.9
State or local department of family and children's services	42	14.9
Hospital licensing authority	27	9.6
The Joint Commission	119	42.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	136	48.2
Council on Accreditation (COA)	12	4.3
Centers for Medicare and Medicaid Services (CMS)	134	47.5
Other national organization or federal, state, or local agency	12	4.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	207	73.4
Private health insurance	154	54.6
Medicare	189	67.0
Medicaid	258	91.5
State-financed health insurance plan other than Medicaid	103	36.5
State mental health agency (or equivalent) funds	121	42.9
State welfare or child and family services agency funds	89	31.6
State corrections or juvenile justice agency funds	70	24.8
State education agency funds	66	23.4
Other state government funds	82	29.1
County or local government funds	98	34.8
Community Service Block Grants	50	17.7
Community Mental Health Block Grants	60	21.3
Federal military insurance	81	28.7
U.S. Department of Veterans Affairs funds	34	12.1
IHS/Tribal/Urban (ITU) funds	8	2.8
Other	5	1.8

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	103	36.5
Any language other than English	160	56.7
<b>Languages provided by staff</b>		
Spanish	75	26.6
American Indian/Alaska Native languages	—	—
Other	35	12.4

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	94	33.3
No crisis intervention team	185	65.6

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	88	31.2
Transitional age young adults	83	29.4
Persons 18 years and older with serious mental illness (SMI)	157	55.7
Seniors or older adults	106	37.6
Persons with Alzheimer's or dementia	15	5.3
Persons with co-occurring mental and substance use disorders	156	55.3
Persons with eating disorders	29	10.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	124	44.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	122	43.3
Persons with traumatic brain injury (TBI)	21	7.4
Veterans	49	17.4
Active duty military	30	10.6
Members of military families	50	17.7
LGBT clients	82	29.1
Forensic clients <sup>1</sup>	79	28.0
Persons with HIV or AIDS	59	20.9
Other special program or group	22	7.8
No dedicated or exclusively designed programs or groups offered	38	13.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

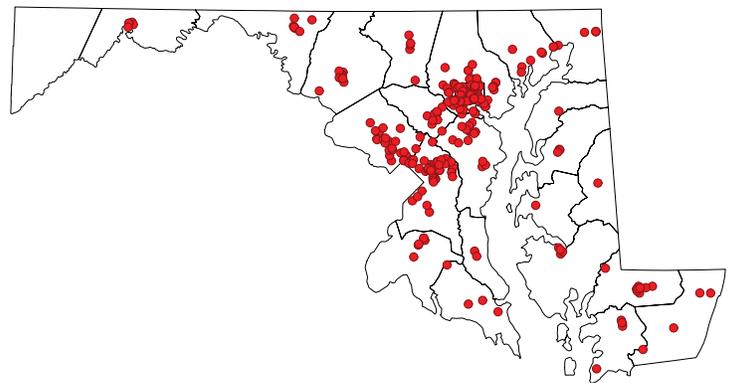
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## 2019 State Profile — Massachusetts National Mental Health Services Survey (N-MHSS)

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More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Massachusetts, 330 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Massachusetts was 87.1 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	250	75.8
Private for-profit	53	16.1
<b>Public agency or department</b>		
State mental health agency (SMHA)	9	2.7
Other state government agency or department	2	0.6
Regional/district authority or county, local, or municipal government	3	0.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	13	3.9
Other	—	—
<b>Total</b>	<b>330</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	55	16.7
24-hour residential	70	21.2
Less-than-24 hour		
Partial hospitalization/day treatment	59	17.9
Outpatient	244	73.9
<b>Total</b>	<b>330</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	13	3.9
General hospital	40	12.1
Residential treatment center for children	27	8.2
Residential treatment center for adults	19	5.8
Other type of residential treatment facility	5	1.5
Veterans Affairs medical center or other VA health care facility	11	3.3
Community mental health center (CMHC)	22	6.7
Partial hospitalization/day treatment facility	9	2.7
Outpatient mental health facility	166	50.3
Multi-setting mental health facility	18	5.5
Other	—	—
<b>Total</b>	<b>330</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	288	87.3
Couples/family therapy	251	76.1
Group therapy	284	86.1
Cognitive behavioral therapy	292	88.5
Dialectical behavior therapy	184	55.8
Behavior modification	173	52.4
Integrated dual disorders treatment	177	53.6
Trauma therapy	259	78.5
Activity therapy	151	45.8
Electroconvulsive therapy	18	5.5
Telemedicine/telehealth therapy	60	18.2
Psychotropic medication	264	80.0
Other	35	10.6
None of these mental health treatment approaches are offered	5	1.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	141	42.7
Children (12 years or younger)	170	51.5
Adolescents (13–17 years)	210	63.6
Young adults (18–25 years)	294	89.1
Adults (26–64 years)	275	83.3
Seniors (65 years or older)	270	81.8

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	28	8.5
Intensive case management (ICM)	54	16.4
Case management (CM)	186	56.4
Court-ordered outpatient treatment	131	39.7
Chronic disease/illness management (CDM)	58	17.6
Illness management and recovery (IMR)	65	19.7
Integrated primary care services	75	22.7
Diet and exercise counseling	90	27.3
Family psychoeducation	243	73.6
Education services	76	23.0
Housing services	50	15.2
Supported housing	37	11.2
Psychosocial rehabilitation services	94	28.5
Vocational rehabilitation services	43	13.0
Supported employment	31	9.4
Therapeutic foster care	9	2.7
Legal advocacy	13	3.9
Psychiatric emergency walk-in services	69	20.9
Suicide prevention services	147	44.5
Consumer-run (peer support) services	70	21.2
Screening for tobacco use	179	54.2
Smoking/tobacco cessation counseling	133	40.3
Nicotine replacement therapy	89	27.0
Non-nicotine smoking/tobacco cessation medications (by prescription)	96	29.1
Other	—	—
None of these services and practices are offered	20	6.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	186	56.4
State substance abuse agency	113	34.2
State department of health	237	71.8
State or local department of family and children's services	45	13.6
Hospital licensing authority	59	17.9
The Joint Commission	128	38.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	74	22.4
Council on Accreditation (COA)	28	8.5
Centers for Medicare and Medicaid Services (CMS)	135	40.9
Other national organization or federal, state, or local agency	32	9.7

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	271	82.1
Private health insurance	283	85.8
Medicare	233	70.6
Medicaid	273	82.7
State-financed health insurance plan other than Medicaid	226	68.5
State mental health agency (or equivalent) funds	162	49.1
State welfare or child and family services agency funds	116	35.2
State corrections or juvenile justice agency funds	49	14.8
State education agency funds	49	14.8
Other state government funds	85	25.8
County or local government funds	39	11.8
Community Service Block Grants	27	8.2
Community Mental Health Block Grants	20	6.1
Federal military insurance	152	46.1
U.S. Department of Veterans Affairs funds	55	16.7
IHS/Tribal/Urban (ITU) funds	7	2.1
Other	3	0.9

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	149	45.2
Any language other than English	244	73.9
<b>Languages provided by staff</b>		
Spanish	160	48.5
American Indian/Alaska Native languages	—	—
Other	113	34.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	88	26.7
No crisis intervention team	241	73.0

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	115	34.8
Transitional age young adults	68	20.6
Persons 18 years and older with serious mental illness (SMI)	134	40.6
Seniors or older adults	81	24.5
Persons with Alzheimer's or dementia	25	7.6
Persons with co-occurring mental and substance use disorders	159	48.2
Persons with eating disorders	28	8.5
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	137	41.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	136	41.2
Persons with traumatic brain injury (TBI)	30	9.1
Veterans	39	11.8
Active duty military	23	7.0
Members of military families	24	7.3
LGBT clients	78	23.6
Forensic clients <sup>1</sup>	43	13.0
Persons with HIV or AIDS	23	7.0
Other special program or group	46	13.9
No dedicated or exclusively designed programs or groups offered	40	12.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

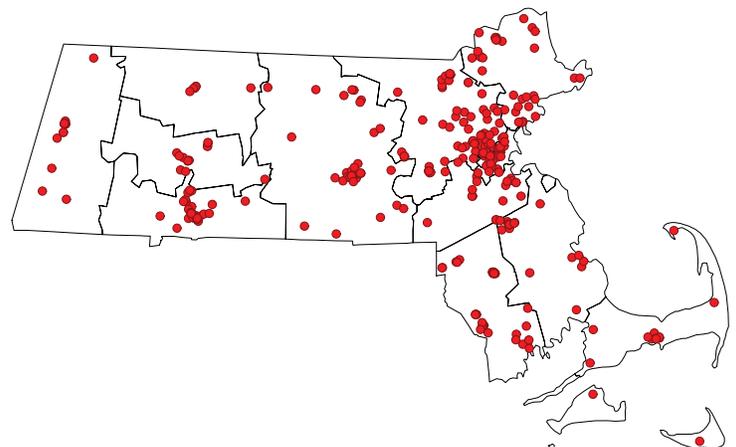
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## Location of treatment facilities



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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Michigan National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Michigan, 368 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Michigan was 90.2 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	176	47.8
Private for-profit	64	17.4
<b>Public agency or department</b>		
State mental health agency (SMHA)	18	4.9
Other state government agency or department	18	4.9
Regional/district authority or county, local, or municipal government	71	19.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	19	5.2
Other	2	0.5
<b>Total</b>	<b>368</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	55	14.9
24-hour residential	23	6.3
Less-than-24 hour		
Partial hospitalization/day treatment	27	7.3
Outpatient	308	83.7
<b>Total</b>	<b>368</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	11	3.0
General hospital	41	11.1
Residential treatment center for children	9	2.4
Residential treatment center for adults	8	2.2
Other type of residential treatment facility	1	0.3
Veterans Affairs medical center or other VA health care facility	19	5.2
Community mental health center (CMHC)	107	29.1
Partial hospitalization/day treatment facility	6	1.6
Outpatient mental health facility	160	43.5
Multi-setting mental health facility	6	1.6
Other	—	—
<b>Total</b>	<b>368</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	347	94.3
Couples/family therapy	284	77.2
Group therapy	328	89.1
Cognitive behavioral therapy	334	90.8
Dialectical behavior therapy	225	61.1
Behavior modification	244	66.3
Integrated dual disorders treatment	260	70.7
Trauma therapy	306	83.2
Activity therapy	131	35.6
Electroconvulsive therapy	16	4.3
Telemedicine/telehealth therapy	162	44.0
Psychotropic medication	321	87.2
Other	23	6.3
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	219	59.5
Children (12 years or younger)	253	68.8
Adolescents (13–17 years)	265	72.0
Young adults (18–25 years)	349	94.8
Adults (26–64 years)	333	90.5
Seniors (65 years or older)	331	89.9

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	93	25.3
Intensive case management (ICM)	99	26.9
Case management (CM)	229	62.2
Court-ordered outpatient treatment	225	61.1
Chronic disease/illness management (CDM)	86	23.4
Illness management and recovery (IMR)	86	23.4
Integrated primary care services	113	30.7
Diet and exercise counseling	128	34.8
Family psychoeducation	217	59.0
Education services	116	31.5
Housing services	79	21.5
Supported housing	67	18.2
Psychosocial rehabilitation services	96	26.1
Vocational rehabilitation services	60	16.3
Supported employment	91	24.7
Therapeutic foster care	17	4.6
Legal advocacy	22	6.0
Psychiatric emergency walk-in services	130	35.3
Suicide prevention services	230	62.5
Consumer-run (peer support) services	130	35.3
Screening for tobacco use	210	57.1
Smoking/tobacco cessation counseling	184	50.0
Nicotine replacement therapy	106	28.8
Non-nicotine smoking/tobacco cessation medications (by prescription)	114	31.0
Other	6	1.6
None of these services and practices are offered	9	2.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	223	60.6
State substance abuse agency	215	58.4
State department of health	121	32.9
State or local department of family and children's services	39	10.6
Hospital licensing authority	66	17.9
The Joint Commission	128	34.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	172	46.7
Council on Accreditation (COA)	56	15.2
Centers for Medicare and Medicaid Services (CMS)	193	52.4
Other national organization or federal, state, or local agency	19	5.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	322	87.5
Private health insurance	322	87.5
Medicare	319	86.7
Medicaid	326	88.6
State-financed health insurance plan other than Medicaid	224	60.9
State mental health agency (or equivalent) funds	218	59.2
State welfare or child and family services agency funds	125	34.0
State corrections or juvenile justice agency funds	86	23.4
State education agency funds	25	6.8
Other state government funds	121	32.9
County or local government funds	215	58.4
Community Service Block Grants	102	27.7
Community Mental Health Block Grants	172	46.7
Federal military insurance	230	62.5
U.S. Department of Veterans Affairs funds	77	20.9
IHS/Tribal/Urban (ITU) funds	16	4.3
Other	11	3.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	252	68.5
Any language other than English	273	74.2
<b>Languages provided by staff</b>		
Spanish	57	15.5
American Indian/Alaska Native languages	—	—
Other	34	9.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	187	50.8
No crisis intervention team	181	49.2

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	132	35.9
Transitional age young adults	68	18.5
Persons 18 years and older with serious mental illness (SMI)	172	46.7
Seniors or older adults	102	27.7
Persons with Alzheimer's or dementia	21	5.7
Persons with co-occurring mental and substance use disorders	213	57.9
Persons with eating disorders	38	10.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	180	48.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	137	37.2
Persons with traumatic brain injury (TBI)	30	8.2
Veterans	63	17.1
Active duty military	30	8.2
Members of military families	37	10.1
LGBT clients	70	19.0
Forensic clients <sup>1</sup>	72	19.6
Persons with HIV or AIDS	26	7.1
Other special program or group	24	6.5
No dedicated or exclusively designed programs or groups offered	73	19.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

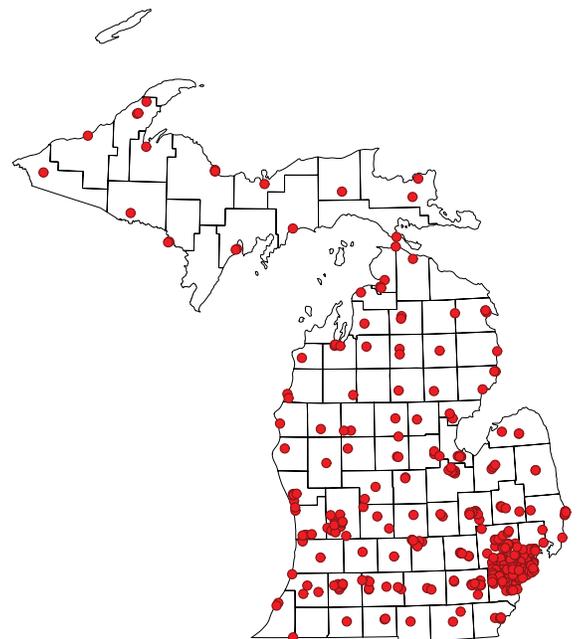
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## Location of treatment facilities



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## 2019 State Profile — Minnesota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Minnesota, 266 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Minnesota was 91.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	191	71.8
Private for-profit	46	17.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	3	1.1
Other state government agency or department	5	1.9
Regional/district authority or county, local, or municipal government	7	2.6
Tribal government	—	—
Indian Health Service	1	0.4
Department of Veterans Affairs	13	4.9
Other	—	—
<b>Total</b>	<b>266</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	32	12.0
24-hour residential	50	18.8
Less-than-24 hour		
Partial hospitalization/day treatment	27	10.2
Outpatient	200	75.2
<b>Total</b>	<b>266</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	2.6
General hospital	22	8.3
Residential treatment center for children	13	4.9
Residential treatment center for adults	33	12.4
Other type of residential treatment facility	1	0.4
Veterans Affairs medical center or other VA health care facility	13	4.9
Community mental health center (CMHC)	75	28.2
Partial hospitalization/day treatment facility	6	2.3
Outpatient mental health facility	95	35.7
Multi-setting mental health facility	1	0.4
Other	—	—
<b>Total</b>	<b>266</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	243	91.4
Couples/family therapy	189	71.1
Group therapy	206	77.4
Cognitive behavioral therapy	236	88.7
Dialectical behavior therapy	139	52.3
Behavior modification	201	75.6
Integrated dual disorders treatment	121	45.5
Trauma therapy	209	78.6
Activity therapy	94	35.3
Electroconvulsive therapy	15	5.6
Telemedicine/telehealth therapy	118	44.4
Psychotropic medication	191	71.8
Other	10	3.8
None of these mental health treatment approaches are offered	1	0.4

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	137	51.5
Children (12 years or younger)	159	59.8
Adolescents (13–17 years)	181	68.0
Young adults (18–25 years)	239	89.8
Adults (26–64 years)	237	89.1
Seniors (65 years or older)	230	86.5

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	41	15.4
Intensive case management (ICM)	20	7.5
Case management (CM)	116	43.6
Court-ordered outpatient treatment	120	45.1
Chronic disease/illness management (CDM)	30	11.3
Illness management and recovery (IMR)	124	46.6
Integrated primary care services	50	18.8
Diet and exercise counseling	92	34.6
Family psychoeducation	180	67.7
Education services	77	28.9
Housing services	59	22.2
Supported housing	42	15.8
Psychosocial rehabilitation services	133	50.0
Vocational rehabilitation services	37	13.9
Supported employment	41	15.4
Therapeutic foster care	10	3.8
Legal advocacy	9	3.4
Psychiatric emergency walk-in services	42	15.8
Suicide prevention services	163	61.3
Consumer-run (peer support) services	61	22.9
Screening for tobacco use	151	56.8
Smoking/tobacco cessation counseling	105	39.5
Nicotine replacement therapy	85	32.0
Non-nicotine smoking/tobacco cessation medications (by prescription)	74	27.8
Other	6	2.3
None of these services and practices are offered	8	3.0

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	176	66.2
State substance abuse agency	56	21.1
State department of health	170	63.9
State or local department of family and children's services	90	33.8
Hospital licensing authority	21	7.9
The Joint Commission	47	17.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	21	7.9
Council on Accreditation (COA)	23	8.6
Centers for Medicare and Medicaid Services (CMS)	129	48.5
Other national organization or federal, state, or local agency	15	5.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	247	92.9
Private health insurance	252	94.7
Medicare	204	76.7
Medicaid	239	89.8
State-financed health insurance plan other than Medicaid	224	84.2
State mental health agency (or equivalent) funds	160	60.2
State welfare or child and family services agency funds	124	46.6
State corrections or juvenile justice agency funds	80	30.1
State education agency funds	61	22.9
Other state government funds	132	49.6
County or local government funds	180	67.7
Community Service Block Grants	62	23.3
Community Mental Health Block Grants	90	33.8
Federal military insurance	177	66.5
U.S. Department of Veterans Affairs funds	79	29.7
IHS/Tribal/Urban (ITU) funds	38	14.3
Other	4	1.5

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	162	60.9
Any language other than English	184	69.2
<b>Languages provided by staff</b>		
Spanish	36	13.5
American Indian/Alaska Native languages	—	—
Other	21	7.9

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	92	34.6
No crisis intervention team	174	65.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	97	36.5
Transitional age young adults	58	21.8
Persons 18 years and older with serious mental illness (SMI)	144	54.1
Seniors or older adults	54	20.3
Persons with Alzheimer's or dementia	12	4.5
Persons with co-occurring mental and substance use disorders	102	38.3
Persons with eating disorders	20	7.5
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	101	38.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	89	33.5
Persons with traumatic brain injury (TBI)	22	8.3
Veterans	35	13.2
Active duty military	10	3.8
Members of military families	19	7.1
LGBT clients	46	17.3
Forensic clients <sup>1</sup>	35	13.2
Persons with HIV or AIDS	14	5.3
Other special program or group	9	3.4
No dedicated or exclusively designed programs or groups offered	47	17.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

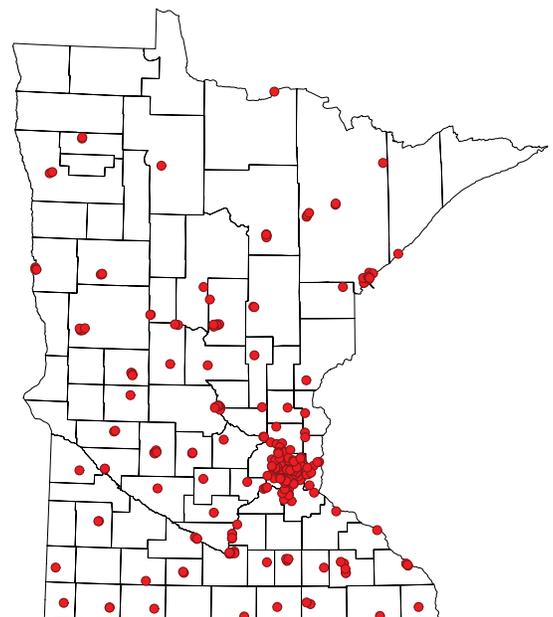
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[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Mississippi National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Mississippi, 169 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Mississippi was 85.8 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	81	47.9
Private for-profit	27	16.0
<b>Public agency or department</b>		
State mental health agency (SMHA)	16	9.5
Other state government agency or department	9	5.3
Regional/district authority or county, local, or municipal government	32	18.9
Tribal government	1	0.6
Indian Health Service	—	—
Department of Veterans Affairs	3	1.8
Other	—	—
<b>Total</b>	<b>169</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	37	21.9
24-hour residential	17	10.1
Less-than-24 hour		
Partial hospitalization/day treatment	60	35.5
Outpatient	127	75.1
<b>Total</b>	<b>169</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	7.1
General hospital	23	13.6
Residential treatment center for children	4	2.4
Residential treatment center for adults	5	3.0
Other type of residential treatment facility	1	0.6
Veterans Affairs medical center or other VA health care facility	2	1.2
Community mental health center (CMHC)	79	46.7
Partial hospitalization/day treatment facility	8	4.7
Outpatient mental health facility	32	18.9
Multi-setting mental health facility	3	1.8
Other	—	—
<b>Total</b>	<b>169</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	149	88.2
Couples/family therapy	120	71.0
Group therapy	150	88.8
Cognitive behavioral therapy	159	94.1
Dialectical behavior therapy	88	52.1
Behavior modification	140	82.8
Integrated dual disorders treatment	110	65.1
Trauma therapy	110	65.1
Activity therapy	93	55.0
Electroconvulsive therapy	5	3.0
Telemedicine/telehealth therapy	60	35.5
Psychotropic medication	141	83.4
Other	2	1.2
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	75	44.4
Children (12 years or younger)	97	57.4
Adolescents (13–17 years)	101	59.8
Young adults (18–25 years)	134	79.3
Adults (26–64 years)	142	84.0
Seniors (65 years or older)	141	83.4

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	18	10.7
Intensive case management (ICM)	67	39.6
Case management (CM)	135	79.9
Court-ordered outpatient treatment	95	56.2
Chronic disease/illness management (CDM)	35	20.7
Illness management and recovery (IMR)	69	40.8
Integrated primary care services	28	16.6
Diet and exercise counseling	33	19.5
Family psychoeducation	106	62.7
Education services	74	43.8
Housing services	21	12.4
Supported housing	22	13.0
Psychosocial rehabilitation services	85	50.3
Vocational rehabilitation services	12	7.1
Supported employment	39	23.1
Therapeutic foster care	9	5.3
Legal advocacy	3	1.8
Psychiatric emergency walk-in services	67	39.6
Suicide prevention services	115	68.0
Consumer-run (peer support) services	66	39.1
Screening for tobacco use	73	43.2
Smoking/tobacco cessation counseling	58	34.3
Nicotine replacement therapy	36	21.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	25	14.8
Other	2	1.2
None of these services and practices are offered	2	1.2

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	136	80.5
State substance abuse agency	61	36.1
State department of health	68	40.2
State or local department of family and children's services	17	10.1
Hospital licensing authority	23	13.6
The Joint Commission	42	24.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	17	10.1
Council on Accreditation (COA)	6	3.6
Centers for Medicare and Medicaid Services (CMS)	86	50.9
Other national organization or federal, state, or local agency	4	2.4

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	146	86.4
Private health insurance	146	86.4
Medicare	120	71.0
Medicaid	149	88.2
State-financed health insurance plan other than Medicaid	106	62.7
State mental health agency (or equivalent) funds	106	62.7
State welfare or child and family services agency funds	68	40.2
State corrections or juvenile justice agency funds	54	32.0
State education agency funds	38	22.5
Other state government funds	64	37.9
County or local government funds	91	53.8
Community Service Block Grants	67	39.6
Community Mental Health Block Grants	84	49.7
Federal military insurance	95	56.2
U.S. Department of Veterans Affairs funds	41	24.3
IHS/Tribal/Urban (ITU) funds	12	7.1
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	101	59.8
Any language other than English	96	56.8
<b>Languages provided by staff</b>		
Spanish	17	10.1
American Indian/Alaska Native languages	1	0.6
Other	2	1.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	109	64.5
No crisis intervention team	60	35.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	77	45.6
Transitional age young adults	41	24.3
Persons 18 years and older with serious mental illness (SMI)	94	55.6
Seniors or older adults	86	50.9
Persons with Alzheimer's or dementia	31	18.3
Persons with co-occurring mental and substance use disorders	90	53.3
Persons with eating disorders	21	12.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	57	33.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	61	36.1
Persons with traumatic brain injury (TBI)	18	10.7
Veterans	24	14.2
Active duty military	14	8.3
Members of military families	22	13.0
LGBT clients	28	16.6
Forensic clients <sup>1</sup>	21	12.4
Persons with HIV or AIDS	26	15.4
Other special program or group	5	3.0
No dedicated or exclusively designed programs or groups offered	17	10.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

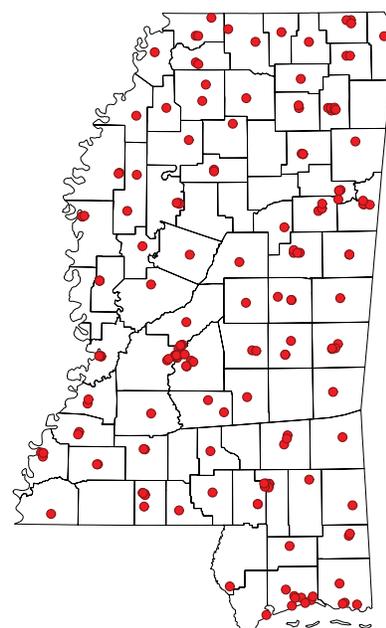
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## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Missouri National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Missouri, 208 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Missouri was 89.8 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	160	76.9
Private for-profit	27	13.0
<b>Public agency or department</b>		
State mental health agency (SMHA)	6	2.9
Other state government agency or department	2	1.0
Regional/district authority or county, local, or municipal government	3	1.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	10	4.8
Other	—	—
<b>Total</b>	<b>208</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	48	23.1
24-hour residential	36	17.3
Less-than-24 hour		
Partial hospitalization/day treatment	29	13.9
Outpatient	156	75.0
<b>Total</b>	<b>208</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	20	9.6
General hospital	25	12.0
Residential treatment center for children	15	7.2
Residential treatment center for adults	5	2.4
Other type of residential treatment facility	2	1.0
Veterans Affairs medical center or other VA health care facility	10	4.8
Community mental health center (CMHC)	58	27.9
Partial hospitalization/day treatment facility	3	1.4
Outpatient mental health facility	62	29.8
Multi-setting mental health facility	6	2.9
Other	2	1.0
<b>Total</b>	<b>208</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	196	94.2
Couples/family therapy	121	58.2
Group therapy	186	89.4
Cognitive behavioral therapy	194	93.3
Dialectical behavior therapy	119	57.2
Behavior modification	152	73.1
Integrated dual disorders treatment	122	58.7
Trauma therapy	166	79.8
Activity therapy	107	51.4
Electroconvulsive therapy	15	7.2
Telemedicine/telehealth therapy	106	51.0
Psychotropic medication	156	75.0
Other	10	4.8
None of these mental health treatment approaches are offered	1	0.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	95	45.7
Children (12 years or younger)	125	60.1
Adolescents (13–17 years)	133	63.9
Young adults (18–25 years)	178	85.6
Adults (26–64 years)	175	84.1
Seniors (65 years or older)	171	82.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	36	17.3
Intensive case management (ICM)	53	25.5
Case management (CM)	166	79.8
Court-ordered outpatient treatment	62	29.8
Chronic disease/illness management (CDM)	66	31.7
Illness management and recovery (IMR)	67	32.2
Integrated primary care services	55	26.4
Diet and exercise counseling	93	44.7
Family psychoeducation	120	57.7
Education services	76	36.5
Housing services	47	22.6
Supported housing	40	19.2
Psychosocial rehabilitation services	95	45.7
Vocational rehabilitation services	33	15.9
Supported employment	41	19.7
Therapeutic foster care	10	4.8
Legal advocacy	6	2.9
Psychiatric emergency walk-in services	71	34.1
Suicide prevention services	132	63.5
Consumer-run (peer support) services	73	35.1
Screening for tobacco use	151	72.6
Smoking/tobacco cessation counseling	115	55.3
Nicotine replacement therapy	84	40.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	78	37.5
Other	1	0.5
None of these services and practices are offered	3	1.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	143	68.8
State substance abuse agency	51	24.5
State department of health	88	42.3
State or local department of family and children's services	41	19.7
Hospital licensing authority	34	16.3
The Joint Commission	77	37.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	100	48.1
Council on Accreditation (COA)	22	10.6
Centers for Medicare and Medicaid Services (CMS)	132	63.5
Other national organization or federal, state, or local agency	7	3.4

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	186	89.4
Private health insurance	181	87.0
Medicare	167	80.3
Medicaid	186	89.4
State-financed health insurance plan other than Medicaid	133	63.9
State mental health agency (or equivalent) funds	141	67.8
State welfare or child and family services agency funds	110	52.9
State corrections or juvenile justice agency funds	103	49.5
State education agency funds	47	22.6
Other state government funds	78	37.5
County or local government funds	113	54.3
Community Service Block Grants	39	18.8
Community Mental Health Block Grants	73	35.1
Federal military insurance	136	65.4
U.S. Department of Veterans Affairs funds	58	27.9
IHS/Tribal/Urban (ITU) funds	14	6.7
Other	1	0.5

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	151	72.6
Any language other than English	146	70.2
<b>Languages provided by staff</b>		
Spanish	24	11.5
American Indian/Alaska Native languages	—	—
Other	9	4.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	127	61.1
No crisis intervention team	81	38.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	62	29.8
Transitional age young adults	33	15.9
Persons 18 years and older with serious mental illness (SMI)	84	40.4
Seniors or older adults	39	18.8
Persons with Alzheimer's or dementia	14	6.7
Persons with co-occurring mental and substance use disorders	107	51.4
Persons with eating disorders	19	9.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	80	38.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	64	30.8
Persons with traumatic brain injury (TBI)	6	2.9
Veterans	30	14.4
Active duty military	9	4.3
Members of military families	16	7.7
LGBT clients	28	13.5
Forensic clients <sup>1</sup>	36	17.3
Persons with HIV or AIDS	14	6.7
Other special program or group	9	4.3
No dedicated or exclusively designed programs or groups offered	32	15.4

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

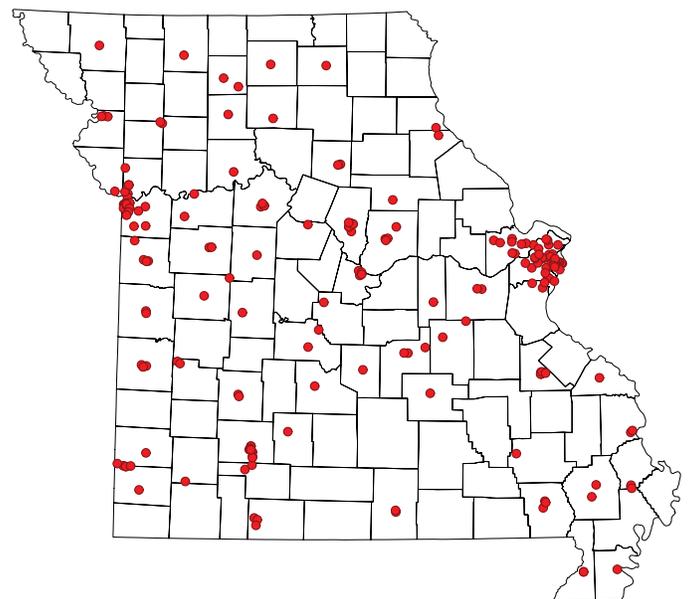
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## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
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[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Montana

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Montana, 85 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Montana was 95.7 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	74	87.1
Private for-profit	4	4.7
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	4	4.7
Regional/district authority or county, local, or municipal government	2	2.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	1.2
Other	—	—
<b>Total</b>	<b>85</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	7	8.2
24-hour residential	23	27.1
Less-than-24 hour		
Partial hospitalization/day treatment	20	23.5
Outpatient	68	80.0
<b>Total</b>	<b>85</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	2.4
General hospital	5	5.9
Residential treatment center for children	5	5.9
Residential treatment center for adults	7	8.2
Other type of residential treatment facility	2	2.4
Veterans Affairs medical center or other VA health care facility	1	1.2
Community mental health center (CMHC)	35	41.2
Partial hospitalization/day treatment facility	3	3.5
Outpatient mental health facility	19	22.4
Multi-setting mental health facility	6	7.1
Other	—	—
<b>Total</b>	<b>85</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	80	94.1
Couples/family therapy	69	81.2
Group therapy	78	91.8
Cognitive behavioral therapy	81	95.3
Dialectical behavior therapy	46	54.1
Behavior modification	70	82.4
Integrated dual disorders treatment	60	70.6
Trauma therapy	73	85.9
Activity therapy	43	50.6
Electroconvulsive therapy	2	2.4
Telemedicine/telehealth therapy	62	72.9
Psychotropic medication	60	70.6
Other	2	2.4
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	41	48.2
Children (12 years or younger)	58	68.2
Adolescents (13–17 years)	64	75.3
Young adults (18–25 years)	71	83.5
Adults (26–64 years)	69	81.2
Seniors (65 years or older)	66	77.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	15	17.6
Intensive case management (ICM)	17	20.0
Case management (CM)	66	77.6
Court-ordered outpatient treatment	45	52.9
Chronic disease/illness management (CDM)	8	9.4
Illness management and recovery (IMR)	32	37.6
Integrated primary care services	11	12.9
Diet and exercise counseling	16	18.8
Family psychoeducation	54	63.5
Education services	38	44.7
Housing services	18	21.2
Supported housing	8	9.4
Psychosocial rehabilitation services	38	44.7
Vocational rehabilitation services	14	16.5
Supported employment	17	20.0
Therapeutic foster care	12	14.1
Legal advocacy	4	4.7
Psychiatric emergency walk-in services	28	32.9
Suicide prevention services	66	77.6
Consumer-run (peer support) services	23	27.1
Screening for tobacco use	48	56.5
Smoking/tobacco cessation counseling	33	38.8
Nicotine replacement therapy	13	15.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	14	16.5
Other	1	1.2
None of these services and practices are offered	2	2.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	69	81.2
State substance abuse agency	39	45.9
State department of health	49	57.6
State or local department of family and children's services	18	21.2
Hospital licensing authority	6	7.1
The Joint Commission	7	8.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	8	9.4
Council on Accreditation (COA)	9	10.6
Centers for Medicare and Medicaid Services (CMS)	47	55.3
Other national organization or federal, state, or local agency	1	1.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	80	94.1
Private health insurance	79	92.9
Medicare	49	57.6
Medicaid	82	96.5
State-financed health insurance plan other than Medicaid	69	81.2
State mental health agency (or equivalent) funds	68	80.0
State welfare or child and family services agency funds	57	67.1
State corrections or juvenile justice agency funds	51	60.0
State education agency funds	29	34.1
Other state government funds	59	69.4
County or local government funds	58	68.2
Community Service Block Grants	33	38.8
Community Mental Health Block Grants	41	48.2
Federal military insurance	59	69.4
U.S. Department of Veterans Affairs funds	53	62.4
IHS/Tribal/Urban (ITU) funds	43	50.6
Other	2	2.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	33	38.8
Any language other than English	25	29.4
<b>Languages provided by staff</b>		
Spanish	5	5.9
American Indian/Alaska Native languages	—	—
Other	—	—

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	47	55.3
No crisis intervention team	38	44.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	42	49.4
Transitional age young adults	16	18.8
Persons 18 years and older with serious mental illness (SMI)	51	60.0
Seniors or older adults	18	21.2
Persons with Alzheimer's or dementia	5	5.9
Persons with co-occurring mental and substance use disorders	44	51.8
Persons with eating disorders	11	12.9
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	30	35.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	34	40.0
Persons with traumatic brain injury (TBI)	9	10.6
Veterans	16	18.8
Active duty military	6	7.1
Members of military families	12	14.1
LGBT clients	11	12.9
Forensic clients <sup>1</sup>	10	11.8
Persons with HIV or AIDS	3	3.5
Other special program or group	3	3.5
No dedicated or exclusively designed programs or groups offered	15	17.6

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

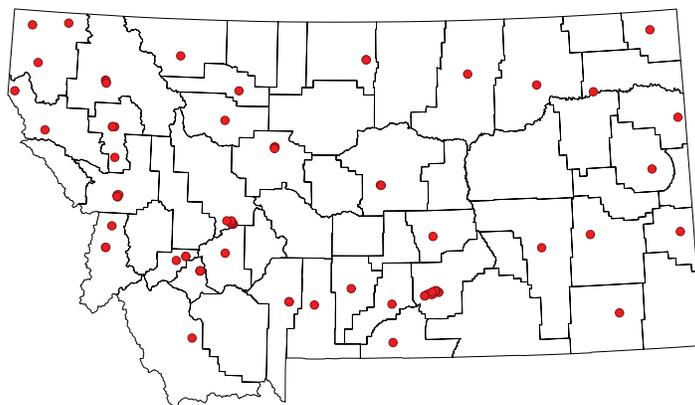
Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

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## Location of treatment facilities



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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Nebraska National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Nebraska, 145 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Nebraska was 96.2 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	101	69.7
Private for-profit	20	13.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.7
Other state government agency or department	7	4.8
Regional/district authority or county, local, or municipal government	9	6.2
Tribal government	1	0.7
Indian Health Service	—	—
Department of Veterans Affairs	6	4.1
Other	—	—
<b>Total</b>	<b>145</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	16	11.0
24-hour residential	22	15.2
Less-than-24 hour		
Partial hospitalization/day treatment	15	10.3
Outpatient	116	80.0
<b>Total</b>	<b>145</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	3.4
General hospital	10	6.9
Residential treatment center for children	3	2.1
Residential treatment center for adults	13	9.0
Other type of residential treatment facility	1	0.7
Veterans Affairs medical center or other VA health care facility	6	4.1
Community mental health center (CMHC)	24	16.6
Partial hospitalization/day treatment facility	3	2.1
Outpatient mental health facility	80	55.2
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>145</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	124	85.5
Couples/family therapy	114	78.6
Group therapy	89	61.4
Cognitive behavioral therapy	128	88.3
Dialectical behavior therapy	94	64.8
Behavior modification	103	71.0
Integrated dual disorders treatment	93	64.1
Trauma therapy	118	81.4
Activity therapy	54	37.2
Electroconvulsive therapy	6	4.1
Telemedicine/telehealth therapy	67	46.2
Psychotropic medication	94	64.8
Other	10	6.9
None of these mental health treatment approaches are offered	8	5.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	83	57.2
Children (12 years or younger)	92	63.4
Adolescents (13–17 years)	100	69.0
Young adults (18–25 years)	139	95.9
Adults (26–64 years)	137	94.5
Seniors (65 years or older)	133	91.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	10	6.9
Intensive case management (ICM)	14	9.7
Case management (CM)	82	56.6
Court-ordered outpatient treatment	77	53.1
Chronic disease/illness management (CDM)	41	28.3
Illness management and recovery (IMR)	31	21.4
Integrated primary care services	54	37.2
Diet and exercise counseling	45	31.0
Family psychoeducation	87	60.0
Education services	54	37.2
Housing services	26	17.9
Supported housing	15	10.3
Psychosocial rehabilitation services	46	31.7
Vocational rehabilitation services	15	10.3
Supported employment	11	7.6
Therapeutic foster care	2	1.4
Legal advocacy	9	6.2
Psychiatric emergency walk-in services	37	25.5
Suicide prevention services	87	60.0
Consumer-run (peer support) services	35	24.1
Screening for tobacco use	94	64.8
Smoking/tobacco cessation counseling	61	42.1
Nicotine replacement therapy	33	22.8
Non-nicotine smoking/tobacco cessation medications (by prescription)	35	24.1
Other	1	0.7
None of these services and practices are offered	2	1.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	66	45.5
State substance abuse agency	39	26.9
State department of health	82	56.6
State or local department of family and children's services	19	13.1
Hospital licensing authority	29	20.0
The Joint Commission	58	40.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	53	36.6
Council on Accreditation (COA)	25	17.2
Centers for Medicare and Medicaid Services (CMS)	85	58.6
Other national organization or federal, state, or local agency	6	4.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	135	93.1
Private health insurance	123	84.8
Medicare	96	66.2
Medicaid	141	97.2
State-financed health insurance plan other than Medicaid	81	55.9
State mental health agency (or equivalent) funds	109	75.2
State welfare or child and family services agency funds	85	58.6
State corrections or juvenile justice agency funds	89	61.4
State education agency funds	42	29.0
Other state government funds	75	51.7
County or local government funds	81	55.9
Community Service Block Grants	37	25.5
Community Mental Health Block Grants	62	42.8
Federal military insurance	100	69.0
U.S. Department of Veterans Affairs funds	79	54.5
IHS/Tribal/Urban (ITU) funds	37	25.5
Other	1	0.7

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	69	47.6
Any language other than English	98	67.6
<b>Languages provided by staff</b>		
Spanish	40	27.6
American Indian/Alaska Native languages	—	—
Other	9	6.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	66	45.5
No crisis intervention team	79	54.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	31	21.4
Transitional age young adults	25	17.2
Persons 18 years and older with serious mental illness (SMI)	59	40.7
Seniors or older adults	29	20.0
Persons with Alzheimer's or dementia	10	6.9
Persons with co-occurring mental and substance use disorders	65	44.8
Persons with eating disorders	18	12.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	44	30.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	41	28.3
Persons with traumatic brain injury (TBI)	22	15.2
Veterans	34	23.4
Active duty military	23	15.9
Members of military families	28	19.3
LGBT clients	25	17.2
Forensic clients <sup>1</sup>	25	17.2
Persons with HIV or AIDS	23	15.9
Other special program or group	8	5.5
No dedicated or exclusively designed programs or groups offered	43	29.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

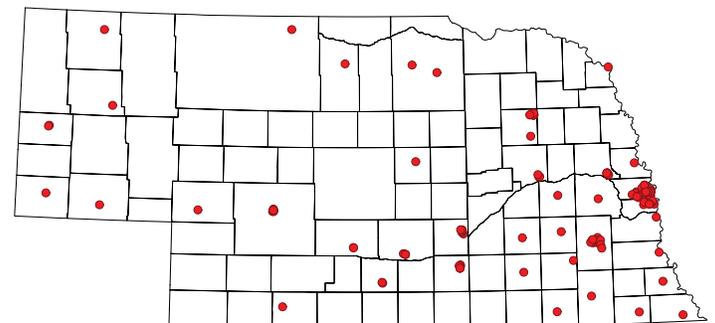
## Location of treatment facilities

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## 2019 State Profile — Nevada

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Nevada, 66 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Nevada was 90.5 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	17	25.8
Private for-profit	18	27.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	14	21.2
Other state government agency or department	15	22.7
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	3.0
Other	—	—
<b>Total</b>	<b>66</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	16	24.2
24-hour residential	6	9.1
Less-than-24 hour		
Partial hospitalization/day treatment	16	24.2
Outpatient	61	92.4
<b>Total</b>	<b>66</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	11	16.7
General hospital	3	4.5
Residential treatment center for children	2	3.0
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	2	3.0
Community mental health center (CMHC)	12	18.2
Partial hospitalization/day treatment facility	1	1.5
Outpatient mental health facility	33	50.0
Multi-setting mental health facility	2	3.0
Other	—	—
<b>Total</b>	<b>66</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	63	95.5
Couples/family therapy	55	83.3
Group therapy	53	80.3
Cognitive behavioral therapy	64	97.0
Dialectical behavior therapy	45	68.2
Behavior modification	33	50.0
Integrated dual disorders treatment	39	59.1
Trauma therapy	49	74.2
Activity therapy	28	42.4
Electroconvulsive therapy	2	3.0
Telemedicine/telehealth therapy	33	50.0
Psychotropic medication	48	72.7
Other	6	9.1
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	33	50.0
Children (12 years or younger)	48	72.7
Adolescents (13–17 years)	55	83.3
Young adults (18–25 years)	51	77.3
Adults (26–64 years)	47	71.2
Seniors (65 years or older)	49	74.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	10	15.2
Intensive case management (ICM)	17	25.8
Case management (CM)	51	77.3
Court-ordered outpatient treatment	22	33.3
Chronic disease/illness management (CDM)	10	15.2
Illness management and recovery (IMR)	21	31.8
Integrated primary care services	10	15.2
Diet and exercise counseling	16	24.2
Family psychoeducation	36	54.5
Education services	17	25.8
Housing services	15	22.7
Supported housing	16	24.2
Psychosocial rehabilitation services	34	51.5
Vocational rehabilitation services	6	9.1
Supported employment	5	7.6
Therapeutic foster care	8	12.1
Legal advocacy	4	6.1
Psychiatric emergency walk-in services	31	47.0
Suicide prevention services	41	62.1
Consumer-run (peer support) services	16	24.2
Screening for tobacco use	30	45.5
Smoking/tobacco cessation counseling	19	28.8
Nicotine replacement therapy	15	22.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	11	16.7
Other	2	3.0
None of these services and practices are offered	8	12.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	35	53.0
State substance abuse agency	12	18.2
State department of health	29	43.9
State or local department of family and children's services	14	21.2
Hospital licensing authority	16	24.2
The Joint Commission	18	27.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	3	4.5
Council on Accreditation (COA)	5	7.6
Centers for Medicare and Medicaid Services (CMS)	48	72.7
Other national organization or federal, state, or local agency	2	3.0

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	50	75.8
Private health insurance	53	80.3
Medicare	47	71.2
Medicaid	53	80.3
State-financed health insurance plan other than Medicaid	24	36.4
State mental health agency (or equivalent) funds	15	22.7
State welfare or child and family services agency funds	23	34.8
State corrections or juvenile justice agency funds	21	31.8
State education agency funds	8	12.1
Other state government funds	25	37.9
County or local government funds	12	18.2
Community Service Block Grants	9	13.6
Community Mental Health Block Grants	23	34.8
Federal military insurance	46	69.7
U.S. Department of Veterans Affairs funds	23	34.8
IHS/Tribal/Urban (ITU) funds	11	16.7
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	27	40.9
Any language other than English	48	72.7
<b>Languages provided by staff</b>		
Spanish	34	51.5
American Indian/Alaska Native languages	—	—
Other	6	9.1

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	41	62.1
No crisis intervention team	25	37.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	45	68.2
Transitional age young adults	19	28.8
Persons 18 years and older with serious mental illness (SMI)	39	59.1
Seniors or older adults	30	45.5
Persons with Alzheimer's or dementia	6	9.1
Persons with co-occurring mental and substance use disorders	37	56.1
Persons with eating disorders	12	18.2
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	45	68.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	45	68.2
Persons with traumatic brain injury (TBI)	6	9.1
Veterans	16	24.2
Active duty military	11	16.7
Members of military families	14	21.2
LGBT clients	28	42.4
Forensic clients <sup>1</sup>	13	19.7
Persons with HIV or AIDS	14	21.2
Other special program or group	3	4.5
No dedicated or exclusively designed programs or groups offered	5	7.6

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

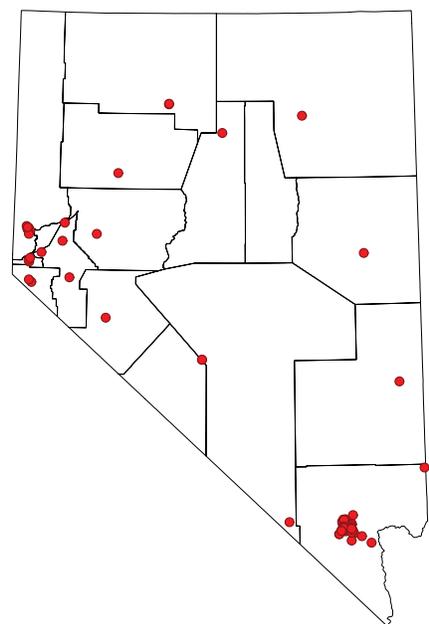
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## Location of treatment facilities



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[www.samhsa.gov/data](http://www.samhsa.gov/data)

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## 2019 State Profile — New Hampshire National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In New Hampshire, 70 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in New Hampshire was 91.3 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	59	84.3
Private for-profit	3	4.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	1.4
Other state government agency or department	1	1.4
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	8.6
Other	—	—
<b>Total</b>	<b>70</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	8	11.4
24-hour residential	21	30.0
Less-than-24 hour		
Partial hospitalization/day treatment	7	10.0
Outpatient	47	67.1
<b>Total</b>	<b>70</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	2.9
General hospital	6	8.6
Residential treatment center for children	5	7.1
Residential treatment center for adults	7	10.0
Other type of residential treatment facility	5	7.1
Veterans Affairs medical center or other VA health care facility	6	8.6
Community mental health center (CMHC)	29	41.4
Partial hospitalization/day treatment facility	1	1.4
Outpatient mental health facility	6	8.6
Multi-setting mental health facility	3	4.3
Other	—	—
<b>Total</b>	<b>70</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	61	87.1
Couples/family therapy	46	65.7
Group therapy	57	81.4
Cognitive behavioral therapy	61	87.1
Dialectical behavior therapy	47	67.1
Behavior modification	46	65.7
Integrated dual disorders treatment	47	67.1
Trauma therapy	57	81.4
Activity therapy	39	55.7
Electroconvulsive therapy	5	7.1
Telemedicine/telehealth therapy	32	45.7
Psychotropic medication	63	90.0
Other	7	10.0
None of these mental health treatment approaches are offered	2	2.9

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	27	38.6
Children (12 years or younger)	41	58.6
Adolescents (13–17 years)	43	61.4
Young adults (18–25 years)	59	84.3
Adults (26–64 years)	54	77.1
Seniors (65 years or older)	51	72.9

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	22	31.4
Intensive case management (ICM)	22	31.4
Case management (CM)	50	71.4
Court-ordered outpatient treatment	31	44.3
Chronic disease/illness management (CDM)	15	21.4
Illness management and recovery (IMR)	39	55.7
Integrated primary care services	24	34.3
Diet and exercise counseling	42	60.0
Family psychoeducation	51	72.9
Education services	29	41.4
Housing services	20	28.6
Supported housing	22	31.4
Psychosocial rehabilitation services	23	32.9
Vocational rehabilitation services	15	21.4
Supported employment	38	54.3
Therapeutic foster care	5	7.1
Legal advocacy	7	10.0
Psychiatric emergency walk-in services	25	35.7
Suicide prevention services	47	67.1
Consumer-run (peer support) services	21	30.0
Screening for tobacco use	49	70.0
Smoking/tobacco cessation counseling	43	61.4
Nicotine replacement therapy	39	55.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	35	50.0
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	42	60.0
State substance abuse agency	3	4.3
State department of health	30	42.9
State or local department of family and children's services	16	22.9
Hospital licensing authority	7	10.0
The Joint Commission	14	20.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	15.7
Council on Accreditation (COA)	1	1.4
Centers for Medicare and Medicaid Services (CMS)	36	51.4
Other national organization or federal, state, or local agency	6	8.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	54	77.1
Private health insurance	57	81.4
Medicare	59	84.3
Medicaid	64	91.4
State-financed health insurance plan other than Medicaid	39	55.7
State mental health agency (or equivalent) funds	36	51.4
State welfare or child and family services agency funds	33	47.1
State corrections or juvenile justice agency funds	33	47.1
State education agency funds	24	34.3
Other state government funds	29	41.4
County or local government funds	26	37.1
Community Service Block Grants	20	28.6
Community Mental Health Block Grants	24	34.3
Federal military insurance	46	65.7
U.S. Department of Veterans Affairs funds	22	31.4
IHS/Tribal/Urban (ITU) funds	2	2.9
Other	1	1.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	41	58.6
Any language other than English	45	64.3
<b>Languages provided by staff</b>		
Spanish	13	18.6
American Indian/Alaska Native languages	—	—
Other	6	8.6

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	44	62.9
No crisis intervention team	26	37.1

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	37	52.9
Transitional age young adults	26	37.1
Persons 18 years and older with serious mental illness (SMI)	43	61.4
Seniors or older adults	32	45.7
Persons with Alzheimer's or dementia	7	10.0
Persons with co-occurring mental and substance use disorders	41	58.6
Persons with eating disorders	12	17.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	43	61.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	44	62.9
Persons with traumatic brain injury (TBI)	11	15.7
Veterans	20	28.6
Active duty military	13	18.6
Members of military families	15	21.4
LGBT clients	17	24.3
Forensic clients <sup>1</sup>	23	32.9
Persons with HIV or AIDS	7	10.0
Other special program or group	7	10.0
No dedicated or exclusively designed programs or groups offered	4	5.7

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

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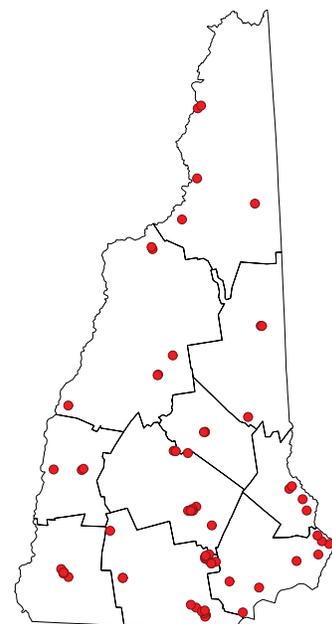
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## Location of treatment facilities



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## 2019 State Profile — New Jersey National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In New Jersey, 313 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in New Jersey was 87.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	236	75.4
Private for-profit	49	15.7
<b>Public agency or department</b>		
State mental health agency (SMHA)	4	1.3
Other state government agency or department	6	1.9
Regional/district authority or county, local, or municipal government	3	1.0
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	4.8
Other	—	—
<b>Total</b>	<b>313</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	43	13.7
24-hour residential	39	12.5
Less-than-24 hour		
Partial hospitalization/day treatment	108	34.5
Outpatient	218	69.6
<b>Total</b>	<b>313</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	14	4.5
General hospital	27	8.6
Residential treatment center for children	10	3.2
Residential treatment center for adults	19	6.1
Other type of residential treatment facility	3	1.0
Veterans Affairs medical center or other VA health care facility	15	4.8
Community mental health center (CMHC)	36	11.5
Partial hospitalization/day treatment facility	50	16.0
Outpatient mental health facility	123	39.3
Multi-setting mental health facility	16	5.1
Other	—	—
<b>Total</b>	<b>313</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	260	83.1
Couples/family therapy	195	62.3
Group therapy	276	88.2
Cognitive behavioral therapy	263	84.0
Dialectical behavior therapy	145	46.3
Behavior modification	170	54.3
Integrated dual disorders treatment	183	58.5
Trauma therapy	211	67.4
Activity therapy	160	51.1
Electroconvulsive therapy	12	3.8
Telemedicine/telehealth therapy	56	17.9
Psychotropic medication	274	87.5
Other	11	3.5
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	129	41.2
Children (12 years or younger)	157	50.2
Adolescents (13–17 years)	169	54.0
Young adults (18–25 years)	293	93.6
Adults (26–64 years)	283	90.4
Seniors (65 years or older)	271	86.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	36	11.5
Intensive case management (ICM)	36	11.5
Case management (CM)	187	59.7
Court-ordered outpatient treatment	99	31.6
Chronic disease/illness management (CDM)	57	18.2
Illness management and recovery (IMR)	156	49.8
Integrated primary care services	75	24.0
Diet and exercise counseling	119	38.0
Family psychoeducation	223	71.2
Education services	93	29.7
Housing services	49	15.7
Supported housing	41	13.1
Psychosocial rehabilitation services	107	34.2
Vocational rehabilitation services	63	20.1
Supported employment	39	12.5
Therapeutic foster care	3	1.0
Legal advocacy	22	7.0
Psychiatric emergency walk-in services	55	17.6
Suicide prevention services	159	50.8
Consumer-run (peer support) services	56	17.9
Screening for tobacco use	142	45.4
Smoking/tobacco cessation counseling	133	42.5
Nicotine replacement therapy	83	26.5
Non-nicotine smoking/tobacco cessation medications (by prescription)	75	24.0
Other	1	0.3
None of these services and practices are offered	6	1.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	247	78.9
State substance abuse agency	88	28.1
State department of health	150	47.9
State or local department of family and children's services	78	24.9
Hospital licensing authority	55	17.6
The Joint Commission	131	41.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	46	14.7
Council on Accreditation (COA)	33	10.5
Centers for Medicare and Medicaid Services (CMS)	199	63.6
Other national organization or federal, state, or local agency	11	3.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	251	80.2
Private health insurance	257	82.1
Medicare	210	67.1
Medicaid	286	91.4
State-financed health insurance plan other than Medicaid	162	51.8
State mental health agency (or equivalent) funds	165	52.7
State welfare or child and family services agency funds	129	41.2
State corrections or juvenile justice agency funds	62	19.8
State education agency funds	34	10.9
Other state government funds	92	29.4
County or local government funds	116	37.1
Community Service Block Grants	60	19.2
Community Mental Health Block Grants	79	25.2
Federal military insurance	108	34.5
U.S. Department of Veterans Affairs funds	45	14.4
IHS/Tribal/Urban (ITU) funds	3	1.0
Other	2	0.6

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	115	36.7
Any language other than English	214	68.4
<b>Languages provided by staff</b>		
Spanish	150	47.9
American Indian/Alaska Native languages	—	—
Other	53	16.9

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	104	33.2
No crisis intervention team	209	66.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	67	21.4
Transitional age young adults	60	19.2
Persons 18 years and older with serious mental illness (SMI)	173	55.3
Seniors or older adults	93	29.7
Persons with Alzheimer's or dementia	25	8.0
Persons with co-occurring mental and substance use disorders	172	55.0
Persons with eating disorders	38	12.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	118	37.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	119	38.0
Persons with traumatic brain injury (TBI)	14	4.5
Veterans	57	18.2
Active duty military	21	6.7
Members of military families	32	10.2
LGBT clients	84	26.8
Forensic clients <sup>1</sup>	50	16.0
Persons with HIV or AIDS	37	11.8
Other special program or group	27	8.6
No dedicated or exclusively designed programs or groups offered	41	13.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

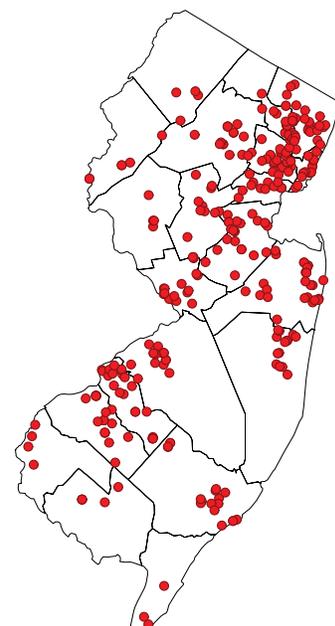
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## Location of treatment facilities



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## 2019 State Profile — New Mexico National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In New Mexico, 69 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in New Mexico was 85.4 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	41	59.4
Private for-profit	11	15.9
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	9	13.0
Regional/district authority or county, local, or municipal government	1	1.4
Tribal government	—	—
Indian Health Service	1	1.4
Department of Veterans Affairs	6	8.7
Other	—	—
<b>Total</b>	<b>69</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	12	17.4
24-hour residential	10	14.5
Less-than-24 hour		
Partial hospitalization/day treatment	7	10.1
Outpatient	58	84.1
<b>Total</b>	<b>69</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	7.2
General hospital	6	8.7
Residential treatment center for children	5	7.2
Residential treatment center for adults	—	—
Other type of residential treatment facility	1	1.4
Veterans Affairs medical center or other VA health care facility	5	7.2
Community mental health center (CMHC)	30	43.5
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	15	21.7
Multi-setting mental health facility	2	2.9
Other	—	—
<b>Total</b>	<b>69</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	67	97.1
Couples/family therapy	52	75.4
Group therapy	58	84.1
Cognitive behavioral therapy	60	87.0
Dialectical behavior therapy	31	44.9
Behavior modification	30	43.5
Integrated dual disorders treatment	39	56.5
Trauma therapy	59	85.5
Activity therapy	32	46.4
Electroconvulsive therapy	4	5.8
Telemedicine/telehealth therapy	32	46.4
Psychotropic medication	49	71.0
Other	5	7.2
None of these mental health treatment approaches are offered	2	2.9

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	29	42.0
Children (12 years or younger)	35	50.7
Adolescents (13–17 years)	41	59.4
Young adults (18–25 years)	62	89.9
Adults (26–64 years)	59	85.5
Seniors (65 years or older)	55	79.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	11	15.9
Intensive case management (ICM)	17	24.6
Case management (CM)	43	62.3
Court-ordered outpatient treatment	32	46.4
Chronic disease/illness management (CDM)	15	21.7
Illness management and recovery (IMR)	13	18.8
Integrated primary care services	19	27.5
Diet and exercise counseling	21	30.4
Family psychoeducation	44	63.8
Education services	26	37.7
Housing services	18	26.1
Supported housing	13	18.8
Psychosocial rehabilitation services	31	44.9
Vocational rehabilitation services	6	8.7
Supported employment	9	13.0
Therapeutic foster care	3	4.3
Legal advocacy	4	5.8
Psychiatric emergency walk-in services	27	39.1
Suicide prevention services	43	62.3
Consumer-run (peer support) services	14	20.3
Screening for tobacco use	34	49.3
Smoking/tobacco cessation counseling	29	42.0
Nicotine replacement therapy	24	34.8
Non-nicotine smoking/tobacco cessation medications (by prescription)	24	34.8
Other	4	5.8
None of these services and practices are offered	2	2.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	34	49.3
State substance abuse agency	15	21.7
State department of health	47	68.1
State or local department of family and children's services	31	44.9
Hospital licensing authority	14	20.3
The Joint Commission	37	53.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	15.9
Council on Accreditation (COA)	5	7.2
Centers for Medicare and Medicaid Services (CMS)	39	56.5
Other national organization or federal, state, or local agency	9	13.0

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	54	78.3
Private health insurance	56	81.2
Medicare	37	53.6
Medicaid	62	89.9
State-financed health insurance plan other than Medicaid	46	66.7
State mental health agency (or equivalent) funds	47	68.1
State welfare or child and family services agency funds	34	49.3
State corrections or juvenile justice agency funds	21	30.4
State education agency funds	11	15.9
Other state government funds	30	43.5
County or local government funds	32	46.4
Community Service Block Grants	15	21.7
Community Mental Health Block Grants	17	24.6
Federal military insurance	30	43.5
U.S. Department of Veterans Affairs funds	23	33.3
IHS/Tribal/Urban (ITU) funds	16	23.2
Other	2	2.9

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	34	49.3
Any language other than English	61	88.4
<b>Languages provided by staff</b>		
Spanish	43	62.3
American Indian/Alaska Native languages	5	7.2
Other	5	7.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	30	43.5
No crisis intervention team	39	56.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	22	31.9
Transitional age young adults	9	13.0
Persons 18 years and older with serious mental illness (SMI)	29	42.0
Seniors or older adults	12	17.4
Persons with Alzheimer's or dementia	3	4.3
Persons with co-occurring mental and substance use disorders	30	43.5
Persons with eating disorders	6	8.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	27	39.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	32	46.4
Persons with traumatic brain injury (TBI)	6	8.7
Veterans	10	14.5
Active duty military	2	2.9
Members of military families	3	4.3
LGBT clients	12	17.4
Forensic clients <sup>1</sup>	18	26.1
Persons with HIV or AIDS	4	5.8
Other special program or group	5	7.2
No dedicated or exclusively designed programs or groups offered	11	15.9

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

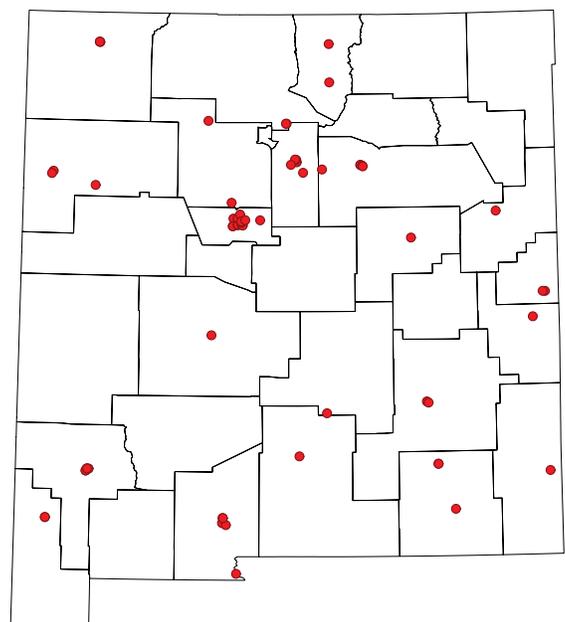
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## 2019 State Profile — New York National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In New York, 860 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in New York was 93.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	585	68.0
Private for-profit	25	2.9
<b>Public agency or department</b>		
State mental health agency (SMHA)	78	9.1
Other state government agency or department	63	7.3
Regional/district authority or county, local, or municipal government	76	8.8
Tribal government	1	0.1
Indian Health Service	—	—
Department of Veterans Affairs	32	3.7
Other	—	—
<b>Total</b>	<b>860</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	129	15.0
24-hour residential	102	11.9
Less-than-24 hour		
Partial hospitalization/day treatment	99	11.5
Outpatient	694	80.7
<b>Total</b>	<b>860</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	34	4.0
General hospital	91	10.6
Residential treatment center for children	28	3.3
Residential treatment center for adults	41	4.8
Other type of residential treatment facility	8	0.9
Veterans Affairs medical center or other VA health care facility	29	3.4
Community mental health center (CMHC)	38	4.4
Partial hospitalization/day treatment facility	48	5.6
Outpatient mental health facility	524	60.9
Multi-setting mental health facility	16	1.9
Other	3	0.3
<b>Total</b>	<b>860</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	810	94.2
Couples/family therapy	617	71.7
Group therapy	737	85.7
Cognitive behavioral therapy	775	90.1
Dialectical behavior therapy	539	62.7
Behavior modification	546	63.5
Integrated dual disorders treatment	488	56.7
Trauma therapy	683	79.4
Activity therapy	373	43.4
Electroconvulsive therapy	44	5.1
Telemedicine/telehealth therapy	129	15.0
Psychotropic medication	812	94.4
Other	45	5.2
None of these mental health treatment approaches are offered	7	0.8

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	289	33.6
Children (12 years or younger)	431	50.1
Adolescents (13–17 years)	474	55.1
Young adults (18–25 years)	745	86.6
Adults (26–64 years)	696	80.9
Seniors (65 years or older)	685	79.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	92	10.7
Intensive case management (ICM)	91	10.6
Case management (CM)	379	44.1
Court-ordered outpatient treatment	423	49.2
Chronic disease/illness management (CDM)	160	18.6
Illness management and recovery (IMR)	202	23.5
Integrated primary care services	232	27.0
Diet and exercise counseling	322	37.4
Family psychoeducation	666	77.4
Education services	264	30.7
Housing services	151	17.6
Supported housing	75	8.7
Psychosocial rehabilitation services	308	35.8
Vocational rehabilitation services	233	27.1
Supported employment	149	17.3
Therapeutic foster care	19	2.2
Legal advocacy	88	10.2
Psychiatric emergency walk-in services	281	32.7
Suicide prevention services	625	72.7
Consumer-run (peer support) services	231	26.9
Screening for tobacco use	708	82.3
Smoking/tobacco cessation counseling	587	68.3
Nicotine replacement therapy	410	47.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	413	48.0
Other	7	0.8
None of these services and practices are offered	9	1.0

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	779	90.6
State substance abuse agency	128	14.9
State department of health	334	38.8
State or local department of family and children's services	58	6.7
Hospital licensing authority	143	16.6
The Joint Commission	336	39.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	54	6.3
Council on Accreditation (COA)	86	10.0
Centers for Medicare and Medicaid Services (CMS)	501	58.3
Other national organization or federal, state, or local agency	38	4.4

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	666	77.4
Private health insurance	666	77.4
Medicare	655	76.2
Medicaid	811	94.3
State-financed health insurance plan other than Medicaid	513	59.7
State mental health agency (or equivalent) funds	355	41.3
State welfare or child and family services agency funds	233	27.1
State corrections or juvenile justice agency funds	103	12.0
State education agency funds	113	13.1
Other state government funds	221	25.7
County or local government funds	273	31.7
Community Service Block Grants	78	9.1
Community Mental Health Block Grants	89	10.3
Federal military insurance	306	35.6
U.S. Department of Veterans Affairs funds	124	14.4
IHS/Tribal/Urban (ITU) funds	46	5.3
Other	7	0.8

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	422	49.1
Any language other than English	718	83.5
<b>Languages provided by staff</b>		
Spanish	414	48.1
American Indian/Alaska Native languages	3	0.3
Other	210	24.4

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	383	44.5
No crisis intervention team	477	55.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	299	34.8
Transitional age young adults	177	20.6
Persons 18 years and older with serious mental illness (SMI)	451	52.4
Seniors or older adults	236	27.4
Persons with Alzheimer's or dementia	40	4.7
Persons with co-occurring mental and substance use disorders	399	46.4
Persons with eating disorders	93	10.8
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	382	44.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	374	43.5
Persons with traumatic brain injury (TBI)	47	5.5
Veterans	129	15.0
Active duty military	60	7.0
Members of military families	80	9.3
LGBT clients	232	27.0
Forensic clients <sup>1</sup>	154	17.9
Persons with HIV or AIDS	121	14.1
Other special program or group	72	8.4
No dedicated or exclusively designed programs or groups offered	106	12.3

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

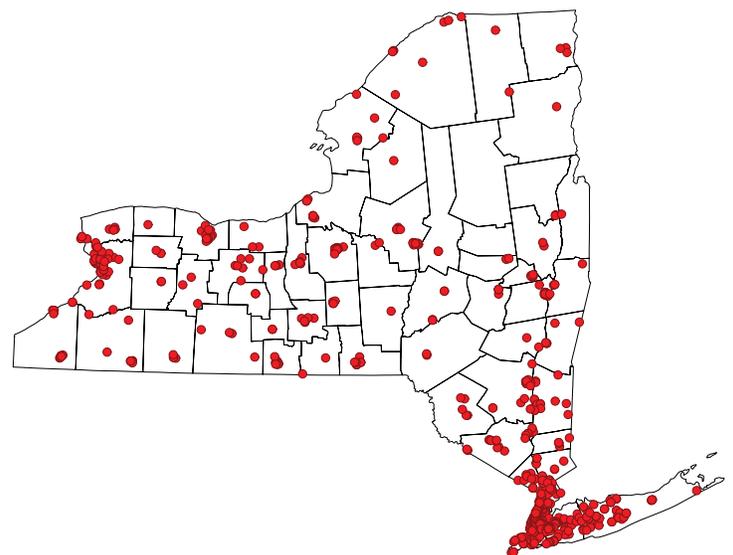
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## Location of treatment facilities



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## 2019 State Profile — North Carolina National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In North Carolina, 297 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in North Carolina was 82.2 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	117	39.4
Private for-profit	159	53.5
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.3
Other state government agency or department	8	2.7
Regional/district authority or county, local, or municipal government	4	1.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	8	2.7
Other	—	—
<b>Total</b>	<b>297</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	50	16.8
24-hour residential	87	29.3
Less-than-24 hour		
Partial hospitalization/day treatment	42	14.1
Outpatient	179	60.3
<b>Total</b>	<b>297</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	14	4.7
General hospital	33	11.1
Residential treatment center for children	43	14.5
Residential treatment center for adults	32	10.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	7	2.4
Community mental health center (CMHC)	20	6.7
Partial hospitalization/day treatment facility	16	5.4
Outpatient mental health facility	117	39.4
Multi-setting mental health facility	15	5.1
Other	—	—
<b>Total</b>	<b>297</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	236	79.5
Couples/family therapy	169	56.9
Group therapy	235	79.1
Cognitive behavioral therapy	250	84.2
Dialectical behavior therapy	123	41.4
Behavior modification	210	70.7
Integrated dual disorders treatment	144	48.5
Trauma therapy	192	64.6
Activity therapy	122	41.1
Electroconvulsive therapy	18	6.1
Telemedicine/telehealth therapy	113	38.0
Psychotropic medication	226	76.1
Other	13	4.4
None of these mental health treatment approaches are offered	2	0.7

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	116	39.1
Children (12 years or younger)	182	61.3
Adolescents (13–17 years)	199	67.0
Young adults (18–25 years)	236	79.5
Adults (26–64 years)	225	75.8
Seniors (65 years or older)	212	71.4

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	33	11.1
Intensive case management (ICM)	17	5.7
Case management (CM)	134	45.1
Court-ordered outpatient treatment	101	34.0
Chronic disease/illness management (CDM)	27	9.1
Illness management and recovery (IMR)	64	21.5
Integrated primary care services	58	19.5
Diet and exercise counseling	64	21.5
Family psychoeducation	159	53.5
Education services	85	28.6
Housing services	41	13.8
Supported housing	26	8.8
Psychosocial rehabilitation services	69	23.2
Vocational rehabilitation services	22	7.4
Supported employment	32	10.8
Therapeutic foster care	13	4.4
Legal advocacy	12	4.0
Psychiatric emergency walk-in services	80	26.9
Suicide prevention services	111	37.4
Consumer-run (peer support) services	66	22.2
Screening for tobacco use	129	43.4
Smoking/tobacco cessation counseling	102	34.3
Nicotine replacement therapy	59	19.9
Non-nicotine smoking/tobacco cessation medications (by prescription)	56	18.9
Other	8	2.7
None of these services and practices are offered	18	6.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	203	68.4
State substance abuse agency	89	30.0
State department of health	142	47.8
State or local department of family and children's services	51	17.2
Hospital licensing authority	38	12.8
The Joint Commission	90	30.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	135	45.5
Council on Accreditation (COA)	36	12.1
Centers for Medicare and Medicaid Services (CMS)	146	49.2
Other national organization or federal, state, or local agency	12	4.0

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	234	78.8
Private health insurance	219	73.7
Medicare	168	56.6
Medicaid	263	88.6
State-financed health insurance plan other than Medicaid	187	63.0
State mental health agency (or equivalent) funds	182	61.3
State welfare or child and family services agency funds	114	38.4
State corrections or juvenile justice agency funds	81	27.3
State education agency funds	41	13.8
Other state government funds	101	34.0
County or local government funds	109	36.7
Community Service Block Grants	48	16.2
Community Mental Health Block Grants	69	23.2
Federal military insurance	147	49.5
U.S. Department of Veterans Affairs funds	64	21.5
IHS/Tribal/Urban (ITU) funds	25	8.4
Other	6	2.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	115	38.7
Any language other than English	161	54.2
<b>Languages provided by staff</b>		
Spanish	63	21.2
American Indian/Alaska Native languages	—	—
Other	11	3.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	133	44.8
No crisis intervention team	162	54.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	127	42.8
Transitional age young adults	51	17.2
Persons 18 years and older with serious mental illness (SMI)	128	43.1
Seniors or older adults	80	26.9
Persons with Alzheimer's or dementia	22	7.4
Persons with co-occurring mental and substance use disorders	155	52.2
Persons with eating disorders	31	10.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	139	46.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	154	51.9
Persons with traumatic brain injury (TBI)	39	13.1
Veterans	56	18.9
Active duty military	36	12.1
Members of military families	46	15.5
LGBT clients	69	23.2
Forensic clients <sup>1</sup>	56	18.9
Persons with HIV or AIDS	37	12.5
Other special program or group	21	7.1
No dedicated or exclusively designed programs or groups offered	40	13.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

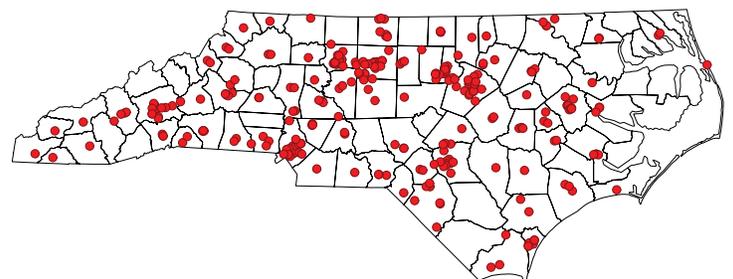
## Location of treatment facilities

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## 2019 State Profile — North Dakota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In North Dakota, 33 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in North Dakota was 94.3 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	18	54.5
Private for-profit	1	3.0
<b>Public agency or department</b>		
State mental health agency (SMHA)	3	9.1
Other state government agency or department	8	24.2
Regional/district authority or county, local, or municipal government	2	6.1
Tribal government	—	—
Indian Health Service	1	3.0
Department of Veterans Affairs	—	—
Other	—	—
<b>Total</b>	<b>33</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	6	18.2
24-hour residential	10	30.3
Less-than-24 hour		
Partial hospitalization/day treatment	7	21.2
Outpatient	21	63.6
<b>Total</b>	<b>33</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	6.1
General hospital	4	12.1
Residential treatment center for children	8	24.2
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	—	—
Community mental health center (CMHC)	4	12.1
Partial hospitalization/day treatment facility	1	3.0
Outpatient mental health facility	14	42.4
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>33</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	32	97.0
Couples/family therapy	25	75.8
Group therapy	32	97.0
Cognitive behavioral therapy	30	90.9
Dialectical behavior therapy	27	81.8
Behavior modification	27	81.8
Integrated dual disorders treatment	19	57.6
Trauma therapy	30	90.9
Activity therapy	15	45.5
Electroconvulsive therapy	3	9.1
Telemedicine/telehealth therapy	25	75.8
Psychotropic medication	31	93.9
Other	1	3.0
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	18	54.5
Children (12 years or younger)	25	75.8
Adolescents (13–17 years)	29	87.9
Young adults (18–25 years)	23	69.7
Adults (26–64 years)	23	69.7
Seniors (65 years or older)	22	66.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	6	18.2
Intensive case management (ICM)	12	36.4
Case management (CM)	25	75.8
Court-ordered outpatient treatment	16	48.5
Chronic disease/illness management (CDM)	10	30.3
Illness management and recovery (IMR)	14	42.4
Integrated primary care services	12	36.4
Diet and exercise counseling	11	33.3
Family psychoeducation	23	69.7
Education services	20	60.6
Housing services	6	18.2
Supported housing	2	6.1
Psychosocial rehabilitation services	19	57.6
Vocational rehabilitation services	9	27.3
Supported employment	9	27.3
Therapeutic foster care	1	3.0
Legal advocacy	—	—
Psychiatric emergency walk-in services	10	30.3
Suicide prevention services	28	84.8
Consumer-run (peer support) services	7	21.2
Screening for tobacco use	23	69.7
Smoking/tobacco cessation counseling	17	51.5
Nicotine replacement therapy	10	30.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	10	30.3
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	22	66.7
State substance abuse agency	17	51.5
State department of health	20	60.6
State or local department of family and children's services	14	42.4
Hospital licensing authority	4	12.1
The Joint Commission	13	39.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	6	18.2
Council on Accreditation (COA)	4	12.1
Centers for Medicare and Medicaid Services (CMS)	21	63.6
Other national organization or federal, state, or local agency	1	3.0

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	31	93.9
Private health insurance	32	97.0
Medicare	26	78.8
Medicaid	32	97.0
State-financed health insurance plan other than Medicaid	28	84.8
State mental health agency (or equivalent) funds	21	63.6
State welfare or child and family services agency funds	19	57.6
State corrections or juvenile justice agency funds	18	54.5
State education agency funds	12	36.4
Other state government funds	18	54.5
County or local government funds	14	42.4
Community Service Block Grants	6	18.2
Community Mental Health Block Grants	8	24.2
Federal military insurance	25	75.8
U.S. Department of Veterans Affairs funds	12	36.4
IHS/Tribal/Urban (ITU) funds	16	48.5
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	19	57.6
Any language other than English	22	66.7
<b>Languages provided by staff</b>		
Spanish	1	3.0
American Indian/Alaska Native languages	—	—
Other	1	3.0

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	21	63.6
No crisis intervention team	12	36.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

### Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	20	60.6
Transitional age young adults	9	27.3
Persons 18 years and older with serious mental illness (SMI)	14	42.4
Seniors or older adults	7	21.2
Persons with Alzheimer’s or dementia	1	3.0
Persons with co-occurring mental and substance use disorders	20	60.6
Persons with eating disorders	3	9.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	19	57.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	14	42.4
Persons with traumatic brain injury (TBI)	4	12.1
Veterans	3	9.1
Active duty military	3	9.1
Members of military families	3	9.1
LGBT clients	5	15.2
Forensic clients <sup>1</sup>	9	27.3
Persons with HIV or AIDS	1	3.0
Other special program or group	2	6.1
No dedicated or exclusively designed programs or groups offered	8	24.2

LGBT = lesbian, gay, bisexual, or transgender.  
<sup>1</sup> Referred from the court/judicial system.

### Symbol key (where applicable)

— Quantity is zero.

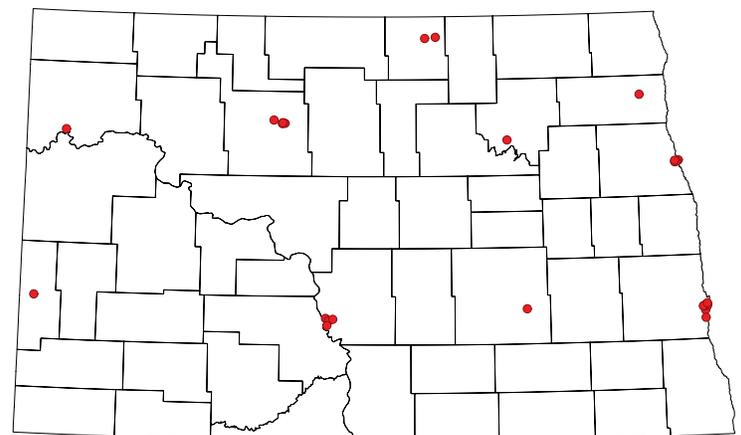
### Location of treatment facilities

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## 2019 State Profile — Ohio

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Ohio, 616 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Ohio was 92.4 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	473	76.8
Private for-profit	83	13.5
<b>Public agency or department</b>		
State mental health agency (SMHA)	19	3.1
Other state government agency or department	—	—
Regional/district authority or county, local, or municipal government	15	2.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	26	4.2
Other	—	—
<b>Total</b>	<b>616</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	70	11.4
24-hour residential	66	10.7
Less-than-24 hour		
Partial hospitalization/day treatment	130	21.1
Outpatient	535	86.9
<b>Total</b>	<b>616</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	26	4.2
General hospital	42	6.8
Residential treatment center for children	13	2.1
Residential treatment center for adults	25	4.1
Other type of residential treatment facility	2	0.3
Veterans Affairs medical center or other VA health care facility	25	4.1
Community mental health center (CMHC)	159	25.8
Partial hospitalization/day treatment facility	14	2.3
Outpatient mental health facility	284	46.1
Multi-setting mental health facility	26	4.2
Other	—	—
<b>Total</b>	<b>616</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	572	92.9
Couples/family therapy	459	74.5
Group therapy	531	86.2
Cognitive behavioral therapy	577	93.7
Dialectical behavior therapy	346	56.2
Behavior modification	430	69.8
Integrated dual disorders treatment	339	55.0
Trauma therapy	519	84.3
Activity therapy	227	36.9
Electroconvulsive therapy	21	3.4
Telemedicine/telehealth therapy	212	34.4
Psychotropic medication	468	76.0
Other	32	5.2
None of these mental health treatment approaches are offered	1	0.2

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	283	45.9
Children (12 years or younger)	400	64.9
Adolescents (13–17 years)	431	70.0
Young adults (18–25 years)	556	90.3
Adults (26–64 years)	507	82.3
Seniors (65 years or older)	482	78.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	67	10.9
Intensive case management (ICM)	144	23.4
Case management (CM)	480	77.9
Court-ordered outpatient treatment	347	56.3
Chronic disease/illness management (CDM)	100	16.2
Illness management and recovery (IMR)	125	20.3
Integrated primary care services	134	21.8
Diet and exercise counseling	150	24.4
Family psychoeducation	412	66.9
Education services	188	30.5
Housing services	118	19.2
Supported housing	74	12.0
Psychosocial rehabilitation services	229	37.2
Vocational rehabilitation services	92	14.9
Supported employment	99	16.1
Therapeutic foster care	55	8.9
Legal advocacy	38	6.2
Psychiatric emergency walk-in services	158	25.6
Suicide prevention services	303	49.2
Consumer-run (peer support) services	100	16.2
Screening for tobacco use	299	48.5
Smoking/tobacco cessation counseling	219	35.6
Nicotine replacement therapy	136	22.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	121	19.6
Other	14	2.3
None of these services and practices are offered	7	1.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	537	87.2
State substance abuse agency	348	56.5
State department of health	148	24.0
State or local department of family and children's services	82	13.3
Hospital licensing authority	65	10.6
The Joint Commission	205	33.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	321	52.1
Council on Accreditation (COA)	108	17.5
Centers for Medicare and Medicaid Services (CMS)	362	58.8
Other national organization or federal, state, or local agency	24	3.9

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	559	90.7
Private health insurance	525	85.2
Medicare	439	71.3
Medicaid	585	95.0
State-financed health insurance plan other than Medicaid	304	49.4
State mental health agency (or equivalent) funds	365	59.3
State welfare or child and family services agency funds	274	44.5
State corrections or juvenile justice agency funds	186	30.2
State education agency funds	78	12.7
Other state government funds	187	30.4
County or local government funds	398	64.6
Community Service Block Grants	130	21.1
Community Mental Health Block Grants	193	31.3
Federal military insurance	296	48.1
U.S. Department of Veterans Affairs funds	93	15.1
IHS/Tribal/Urban (ITU) funds	4	0.6
Other	10	1.6

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	421	68.3
Any language other than English	452	73.4
<b>Languages provided by staff</b>		
Spanish	97	15.7
American Indian/Alaska Native languages	2	0.3
Other	29	4.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	261	42.4
No crisis intervention team	352	57.1

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	242	39.3
Transitional age young adults	163	26.5
Persons 18 years and older with serious mental illness (SMI)	253	41.1
Seniors or older adults	134	21.8
Persons with Alzheimer's or dementia	34	5.5
Persons with co-occurring mental and substance use disorders	298	48.4
Persons with eating disorders	65	10.6
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	294	47.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	258	41.9
Persons with traumatic brain injury (TBI)	37	6.0
Veterans	79	12.8
Active duty military	31	5.0
Members of military families	58	9.4
LGBT clients	130	21.1
Forensic clients <sup>1</sup>	159	25.8
Persons with HIV or AIDS	63	10.2
Other special program or group	55	8.9
No dedicated or exclusively designed programs or groups offered	75	12.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

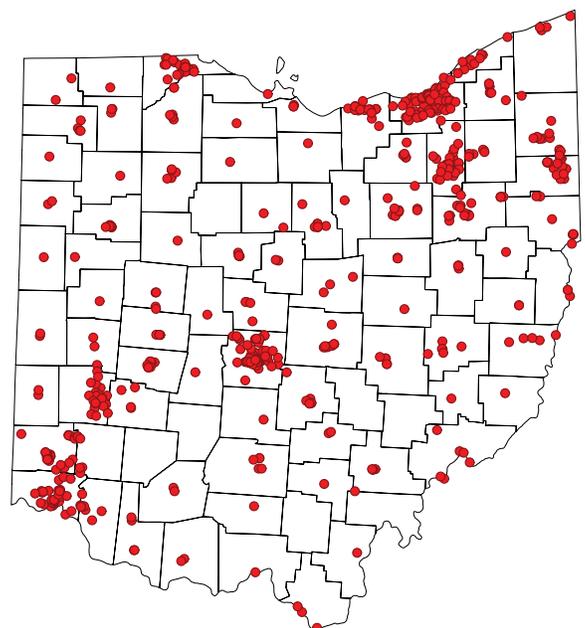
Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

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<https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Oklahoma

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Oklahoma, 145 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Oklahoma was 90.1 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	84	57.9
Private for-profit	23	15.9
<b>Public agency or department</b>		
State mental health agency (SMHA)	23	15.9
Other state government agency or department	3	2.1
Regional/district authority or county, local, or municipal government	3	2.1
Tribal government	4	2.8
Indian Health Service	1	0.7
Department of Veterans Affairs	4	2.8
Other	—	—
<b>Total</b>	<b>145</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	33	22.8
24-hour residential	12	8.3
Less-than-24 hour		
Partial hospitalization/day treatment	14	9.7
Outpatient	115	79.3
<b>Total</b>	<b>145</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	8.3
General hospital	15	10.3
Residential treatment center for children	5	3.4
Residential treatment center for adults	2	1.4
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	4	2.8
Community mental health center (CMHC)	63	43.4
Partial hospitalization/day treatment facility	3	2.1
Outpatient mental health facility	40	27.6
Multi-setting mental health facility	—	—
Other	1	0.7
<b>Total</b>	<b>145</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	139	95.9
Couples/family therapy	126	86.9
Group therapy	135	93.1
Cognitive behavioral therapy	139	95.9
Dialectical behavior therapy	61	42.1
Behavior modification	105	72.4
Integrated dual disorders treatment	107	73.8
Trauma therapy	129	89.0
Activity therapy	70	48.3
Electroconvulsive therapy	3	2.1
Telemedicine/telehealth therapy	90	62.1
Psychotropic medication	116	80.0
Other	7	4.8
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	82	56.6
Children (12 years or younger)	105	72.4
Adolescents (13–17 years)	110	75.9
Young adults (18–25 years)	121	83.4
Adults (26–64 years)	120	82.8
Seniors (65 years or older)	119	82.1

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	20	13.8
Intensive case management (ICM)	38	26.2
Case management (CM)	125	86.2
Court-ordered outpatient treatment	94	64.8
Chronic disease/illness management (CDM)	37	25.5
Illness management and recovery (IMR)	42	29.0
Integrated primary care services	71	49.0
Diet and exercise counseling	82	56.6
Family psychoeducation	99	68.3
Education services	45	31.0
Housing services	38	26.2
Supported housing	12	8.3
Psychosocial rehabilitation services	93	64.1
Vocational rehabilitation services	7	4.8
Supported employment	8	5.5
Therapeutic foster care	1	0.7
Legal advocacy	8	5.5
Psychiatric emergency walk-in services	85	58.6
Suicide prevention services	118	81.4
Consumer-run (peer support) services	52	35.9
Screening for tobacco use	121	83.4
Smoking/tobacco cessation counseling	110	75.9
Nicotine replacement therapy	67	46.2
Non-nicotine smoking/tobacco cessation medications (by prescription)	63	43.4
Other	2	1.4
None of these services and practices are offered	1	0.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	119	82.1
State substance abuse agency	85	58.6
State department of health	57	39.3
State or local department of family and children's services	27	18.6
Hospital licensing authority	24	16.6
The Joint Commission	46	31.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	56	38.6
Council on Accreditation (COA)	9	6.2
Centers for Medicare and Medicaid Services (CMS)	71	49.0
Other national organization or federal, state, or local agency	6	4.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	130	89.7
Private health insurance	126	86.9
Medicare	106	73.1
Medicaid	137	94.5
State-financed health insurance plan other than Medicaid	88	60.7
State mental health agency (or equivalent) funds	93	64.1
State welfare or child and family services agency funds	47	32.4
State corrections or juvenile justice agency funds	29	20.0
State education agency funds	8	5.5
Other state government funds	28	19.3
County or local government funds	17	11.7
Community Service Block Grants	14	9.7
Community Mental Health Block Grants	50	34.5
Federal military insurance	82	56.6
U.S. Department of Veterans Affairs funds	28	19.3
IHS/Tribal/Urban (ITU) funds	26	17.9
Other	1	0.7

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	87	60.0
Any language other than English	107	73.8
<b>Languages provided by staff</b>		
Spanish	33	22.8
American Indian/Alaska Native languages	5	3.4
Other	3	2.1

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	102	70.3
No crisis intervention team	43	29.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	67	46.2
Transitional age young adults	32	22.1
Persons 18 years and older with serious mental illness (SMI)	77	53.1
Seniors or older adults	34	23.4
Persons with Alzheimer's or dementia	15	10.3
Persons with co-occurring mental and substance use disorders	70	48.3
Persons with eating disorders	14	9.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	77	53.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	66	45.5
Persons with traumatic brain injury (TBI)	11	7.6
Veterans	29	20.0
Active duty military	13	9.0
Members of military families	23	15.9
LGBT clients	25	17.2
Forensic clients <sup>1</sup>	29	20.0
Persons with HIV or AIDS	12	8.3
Other special program or group	9	6.2
No dedicated or exclusively designed programs or groups offered	25	17.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

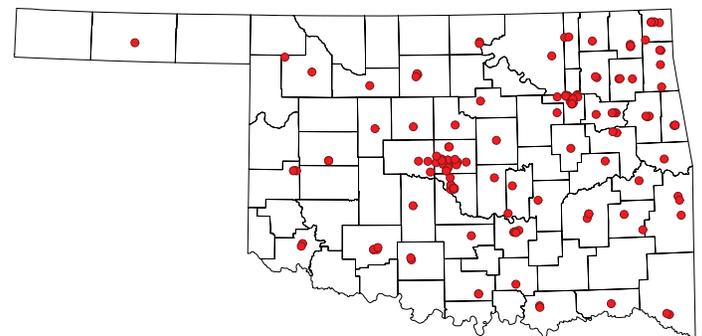
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## Location of treatment facilities



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[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Oregon

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Oregon, 183 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Oregon was 93.6 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	131	71.6
Private for-profit	15	8.2
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	1.1
Other state government agency or department	2	1.1
Regional/district authority or county, local, or municipal government	26	14.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	7	3.8
Other	—	—
<b>Total</b>	<b>183</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	18	9.8
24-hour residential	63	34.4
Less-than-24 hour		
Partial hospitalization/day treatment	23	12.6
Outpatient	120	65.6
<b>Total</b>	<b>183</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	4	2.2
General hospital	10	5.5
Residential treatment center for children	7	3.8
Residential treatment center for adults	47	25.7
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	7	3.8
Community mental health center (CMHC)	40	21.9
Partial hospitalization/day treatment facility	7	3.8
Outpatient mental health facility	52	28.4
Multi-setting mental health facility	7	3.8
Other	2	1.1
<b>Total</b>	<b>183</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	168	91.8
Couples/family therapy	111	60.7
Group therapy	160	87.4
Cognitive behavioral therapy	167	91.3
Dialectical behavior therapy	127	69.4
Behavior modification	115	62.8
Integrated dual disorders treatment	91	49.7
Trauma therapy	146	79.8
Activity therapy	118	64.5
Electroconvulsive therapy	2	1.1
Telemedicine/telehealth therapy	75	41.0
Psychotropic medication	159	86.9
Other	12	6.6
None of these mental health treatment approaches are offered	1	0.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	69	37.7
Children (12 years or younger)	97	53.0
Adolescents (13–17 years)	106	57.9
Young adults (18–25 years)	160	87.4
Adults (26–64 years)	154	84.2
Seniors (65 years or older)	141	77.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	44	24.0
Intensive case management (ICM)	56	30.6
Case management (CM)	158	86.3
Court-ordered outpatient treatment	82	44.8
Chronic disease/illness management (CDM)	38	20.8
Illness management and recovery (IMR)	66	36.1
Integrated primary care services	69	37.7
Diet and exercise counseling	81	44.3
Family psychoeducation	116	63.4
Education services	57	31.1
Housing services	65	35.5
Supported housing	45	24.6
Psychosocial rehabilitation services	89	48.6
Vocational rehabilitation services	36	19.7
Supported employment	69	37.7
Therapeutic foster care	9	4.9
Legal advocacy	9	4.9
Psychiatric emergency walk-in services	48	26.2
Suicide prevention services	121	66.1
Consumer-run (peer support) services	87	47.5
Screening for tobacco use	116	63.4
Smoking/tobacco cessation counseling	85	46.4
Nicotine replacement therapy	45	24.6
Non-nicotine smoking/tobacco cessation medications (by prescription)	49	26.8
Other	5	2.7
None of these services and practices are offered	3	1.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	161	88.0
State substance abuse agency	68	37.2
State department of health	81	44.3
State or local department of family and children's services	38	20.8
Hospital licensing authority	20	10.9
The Joint Commission	38	20.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	6.0
Council on Accreditation (COA)	15	8.2
Centers for Medicare and Medicaid Services (CMS)	88	48.1
Other national organization or federal, state, or local agency	7	3.8

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	149	81.4
Private health insurance	150	82.0
Medicare	115	62.8
Medicaid	172	94.0
State-financed health insurance plan other than Medicaid	110	60.1
State mental health agency (or equivalent) funds	127	69.4
State welfare or child and family services agency funds	78	42.6
State corrections or juvenile justice agency funds	68	37.2
State education agency funds	34	18.6
Other state government funds	94	51.4
County or local government funds	107	58.5
Community Service Block Grants	34	18.6
Community Mental Health Block Grants	63	34.4
Federal military insurance	83	45.4
U.S. Department of Veterans Affairs funds	52	28.4
IHS/Tribal/Urban (ITU) funds	36	19.7
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	92	50.3
Any language other than English	135	73.8
<b>Languages provided by staff</b>		
Spanish	72	39.3
American Indian/Alaska Native languages	—	—
Other	12	6.6

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	98	53.6
No crisis intervention team	81	44.3

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	58	31.7
Transitional age young adults	41	22.4
Persons 18 years and older with serious mental illness (SMI)	106	57.9
Seniors or older adults	36	19.7
Persons with Alzheimer's or dementia	6	3.3
Persons with co-occurring mental and substance use disorders	83	45.4
Persons with eating disorders	24	13.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	88	48.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	90	49.2
Persons with traumatic brain injury (TBI)	24	13.1
Veterans	30	16.4
Active duty military	12	6.6
Members of military families	18	9.8
LGBT clients	47	25.7
Forensic clients <sup>1</sup>	60	32.8
Persons with HIV or AIDS	11	6.0
Other special program or group	10	5.5
No dedicated or exclusively designed programs or groups offered	24	13.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

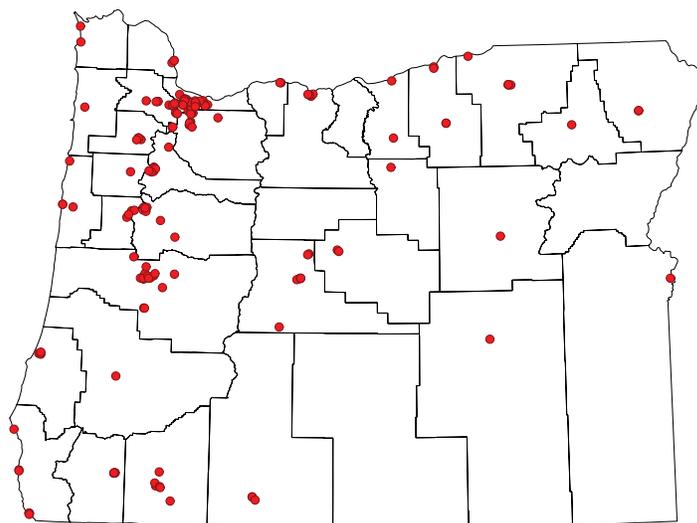
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## Location of treatment facilities



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Center for Behavioral Health Statistics and Quality  
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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Pennsylvania National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Pennsylvania, 585 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Pennsylvania was 93.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	431	73.7
Private for-profit	111	19.0
<b>Public agency or department</b>		
State mental health agency (SMHA)	7	1.2
Other state government agency or department	4	0.7
Regional/district authority or county, local, or municipal government	4	0.7
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	28	4.8
Other	—	—
<b>Total</b>	<b>585</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	95	16.2
24-hour residential	72	12.3
Less-than-24 hour		
Partial hospitalization/day treatment	127	21.7
Outpatient	433	74.0
<b>Total</b>	<b>585</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	25	4.3
General hospital	65	11.1
Residential treatment center for children	21	3.6
Residential treatment center for adults	33	5.6
Other type of residential treatment facility	4	0.7
Veterans Affairs medical center or other VA health care facility	28	4.8
Community mental health center (CMHC)	46	7.9
Partial hospitalization/day treatment facility	45	7.7
Outpatient mental health facility	287	49.1
Multi-setting mental health facility	31	5.3
Other	—	—
<b>Total</b>	<b>585</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	540	92.3
Couples/family therapy	449	76.8
Group therapy	488	83.4
Cognitive behavioral therapy	514	87.9
Dialectical behavior therapy	325	55.6
Behavior modification	428	73.2
Integrated dual disorders treatment	200	34.2
Trauma therapy	448	76.6
Activity therapy	244	41.7
Electroconvulsive therapy	24	4.1
Telemedicine/telehealth therapy	141	24.1
Psychotropic medication	522	89.2
Other	31	5.3
None of these mental health treatment approaches are offered	3	0.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	272	46.5
Children (12 years or younger)	376	64.3
Adolescents (13–17 years)	405	69.2
Young adults (18–25 years)	512	87.5
Adults (26–64 years)	479	81.9
Seniors (65 years or older)	470	80.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	42	7.2
Intensive case management (ICM)	95	16.2
Case management (CM)	223	38.1
Court-ordered outpatient treatment	227	38.8
Chronic disease/illness management (CDM)	88	15.0
Illness management and recovery (IMR)	127	21.7
Integrated primary care services	104	17.8
Diet and exercise counseling	176	30.1
Family psychoeducation	402	68.7
Education services	159	27.2
Housing services	84	14.4
Supported housing	63	10.8
Psychosocial rehabilitation services	163	27.9
Vocational rehabilitation services	63	10.8
Supported employment	59	10.1
Therapeutic foster care	24	4.1
Legal advocacy	23	3.9
Psychiatric emergency walk-in services	134	22.9
Suicide prevention services	282	48.2
Consumer-run (peer support) services	145	24.8
Screening for tobacco use	352	60.2
Smoking/tobacco cessation counseling	215	36.8
Nicotine replacement therapy	148	25.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	141	24.1
Other	9	1.5
None of these services and practices are offered	22	3.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	468	80.0
State substance abuse agency	114	19.5
State department of health	296	50.6
State or local department of family and children's services	98	16.8
Hospital licensing authority	67	11.5
The Joint Commission	210	35.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	60	10.3
Council on Accreditation (COA)	59	10.1
Centers for Medicare and Medicaid Services (CMS)	289	49.4
Other national organization or federal, state, or local agency	31	5.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	493	84.3
Private health insurance	476	81.4
Medicare	389	66.5
Medicaid	521	89.1
State-financed health insurance plan other than Medicaid	329	56.2
State mental health agency (or equivalent) funds	302	51.6
State welfare or child and family services agency funds	242	41.4
State corrections or juvenile justice agency funds	147	25.1
State education agency funds	97	16.6
Other state government funds	175	29.9
County or local government funds	381	65.1
Community Service Block Grants	112	19.1
Community Mental Health Block Grants	178	30.4
Federal military insurance	249	42.6
U.S. Department of Veterans Affairs funds	127	21.7
IHS/Tribal/Urban (ITU) funds	21	3.6
Other	8	1.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	272	46.5
Any language other than English	343	58.6
<b>Languages provided by staff</b>		
Spanish	149	25.5
American Indian/Alaska Native languages	—	—
Other	58	9.9

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	188	32.1
No crisis intervention team	396	67.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	191	32.6
Transitional age young adults	113	19.3
Persons 18 years and older with serious mental illness (SMI)	255	43.6
Seniors or older adults	146	25.0
Persons with Alzheimer's or dementia	47	8.0
Persons with co-occurring mental and substance use disorders	187	32.0
Persons with eating disorders	43	7.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	266	45.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	225	38.5
Persons with traumatic brain injury (TBI)	42	7.2
Veterans	82	14.0
Active duty military	32	5.5
Members of military families	45	7.7
LGBT clients	121	20.7
Forensic clients <sup>1</sup>	103	17.6
Persons with HIV or AIDS	55	9.4
Other special program or group	47	8.0
No dedicated or exclusively designed programs or groups offered	96	16.4

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

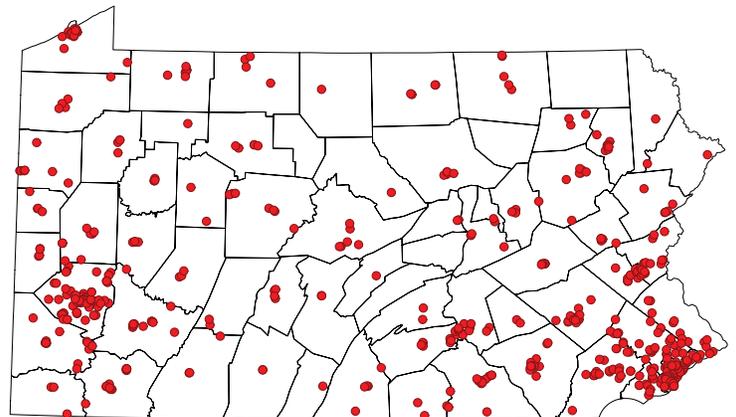
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## Location of treatment facilities



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## 2019 State Profile — Puerto Rico National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Puerto Rico, 79 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Puerto Rico was 83.3 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	28	35.4
Private for-profit	42	53.2
<b>Public agency or department</b>		
State mental health agency (SMHA)	4	5.1
Other state government agency or department	3	3.8
Regional/district authority or county, local, or municipal government	1	1.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	1.3
Other	—	—
<b>Total</b>	<b>79</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	14	17.7
24-hour residential	16	20.3
Less-than-24 hour		
Partial hospitalization/day treatment	28	35.4
Outpatient	43	54.4
<b>Total</b>	<b>79</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	8	10.1
General hospital	4	5.1
Residential treatment center for children	2	2.5
Residential treatment center for adults	13	16.5
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	—	—
Community mental health center (CMHC)	—	—
Partial hospitalization/day treatment facility	17	21.5
Outpatient mental health facility	29	36.7
Multi-setting mental health facility	6	7.6
Other	—	—
<b>Total</b>	<b>79</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	76	96.2
Couples/family therapy	56	70.9
Group therapy	73	92.4
Cognitive behavioral therapy	67	84.8
Dialectical behavior therapy	32	40.5
Behavior modification	65	82.3
Integrated dual disorders treatment	50	63.3
Trauma therapy	35	44.3
Activity therapy	54	68.4
Electroconvulsive therapy	4	5.1
Telemedicine/telehealth therapy	9	11.4
Psychotropic medication	63	79.7
Other	3	3.8
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	26	32.9
Children (12 years or younger)	33	41.8
Adolescents (13–17 years)	44	55.7
Young adults (18–25 years)	66	83.5
Adults (26–64 years)	69	87.3
Seniors (65 years or older)	61	77.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	12	15.2
Intensive case management (ICM)	19	24.1
Case management (CM)	47	59.5
Court-ordered outpatient treatment	31	39.2
Chronic disease/illness management (CDM)	23	29.1
Illness management and recovery (IMR)	20	25.3
Integrated primary care services	38	48.1
Diet and exercise counseling	28	35.4
Family psychoeducation	55	69.6
Education services	36	45.6
Housing services	9	11.4
Supported housing	7	8.9
Psychosocial rehabilitation services	21	26.6
Vocational rehabilitation services	4	5.1
Supported employment	6	7.6
Therapeutic foster care	3	3.8
Legal advocacy	3	3.8
Psychiatric emergency walk-in services	34	43.0
Suicide prevention services	59	74.7
Consumer-run (peer support) services	12	15.2
Screening for tobacco use	36	45.6
Smoking/tobacco cessation counseling	43	54.4
Nicotine replacement therapy	13	16.5
Non-nicotine smoking/tobacco cessation medications (by prescription)	23	29.1
Other	—	—
None of these services and practices are offered	2	2.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	74	93.7
State substance abuse agency	58	73.4
State department of health	75	94.9
State or local department of family and children's services	20	25.3
Hospital licensing authority	34	43.0
The Joint Commission	41	51.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	7	8.9
Council on Accreditation (COA)	6	7.6
Centers for Medicare and Medicaid Services (CMS)	42	53.2
Other national organization or federal, state, or local agency	1	1.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	68	86.1
Private health insurance	64	81.0
Medicare	50	63.3
Medicaid	52	65.8
State-financed health insurance plan other than Medicaid	38	48.1
State mental health agency (or equivalent) funds	31	39.2
State welfare or child and family services agency funds	16	20.3
State corrections or juvenile justice agency funds	4	5.1
State education agency funds	2	2.5
Other state government funds	7	8.9
County or local government funds	10	12.7
Community Service Block Grants	3	3.8
Community Mental Health Block Grants	3	3.8
Federal military insurance	42	53.2
U.S. Department of Veterans Affairs funds	26	32.9
IHS/Tribal/Urban (ITU) funds	1	1.3
Other	2	2.5

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	43	54.4
Any language other than English	73	92.4
<b>Languages provided by staff</b>		
Spanish	66	83.5
American Indian/Alaska Native languages	—	—
Other	1	1.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	56	70.9
No crisis intervention team	22	27.8

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	17	21.5
Transitional age young adults	17	21.5
Persons 18 years and older with serious mental illness (SMI)	37	46.8
Seniors or older adults	35	44.3
Persons with Alzheimer's or dementia	13	16.5
Persons with co-occurring mental and substance use disorders	43	54.4
Persons with eating disorders	24	30.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	29	36.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	34	43.0
Persons with traumatic brain injury (TBI)	7	8.9
Veterans	20	25.3
Active duty military	7	8.9
Members of military families	14	17.7
LGBT clients	28	35.4
Forensic clients <sup>1</sup>	21	26.6
Persons with HIV or AIDS	26	32.9
Other special program or group	4	5.1
No dedicated or exclusively designed programs or groups offered	13	16.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

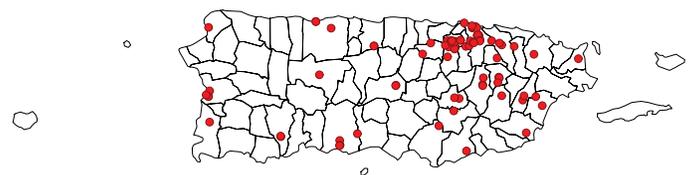
## Location of treatment facilities

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## 2019 State Profile — Rhode Island National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Rhode Island, 63 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Rhode Island was 92.9 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	57	90.5
Private for-profit	2	3.2
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	1.6
Other state government agency or department	1	1.6
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	3.2
Other	—	—
<b>Total</b>	<b>63</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	8	12.7
24-hour residential	22	34.9
Less-than-24 hour		
Partial hospitalization/day treatment	10	15.9
Outpatient	40	63.5
<b>Total</b>	<b>63</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	3.2
General hospital	5	7.9
Residential treatment center for children	3	4.8
Residential treatment center for adults	18	28.6
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	2	3.2
Community mental health center (CMHC)	20	31.7
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	12	19.0
Multi-setting mental health facility	1	1.6
Other	—	—
<b>Total</b>	<b>63</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	53	84.1
Couples/family therapy	35	55.6
Group therapy	54	85.7
Cognitive behavioral therapy	51	81.0
Dialectical behavior therapy	44	69.8
Behavior modification	34	54.0
Integrated dual disorders treatment	50	79.4
Trauma therapy	41	65.1
Activity therapy	32	50.8
Electroconvulsive therapy	5	7.9
Telemedicine/telehealth therapy	3	4.8
Psychotropic medication	59	93.7
Other	1	1.6
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	13	20.6
Children (12 years or younger)	20	31.7
Adolescents (13–17 years)	25	39.7
Young adults (18–25 years)	56	88.9
Adults (26–64 years)	54	85.7
Seniors (65 years or older)	54	85.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	17	27.0
Intensive case management (ICM)	12	19.0
Case management (CM)	52	82.5
Court-ordered outpatient treatment	42	66.7
Chronic disease/illness management (CDM)	27	42.9
Illness management and recovery (IMR)	27	42.9
Integrated primary care services	28	44.4
Diet and exercise counseling	34	54.0
Family psychoeducation	44	69.8
Education services	29	46.0
Housing services	25	39.7
Supported housing	14	22.2
Psychosocial rehabilitation services	26	41.3
Vocational rehabilitation services	29	46.0
Supported employment	22	34.9
Therapeutic foster care	2	3.2
Legal advocacy	13	20.6
Psychiatric emergency walk-in services	25	39.7
Suicide prevention services	49	77.8
Consumer-run (peer support) services	25	39.7
Screening for tobacco use	44	69.8
Smoking/tobacco cessation counseling	34	54.0
Nicotine replacement therapy	24	38.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	24	38.1
Other	—	—
None of these services and practices are offered	2	3.2

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	53	84.1
State substance abuse agency	33	52.4
State department of health	30	47.6
State or local department of family and children's services	14	22.2
Hospital licensing authority	10	15.9
The Joint Commission	25	39.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	17	27.0
Council on Accreditation (COA)	20	31.7
Centers for Medicare and Medicaid Services (CMS)	28	44.4
Other national organization or federal, state, or local agency	1	1.6

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	47	74.6
Private health insurance	46	73.0
Medicare	44	69.8
Medicaid	59	93.7
State-financed health insurance plan other than Medicaid	46	73.0
State mental health agency (or equivalent) funds	39	61.9
State welfare or child and family services agency funds	26	41.3
State corrections or juvenile justice agency funds	15	23.8
State education agency funds	7	11.1
Other state government funds	25	39.7
County or local government funds	19	30.2
Community Service Block Grants	16	25.4
Community Mental Health Block Grants	22	34.9
Federal military insurance	31	49.2
U.S. Department of Veterans Affairs funds	12	19.0
IHS/Tribal/Urban (ITU) funds	1	1.6
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	28	44.4
Any language other than English	42	66.7
<b>Languages provided by staff</b>		
Spanish	26	41.3
American Indian/Alaska Native languages	—	—
Other	11	17.5

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	41	65.1
No crisis intervention team	22	34.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	13	20.6
Transitional age young adults	7	11.1
Persons 18 years and older with serious mental illness (SMI)	39	61.9
Seniors or older adults	14	22.2
Persons with Alzheimer's or dementia	8	12.7
Persons with co-occurring mental and substance use disorders	41	65.1
Persons with eating disorders	3	4.8
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	27	42.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	21	33.3
Persons with traumatic brain injury (TBI)	3	4.8
Veterans	7	11.1
Active duty military	2	3.2
Members of military families	3	4.8
LGBT clients	11	17.5
Forensic clients <sup>1</sup>	11	17.5
Persons with HIV or AIDS	6	9.5
Other special program or group	3	4.8
No dedicated or exclusively designed programs or groups offered	6	9.5

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

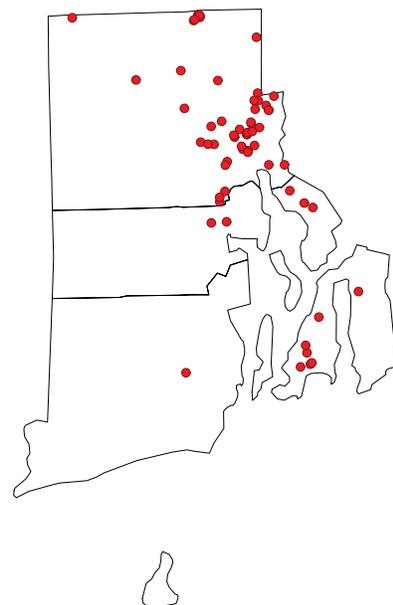
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## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — South Carolina National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In South Carolina, 106 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in South Carolina was 89.1 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	10	9.4
Private for-profit	13	12.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	58	54.7
Other state government agency or department	18	17.0
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	7	6.6
Other	—	—
<b>Total</b>	<b>106</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	22	20.8
24-hour residential	12	11.3
Less-than-24 hour		
Partial hospitalization/day treatment	9	8.5
Outpatient	85	80.2
<b>Total</b>	<b>106</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

### Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	6.6
General hospital	13	12.3
Residential treatment center for children	4	3.8
Residential treatment center for adults	3	2.8
Other type of residential treatment facility	1	0.9
Veterans Affairs medical center or other VA health care facility	6	5.7
Community mental health center (CMHC)	65	61.3
Partial hospitalization/day treatment facility	2	1.9
Outpatient mental health facility	5	4.7
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>106</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	98	92.5
Couples/family therapy	82	77.4
Group therapy	101	95.3
Cognitive behavioral therapy	100	94.3
Dialectical behavior therapy	67	63.2
Behavior modification	59	55.7
Integrated dual disorders treatment	51	48.1
Trauma therapy	80	75.5
Activity therapy	45	42.5
Electroconvulsive therapy	7	6.6
Telemedicine/telehealth therapy	64	60.4
Psychotropic medication	101	95.3
Other	2	1.9
None of these mental health treatment approaches are offered	2	1.9

Note: Facilities may provide more than one type of treatment approach.

### Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	58	54.7
Children (12 years or younger)	67	63.2
Adolescents (13–17 years)	70	66.0
Young adults (18–25 years)	97	91.5
Adults (26–64 years)	95	89.6
Seniors (65 years or older)	89	84.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

### Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	29	27.4
Intensive case management (ICM)	26	24.5
Case management (CM)	84	79.2
Court-ordered outpatient treatment	71	67.0
Chronic disease/illness management (CDM)	22	20.8
Illness management and recovery (IMR)	33	31.1
Integrated primary care services	24	22.6
Diet and exercise counseling	34	32.1
Family psychoeducation	88	83.0
Education services	31	29.2
Housing services	41	38.7
Supported housing	41	38.7
Psychosocial rehabilitation services	64	60.4
Vocational rehabilitation services	24	22.6
Supported employment	30	28.3
Therapeutic foster care	3	2.8
Legal advocacy	3	2.8
Psychiatric emergency walk-in services	72	67.9
Suicide prevention services	84	79.2
Consumer-run (peer support) services	42	39.6
Screening for tobacco use	38	35.8
Smoking/tobacco cessation counseling	37	34.9
Nicotine replacement therapy	29	27.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	24	22.6
Other	—	—
None of these services and practices are offered	2	1.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	34	32.1
State substance abuse agency	2	1.9
State department of health	36	34.0
State or local department of family and children's services	3	2.8
Hospital licensing authority	18	17.0
The Joint Commission	29	27.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	75	70.8
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	48	45.3
Other national organization or federal, state, or local agency	3	2.8

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	96	90.6
Private health insurance	96	90.6
Medicare	91	85.8
Medicaid	95	89.6
State-financed health insurance plan other than Medicaid	78	73.6
State mental health agency (or equivalent) funds	63	59.4
State welfare or child and family services agency funds	48	45.3
State corrections or juvenile justice agency funds	36	34.0
State education agency funds	24	22.6
Other state government funds	45	42.5
County or local government funds	38	35.8
Community Service Block Grants	29	27.4
Community Mental Health Block Grants	49	46.2
Federal military insurance	69	65.1
U.S. Department of Veterans Affairs funds	36	34.0
IHS/Tribal/Urban (ITU) funds	5	4.7
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	88	83.0
Any language other than English	91	85.8
<b>Languages provided by staff</b>		
Spanish	15	14.2
American Indian/Alaska Native languages	—	—
Other	6	5.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	62	58.5
No crisis intervention team	44	41.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	59	55.7
Transitional age young adults	38	35.8
Persons 18 years and older with serious mental illness (SMI)	81	76.4
Seniors or older adults	38	35.8
Persons with Alzheimer's or dementia	9	8.5
Persons with co-occurring mental and substance use disorders	75	70.8
Persons with eating disorders	6	5.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	68	64.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	62	58.5
Persons with traumatic brain injury (TBI)	10	9.4
Veterans	13	12.3
Active duty military	4	3.8
Members of military families	9	8.5
LGBT clients	16	15.1
Forensic clients <sup>1</sup>	34	32.1
Persons with HIV or AIDS	9	8.5
Other special program or group	8	7.5
No dedicated or exclusively designed programs or groups offered	4	3.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

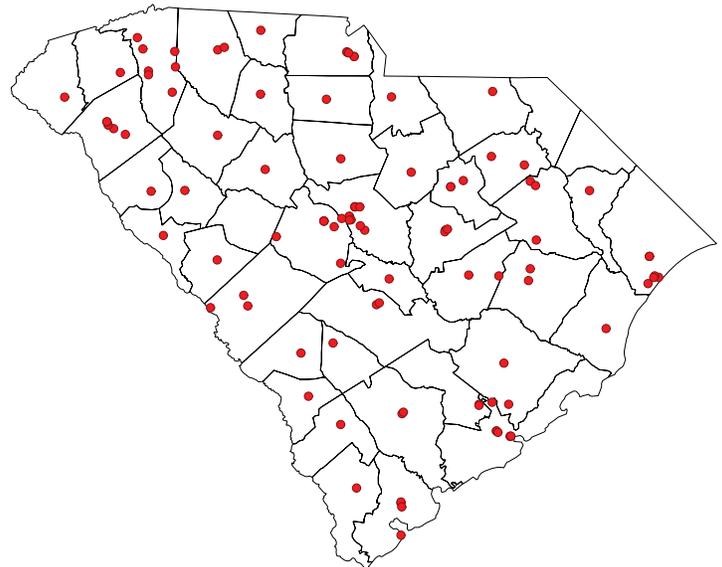
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## Location of treatment facilities



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## 2019 State Profile — South Dakota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In South Dakota, 49 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in South Dakota was 92.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	42	85.7
Private for-profit	2	4.1
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	—	—
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	1	2.0
Department of Veterans Affairs	4	8.2
Other	—	—
<b>Total</b>	<b>49</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	6	12.2
24-hour residential	8	16.3
Less-than-24 hour		
Partial hospitalization/day treatment	3	6.1
Outpatient	43	87.8
<b>Total</b>	<b>49</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

### Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	4.1
General hospital	2	4.1
Residential treatment center for children	4	8.2
Residential treatment center for adults	—	—
Other type of residential treatment facility	1	2.0
Veterans Affairs medical center or other VA health care facility	4	8.2
Community mental health center (CMHC)	24	49.0
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	11	22.4
Multi-setting mental health facility	1	2.0
Other	—	—
<b>Total</b>	<b>49</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	48	98.0
Couples/family therapy	45	91.8
Group therapy	46	93.9
Cognitive behavioral therapy	49	100.0
Dialectical behavior therapy	36	73.5
Behavior modification	44	89.8
Integrated dual disorders treatment	30	61.2
Trauma therapy	46	93.9
Activity therapy	22	44.9
Electroconvulsive therapy	3	6.1
Telemedicine/telehealth therapy	25	51.0
Psychotropic medication	35	71.4
Other	8	16.3
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

### Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	34	69.4
Children (12 years or younger)	40	81.6
Adolescents (13–17 years)	40	81.6
Young adults (18–25 years)	44	89.8
Adults (26–64 years)	43	87.8
Seniors (65 years or older)	43	87.8

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

### Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	12	24.5
Intensive case management (ICM)	16	32.7
Case management (CM)	42	85.7
Court-ordered outpatient treatment	30	61.2
Chronic disease/illness management (CDM)	13	26.5
Illness management and recovery (IMR)	5	10.2
Integrated primary care services	13	26.5
Diet and exercise counseling	19	38.8
Family psychoeducation	39	79.6
Education services	21	42.9
Housing services	9	18.4
Supported housing	6	12.2
Psychosocial rehabilitation services	21	42.9
Vocational rehabilitation services	8	16.3
Supported employment	6	12.2
Therapeutic foster care	6	12.2
Legal advocacy	4	8.2
Psychiatric emergency walk-in services	23	46.9
Suicide prevention services	39	79.6
Consumer-run (peer support) services	9	18.4
Screening for tobacco use	24	49.0
Smoking/tobacco cessation counseling	22	44.9
Nicotine replacement therapy	17	34.7
Non-nicotine smoking/tobacco cessation medications (by prescription)	17	34.7
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	29	59.2
State substance abuse agency	26	53.1
State department of health	28	57.1
State or local department of family and children's services	9	18.4
Hospital licensing authority	2	4.1
The Joint Commission	13	26.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	4	8.2
Council on Accreditation (COA)	9	18.4
Centers for Medicare and Medicaid Services (CMS)	24	49.0
Other national organization or federal, state, or local agency	2	4.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	43	87.8
Private health insurance	44	89.8
Medicare	31	63.3
Medicaid	44	89.8
State-financed health insurance plan other than Medicaid	30	61.2
State mental health agency (or equivalent) funds	31	63.3
State welfare or child and family services agency funds	28	57.1
State corrections or juvenile justice agency funds	37	75.5
State education agency funds	12	24.5
Other state government funds	26	53.1
County or local government funds	35	71.4
Community Service Block Grants	11	22.4
Community Mental Health Block Grants	27	55.1
Federal military insurance	37	75.5
U.S. Department of Veterans Affairs funds	23	46.9
IHS/Tribal/Urban (ITU) funds	20	40.8
Other	1	2.0

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	35	71.4
Any language other than English	36	73.5
<b>Languages provided by staff</b>		
Spanish	11	22.4
American Indian/Alaska Native languages	1	2.0
Other	7	14.3

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	33	67.3
No crisis intervention team	16	32.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	30	61.2
Transitional age young adults	5	10.2
Persons 18 years and older with serious mental illness (SMI)	29	59.2
Seniors or older adults	8	16.3
Persons with Alzheimer's or dementia	3	6.1
Persons with co-occurring mental and substance use disorders	24	49.0
Persons with eating disorders	2	4.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	10	20.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	13	26.5
Persons with traumatic brain injury (TBI)	2	4.1
Veterans	6	12.2
Active duty military	—	—
Members of military families	1	2.0
LGBT clients	4	8.2
Forensic clients <sup>1</sup>	4	8.2
Persons with HIV or AIDS	1	2.0
Other special program or group	1	2.0
No dedicated or exclusively designed programs or groups offered	6	12.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

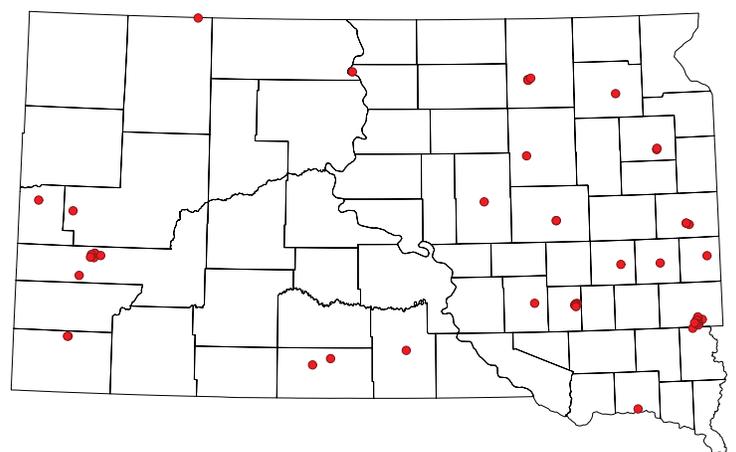
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## Location of treatment facilities



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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — Tennessee National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Tennessee, 298 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Tennessee was 92.8 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	201	67.4
Private for-profit	79	26.5
<b>Public agency or department</b>		
State mental health agency (SMHA)	5	1.7
Other state government agency or department	3	1.0
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	10	3.4
Other	—	—
<b>Total</b>	<b>298</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	45	15.1
24-hour residential	42	14.1
Less-than-24 hour		
Partial hospitalization/day treatment	28	9.4
Outpatient	239	80.2
<b>Total</b>	<b>298</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	19	6.4
General hospital	22	7.4
Residential treatment center for children	19	6.4
Residential treatment center for adults	14	4.7
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	6	2.0
Community mental health center (CMHC)	102	34.2
Partial hospitalization/day treatment facility	1	0.3
Outpatient mental health facility	108	36.2
Multi-setting mental health facility	7	2.3
Other	—	—
<b>Total</b>	<b>298</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	263	88.3
Couples/family therapy	217	72.8
Group therapy	246	82.6
Cognitive behavioral therapy	273	91.6
Dialectical behavior therapy	158	53.0
Behavior modification	215	72.1
Integrated dual disorders treatment	180	60.4
Trauma therapy	237	79.5
Activity therapy	137	46.0
Electroconvulsive therapy	9	3.0
Telemedicine/telehealth therapy	156	52.3
Psychotropic medication	254	85.2
Other	17	5.7
None of these mental health treatment approaches are offered	6	2.0

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	159	53.4
Children (12 years or younger)	202	67.8
Adolescents (13–17 years)	215	72.1
Young adults (18–25 years)	253	84.9
Adults (26–64 years)	250	83.9
Seniors (65 years or older)	249	83.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	23	7.7
Intensive case management (ICM)	132	44.3
Case management (CM)	238	79.9
Court-ordered outpatient treatment	125	41.9
Chronic disease/illness management (CDM)	78	26.2
Illness management and recovery (IMR)	105	35.2
Integrated primary care services	67	22.5
Diet and exercise counseling	69	23.2
Family psychoeducation	202	67.8
Education services	93	31.2
Housing services	68	22.8
Supported housing	39	13.1
Psychosocial rehabilitation services	78	26.2
Vocational rehabilitation services	20	6.7
Supported employment	35	11.7
Therapeutic foster care	28	9.4
Legal advocacy	14	4.7
Psychiatric emergency walk-in services	76	25.5
Suicide prevention services	200	67.1
Consumer-run (peer support) services	55	18.5
Screening for tobacco use	175	58.7
Smoking/tobacco cessation counseling	102	34.2
Nicotine replacement therapy	73	24.5
Non-nicotine smoking/tobacco cessation medications (by prescription)	54	18.1
Other	2	0.7
None of these services and practices are offered	4	1.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	256	85.9
State substance abuse agency	124	41.6
State department of health	114	38.3
State or local department of family and children's services	55	18.5
Hospital licensing authority	35	11.7
The Joint Commission	95	31.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	106	35.6
Council on Accreditation (COA)	36	12.1
Centers for Medicare and Medicaid Services (CMS)	131	44.0
Other national organization or federal, state, or local agency	4	1.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	258	86.6
Private health insurance	255	85.6
Medicare	189	63.4
Medicaid	257	86.2
State-financed health insurance plan other than Medicaid	209	70.1
State mental health agency (or equivalent) funds	172	57.7
State welfare or child and family services agency funds	127	42.6
State corrections or juvenile justice agency funds	120	40.3
State education agency funds	56	18.8
Other state government funds	126	42.3
County or local government funds	118	39.6
Community Service Block Grants	42	14.1
Community Mental Health Block Grants	103	34.6
Federal military insurance	183	61.4
U.S. Department of Veterans Affairs funds	82	27.5
IHS/Tribal/Urban (ITU) funds	3	1.0
Other	3	1.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	197	66.1
Any language other than English	211	70.8
<b>Languages provided by staff</b>		
Spanish	31	10.4
American Indian/Alaska Native languages	—	—
Other	5	1.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	146	49.0
No crisis intervention team	152	51.0

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	128	43.0
Transitional age young adults	56	18.8
Persons 18 years and older with serious mental illness (SMI)	132	44.3
Seniors or older adults	63	21.1
Persons with Alzheimer's or dementia	29	9.7
Persons with co-occurring mental and substance use disorders	146	49.0
Persons with eating disorders	26	8.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	98	32.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	94	31.5
Persons with traumatic brain injury (TBI)	21	7.0
Veterans	43	14.4
Active duty military	17	5.7
Members of military families	29	9.7
LGBT clients	44	14.8
Forensic clients <sup>1</sup>	58	19.5
Persons with HIV or AIDS	24	8.1
Other special program or group	13	4.4
No dedicated or exclusively designed programs or groups offered	50	16.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

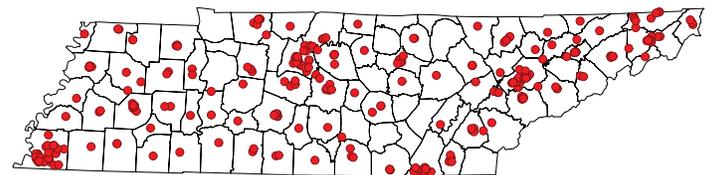
## Location of treatment facilities

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## 2019 State Profile — Texas

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Texas, 384 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Texas was 87.6 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	154	40.1
Private for-profit	97	25.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	10	2.6
Other state government agency or department	26	6.8
Regional/district authority or county, local, or municipal government	72	18.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	25	6.5
Other	—	—
<b>Total</b>	<b>384</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	103	26.8
24-hour residential	49	12.8
Less-than-24 hour		
Partial hospitalization/day treatment	86	22.4
Outpatient	303	78.9
<b>Total</b>	<b>384</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	64	16.7
General hospital	31	8.1
Residential treatment center for children	34	8.9
Residential treatment center for adults	1	0.3
Other type of residential treatment facility	1	0.3
Veterans Affairs medical center or other VA health care facility	20	5.2
Community mental health center (CMHC)	107	27.9
Partial hospitalization/day treatment facility	19	4.9
Outpatient mental health facility	102	26.6
Multi-setting mental health facility	4	1.0
Other	1	0.3
<b>Total</b>	<b>384</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	351	91.4
Couples/family therapy	228	59.4
Group therapy	315	82.0
Cognitive behavioral therapy	345	89.8
Dialectical behavior therapy	149	38.8
Behavior modification	208	54.2
Integrated dual disorders treatment	237	61.7
Trauma therapy	260	67.7
Activity therapy	169	44.0
Electroconvulsive therapy	25	6.5
Telemedicine/telehealth therapy	251	65.4
Psychotropic medication	350	91.1
Other	11	2.9
None of these mental health treatment approaches are offered	1	0.3

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	169	44.0
Children (12 years or younger)	218	56.8
Adolescents (13–17 years)	253	65.9
Young adults (18–25 years)	315	82.0
Adults (26–64 years)	322	83.9
Seniors (65 years or older)	325	84.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	116	30.2
Intensive case management (ICM)	162	42.2
Case management (CM)	307	79.9
Court-ordered outpatient treatment	155	40.4
Chronic disease/illness management (CDM)	73	19.0
Illness management and recovery (IMR)	184	47.9
Integrated primary care services	141	36.7
Diet and exercise counseling	146	38.0
Family psychoeducation	252	65.6
Education services	158	41.1
Housing services	101	26.3
Supported housing	147	38.3
Psychosocial rehabilitation services	211	54.9
Vocational rehabilitation services	82	21.4
Supported employment	142	37.0
Therapeutic foster care	17	4.4
Legal advocacy	25	6.5
Psychiatric emergency walk-in services	202	52.6
Suicide prevention services	275	71.6
Consumer-run (peer support) services	146	38.0
Screening for tobacco use	266	69.3
Smoking/tobacco cessation counseling	232	60.4
Nicotine replacement therapy	146	38.0
Non-nicotine smoking/tobacco cessation medications (by prescription)	151	39.3
Other	1	0.3
None of these services and practices are offered	6	1.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	209	54.4
State substance abuse agency	89	23.2
State department of health	160	41.7
State or local department of family and children's services	52	13.5
Hospital licensing authority	92	24.0
The Joint Commission	188	49.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	44	11.5
Council on Accreditation (COA)	16	4.2
Centers for Medicare and Medicaid Services (CMS)	187	48.7
Other national organization or federal, state, or local agency	20	5.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	336	87.5
Private health insurance	331	86.2
Medicare	293	76.3
Medicaid	314	81.8
State-financed health insurance plan other than Medicaid	215	56.0
State mental health agency (or equivalent) funds	214	55.7
State welfare or child and family services agency funds	143	37.2
State corrections or juvenile justice agency funds	140	36.5
State education agency funds	38	9.9
Other state government funds	144	37.5
County or local government funds	175	45.6
Community Service Block Grants	91	23.7
Community Mental Health Block Grants	115	29.9
Federal military insurance	244	63.5
U.S. Department of Veterans Affairs funds	117	30.5
IHS/Tribal/Urban (ITU) funds	27	7.0
Other	4	1.0

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	266	69.3
Any language other than English	326	84.9
<b>Languages provided by staff</b>		
Spanish	239	62.2
American Indian/Alaska Native languages	2	0.5
Other	28	7.3

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	224	58.3
No crisis intervention team	159	41.4

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

### Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	154	40.1
Transitional age young adults	103	26.8
Persons 18 years and older with serious mental illness (SMI)	217	56.5
Seniors or older adults	165	43.0
Persons with Alzheimer’s or dementia	38	9.9
Persons with co-occurring mental and substance use disorders	226	58.9
Persons with eating disorders	36	9.4
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	195	50.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	182	47.4
Persons with traumatic brain injury (TBI)	30	7.8
Veterans	148	38.5
Active duty military	49	12.8
Members of military families	71	18.5
LGBT clients	81	21.1
Forensic clients <sup>1</sup>	92	24.0
Persons with HIV or AIDS	39	10.2
Other special program or group	19	4.9
No dedicated or exclusively designed programs or groups offered	35	9.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

### Symbol key (where applicable)

— Quantity is zero.

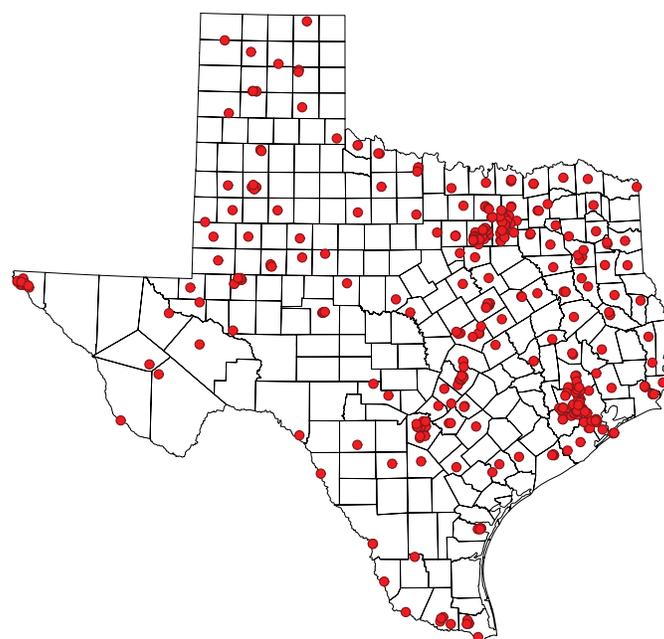
### Location of treatment facilities

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## 2019 State Profile — Utah

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Utah, 240 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Utah was 94.5 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	69	28.8
Private for-profit	133	55.4
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	0.8
Other state government agency or department	3	1.3
Regional/district authority or county, local, or municipal government	30	12.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	3	1.3
Other	—	—
<b>Total</b>	<b>240</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	19	7.9
24-hour residential	43	17.9
Less-than-24 hour		
Partial hospitalization/day treatment	76	31.7
Outpatient	203	84.6
<b>Total</b>	<b>240</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	9	3.8
General hospital	10	4.2
Residential treatment center for children	24	10.0
Residential treatment center for adults	12	5.0
Other type of residential treatment facility	2	0.8
Veterans Affairs medical center or other VA health care facility	3	1.3
Community mental health center (CMHC)	28	11.7
Partial hospitalization/day treatment facility	22	9.2
Outpatient mental health facility	111	46.3
Multi-setting mental health facility	19	7.9
Other	—	—
<b>Total</b>	<b>240</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	233	97.1
Couples/family therapy	211	87.9
Group therapy	218	90.8
Cognitive behavioral therapy	224	93.3
Dialectical behavior therapy	184	76.7
Behavior modification	184	76.7
Integrated dual disorders treatment	153	63.8
Trauma therapy	209	87.1
Activity therapy	106	44.2
Electroconvulsive therapy	6	2.5
Telemedicine/telehealth therapy	109	45.4
Psychotropic medication	150	62.5
Other	26	10.8
None of these mental health treatment approaches are offered	3	1.3

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	114	47.5
Children (12 years or younger)	144	60.0
Adolescents (13–17 years)	183	76.3
Young adults (18–25 years)	191	79.6
Adults (26–64 years)	182	75.8
Seniors (65 years or older)	175	72.9

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	44	18.3
Intensive case management (ICM)	71	29.6
Case management (CM)	143	59.6
Court-ordered outpatient treatment	132	55.0
Chronic disease/illness management (CDM)	34	14.2
Illness management and recovery (IMR)	35	14.6
Integrated primary care services	48	20.0
Diet and exercise counseling	72	30.0
Family psychoeducation	162	67.5
Education services	84	35.0
Housing services	43	17.9
Supported housing	34	14.2
Psychosocial rehabilitation services	112	46.7
Vocational rehabilitation services	44	18.3
Supported employment	43	17.9
Therapeutic foster care	9	3.8
Legal advocacy	11	4.6
Psychiatric emergency walk-in services	50	20.8
Suicide prevention services	155	64.6
Consumer-run (peer support) services	60	25.0
Screening for tobacco use	113	47.1
Smoking/tobacco cessation counseling	117	48.8
Nicotine replacement therapy	49	20.4
Non-nicotine smoking/tobacco cessation medications (by prescription)	53	22.1
Other	6	2.5
None of these services and practices are offered	9	3.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	162	67.5
State substance abuse agency	93	38.8
State department of health	147	61.3
State or local department of family and children's services	58	24.2
Hospital licensing authority	20	8.3
The Joint Commission	60	25.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	8	3.3
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	85	35.4
Other national organization or federal, state, or local agency	20	8.3

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	224	93.3
Private health insurance	205	85.4
Medicare	106	44.2
Medicaid	146	60.8
State-financed health insurance plan other than Medicaid	88	36.7
State mental health agency (or equivalent) funds	123	51.3
State welfare or child and family services agency funds	125	52.1
State corrections or juvenile justice agency funds	102	42.5
State education agency funds	53	22.1
Other state government funds	100	41.7
County or local government funds	93	38.8
Community Service Block Grants	53	22.1
Community Mental Health Block Grants	65	27.1
Federal military insurance	109	45.4
U.S. Department of Veterans Affairs funds	50	20.8
IHS/Tribal/Urban (ITU) funds	36	15.0
Other	5	2.1

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	114	47.5
Any language other than English	157	65.4
<b>Languages provided by staff</b>		
Spanish	91	37.9
American Indian/Alaska Native languages	3	1.3
Other	16	6.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	101	42.1
No crisis intervention team	139	57.9

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	96	40.0
Transitional age young adults	41	17.1
Persons 18 years and older with serious mental illness (SMI)	85	35.4
Seniors or older adults	42	17.5
Persons with Alzheimer's or dementia	11	4.6
Persons with co-occurring mental and substance use disorders	124	51.7
Persons with eating disorders	27	11.3
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	134	55.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	126	52.5
Persons with traumatic brain injury (TBI)	26	10.8
Veterans	28	11.7
Active duty military	21	8.8
Members of military families	38	15.8
LGBT clients	61	25.4
Forensic clients <sup>1</sup>	46	19.2
Persons with HIV or AIDS	11	4.6
Other special program or group	24	10.0
No dedicated or exclusively designed programs or groups offered	47	19.6

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

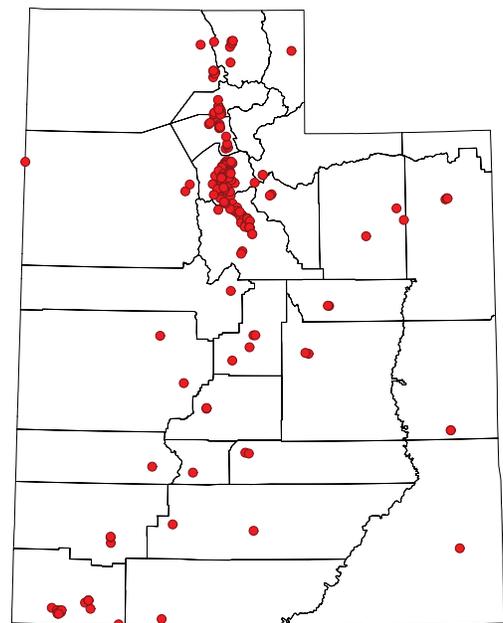
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## Location of treatment facilities



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## 2019 State Profile — Vermont

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Vermont, 68 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Vermont was 85.2 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	52	76.5
Private for-profit	7	10.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	1.5
Other state government agency or department	—	—
Regional/district authority or county, local, or municipal government	2	2.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	8.8
Other	—	—
<b>Total</b>	<b>68</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	5	7.4
24-hour residential	29	42.6
Less-than-24 hour		
Partial hospitalization/day treatment	9	13.2
Outpatient	41	60.3
<b>Total</b>	<b>68</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	2.9
General hospital	2	2.9
Residential treatment center for children	5	7.4
Residential treatment center for adults	18	26.5
Other type of residential treatment facility	2	2.9
Veterans Affairs medical center or other VA health care facility	6	8.8
Community mental health center (CMHC)	21	30.9
Partial hospitalization/day treatment facility	2	2.9
Outpatient mental health facility	8	11.8
Multi-setting mental health facility	2	2.9
Other	—	—
<b>Total</b>	<b>68</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	62	91.2
Couples/family therapy	46	67.6
Group therapy	58	85.3
Cognitive behavioral therapy	58	85.3
Dialectical behavior therapy	48	70.6
Behavior modification	42	61.8
Integrated dual disorders treatment	45	66.2
Trauma therapy	47	69.1
Activity therapy	45	66.2
Electroconvulsive therapy	3	4.4
Telemedicine/telehealth therapy	16	23.5
Psychotropic medication	55	80.9
Other	2	2.9
None of these mental health treatment approaches are offered	1	1.5

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	19	27.9
Children (12 years or younger)	32	47.1
Adolescents (13–17 years)	35	51.5
Young adults (18–25 years)	57	83.8
Adults (26–64 years)	53	77.9
Seniors (65 years or older)	49	72.1

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	13	19.1
Intensive case management (ICM)	27	39.7
Case management (CM)	61	89.7
Court-ordered outpatient treatment	25	36.8
Chronic disease/illness management (CDM)	17	25.0
Illness management and recovery (IMR)	20	29.4
Integrated primary care services	22	32.4
Diet and exercise counseling	31	45.6
Family psychoeducation	46	67.6
Education services	26	38.2
Housing services	23	33.8
Supported housing	23	33.8
Psychosocial rehabilitation services	37	54.4
Vocational rehabilitation services	35	51.5
Supported employment	30	44.1
Therapeutic foster care	6	8.8
Legal advocacy	3	4.4
Psychiatric emergency walk-in services	30	44.1
Suicide prevention services	44	64.7
Consumer-run (peer support) services	27	39.7
Screening for tobacco use	38	55.9
Smoking/tobacco cessation counseling	35	51.5
Nicotine replacement therapy	30	44.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	21	30.9
Other	1	1.5
None of these services and practices are offered	1	1.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	55	80.9
State substance abuse agency	25	36.8
State department of health	35	51.5
State or local department of family and children's services	23	33.8
Hospital licensing authority	9	13.2
The Joint Commission	16	23.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	7	10.3
Council on Accreditation (COA)	6	8.8
Centers for Medicare and Medicaid Services (CMS)	22	32.4
Other national organization or federal, state, or local agency	4	5.9

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	59	86.8
Private health insurance	58	85.3
Medicare	43	63.2
Medicaid	58	85.3
State-financed health insurance plan other than Medicaid	42	61.8
State mental health agency (or equivalent) funds	49	72.1
State welfare or child and family services agency funds	28	41.2
State corrections or juvenile justice agency funds	20	29.4
State education agency funds	20	29.4
Other state government funds	34	50.0
County or local government funds	23	33.8
Community Service Block Grants	18	26.5
Community Mental Health Block Grants	33	48.5
Federal military insurance	40	58.8
U.S. Department of Veterans Affairs funds	11	16.2
IHS/Tribal/Urban (ITU) funds	2	2.9
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	41	60.3
Any language other than English	39	57.4
<b>Languages provided by staff</b>		
Spanish	5	7.4
American Indian/Alaska Native languages	—	—
Other	2	2.9

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	50	73.5
No crisis intervention team	18	26.5

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	21	30.9
Transitional age young adults	20	29.4
Persons 18 years and older with serious mental illness (SMI)	32	47.1
Seniors or older adults	20	29.4
Persons with Alzheimer's or dementia	—	—
Persons with co-occurring mental and substance use disorders	39	57.4
Persons with eating disorders	4	5.9
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	31	45.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	30	44.1
Persons with traumatic brain injury (TBI)	6	8.8
Veterans	9	13.2
Active duty military	5	7.4
Members of military families	2	2.9
LGBT clients	16	23.5
Forensic clients <sup>1</sup>	6	8.8
Persons with HIV or AIDS	2	2.9
Other special program or group	4	5.9
No dedicated or exclusively designed programs or groups offered	5	7.4

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

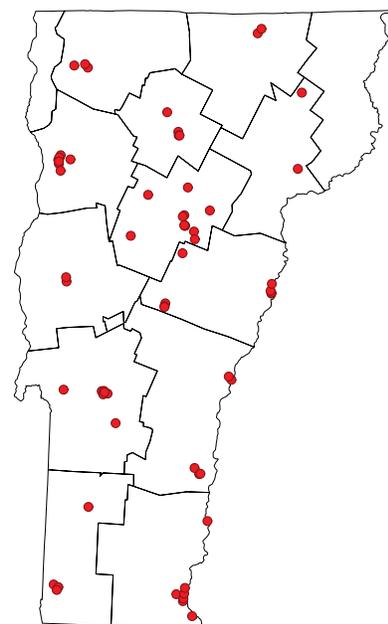
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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## 2019 State Profile — Virginia

### National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Virginia, 291 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Virginia was 92.9 percent.

#### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	71	24.4
Private for-profit	87	29.9
<b>Public agency or department</b>		
State mental health agency (SMHA)	15	5.2
Other state government agency or department	24	8.2
Regional/district authority or county, local, or municipal government	87	29.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	2.1
Other	1	0.3
<b>Total</b>	<b>291</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	49	16.8
24-hour residential	43	14.8
Less-than-24 hour		
Partial hospitalization/day treatment	42	14.4
Outpatient	217	74.6
<b>Total</b>	<b>291</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	18	6.2
General hospital	28	9.6
Residential treatment center for children	18	6.2
Residential treatment center for adults	16	5.5
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	5	1.7
Community mental health center (CMHC)	89	30.6
Partial hospitalization/day treatment facility	9	3.1
Outpatient mental health facility	99	34.0
Multi-setting mental health facility	9	3.1
Other	—	—
<b>Total</b>	<b>291</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	258	88.7
Couples/family therapy	190	65.3
Group therapy	251	86.3
Cognitive behavioral therapy	252	86.6
Dialectical behavior therapy	146	50.2
Behavior modification	166	57.0
Integrated dual disorders treatment	177	60.8
Trauma therapy	205	70.4
Activity therapy	121	41.6
Electroconvulsive therapy	16	5.5
Telemedicine/telehealth therapy	141	48.5
Psychotropic medication	221	75.9
Other	27	9.3
None of these mental health treatment approaches are offered	7	2.4

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	132	45.4
Children (12 years or younger)	176	60.5
Adolescents (13–17 years)	190	65.3
Young adults (18–25 years)	256	88.0
Adults (26–64 years)	245	84.2
Seniors (65 years or older)	233	80.1

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	38	13.1
Intensive case management (ICM)	82	28.2
Case management (CM)	189	64.9
Court-ordered outpatient treatment	151	51.9
Chronic disease/illness management (CDM)	44	15.1
Illness management and recovery (IMR)	64	22.0
Integrated primary care services	65	22.3
Diet and exercise counseling	99	34.0
Family psychoeducation	187	64.3
Education services	87	29.9
Housing services	36	12.4
Supported housing	37	12.7
Psychosocial rehabilitation services	78	26.8
Vocational rehabilitation services	26	8.9
Supported employment	32	11.0
Therapeutic foster care	12	4.1
Legal advocacy	4	1.4
Psychiatric emergency walk-in services	93	32.0
Suicide prevention services	178	61.2
Consumer-run (peer support) services	84	28.9
Screening for tobacco use	154	52.9
Smoking/tobacco cessation counseling	118	40.5
Nicotine replacement therapy	58	19.9
Non-nicotine smoking/tobacco cessation medications (by prescription)	71	24.4
Other	5	1.7
None of these services and practices are offered	7	2.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	242	83.2
State substance abuse agency	142	48.8
State department of health	108	37.1
State or local department of family and children's services	33	11.3
Hospital licensing authority	36	12.4
The Joint Commission	77	26.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	53	18.2
Council on Accreditation (COA)	37	12.7
Centers for Medicare and Medicaid Services (CMS)	160	55.0
Other national organization or federal, state, or local agency	9	3.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	269	92.4
Private health insurance	252	86.6
Medicare	200	68.7
Medicaid	262	90.0
State-financed health insurance plan other than Medicaid	192	66.0
State mental health agency (or equivalent) funds	215	73.9
State welfare or child and family services agency funds	151	51.9
State corrections or juvenile justice agency funds	146	50.2
State education agency funds	88	30.2
Other state government funds	174	59.8
County or local government funds	208	71.5
Community Service Block Grants	134	46.0
Community Mental Health Block Grants	150	51.5
Federal military insurance	192	66.0
U.S. Department of Veterans Affairs funds	73	25.1
IHS/Tribal/Urban (ITU) funds	12	4.1
Other	4	1.4

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	168	57.7
Any language other than English	206	70.8
<b>Languages provided by staff</b>		
Spanish	67	23.0
American Indian/Alaska Native languages	—	—
Other	19	6.5

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	180	61.9
No crisis intervention team	111	38.1

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	130	44.7
Transitional age young adults	76	26.1
Persons 18 years and older with serious mental illness (SMI)	159	54.6
Seniors or older adults	67	23.0
Persons with Alzheimer's or dementia	15	5.2
Persons with co-occurring mental and substance use disorders	172	59.1
Persons with eating disorders	24	8.2
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	128	44.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	114	39.2
Persons with traumatic brain injury (TBI)	21	7.2
Veterans	55	18.9
Active duty military	26	8.9
Members of military families	38	13.1
LGBT clients	57	19.6
Forensic clients <sup>1</sup>	68	23.4
Persons with HIV or AIDS	33	11.3
Other special program or group	25	8.6
No dedicated or exclusively designed programs or groups offered	33	11.3

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

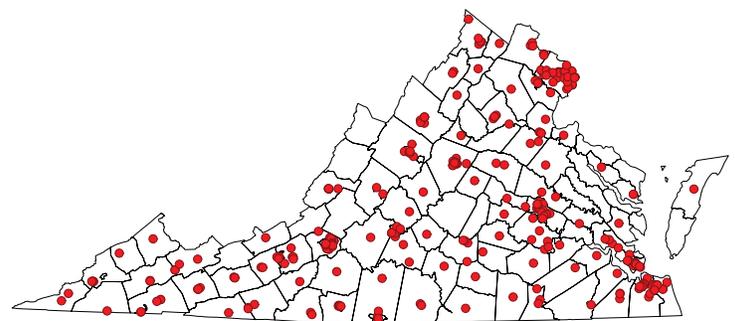
## Location of treatment facilities

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## 2019 State Profile — Washington National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Washington, 398 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Washington was 91.7 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	302	75.9
Private for-profit	67	16.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	1	0.3
Other state government agency or department	8	2.0
Regional/district authority or county, local, or municipal government	12	3.0
Tribal government	2	0.5
Indian Health Service	—	—
Department of Veterans Affairs	6	1.5
Other	—	—
<b>Total</b>	<b>398</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	31	7.8
24-hour residential	50	12.6
Less-than-24 hour		
Partial hospitalization/day treatment	29	7.3
Outpatient	340	85.4
<b>Total</b>	<b>398</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	17	4.3
General hospital	10	2.5
Residential treatment center for children	6	1.5
Residential treatment center for adults	31	7.8
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	5	1.3
Community mental health center (CMHC)	115	28.9
Partial hospitalization/day treatment facility	12	3.0
Outpatient mental health facility	190	47.7
Multi-setting mental health facility	12	3.0
Other	—	—
<b>Total</b>	<b>398</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	367	92.2
Couples/family therapy	259	65.1
Group therapy	317	79.6
Cognitive behavioral therapy	369	92.7
Dialectical behavior therapy	276	69.3
Behavior modification	239	60.1
Integrated dual disorders treatment	174	43.7
Trauma therapy	320	80.4
Activity therapy	180	45.2
Electroconvulsive therapy	4	1.0
Telemedicine/telehealth therapy	137	34.4
Psychotropic medication	308	77.4
Other	37	9.3
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	141	35.4
Children (12 years or younger)	223	56.0
Adolescents (13–17 years)	249	62.6
Young adults (18–25 years)	373	93.7
Adults (26–64 years)	325	81.7
Seniors (65 years or older)	301	75.6

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	35	8.8
Intensive case management (ICM)	111	27.9
Case management (CM)	321	80.7
Court-ordered outpatient treatment	221	55.5
Chronic disease/illness management (CDM)	46	11.6
Illness management and recovery (IMR)	77	19.3
Integrated primary care services	86	21.6
Diet and exercise counseling	77	19.3
Family psychoeducation	277	69.6
Education services	73	18.3
Housing services	110	27.6
Supported housing	87	21.9
Psychosocial rehabilitation services	133	33.4
Vocational rehabilitation services	47	11.8
Supported employment	84	21.1
Therapeutic foster care	17	4.3
Legal advocacy	15	3.8
Psychiatric emergency walk-in services	63	15.8
Suicide prevention services	237	59.5
Consumer-run (peer support) services	139	34.9
Screening for tobacco use	239	60.1
Smoking/tobacco cessation counseling	96	24.1
Nicotine replacement therapy	49	12.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	35	8.8
Other	9	2.3
None of these services and practices are offered	10	2.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	316	79.4
State substance abuse agency	165	41.5
State department of health	317	79.6
State or local department of family and children's services	48	12.1
Hospital licensing authority	25	6.3
The Joint Commission	99	24.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	56	14.1
Council on Accreditation (COA)	14	3.5
Centers for Medicare and Medicaid Services (CMS)	123	30.9
Other national organization or federal, state, or local agency	14	3.5

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	321	80.7
Private health insurance	299	75.1
Medicare	185	46.5
Medicaid	361	90.7
State-financed health insurance plan other than Medicaid	220	55.3
State mental health agency (or equivalent) funds	237	59.5
State welfare or child and family services agency funds	120	30.2
State corrections or juvenile justice agency funds	75	18.8
State education agency funds	46	11.6
Other state government funds	132	33.2
County or local government funds	207	52.0
Community Service Block Grants	89	22.4
Community Mental Health Block Grants	143	35.9
Federal military insurance	159	39.9
U.S. Department of Veterans Affairs funds	75	18.8
IHS/Tribal/Urban (ITU) funds	50	12.6
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	283	71.1
Any language other than English	348	87.4
<b>Languages provided by staff</b>		
Spanish	124	31.2
American Indian/Alaska Native languages	—	—
Other	47	11.8

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	157	39.4
No crisis intervention team	241	60.6

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	135	33.9
Transitional age young adults	69	17.3
Persons 18 years and older with serious mental illness (SMI)	184	46.2
Seniors or older adults	69	17.3
Persons with Alzheimer's or dementia	15	3.8
Persons with co-occurring mental and substance use disorders	155	38.9
Persons with eating disorders	24	6.0
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	167	42.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	142	35.7
Persons with traumatic brain injury (TBI)	16	4.0
Veterans	31	7.8
Active duty military	15	3.8
Members of military families	37	9.3
LGBT clients	83	20.9
Forensic clients <sup>1</sup>	47	11.8
Persons with HIV or AIDS	29	7.3
Other special program or group	27	6.8
No dedicated or exclusively designed programs or groups offered	72	18.1

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

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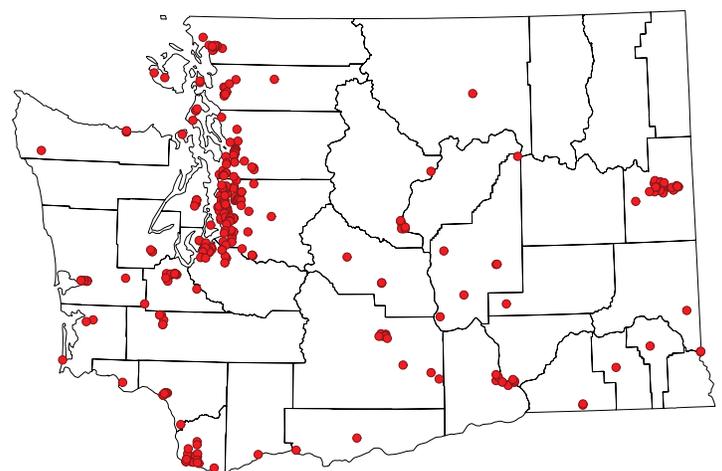
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<https://www.samhsa.gov/data/quick-statistics>

## 2019 State Profile — West Virginia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In West Virginia, 117 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in West Virginia was 92.2 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	104	88.9
Private for-profit	5	4.3
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	3	2.6
Regional/district authority or county, local, or municipal government	1	0.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	4	3.4
Other	—	—
<b>Total</b>	<b>117</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	15	12.8
24-hour residential	15	12.8
Less-than-24 hour		
Partial hospitalization/day treatment	10	8.5
Outpatient	96	82.1
<b>Total</b>	<b>117</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

### Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	4.3
General hospital	9	7.7
Residential treatment center for children	10	8.5
Residential treatment center for adults	2	1.7
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	4	3.4
Community mental health center (CMHC)	56	47.9
Partial hospitalization/day treatment facility	1	0.9
Outpatient mental health facility	29	24.8
Multi-setting mental health facility	1	0.9
Other	—	—
<b>Total</b>	<b>117</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	110	94.0
Couples/family therapy	96	82.1
Group therapy	97	82.9
Cognitive behavioral therapy	112	95.7
Dialectical behavior therapy	69	59.0
Behavior modification	82	70.1
Integrated dual disorders treatment	83	70.9
Trauma therapy	96	82.1
Activity therapy	37	31.6
Electroconvulsive therapy	4	3.4
Telemedicine/telehealth therapy	71	60.7
Psychotropic medication	96	82.1
Other	3	2.6
None of these mental health treatment approaches are offered	2	1.7

Note: Facilities may provide more than one type of treatment approach.

### Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	73	62.4
Children (12 years or younger)	86	73.5
Adolescents (13–17 years)	97	82.9
Young adults (18–25 years)	103	88.0
Adults (26–64 years)	100	85.5
Seniors (65 years or older)	95	81.2

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

### Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	13	11.1
Intensive case management (ICM)	29	24.8
Case management (CM)	100	85.5
Court-ordered outpatient treatment	75	64.1
Chronic disease/illness management (CDM)	11	9.4
Illness management and recovery (IMR)	14	12.0
Integrated primary care services	17	14.5
Diet and exercise counseling	21	17.9
Family psychoeducation	64	54.7
Education services	31	26.5
Housing services	23	19.7
Supported housing	11	9.4
Psychosocial rehabilitation services	33	28.2
Vocational rehabilitation services	12	10.3
Supported employment	18	15.4
Therapeutic foster care	10	8.5
Legal advocacy	6	5.1
Psychiatric emergency walk-in services	64	54.7
Suicide prevention services	86	73.5
Consumer-run (peer support) services	20	17.1
Screening for tobacco use	55	47.0
Smoking/tobacco cessation counseling	50	42.7
Nicotine replacement therapy	27	23.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	33	28.2
Other	6	5.1
None of these services and practices are offered	2	1.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	69	59.0
State substance abuse agency	36	30.8
State department of health	83	70.9
State or local department of family and children's services	32	27.4
Hospital licensing authority	13	11.1
The Joint Commission	25	21.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	8	6.8
Council on Accreditation (COA)	15	12.8
Centers for Medicare and Medicaid Services (CMS)	53	45.3
Other national organization or federal, state, or local agency	1	0.9

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	97	82.9
Private health insurance	92	78.6
Medicare	81	69.2
Medicaid	111	94.9
State-financed health insurance plan other than Medicaid	85	72.6
State mental health agency (or equivalent) funds	82	70.1
State welfare or child and family services agency funds	84	71.8
State corrections or juvenile justice agency funds	37	31.6
State education agency funds	23	19.7
Other state government funds	52	44.4
County or local government funds	37	31.6
Community Service Block Grants	38	32.5
Community Mental Health Block Grants	58	49.6
Federal military insurance	77	65.8
U.S. Department of Veterans Affairs funds	29	24.8
IHS/Tribal/Urban (ITU) funds	3	2.6
Other	6	5.1

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	58	49.6
Any language other than English	56	47.9
<b>Languages provided by staff</b>		
Spanish	7	6.0
American Indian/Alaska Native languages	—	—
Other	4	3.4

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	83	70.9
No crisis intervention team	34	29.1

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	24	20.5
Transitional age young adults	12	10.3
Persons 18 years and older with serious mental illness (SMI)	33	28.2
Seniors or older adults	14	12.0
Persons with Alzheimer's or dementia	6	5.1
Persons with co-occurring mental and substance use disorders	55	47.0
Persons with eating disorders	9	7.7
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	32	27.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	27	23.1
Persons with traumatic brain injury (TBI)	4	3.4
Veterans	9	7.7
Active duty military	4	3.4
Members of military families	8	6.8
LGBT clients	10	8.5
Forensic clients <sup>1</sup>	12	10.3
Persons with HIV or AIDS	5	4.3
Other special program or group	4	3.4
No dedicated or exclusively designed programs or groups offered	40	34.2

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

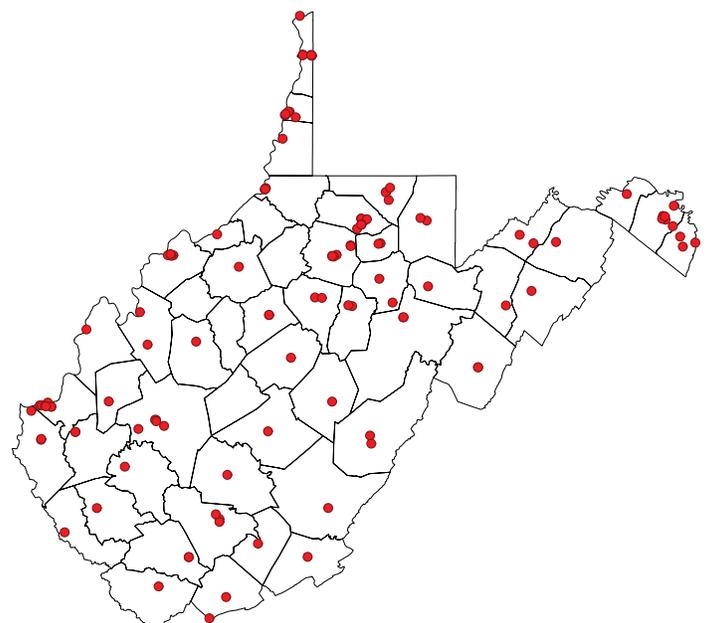
## Location of treatment facilities

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

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<https://findtreatment.samhsa.gov/>



<https://www.samhsa.gov/data/quick-statistics>



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Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — Wisconsin National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Wisconsin, 429 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Wisconsin was 90.5 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	191	44.5
Private for-profit	162	37.8
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	4	0.9
Regional/district authority or county, local, or municipal government	51	11.9
Tribal government	3	0.7
Indian Health Service	—	—
Department of Veterans Affairs	18	4.2
Other	—	—
<b>Total</b>	<b>429</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	37	8.6
24-hour residential	22	5.1
Less-than-24 hour		
Partial hospitalization/day treatment	44	10.3
Outpatient	388	90.4
<b>Total</b>	<b>429</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	13	3.0
General hospital	20	4.7
Residential treatment center for children	11	2.6
Residential treatment center for adults	4	0.9
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	18	4.2
Community mental health center (CMHC)	20	4.7
Partial hospitalization/day treatment facility	12	2.8
Outpatient mental health facility	324	75.5
Multi-setting mental health facility	7	1.6
Other	—	—
<b>Total</b>	<b>429</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	413	96.3
Couples/family therapy	384	89.5
Group therapy	321	74.8
Cognitive behavioral therapy	408	95.1
Dialectical behavior therapy	243	56.6
Behavior modification	302	70.4
Integrated dual disorders treatment	232	54.1
Trauma therapy	386	90.0
Activity therapy	143	33.3
Electroconvulsive therapy	16	3.7
Telemedicine/telehealth therapy	106	24.7
Psychotropic medication	256	59.7
Other	31	7.2
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	284	66.2
Children (12 years or younger)	334	77.9
Adolescents (13–17 years)	359	83.7
Young adults (18–25 years)	402	93.7
Adults (26–64 years)	389	90.7
Seniors (65 years or older)	379	88.3

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	52	12.1
Intensive case management (ICM)	56	13.1
Case management (CM)	170	39.6
Court-ordered outpatient treatment	270	62.9
Chronic disease/illness management (CDM)	67	15.6
Illness management and recovery (IMR)	80	18.6
Integrated primary care services	80	18.6
Diet and exercise counseling	84	19.6
Family psychoeducation	294	68.5
Education services	119	27.7
Housing services	38	8.9
Supported housing	24	5.6
Psychosocial rehabilitation services	129	30.1
Vocational rehabilitation services	31	7.2
Supported employment	39	9.1
Therapeutic foster care	16	3.7
Legal advocacy	20	4.7
Psychiatric emergency walk-in services	72	16.8
Suicide prevention services	265	61.8
Consumer-run (peer support) services	56	13.1
Screening for tobacco use	171	39.9
Smoking/tobacco cessation counseling	155	36.1
Nicotine replacement therapy	64	14.9
Non-nicotine smoking/tobacco cessation medications (by prescription)	72	16.8
Other	6	1.4
None of these services and practices are offered	20	4.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	318	74.1
State substance abuse agency	198	46.2
State department of health	219	51.0
State or local department of family and children's services	96	22.4
Hospital licensing authority	46	10.7
The Joint Commission	89	20.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	23	5.4
Council on Accreditation (COA)	29	6.8
Centers for Medicare and Medicaid Services (CMS)	233	54.3
Other national organization or federal, state, or local agency	6	1.4

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	398	92.8
Private health insurance	407	94.9
Medicare	295	68.8
Medicaid	392	91.4
State-financed health insurance plan other than Medicaid	287	66.9
State mental health agency (or equivalent) funds	169	39.4
State welfare or child and family services agency funds	171	39.9
State corrections or juvenile justice agency funds	145	33.8
State education agency funds	65	15.2
Other state government funds	132	30.8
County or local government funds	260	60.6
Community Service Block Grants	81	18.9
Community Mental Health Block Grants	94	21.9
Federal military insurance	281	65.5
U.S. Department of Veterans Affairs funds	143	33.3
IHS/Tribal/Urban (ITU) funds	54	12.6
Other	5	1.2

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	202	47.1
Any language other than English	239	55.7
<b>Languages provided by staff</b>		
Spanish	73	17.0
American Indian/Alaska Native languages	—	—
Other	20	4.7

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	141	32.9
No crisis intervention team	288	67.1

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	102	23.8
Transitional age young adults	72	16.8
Persons 18 years and older with serious mental illness (SMI)	113	26.3
Seniors or older adults	87	20.3
Persons with Alzheimer's or dementia	33	7.7
Persons with co-occurring mental and substance use disorders	165	38.5
Persons with eating disorders	58	13.5
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	175	40.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	161	37.5
Persons with traumatic brain injury (TBI)	35	8.2
Veterans	82	19.1
Active duty military	40	9.3
Members of military families	56	13.1
LGBT clients	94	21.9
Forensic clients <sup>1</sup>	78	18.2
Persons with HIV or AIDS	54	12.6
Other special program or group	32	7.5
No dedicated or exclusively designed programs or groups offered	128	29.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

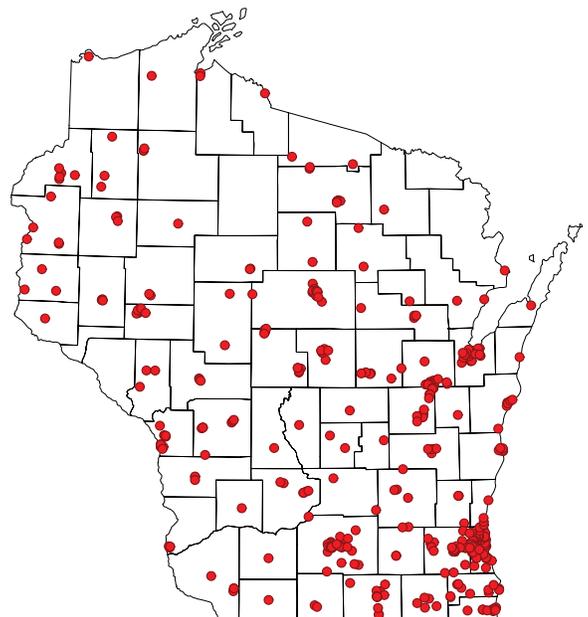
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



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## 2019 State Profile — Wyoming National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

In Wyoming, 45 mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate in Wyoming was 95.7 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	34	75.6
Private for-profit	3	6.7
<b>Public agency or department</b>		
State mental health agency (SMHA)	—	—
Other state government agency or department	1	2.2
Regional/district authority or county, local, or municipal government	5	11.1
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	4.4
Other	—	—
<b>Total</b>	<b>45</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	5	11.1
24-hour residential	8	17.8
Less-than-24 hour		
Partial hospitalization/day treatment	5	11.1
Outpatient	40	88.9
<b>Total</b>	<b>45</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	6.7
General hospital	2	4.4
Residential treatment center for children	5	11.1
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	1	2.2
Community mental health center (CMHC)	27	60.0
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	6	13.3
Multi-setting mental health facility	1	2.2
Other	—	—
<b>Total</b>	<b>45</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	44	97.8
Couples/family therapy	40	88.9
Group therapy	45	100.0
Cognitive behavioral therapy	45	100.0
Dialectical behavior therapy	42	93.3
Behavior modification	35	77.8
Integrated dual disorders treatment	36	80.0
Trauma therapy	43	95.6
Activity therapy	24	53.3
Electroconvulsive therapy	1	2.2
Telemedicine/telehealth therapy	30	66.7
Psychotropic medication	35	77.8
Other	1	2.2
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	33	73.3
Children (12 years or younger)	37	82.2
Adolescents (13–17 years)	40	88.9
Young adults (18–25 years)	40	88.9
Adults (26–64 years)	39	86.7
Seniors (65 years or older)	39	86.7

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	6	13.3
Intensive case management (ICM)	27	60.0
Case management (CM)	42	93.3
Court-ordered outpatient treatment	34	75.6
Chronic disease/illness management (CDM)	9	20.0
Illness management and recovery (IMR)	20	44.4
Integrated primary care services	10	22.2
Diet and exercise counseling	14	31.1
Family psychoeducation	33	73.3
Education services	26	57.8
Housing services	15	33.3
Supported housing	15	33.3
Psychosocial rehabilitation services	29	64.4
Vocational rehabilitation services	15	33.3
Supported employment	24	53.3
Therapeutic foster care	1	2.2
Legal advocacy	6	13.3
Psychiatric emergency walk-in services	17	37.8
Suicide prevention services	36	80.0
Consumer-run (peer support) services	21	46.7
Screening for tobacco use	29	64.4
Smoking/tobacco cessation counseling	21	46.7
Nicotine replacement therapy	6	13.3
Non-nicotine smoking/tobacco cessation medications (by prescription)	6	13.3
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

### Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	33	73.3
State substance abuse agency	33	73.3
State department of health	41	91.1
State or local department of family and children's services	8	17.8
Hospital licensing authority	5	11.1
The Joint Commission	7	15.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	38	84.4
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	26	57.8
Other national organization or federal, state, or local agency	1	2.2

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

### Facility payment options, by number and percent

	No.	%
Cash or self-payment	43	95.6
Private health insurance	44	97.8
Medicare	30	66.7
Medicaid	42	93.3
State-financed health insurance plan other than Medicaid	28	62.2
State mental health agency (or equivalent) funds	38	84.4
State welfare or child and family services agency funds	38	84.4
State corrections or juvenile justice agency funds	25	55.6
State education agency funds	22	48.9
Other state government funds	31	68.9
County or local government funds	36	80.0
Community Service Block Grants	10	22.2
Community Mental Health Block Grants	27	60.0
Federal military insurance	36	80.0
U.S. Department of Veterans Affairs funds	16	35.6
IHS/Tribal/Urban (ITU) funds	11	24.4
Other	—	—

Note: Facilities may accept more than one type of payment.

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	16	35.6
Any language other than English	26	57.8
<b>Languages provided by staff</b>		
Spanish	14	31.1
American Indian/Alaska Native languages	—	—
Other	1	2.2

### Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	33	73.3
No crisis intervention team	12	26.7

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

## Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	22	48.9
Transitional age young adults	7	15.6
Persons 18 years and older with serious mental illness (SMI)	25	55.6
Seniors or older adults	11	24.4
Persons with Alzheimer's or dementia	2	4.4
Persons with co-occurring mental and substance use disorders	25	55.6
Persons with eating disorders	5	11.1
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	11	24.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	16	35.6
Persons with traumatic brain injury (TBI)	5	11.1
Veterans	8	17.8
Active duty military	5	11.1
Members of military families	5	11.1
LGBT clients	11	24.4
Forensic clients <sup>1</sup>	13	28.9
Persons with HIV or AIDS	3	6.7
Other special program or group	3	6.7
No dedicated or exclusively designed programs or groups offered	8	17.8

LGBT = lesbian, gay, bisexual, or transgender.

<sup>1</sup> Referred from the court/judicial system.

## Symbol key (where applicable)

— Quantity is zero.

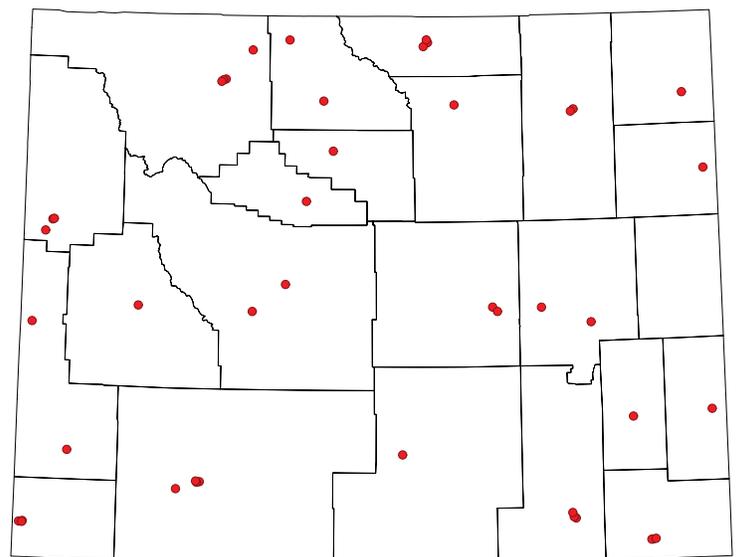
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## Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

## 2019 State Profile — U.S. Territories and Other Jurisdictions National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions. More information on the methodology used is available in the 2019 N-MHSS report: <https://www.samhsa.gov/data/data-we-collect/n-mhss-national-mental-health-services-survey>

The U.S. territories and other jurisdictions presented in this profile consist of data from American Samoa, the Commonwealth of the Northern Mariana Islands, Guam, and the U.S. Virgin Islands. This profile does not include data for the District of Columbia and Puerto Rico. In these U.S. territories and other jurisdictions, nine mental health treatment facilities were included in the 2019 N-MHSS report, with a reference date of April 30, 2019. The survey response rate of these U.S. territories and other jurisdictions, combined, was 90.0 percent.

### Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	—	—
Private for-profit	—	—
<b>Public agency or department</b>		
State mental health agency (SMHA)	2	22.2
Other state government agency or department	6	66.7
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	11.1
Other	—	—
<b>Total</b>	<b>9</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

### Service setting, by number and percent

	Facilities	
	No.	%
24-hour hospital inpatient	2	22.2
24-hour residential	—	—
Less-than-24 hour		
Partial hospitalization/day treatment	—	—
Outpatient	8	88.9
<b>Total</b>	<b>9</b>	

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

## Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	—	—
General hospital	2	22.2
Residential treatment center for children	—	—
Residential treatment center for adults	—	—
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	1	11.1
Community mental health center (CMHC)	2	22.2
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	4	44.4
Multi-setting mental health facility	—	—
Other	—	—
<b>Total</b>	<b>9</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

## Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	9	100.0
Couples/family therapy	6	66.7
Group therapy	8	88.9
Cognitive behavioral therapy	6	66.7
Dialectical behavior therapy	1	11.1
Behavior modification	4	44.4
Integrated dual disorders treatment	3	33.3
Trauma therapy	5	55.6
Activity therapy	3	33.3
Electroconvulsive therapy	—	—
Telemedicine/telehealth therapy	1	11.1
Psychotropic medication	7	77.8
Other	—	—
None of these mental health treatment approaches are offered	—	—

Note: Facilities may provide more than one type of treatment approach.

## Age groups served, by number and percent

	No.	%
All age categories <sup>1</sup>	6	66.7
Children (12 years or younger)	6	66.7
Adolescents (13–17 years)	7	77.8
Young adults (18–25 years)	9	100.0
Adults (26–64 years)	9	100.0
Seniors (65 years or older)	9	100.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

<sup>1</sup> This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

## Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	1	11.1
Intensive case management (ICM)	3	33.3
Case management (CM)	7	77.8
Court-ordered outpatient treatment	7	77.8
Chronic disease/illness management (CDM)	3	33.3
Illness management and recovery (IMR)	4	44.4
Integrated primary care services	3	33.3
Diet and exercise counseling	2	22.2
Family psychoeducation	6	66.7
Education services	2	22.2
Housing services	3	33.3
Supported housing	1	11.1
Psychosocial rehabilitation services	5	55.6
Vocational rehabilitation services	—	—
Supported employment	1	11.1
Therapeutic foster care	—	—
Legal advocacy	1	11.1
Psychiatric emergency walk-in services	6	66.7
Suicide prevention services	8	88.9
Consumer-run (peer support) services	1	11.1
Screening for tobacco use	3	33.3
Smoking/tobacco cessation counseling	1	11.1
Nicotine replacement therapy	1	11.1
Non-nicotine smoking/tobacco cessation medications (by prescription)	1	11.1
Other	—	—
None of these services and practices are offered	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

**Facility licensing, certification, or accreditation, by number and percent**

	No.	%
State mental health authority	3	33.3
State substance abuse agency	3	33.3
State department of health	4	44.4
State or local department of family and children's services	—	—
Hospital licensing authority	1	11.1
The Joint Commission	5	55.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	3	33.3
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	3	33.3
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

**Facility payment options, by number and percent**

	No.	%
Cash or self-payment	6	66.7
Private health insurance	6	66.7
Medicare	5	55.6
Medicaid	7	77.8
State-financed health insurance plan other than Medicaid	—	—
State mental health agency (or equivalent) funds	1	11.1
State welfare or child and family services agency funds	—	—
State corrections or juvenile justice agency funds	1	11.1
State education agency funds	—	—
Other state government funds	—	—
County or local government funds	2	22.2
Community Service Block Grants	—	—
Community Mental Health Block Grants	1	11.1
Federal military insurance	1	11.1
U.S. Department of Veterans Affairs funds	1	11.1
IHS/Tribal/Urban (ITU) funds	—	—
Other	—	—

Note: Facilities may accept more than one type of payment.

**Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent**

	No.	%
Sign language	1	11.1
Any language other than English	8	88.9
<b>Languages provided by staff</b>		
Spanish	2	22.2
American Indian/Alaska Native languages	—	—
Other	5	55.6

**Crisis intervention team, by number and percent**

	No.	%
Within facility and/or offsite	7	77.8
No crisis intervention team	2	22.2

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

### Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	2	22.2
Transitional age young adults	3	33.3
Persons 18 years and older with serious mental illness (SMI)	6	66.7
Seniors or older adults	1	11.1
Persons with Alzheimer’s or dementia	1	11.1
Persons with co-occurring mental and substance use disorders	2	22.2
Persons with eating disorders	—	—
Persons who have experienced trauma (excluding persons with a PTSD diagnosis)	3	33.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	2	22.2
Persons with traumatic brain injury (TBI)	1	11.1
Veterans	1	11.1
Active duty military	—	—
Members of military families	1	11.1
LGBT clients	1	11.1
Forensic clients <sup>1</sup>	4	44.4
Persons with HIV or AIDS	1	11.1
Other special program or group	1	11.1
No dedicated or exclusively designed programs or groups offered	2	22.2

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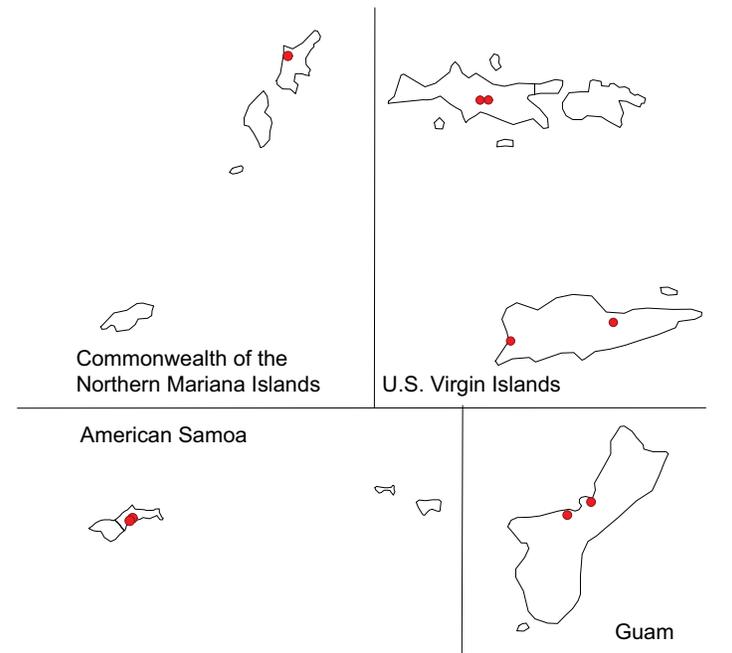
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