

## Vermont 2020 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System

Utilization Rates/Number of Consumers Served	U.S.	State	U.S. Rate	States
Penetration Rate per 1,000 population	8,013,396	39.22	24.58	58
Community Utilization per 1,000 population	7,801,366	39.06	23.93	58
State Hospital Utilization per 1,000 population	125,305	0.16	0.38	53
Other Psychiatric Inpatient Utilization per 1,000 population	408,959	0.80	1.47	40

Adult Employment Status	U.S.	State	U.S. Rate	States
Employed (Percent in Labor Force)*	776,983	40.4%	47.1%	57
Employed (percent with Employment Data)**	776,983	27.9%	23.6%	57

Adult Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	70.5%	79.6%	49

Child/Family Consumer Survey Measures	State	U.S. Rate	States
Positive About Outcome	66.8%	74.6%	45

Readmission Rates:(Civil "non-Forensic" clients)	U.S.	State	U.S. Rate	States
State Hospital Readmissions: 30 Days	7,008	7.3%	9.2%	48
State Hospital Readmissions: 180 Days	15,085	12.7%	19.9%	49
State Hospital Readmissions: 30 Days: Adults	6,499	7.3%	9.4%	48
State Hospital Readmissions: 180 Days: Adults	13,916	12.7%	20.2%	49
State Hospital Readmissions: 30 Days: Children	509	0.0%	7.3%	16
State Hospital Readmissions: 180 Days: Children	1,169	0.0%	16.7%	19

Living Situation	U.S.	State	U.S. Rate	States
Private Residence	4,199,185	86.6%	84.7%	57
Homeless/Shelter	216,731	3.4%	4.4%	52
Jail/Correctional Facility	72,275	0.1%	1.5%	51

Adult EBP Services	U.S.	State	U.S. Rate	States
Supported Housing	70,648	-	2.3%	30
Supported Employment	66,662	23.3%	1.9%	41
Assertive Community Treatment	66,159	-	1.8%	42
Family Psychoeducation	37,853	-	3.1%	16
Dual Diagnosis Treatment	199,597	-	9.5%	24
Illness Self Management	308,378	-	19.1%	22
Medications Management	545,051	82.3%	31.3%	21

Child/Adolescent EBP Services	U.S.	State	U.S. Rate	States
Therapeutic Foster Care	13,178	-	1.7%	21
Multisystemic Therapy	31,303	-	4.1%	20
Functional Family Therapy	31,817	-	5.8%	15

Change in Social Connectedness	State	U.S. Rate	States
Adult Improved Social Connectedness	65.8%	79.2%	46
Child/Family Improved Social Connectedness	-	88.4%	42

\*Denominator is the sum of consumers employed and unemployed.

\*\*Denominator is the sum of consumers employed, unemployed, and not in labor force.

# SAMHSA Uniform Reporting System - 2020 State Mental Health Measures

## Vermont

Utilization	State Number	State Rate	U.S.	U.S. Rate	States
Penetration Rate per 1,000 population	24,436	39.22	8,013,396	24.58	58
Community Utilization per 1,000 population	24,334	39.06	7,801,366	23.93	58
State Hospital Utilization per 1,000 population	102	0.16	125,305	0.38	53
Medicaid Funding Status	15,647	66%	5,588,185	72%	57
Employment Status (percent employed)	1,873	28%	776,983	24%	57
State Hospital Adult Admissions	92	0.90	94,482	0.80	51
Community Adult Admissions	5,173	0.37	12,057,441	2.43	51
Percent Adults with SMI and Children with SED	10,754	44%	5,737,430	72%	58

Utilization	State Rate	U.S. Rate	States
State Hospital LOS Discharged Adult patients (Median)	38 Days	87 Days	49
State Hospital LOS for Adult Resident patients in facility <1 year (Median)	28 Days	107 Days	49
Percent of Client who meet Federal SMI definition	17%	72%	55
Adults with Co-occurring MH/SA Disorders	23%	28%	56
Children with Co-occurring MH/SA Disorders	1%	8%	54

Adult Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	79.4%	88.9%	49
Quality/Appropriateness of Services	83.0%	90.8%	48
Outcome from Services	70.5%	79.6%	49
Participation in Treatment Planning	79.9%	86.9%	47
General Satisfaction with Care	86.0%	90.1%	48

Child/Family Consumer Survey Measures	State Rate	U.S. Rate	States
Access to Services	81.8%	89.2%	46
General Satisfaction with Care	77.6%	89.2%	47
Outcome from Services	66.8%	74.6%	45
Participation in Treatment Planning	86.0%	89.4%	46
Cultural Sensitivity of Providers	89.4%	94.6%	43

Consumer Living Situations	State Number	State Rate	U.S.	U.S. Rate	States
Private Residence	14,305	86.6%	4,199,185	84.7%	57
Jail/Correctional Facility	19	0.1%	72,275	1.5%	51
Homeless or Shelter	569	3.4%	216,731	4.4%	52

Hospital Readmissions	State Number	State Rate	U.S.	U.S. Rate	States
State Hospital Readmissions: 30 Days	8	7.3%	7,008	9.2%	48
State Hospital Readmissions: 180 Days	14	12.7%	15,085	19.9%	49
Readmission to any psychiatric hospital: 30 Days	-	-	34,681	17.7%	20

State Mental Health Finance (2020)	State Number	State Rate	U.S.	U.S. Rate	States
SMHA Expenditures for Community Mental Health*	\$220,494,691	83.3%	\$32,043,740,071	69.8%	59
State Expenditures from State Sources	\$7,426,154	2.8%	\$17,673,556,338	38.5%	56
Total SMHA Expenditures	\$264,742,316	-	\$45,901,588,603	-	59

Adult Evidence-Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Assertive Community Treatment	-	-	66,159	1.8%	42
Supported Housing	-	-	70,648	2.3%	30
Supported Employment	540	23.3%	66,662	1.9%	41
Family Psychoeducation	-	-	37,853	3.1%	16
Integrated Dual Diagnosis Treatment	-	-	199,597	9.5%	24
Illness Self-Management and Recovery	-	-	308,378	19.1%	22
Medications Management	1,904	82.3%	545,051	31.3%	21

Child Evidence Based Practices	State Number	State Rate	U.S.	U.S. Rate	States
Therapeutic Foster Care	-	-	13,178	1.7%	21
Multisystemic Therapy	-	-	31,303	4.1%	20
Functional Family Therapy	-	-	31,817	5.8%	15

Outcome	State Number	State Rate	U.S.	U.S. Rate	States
Adult Criminal Justice Contacts	-	-	26,620	2.7%	32
Juvenile Justice Contacts	217	1.9%	4,542	1.2%	35
School Attendance (Improved )	-	-	10,488	28.9%	22

\* Includes primary prevention, evidence-based practices for early serious mental illness, and Other 24-Hour Care

# Mental Health Community Services Block Grant: 2020 State Summary Report

## Vermont

### State URS Contact Person

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### State Revenue Expenditure Data

	Amount
FY 2020 Mental Health Block Grant Expenditures	\$1,175,538
FY 2020 SMHA Community MH Expenditures	\$220,494,691
FY 2020 Per Capita Community MH Expenditures	\$353.69
FY 2020 Community Percent of Total SMHA Spending	83.24%
FY 2020 Total SMHA Mental Health Expenditure	\$264,742,316
FY 2020 Per Capita Total SMHA Mental Health Expenditures	\$424.66

### Statewide Mental Health Agency Data\*

Measure	Number of Clients	Utilization Rate Per 1,000 Population
Total Clients Served by SMHA System	24,436	39.2
Clients Served in Community Settings	24,334	39.1
Clients Served in State Hospitals	102	0.2

Gender	Percent
Female	49.2%
Male	49.5%
Not Available	1.3%

Race/Ethnicity	Percent
American Indian or Alaska Native	1.1%
Asian	0.8%
Black or African American	2.6%
Native Hawaiian or Other Pacific Islander	-
White	78.7%
More Than One Race	-
Not Available	16.9%

Employment With Known Status (Adults)	Percent
Employed	27.9%
Unemployed	41.1%
Not In Labor Force	31.0%

Medicaid Funding Status of Consumers	Percent
Medicaid Only	27.1%
Non-Medicaid	33.7%
Both Medicaid and Other Funds	39.2%

Consumer Perception of Care: (Adults)	Percent
Access to Services	79.4%
Quality/Appropriateness of Services	83.0%
Outcome from Services	70.5%
Participation in Treatment Planning	79.9%
Overall Satisfaction with Care	86.0%

Implementation of Evidence-Based Practices	Percent
Assertive Community Treatment	-
Supported Housing	-
Supported Employment	23.3%
Family Psychoeducation	-
Integrated Dual Diagnosis Treatment	-
Illness Self-Management and Recovery	-
Medications Management	82.3%
Therapeutic Foster Care	-
Multisystemic Therapy	-
Functional Family Therapy	-

Age	Percent
0 to 12	25.2%
13 to 17	16.4%
18 to 20	5.8%
21 to 24	5.3%
25 to 44	21.9%
45 to 64	18.2%
65 to 74	4.7%
75 and over	1.9%
Not Available	0.7%

Living Situation (with Known Status)	Percent
Private Residence	86.6%
Foster Home	3.3%
Residential Care	3.1%
Crisis Residence	-
Residential Treatment Center	-
Institutional Setting	0.9%
Jail (Correctional Facility)	0.1%
Homeless (Shelter)	3.4%
Other	2.5%

Consumer Perception of Care: (Children/Adolescents)	Percent
Access to Services	81.8%
Overall Satisfaction with Care	77.6%
Outcome from Services	66.8%
Participation in Treatment Planning	86.0%
Cultural Sensitivity of Providers	89.4%

Outcome Measures Developmental	Percent
Adults Arrested this Year	-
Youth Arrested this Year	1.9%
Improved School Attendance	-

Hospital Readmissions (Civil Status Patients)	Percent
State Hospital Readmissions: 30 Days	7.3%
State Hospital Readmissions: 180 Days	12.7%
Readmission to any psychiatric hospital: 30 Days	-

\* Based on 2020 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

# Access Domain: Demographic Characteristics of Persons Served by the State Mental Health Authority, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographics	Total Served				Penetration Rates			States
	State		US		(per 1,000 population)			
	n	%	n	%	State	Northeast	US	Reporting
Total	24,436	100.0%	8,013,396	100.0%	39.2	36.6	24.6	58
0-12	6,151	25.2%	1,249,365	15.6%	77.1	33.3	24.4	58
13-17	4,003	16.4%	963,341	12.0%	117.1	66.7	47.1	58
18-20	1,415	5.8%	378,464	4.7%	45.3	39.6	30.0	58
21-24	1,283	5.3%	455,776	5.7%	37.1	36.5	26.7	58
25-44	5,355	21.9%	2,562,474	32.0%	36.8	41.5	29.8	58
45-64	4,450	18.2%	1,924,296	24.0%	25.7	37.4	23.6	58
65-74	1,153	4.7%	318,939	4.0%	15.3	22.4	10.3	57
75 and over	454	1.9%	135,263	1.7%	9.1	15.9	6.1	58
Age Not Available	172	0.7%	25,478	0.3%	-	-	-	25
Female	12,030	49.2%	4,165,457	52.0%	38.1	37.2	25.2	58
Male	12,099	49.5%	3,806,212	47.5%	39.2	35.8	23.7	58
Gender Not Available	307	1.3%	41,727	0.5%	-	-	-	37
American Indian/Alaskan Native	260	1.1%	144,169	1.8%	106.5	27.3	34.7	52
Asian	187	0.8%	113,401	1.4%	15.6	9.5	5.9	56
Black/African American	624	2.6%	1,406,075	17.5%	71.1	56.1	33.3	54
Native Hawaiian/Pacific Islander	-	-	20,489	0.3%	-	44.9	26.2	51
White	19,235	78.7%	4,752,713	59.3%	32.7	27.6	19.2	56
Multi-Racial	-	-	217,180	2.7%	-	29.4	26.3	48
Race Not Available	4,130	16.9%	1,359,369	17.0%	-	-	-	51
Hispanic or Latino Ethnicity	779	3.2%	1,229,256	16.9%	61.2	41.5	21.5	51
Not Hispanic or Latino Ethnicity	17,741	72.6%	5,515,915	75.9%	29.0	33.8	22.0	55
Ethnicity Not Available	5,916	24.2%	518,733	7.1%	-	-	-	43

## Note:

This table uses data from URS Table 2a, Table 2b and from the US Census Bureau. All denominators use US Census data from 2019

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

## State Notes:

### Table 2a

Age None  
Gender None  
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.  
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

### Table 2b

Age None  
Gender None  
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.  
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

# Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	10,154	41.7%	2,189,167	28.1%	89.1	30.5	58
Age 18-20	1,413	5.8%	366,512	4.7%	45.2	29.0	58
Age 21-64	10,990	45.2%	4,786,066	61.3%	31.1	25.9	58
Age 65+	1,605	6.6%	436,181	5.6%	12.8	7.7	58
Age Not Available	172	0.7%	23,440	0.3%	-	-	26
Age Total	24,334	100.0%	7,801,366	100.0%	39.0	23.9	58
Female	11,996	49.3%	4,086,098	52.4%	38.0	24.7	58
Male	12,031	49.4%	3,675,816	47.1%	39.0	22.9	58
Gender Not Available	307	1.3%	39,452	0.5%	-	-	36
Total	24,334	100.0%	7,801,366	100.0%	39.0	23.9	58

## Note:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

## State Notes:

Age None

Gender Patients who identified as transgender were placed in the gender not available category.

Overall Data for Institutions under the Justice System were not available for FY2020 but we will continue to try to obtain this data.

# Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	Served in State Psychiatric Hospitals				Penetration Rates		States Reporting
	State		US		(rate per 1,000 population)		
	n	%	n	%	State	US	
Age 0-17	-	-	7,472	6.0%	0.0	0.2	33
Age 18-20	2	2.0%	5,035	4.0%	0.1	0.4	52
Age 21-64	98	96.1%	104,890	83.7%	0.3	0.6	53
Age 65+	2	2.0%	7,905	6.3%	0.0	0.1	53
Age Not Available	-	-	3	0.0%	-	-	3
Age Total	102	100.0%	125,305	100.0%	0.2	0.4	53
Female	34	33.3%	41,479	33.1%	0.1	0.3	53
Male	68	66.7%	83,626	66.7%	0.2	0.5	53
Gender Not Available	-	-	200	0.2%	-	-	9
Total	102	100.0%	125,305	100.0%	0.2	0.4	53

## Notes:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

## State Notes:

Age None  
 Gender Patients who identified as transgender were placed in the gender not available category.  
 Overall Data for Institutions under the Justice System were not available for FY2020 but we will continue to try to obtain this data.

**Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2020**

**Vermont**

**Reporting Period: 7/1/2019 To: 6/30/2020**

Demographics	Total Served				Penetration Rates			States
	State		US		(per 1,000 population)			
	n	%	n	%	State	Northeast	US	Reporting
Total	10,754	100.0%	5,737,430	100.0%	17.2	24.0	17.3	58
0-12	4,713	43.8%	905,892	15.8%	59.1	18.3	17.3	58
13-17	3,625	33.7%	730,917	12.7%	106.0	45.9	35.1	57
18-20	30	0.3%	263,228	4.6%	1.0	26.8	20.5	57
21-24	76	0.7%	315,930	5.5%	2.2	25.0	18.2	58
25-44	721	6.7%	1,787,313	31.2%	4.9	27.6	19.4	58
45-64	1,179	11.0%	1,426,172	24.9%	6.8	26.0	17.1	58
65-74	339	3.2%	223,834	3.9%	4.5	14.5	7.1	56
75 and over	70	0.7%	80,189	1.4%	1.4	8.6	3.9	56
Age Not Available	1	0.0%	3,955	0.1%	-	-	-	17
Female	4,916	45.7%	3,037,425	52.9%	15.6	25.0	18.0	58
Male	5,820	54.1%	2,687,150	46.8%	18.9	23.0	16.4	58
Gender Not Available	18	0.2%	12,855	0.2%	-	-	-	34
American Indian/Alaskan Native	121	1.1%	92,691	1.6%	49.6	16.3	22.1	52
Asian	89	0.8%	86,072	1.5%	7.4	6.6	4.4	55
Black/African American	342	3.2%	1,044,715	18.2%	39.0	37.7	23.7	53
Native Hawaiian/Pacific Islander	-	-	15,358	0.3%	-	32.4	19.0	51
White	8,744	81.3%	3,361,894	58.6%	14.9	18.0	13.4	54
Multi-Racial	-	-	177,013	3.1%	-	24.6	19.4	48
Race Not Available	1,458	13.6%	959,687	16.7%	-	-	-	49
Hispanic or Latino Ethnicity	389	3.6%	1,009,157	19.0%	30.6	29.0	16.7	51
Not Hispanic or Latino Ethnicity	8,295	77.1%	3,930,960	74.1%	13.6	22.0	14.7	55
Ethnicity Not Available	2,070	19.2%	365,714	6.9%	-	-	-	43

**Note:**  
This table uses data from URS Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2019

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

**State Notes:**

Table 14a

Age None

Gender None

Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.

Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

Table 14b

Age None

Gender None

Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.

Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

# Access Domain: Adults with SMI and Children with SED Served in Community Mental Health Programs by Age and Gender, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	Served in Community				Penetration Rates (rate per 1,000 population)		States Reporting
	State		US		State	US	
	n	%	n	%			
Age 0-17	8,338	78.3%	1,585,185	28.9%	73.1	22.2	57
Age 18-20	28	0.3%	248,765	4.5%	0.9	19.8	56
Age 21-64	1,878	17.6%	3,360,167	61.3%	5.3	18.2	57
Age 65+	407	3.8%	283,618	5.2%	3.3	5.0	56
Age Not Available	1	0.0%	3,238	0.1%	-	-	16
Age Total	10,652	100.0%	5,480,973	100.0%	17.1	16.9	57
Female	4,882	45.8%	2,925,437	53.4%	15.5	17.7	57
Male	5,752	54.0%	2,544,436	46.4%	18.7	15.9	57
Gender Not Available	18	0.2%	11,100	0.2%	-	-	34
Total	10,652	100.0%	5,480,973	100.0%	17.1	16.9	57

## Note:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

## State Notes:

Age None  
Gender None  
Overall Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED.



**Access Domain: Adults with SMI and Children with SED Served in State Psychiatric Hospitals by Age and Gender, FY 2020**

**Vermont**

**Reporting Period: 7/1/2019 To: 6/30/2020**

Demographic	Served in State Psychiatric Hospitals				Penetration Rates		States Reporting
	State		US		(rate per 1,000 population)		
	n	%	n	%	State	US	
Age 0-17	-	-	5,988	6.2%	0.0	0.1	28
Age 18-20	2	2.0%	3,722	3.8%	0.1	0.3	48
Age 21-64	98	96.1%	81,222	84.0%	0.3	0.4	51
Age 65+	2	2.0%	5,801	6.0%	0.0	0.1	50
Age Not Available	-	-	2	0.0%	-	-	2
Age Total	102	100.0%	96,735	100.0%	0.2	0.3	51
Female	34	33.3%	30,627	31.7%	0.1	0.2	51
Male	68	66.7%	66,072	68.3%	0.2	0.4	51
Gender Not Available	-	-	36	0.0%	-	-	5
Total	102	100.0%	96,735	100.0%	0.2	0.3	51

**Notes:**

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

**State Notes:**

Age None  
Gender None  
Overall Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED.

**Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2020**

**Vermont**

**Reporting Period: 7/1/2019 To: 6/30/2020**

<b>Adults and Children who meet the Federal Definition of SMI/SED</b>	<b>State</b>	<b>US Average</b>	<b>US Median</b>	<b>States Reporting</b>
Percent of Adults served through the SMHA who meet the Federal definition for SMI	17.0%	71.6%	77.0%	55
Percent of Children served through the SMHA who meet the Federal definition for SED	82.0%	71.1%	75.0%	55

<b>Co-occurring MH and Substance Abuse Consumers</b>	<b>State</b>	<b>US Average</b>	<b>US Median</b>	<b>States Reporting</b>
Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder	23.0%	28.0%	25.0%	56
Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder	1.0%	8.1%	3.0%	55
Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis	34.0%	27.4%	24.5%	54
Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis	1.0%	9.6%	3.0%	54

**Note**

This table uses data from URS Table 12.

**How are the number of clients with co-occurring disorders counted and calculated?**

See General Notes

**State Notes**

None

# ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2020

STATE: Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	State							US Averages							States Reporting
	Number Served				% Served			Number Served				% Served			
	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	Total Served with Known Funding Status	Medicaid Only	Non-Medicaid Only	Both Medicaid & Other	
Female	3,106	4,051	4,541	11,698	27%	35%	39%	2,463,327	1,077,711	505,036	4,046,074	61%	27%	12%	56
Male	3,285	3,704	4,702	11,691	28%	32%	40%	2,124,444	1,064,218	482,257	3,670,919	58%	29%	13%	56
Gender Not Available	5	187	8	200	3%	94%	4%	11,635	22,580	1,486	35,701	33%	63%	4%	35
Total	6,396	7,942	9,251	23,589	27%	34%	39%	4,599,406	2,164,509	988,779	7,752,694	59%	28%	13%	56
American Indian or Alaska Native	110	76	67	253	43%	30%	26%	99,608	23,612	18,235	141,455	70%	17%	13%	51
Asian	30	45	102	177	17%	25%	58%	66,719	27,148	13,698	107,565	62%	25%	13%	54
Black or African American	149	146	304	599	25%	24%	51%	789,858	380,512	189,234	1,359,604	58%	28%	14%	52
Native Hawaiian or Other Pacific Islander	-	-	-	-	-	-	-	10,669	4,515	4,037	19,221	56%	23%	21%	49
White	5,374	5,877	7,540	18,791	29%	31%	40%	2,682,757	1,368,468	556,354	4,607,579	58%	30%	12%	54
More Than One Race	-	-	-	-	-	-	-	114,879	63,333	34,947	213,159	54%	30%	16%	46
Race Not Available	733	1,798	1,238	3,769	19%	48%	33%	834,916	296,921	172,274	1,304,111	64%	23%	13%	49
Total	6,396	7,942	9,251	23,589	27%	34%	39%	4,599,406	2,164,509	988,779	7,752,694	59%	28%	13%	56
Hispanic or Latino	203	238	324	765	27%	31%	42%	693,741	294,182	204,204	1,192,127	58%	25%	17%	50
Not Hispanic or Latino	4,816	5,198	7,306	17,320	28%	30%	42%	3,009,937	1,635,495	696,061	5,341,493	56%	31%	13%	54
Ethnicity Not Available	1,377	2,506	1,621	5,504	25%	46%	29%	252,687	146,693	70,965	470,345	54%	31%	15%	40
Total	6,396	7,942	9,251	23,589	27%	34%	39%	3,956,365	2,076,370	971,230	7,003,965	56%	30%	14%	54

## Note:

This table uses data from URS tables 5a and 5b.

## Type of Medicaid Data Reported

People Served by Both includes people with any Medicaid

## State Notes

5a	Race	None
5a	Gender	None
5a	Overall	Counts are based on a client file that includes all CMH clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.
5b	Overall	Counts are based on a client file that includes all CMH clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

**APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2020**

STATE: Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Setting	Demographic	State			US			Admission Rate		States Reporting
		Admissions During Year	Total Served At Start of Year	Total Served During Year	Admissions During Year	Total Served At Start of Year	Total Served During Year	State	US	
State Psychiatric Hospitals	Total	92	21	102	101,901	40,180	124,957	0.90	0.82	51
	Children	-	-	-	7,410	1,407	7,315	-	1.01	29
	Adults	92	21	102	94,482	38,756	117,636	0.90	0.80	51
	Age NA	-	-	-	9	17	-	-	-	1
Other Inpatient	Total	527	62	498	411,756	50,612	381,371	1.06	1.08	36
	Children	19	-	19	57,707	4,588	50,049	1.00	1.15	31
	Adults	506	62	477	353,599	45,801	329,867	1.06	1.07	36
	Age NA	2	-	2	450	223	129	1.00	3.49	7
Residential Treatment Centers	Total	60	33	89	39,150	16,069	50,133	0.67	0.78	35
	Children	58	26	80	11,615	5,185	12,691	0.73	0.92	34
	Adults	2	7	9	27,533	10,883	37,287	0.22	0.74	28
	Age NA	-	-	-	2	1	2	-	1.00	2
Community Programs	Total	9,097	13,736	24,334	21,703,308	3,908,937	6,880,155	0.37	3.15	51
	Children	3,820	6,024	10,154	9,619,103	1,047,521	1,918,288	0.38	5.01	51
	Adults	5,173	7,707	14,008	12,057,441	2,838,566	4,954,989	0.37	2.43	51
	Age NA	104	5	172	26,764	22,850	5,727	0.60	4.67	16

**Note:**

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS Table 3.

This table uses data from URS Table 3 and 6.

**Table 3 State Notes:**

Age None  
 Overall Data for Institutions under the Justice System were not available for FY2020 but we will continue to try to obtain this data.  
 Gender Patients who identified as transgender were placed in the gender not available category.

**Table 6 State Notes:**

Hospital None  
 Other Inpatient Other Psychiatric Inpatient includes individuals receiving involuntary treatment in designated community hospital psychiatric units.  
 Residential Residential Treatment includes children receiving Medicaid funded PNMI (Private Non-Medical Institution) residential services.  
 Community None  
 Overall None

**APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2020**

**STATE:** Vermont

**Reporting Period:** 7/1/2019 To: 6/30/2020

Setting	Demographic	State						US						
		Length of Stay (Days)						Length of Stay (Days)						
		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		Discharged Clients		Resident Clients in Facility 1 year or less		Resident Clients in Facility more than 1 year		States Reporting
		Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	Average	Median	
State Hospitals	All	-	-	-	-	-	-	160	71	99	81	1,707	862	16
	Children	-	-	-	-	-	-	88	75	86	77	611	561	24
	Adults	87	38	60	28	1,100	1,100	228	87	126	107	1,757	1,013	50
	Age NA	-	-	-	-	-	-	37	5	-	-	2,191	1,807	-
Other Inpatient	All	-	-	-	-	-	-	54	39	66	50	696	580	9
	Children	13	9	11	11	-	-	39	32	47	38	423	391	23
	Adults	45	18	59	22	-	-	71	40	62	46	790	576	32
	Age NA	38	38	-	-	-	-	15	13	269	269	-	-	1
Residential Treatment Centers	All	-	-	-	-	-	-	217	124	142	144	721	669	4
	Children	332	262	182	148	828	796	165	128	135	128	660	615	26
	Adults	404	441	333	333	848	848	296	259	149	137	968	824	22
	Age NA	-	-	-	-	-	-	109	109	94	94	441	387	1

**Note:**

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS Table 6.

**Table 6 State Notes:**

Hospital	None
Other Inpatient	Other Psychiatric Inpatient includes individuals receiving involuntary treatment in designated community hospital psychiatric units.
Residential	Residential Treatment includes children receiving Medicaid funded PNMI (Private Non-Medical Institution) residential services.
Community	None
Overall	None

# **APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2020**

STATE: Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Age Group	Setting	State			US			States Reporting
		Living Situation	Percent in Living Situation	Percent with Known Living Situation	Living Situation	Percent in Living Situation	Percent with Known Living Situation	
All Persons Served	Private Residence	14,305	58.5%	86.6%	4,199,185	57.3%	84.7%	57
	Foster Home	544	2.2%	3.3%	61,475	0.8%	1.2%	48
	Residential Care	520	2.1%	3.1%	173,289	2.4%	3.5%	52
	Crisis Residence	-	-	-	8,543	0.1%	0.2%	29
	Residential Treatment Center	-	-	-	9,138	0.1%	0.2%	35
	Institutional Setting	155	0.6%	0.9%	90,396	1.2%	1.8%	51
	Jail (Correctional Facility)	19	0.1%	0.1%	72,275	1.0%	1.5%	51
	Homeless (Shelter)	569	2.3%	3.4%	216,731	3.0%	4.4%	52
	Other	407	1.7%	2.5%	125,713	1.7%	2.5%	42
	Not Available	7,917	32.4%	-	2,377,989	32.4%	-	51
	<b>Total</b>	<b>24,436</b>	<b>100.0%</b>	<b>100.0%</b>	<b>7,334,734</b>	<b>100.0%</b>	<b>100.0%</b>	<b>57</b>
Children under age 18	Private Residence	6,360	62.6%	89.2%	1,242,259	61.0%	92.0%	56
	Foster Home	458	4.5%	6.4%	46,357	2.3%	3.4%	47
	Residential Care	123	1.2%	1.7%	16,035	0.8%	1.2%	42
	Crisis Residence	-	-	-	1,539	0.1%	0.1%	26
	Residential Treatment Center	-	-	-	5,600	0.3%	0.4%	31
	Institutional Setting	8	0.1%	0.1%	6,974	0.3%	0.5%	44
	Jail (Correctional Facility)	-	-	-	5,227	0.3%	0.4%	45
	Homeless (Shelter)	77	0.8%	1.1%	7,719	0.4%	0.6%	49
	Other	105	1.0%	1.5%	17,890	0.9%	1.3%	39
	Not Available	3,023	29.8%	-	685,914	33.7%	-	47
	<b>Total</b>	<b>10,154</b>	<b>100.0%</b>	<b>100.0%</b>	<b>2,035,514</b>	<b>100.0%</b>	<b>100.0%</b>	<b>57</b>
Adults age 18 and older	Private Residence	7,924	56.2%	84.6%	2,953,698	56.2%	82.0%	57
	Foster Home	85	0.6%	0.9%	15,056	0.3%	0.4%	45
	Residential Care	397	2.8%	4.2%	157,103	3.0%	4.4%	52
	Crisis Residence	-	-	-	6,949	0.1%	0.2%	28
	Residential Treatment Center	-	-	-	3,538	0.1%	0.1%	24
	Institutional Setting	147	1.0%	1.6%	82,906	1.6%	2.3%	51
	Jail (Correctional Facility)	19	0.1%	0.2%	66,979	1.3%	1.9%	51
	Homeless (Shelter)	488	3.5%	5.2%	208,974	4.0%	5.8%	52
	Other	301	2.1%	3.2%	107,690	2.0%	3.0%	42
	Not Available	4,749	33.7%	-	1,654,263	31.5%	-	50
	<b>Total</b>	<b>14,110</b>	<b>100.0%</b>	<b>100.0%</b>	<b>5,257,156</b>	<b>100.0%</b>	<b>100.0%</b>	<b>57</b>

This table uses data from URS Table 15.

**State Notes:**

None

# APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2020

STATE: Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	Homeless or Living in Shelters				Percent of Total with Known Living Situation		States Reporting
	State		US		State	US	
	N	%	N	%	%	%	
Age 0 to 17	77	13.5%	7,719	3.6%	1.1%	0.6%	49
Age 18 to 64	469	82.4%	203,079	93.7%	5.7%	6.1%	52
Age 65+	19	3.3%	5,895	2.7%	1.7%	2.2%	49
Age Not Available	4	0.7%	38	0.0%	14.8%	0.9%	9
<b>Age Total</b>	<b>569</b>	<b>100.0%</b>	<b>216,731</b>	<b>100.0%</b>	<b>3.4%</b>	<b>4.4%</b>	<b>52</b>
Female	268	47.1%	85,801	39.6%	3.2%	3.3%	52
Male	301	52.9%	130,307	60.1%	3.7%	5.5%	51
Gender Not Available	-	-	623	0.3%	-	9.9%	20
<b>Gender Total</b>	<b>569</b>	<b>100.0%</b>	<b>216,731</b>	<b>100.0%</b>	<b>3.4%</b>	<b>4.4%</b>	<b>52</b>
American Indian or Alaska Native	6	1.1%	5,474	2.5%	3.0%	6.3%	47
Asian	3	0.5%	2,015	0.9%	3.0%	2.7%	45
Black or African American	26	4.6%	64,744	29.9%	7.1%	7.0%	49
Native Hawaiian or Other Pacific Islander	-	-	724	0.3%	-	6.5%	38
White	450	79.1%	110,460	51.0%	3.1%	3.7%	48
More Than One Race	-	-	7,206	3.3%	-	3.7%	47
Race Not Available	84	14.8%	26,108	12.0%	5.8%	3.9%	46
<b>Race Total</b>	<b>569</b>	<b>100.0%</b>	<b>216,731</b>	<b>100.0%</b>	<b>3.4%</b>	<b>4.4%</b>	<b>52</b>
Hispanic or Latino	21	3.7%	33,727	15.6%	3.6%	3.9%	50
Not Hispanic or Latino	382	67.1%	169,623	78.3%	2.8%	4.5%	50
Not Available	166	29.2%	13,381	6.2%	6.6%	4.2%	43
<b>Ethnicity Total</b>	<b>569</b>	<b>100.0%</b>	<b>216,731</b>	<b>100.0%</b>	<b>3.4%</b>	<b>4.4%</b>	<b>52</b>

**Note:**

US totals are based on states reporting.

This table uses data from URS Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

**State Notes:**

None

## Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Adult EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SMI		Measuring Fidelity		States Reporting
	EBP N	SMI N	EBP N	SMI N	State	US Average	State	US	
Supported Housing	-	-	70,648	3,854,379	-	2.3%	-	8	30
Supported Employment	540	2,313	66,662	3,854,379	23.3%	1.9%	Yes	20	41
Assertive Community Treatment	-	-	66,159	3,854,379	-	1.8%	-	24	42
Family Psychoeducation	-	-	37,873	3,854,379	-	3.1%	-	3	16
Dual Diagnosis Treatment	-	-	199,597	3,854,379	-	9.5%	-	8	24
Illness Self Management	-	-	308,378	3,854,379	-	19.1%	-	4	22
Medication Management	1,904	2,313	545,051	3,854,379	82.3%	31.3%	No	1	21

Child/Adolescent EBP Services	State		US		Penetration Rate: % of Consumers Receiving EBP/Estimated SED		Measuring Fidelity		States Reporting
	EBP N	SED N	EBP N	SED N	State	US Average	State	US	
Therapeutic Foster Care	-	-	13,178	1,312,014	-	1.7%	-	4	21
Multi-Systemic Therapy	-	-	31,303	1,312,014	-	4.1%	-	8	20
Family Functional Therapy	-	-	31,817	1,312,014	-	5.8%	-	6	15

### Note:

US totals are based on states reporting.

This table uses data from URS Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

### State Notes:

Table 16: None

Table 17: None



**Appropriateness Domain: Adults with SMI and Children with SED Receiving Evidence-Based Services for First Episode Psychosis (FEP), 2020**

**Vermont**

**Reporting Period: 7/1/2019 To: 6/30/2020**

Number of coordinated specialty care programs: 0

**Admissions to Coordinated Specialty Care (CSC)-FEP Service During the Year**

	State		US		States Reporting
	N	%	N	%	
Adult CSC-FEP Admissions	-	-	15,544	62.7%	45
Children/Adolescent CSC-FEP Admissions	-	-	9,228	37.3%	41
Total CSC-FEP Admissions	-	-	24,772	100.0%	46
Total Programs Reporting Number of Admissions	-	-	287	88.0%	47
Average Admissions per Program	-	-	76.0	-	46

**Clients Currently Receiving CSC-FEP Services**

	State		US		States Reporting
	N	%	N	%	
Adults Receiving CSC-FEP Services	-	-	15,470	85.8%	45
Children/Adolescents Receiving CSC-FEP Services	-	-	2,557	14.2%	43
Total Receiving CSC-FEP Services	-	-	18,027	100.0%	46
Total Programs Reporting Number of Clients Receiving Services	-	-	292	89.6%	47
Average Number of Clients Services per Program	-	-	55.3	-	46

**CSC-FEP Fidelity and Training**

	State		US		States Reporting
	N	%	N	%	
Number of Programs Measuring Fidelity	-	-	177	54.3%	46
Number of Programs with Staff Training Specifically in CSC EBP	-	-	275	84.4%	41

**Clients Served by Programs With and Without CSC-FEP Fidelity**

	State			US			States Reporting
	Number of Programs	Clients Served	Average Number of Clients Served Per Program	Number of Programs	Clients Served	Average Number of Clients Served Per Program	
Programs with Fidelity	-	-	-	177	11,736	66.31	34
Programs without Fidelity	-	-	-	149	6,291	42.22	19

Note: This table use data from URS Table 16a.

# Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographics	State				Employed as Percent of those in Labor Force		Employed as Percent of Known Employment Status		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	
Age 18 to 20	130	93	223	476	58%	50%	27.3%	22.3%	56
Age 21 to 64	1,689	2,635	4,324	5,382	39%	47%	31.4%	25.0%	57
Age 65 and over	54	32	86	861	63%	40%	6.3%	10.9%	57
Age Not Available	-	-	-	-	-	41%	-	13.7%	8
Age TOTAL	1,873	2,760	4,633	6,719	40%	47%	27.9%	23.6%	57
Female	973	1,412	2,385	3,660	41%	50%	26.6%	24.7%	57
Male	898	1,347	2,245	3,054	40%	44%	29.4%	22.3%	57
Gender Not Available	2	1	3	5	67%	49%	40.0%	28.8%	30
Gender TOTAL	1,873	2,760	4,633	6,719	40%	47%	27.9%	23.6%	57

What populations are reported? All Clients Number of States Reporting All Clients: 44 Number of States Reporting Some Clients: 13

When is Employment Status Measured?	At Admission	At Discharge	Monthly	Quarterly	Other
VT	-	-	-	-	SMI quarterly, all else annually
US	36	25	3	7	25

## Note:

\*In Labor Force is the sum of consumers employed and unemployed.

\*\*With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS Table 4.

## State Notes:

Age None  
Gender None  
Overall SMI measured with direct match to Department of Labor data. All else based on self-report in MIS.

# Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2020

Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Diagnosis	State				Employed as a % of Labor Force		Employed as % of Known Employment Status		% of Consumers with Dx		States Reporting
	Employed	Unemployed	In Labor Force*	With Known Employment Status**	State	US	State	US	State	US	
Schizophrenia and Related Disorders	158	631	789	1,048	20.0%	30.2%	15.1%	9.9%	15.6%	13.9%	52
Bipolar and Mood Disorders	577	831	1,408	2,071	41.0%	47.4%	27.9%	24.3%	30.8%	40.1%	52
Other Psychoses	43	98	141	178	30.5%	31.2%	24.2%	13.3%	2.6%	2.2%	51
All other Diagnoses	1,069	1,168	2,237	3,306	47.8%	52.5%	32.3%	28.6%	49.2%	36.9%	52
No Diagnosis and Deferred Diagnosis	26	32	58	116	44.8%	49.3%	22.4%	27.0%	1.7%	6.8%	42
TOTAL	1,873	2,760	4,633	6,719	40.4%	47.7%	27.9%	23.8%	100.0%	100.0%	52

## Note:

\*In Labor Force is the sum of consumers employed and unemployed.

\*\*With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS Table 4a.

## State Notes:

SMI measured with direct match to Department of Labor data. All else based on self-report in MIS. Data uses ICD-10 diagnosis codes, as specified by SAMHSA.

# CONSUMER SURVEY RESULTS, FY 2020

Vermont

Reporting Period: 7/1/2018 To: 6/30/2019

Indicators	Children: State	Children: U.S. Average	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Reporting Positively About Access	81.8%	89.2%	46	79.4%	88.9%	49
Reporting Positively About Quality and Appropriateness				83.0%	90.8%	48
Reporting Positively About Outcomes	66.8%	74.6%	45	70.5%	79.6%	49
Reporting on Participation in Treatment Planning	86.0%	89.4%	46	79.9%	86.9%	47
Family Members Reporting High Cultural Sensitivity of Staff	89.4%	94.6%	43			
Reporting positively about General Satisfaction with Services	77.6%	89.2%	47	86.0%	90.1%	48

**Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey**

This table uses data from URS Table 11.

Children/Family	State	U.S.
Type of Survey Used	State variation of MHSIP	YSS-F=37

Type of Adult Consumer Survey Used	28-Item MHSIP	Other MHSIP	Other Survey
State	-	Yes	-
U.S.	31	16	4

Sample Size & Response Rate	Children: State	Children: U.S.	States Reporting	Adults: State	Adults: U.S. Average	States Reporting
Response Rate	14.0%	99.6%	35	30.0%	44.3%	35
Number of Surveys Attempted (send out)	3,590	165,134	36	1,668	229,432	34
Number of Surveys Contacts Made	3,022	109,930	35	1,390	172,014	35
Complete Surveys	415	42,210	40	414	84,692	40

Populations covered in survey	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Consumers	-	6	-	4
Sample	Yes	41	Yes	44

Sample Approach	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Random Sample	-	8	-	8
Stratified Sample	Yes	14	Yes	15
Convenience Sample	-	17	-	18
Other Sample	-	2	-	3

Who is Sampled?	Children: State	Children: U.S.	Adults: State	Adults: U.S.
Current Clients	-	44	-	48
Former Clients	-	15	Yes	21

Populations included in sample: (e.g., all adults, only adults with SMI, etc.)	Children: State	Children: U.S.	Adults: State	Adults: U.S.
All Children or Adults Served	-	26	-	27
SMI Adults or SED Children	-	19	Yes	20
Persons Covered by Medicaid	Yes	13	-	11
Other	-	4	-	5

## State Notes:

Data is from the 2019 Adult Consumer Survey and the 2018 Child/Adolescent Consumer Survey. Recent releases of the children's consumer surveys have eliminated items asking about social connectedness.

# OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2020

STATE: Vermont

Reporting Period: 7/1/2018 To: 6/30/2019

Race/Ethnicity	Family of Children Survey Indicators: Reporting Positively About...														States
	Access		General Satisfaction with Services		Outcomes		Participation In Tx Planning		Cultural Sensitivity of Staff		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	80%	80%	80%	84%	50%	71%	100%	85%	75%	91%	-	84%	50%	69%	28
Asian	80%	87%	80%	90%	80%	71%	80%	90%	80%	94%	-	85%	80%	72%	22
Black or African American	80%	92%	75%	92%	60%	78%	90%	93%	95%	96%	-	88%	60%	70%	30
Native Hawaiian or Other Pacific Islander	-	87%	-	89%	-	76%	-	89%	-	89%	-	88%	-	75%	18
White	82%	89%	77%	89%	67%	76%	86%	92%	88%	95%	-	89%	68%	72%	34
Hispanic or Latino	-	90%	-	91%	-	76%	-	90%	-	95%	-	89%	-	75%	26
More Than One Race	-	89%	-	91%	-	74%	-	90%	-	96%	-	88%	-	73%	24
Not Available	82%	88%	84%	88%	68%	73%	79%	89%	97%	94%	-	88%	70%	73%	34

Race/Ethnicity	Adult Consumer Survey Indicators: Reporting Positively About...														States
	Access		Quality & Appropriateness		Outcomes		Participation In Tx Planning		General Satisfaction		Social Connectedness		Improved Functioning		
	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	State	US Average	
American Indian or Alaska Native	80%	85%	100%	89%	80%	73%	100%	83%	80%	88%	80%	71%	100%	74%	33
Asian	67%	90%	67%	91%	100%	74%	67%	85%	67%	91%	50%	75%	50%	73%	32
Black or African American	100%	91%	100%	94%	57%	83%	100%	90%	100%	93%	71%	75%	86%	75%	34
Native Hawaiian or Other Pacific Islander	-	90%	-	91%	-	83%	-	83%	-	90%	-	78%	-	82%	24
White	79%	89%	83%	92%	71%	77%	79%	88%	86%	91%	66%	71%	72%	73%	36
Hispanic or Latino	-	89%	-	90%	-	78%	-	88%	-	91%	-	75%	-	76%	26
More Than One Race	-	89%	-	91%	-	76%	-	85%	-	91%	-	73%	-	75%	27
Not Available	79%	87%	82%	89%	67%	73%	81%	85%	85%	89%	65%	73%	67%	72%	36

## Notes:

This table uses data from URS Table 11a.

## State Notes:

Data is from the 2019 Adult Consumer Survey and the 2018 Child/Adolescent Consumer Survey. Recent releases of the children's consumer surveys have eliminated items asking about social connectedness.

# Outcomes Domain: Change in Social Connectedness and Functioning, FY 2020

Vermont

Reporting Period: 7/1/2018 To: 6/30/2019

Indicators	Children				Adults			
	State	US Average	US Median	States Reporting	State	US Average	US Median	States Reporting
Percent Reporting Improved Social Connectedness from Services	-	88.4%	87.3%	42	65.8%	79.2%	72.9%	46
Percent Reporting Improved Functioning from Services	68.0%	75.3%	70.2%	42	72.3%	80.4%	73.2%	46

## Note:

This table uses data from URS Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

Adult Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	Yes	43
Did you use the recommended new Functioning Domain Questions?	Yes	44
Did you collect these as part of your MHSIP Adult Consumer Survey?	Yes	43

Children/Family Social Connectedness and Functioning Measures	State	US
Did you use the recommended new Social Connectedness Questions?	-	40
Did you use the recommended new Functioning Domain Questions?	Yes	41
Did you collect these as part of your YSS-F Survey?	Yes	40

## State Notes:

None

# OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2020

STATE: Vermont

Reporting Period: 7/1/2019 To: 6/30/2020

Demographic	Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 30 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	0	0	-	119	1,752	6.8%	12	0	0	-	1	74	1.4%	1
Age 13 to 17	0	0	-	390	5,233	7.5%	16	0	0	-	32	556	5.8%	7
Age 18 to 20	0	2	0.0%	449	4,399	10.2%	27	0	1	0.0%	23	883	2.6%	10
Age 21 to 64	8	106	7.5%	5,644	61,278	9.2%	42	0	23	0.0%	920	23,728	3.9%	40
Age 65 to 74	0	2	0.0%	330	2,534	13.0%	34	0	1	0.0%	69	930	7.4%	18
Age 75 and over	0	0	-	76	779	9.8%	15	0	0	-	11	211	5.2%	5
Age Not Available	0	0	-	-	11	-	0	0	0	-	-	2	-	0
<b>Age Total</b>	<b>8</b>	<b>110</b>	<b>7.3%</b>	<b>7,008</b>	<b>75,986</b>	<b>9.2%</b>	<b>48</b>	<b>0</b>	<b>25</b>	<b>0.0%</b>	<b>1,056</b>	<b>26,384</b>	<b>4.0%</b>	<b>42</b>
Female	4	34	11.8%	2,864	30,203	9.5%	42	0	8	0.0%	284	5,656	5.0%	24
Male	4	76	5.3%	4,143	45,758	9.1%	44	0	17	0.0%	772	20,717	3.7%	40
Gender Not Available	0	0	-	1	25	4.0%	1	0	0	-	-	11	-	0
<b>Gender Total</b>	<b>8</b>	<b>110</b>	<b>7.3%</b>	<b>7,008</b>	<b>75,986</b>	<b>9.2%</b>	<b>48</b>	<b>0</b>	<b>25</b>	<b>0.0%</b>	<b>1,056</b>	<b>26,384</b>	<b>4.0%</b>	<b>42</b>
American Indian or Alaska Native	0	0	-	153	1,472	10.4%	13	0	1	0.0%	10	357	2.8%	5
Asian	0	1	0.0%	130	1,079	12.0%	20	0	1	0.0%	17	496	3.4%	9
Black or African American	0	7	0.0%	1,410	17,456	8.1%	35	0	5	0.0%	383	9,387	4.1%	32
Native Hawaiian or Other Pacific Islander	0	0	-	35	325	10.8%	6	0	0	-	4	96	4.2%	4
White	8	102	7.8%	4,529	49,527	9.1%	44	0	18	0.0%	505	12,720	4.0%	35
More Than One Race	0	0	-	194	1,886	10.3%	20	0	0	-	17	568	3.0%	11
Race Not Available	0	0	-	557	4,241	13.1%	20	0	0	-	120	2,760	4.3%	18
<b>Race Total</b>	<b>8</b>	<b>110</b>	<b>7.3%</b>	<b>7,008</b>	<b>75,986</b>	<b>9.2%</b>	<b>48</b>	<b>0</b>	<b>25</b>	<b>0.0%</b>	<b>1,056</b>	<b>26,384</b>	<b>4.0%</b>	<b>42</b>
Hispanic or Latino	0	1	0.0%	704	8,387	8.4%	24	0	2	0.0%	233	3,731	6.2%	16
Not Hispanic or Latino	8	109	7.3%	6,083	63,800	9.5%	45	0	22	0.0%	777	21,040	3.7%	39
Not Available	0	0	-	221	3,799	5.8%	17	0	1	0.0%	46	1,613	2.9%	12
<b>Ethnicity Total</b>	<b>8</b>	<b>110</b>	<b>7.3%</b>	<b>7,008</b>	<b>75,986</b>	<b>9.2%</b>	<b>48</b>	<b>0</b>	<b>25</b>	<b>0.0%</b>	<b>1,056</b>	<b>26,384</b>	<b>4.0%</b>	<b>42</b>

Forensics included in "non forensic" data? No

## Note:

US totals are based on states reporting.

This table uses data from URS Tables 20a and 20b.

## State Notes:

In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.

**OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2020**

**STATE: Vermont**

**Reporting Period: 7/1/2019 To: 6/30/2020**

Demographic	Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients							Readmissions within 180 days to state psychiatric hospitals: Forensic Patients						
	State			US				State			US			
	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting	Readmissions N	Discharges N	%	Readmissions N	Discharges N	%	States Reporting
Age 0 to 12	0	0	-	274	1,752	15.6%	14	0	0	-	1	74	1.4%	1
Age 13 to 17	0	0	-	895	5,233	17.1%	19	0	0	-	64	556	11.5%	7
Age 18 to 20	0	2	0.0%	861	4,399	19.6%	31	0	1	-	65	883	7.4%	24
Age 21 to 64	14	106	13.2%	12,444	61,278	20.3%	49	2	23	8.7%	2,408	23,728	10.1%	45
Age 65 to 74	0	2	0.0%	509	2,534	20.1%	38	0	1	-	127	930	13.7%	28
Age 75 and over	0	0	-	102	779	13.1%	18	0	0	-	19	211	9.0%	11
Age Not Available	0	0	-	-	11	-	-	0	0	-	-	2	-	-
<b>Age Total</b>	<b>14</b>	<b>110</b>	<b>12.7%</b>	<b>15,085</b>	<b>75,986</b>	<b>19.9%</b>	<b>49</b>	<b>2</b>	<b>25</b>	<b>8.0%</b>	<b>2,684</b>	<b>26,384</b>	<b>10.2%</b>	<b>47</b>
Female	5	34	14.7%	6,022	30,203	19.9%	47	0	8	-	616	5,656	10.9%	38
Male	9	76	11.8%	9,060	45,758	19.8%	49	2	17	11.8%	2,068	20,717	10.0%	46
Gender Not Available	0	0	-	3	25	12.0%	1	0	0	-	-	11	-	-
<b>Gender Total</b>	<b>14</b>	<b>110</b>	<b>12.7%</b>	<b>15,085</b>	<b>75,986</b>	<b>19.9%</b>	<b>49</b>	<b>2</b>	<b>25</b>	<b>8.0%</b>	<b>2,684</b>	<b>26,384</b>	<b>10.2%</b>	<b>47</b>
American Indian or Alaska Native	0	0	-	356	1,472	24.2%	21	0	1	-	31	357	8.7%	16
Asian	0	1	0.0%	291	1,079	27.0%	28	1	1	100.0%	52	496	10.5%	18
Black or African American	0	7	0.0%	3,370	17,456	19.3%	41	0	5	-	994	9,387	10.6%	38
Native Hawaiian or Other Pacific Islander	0	0	-	199	325	61.2%	8	0	0	-	12	96	12.5%	4
White	14	102	13.7%	9,647	49,527	19.5%	47	1	18	5.6%	1,277	12,720	10.0%	44
More Than One Race	0	0	-	359	1,886	19.0%	25	0	0	-	60	568	10.6%	14
Race Not Available	0	0	-	863	4,241	20.3%	29	0	0	-	258	2,760	9.3%	22
<b>Race Total</b>	<b>14</b>	<b>110</b>	<b>12.7%</b>	<b>15,085</b>	<b>75,986</b>	<b>19.9%</b>	<b>49</b>	<b>2</b>	<b>25</b>	<b>8.0%</b>	<b>2,684</b>	<b>26,384</b>	<b>10.2%</b>	<b>47</b>
Hispanic or Latino	0	1	0.0%	1,512	8,387	18.0%	36	0	2	-	441	3,731	11.8%	23
Not Hispanic or Latino	14	109	12.8%	12,990	63,800	20.4%	46	2	22	9.1%	2,117	21,040	10.1%	43
Not Available	0	0	-	583	3,799	15.3%	24	0	1	-	126	1,613	7.8%	17
<b>Ethnicity Total</b>	<b>14</b>	<b>110</b>	<b>12.7%</b>	<b>15,085</b>	<b>75,986</b>	<b>19.9%</b>	<b>49</b>	<b>2</b>	<b>25</b>	<b>8.0%</b>	<b>2,684</b>	<b>26,384</b>	<b>10.2%</b>	<b>47</b>

Forensics included in "non forensic" data? No

**Note:**

US totals are based on states reporting.

This table uses data from URS Tables 20a and 20b.

**State Notes:**

In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.



# Structure Domain: SMHA Expenditure for Early Serious Mental Illness and First Episode Psychosis, 2020

Vermont

Reporting Period 10/1/2019 To: 9/30/2020

Activity	State								US							
	MHBG		Other Funds		State Funds		Total		MHBG		Other Funds		State Funds		Total	
	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%	\$	%
CSC-Evidence-Based Practices for First Episode Psychosis	\$0	-	\$0	-	\$0	-	\$0	-	\$63,948,992	79.2%	\$4,342,422	1.3%	\$12,426,479	15.4%	\$80,717,893	100%
Training for CSC Practices	\$0	-	\$0	-	\$0	-	\$0	-	\$2,784,946	85.2%	\$86,291	0.7%	\$398,342	12.2%	\$3,269,579	100%
Planning for CSC Practices	\$0	-	\$0	-	\$0	-	\$0	-	\$618,403	63.5%	\$56,517	1.5%	\$299,052	30.7%	\$973,972	100%
Other Early Serious Mental Illnesses program (other than FEP or partial CSC programs)	\$0	-	\$0	-	\$0	-	\$0	-	\$5,407,541	97.8%	\$96,351	0.4%	\$25,000	0.5%	\$5,528,892	100%
Training for ESMI	\$117,554	100.0%	\$0	0.0%	\$0	0.0%	\$117,554	100%	\$730,894	93.5%	\$26,106	0.8%	\$25,000	3.2%	\$782,000	100%
Planning for ESMI	\$0	-	\$0	-	\$0	-	\$0	-	\$848,298	94.3%	\$25,909	0.7%	\$25,000	2.8%	\$899,207	100%

Note: This table use data from URS Table 7a.

\* Other Funds include Medicaid, Other Federal funds, local funds, and other funds from table 7a.

## State Notes:

None

**STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2020**

Vermont

Reporting Period: 10/1/2019 To: 9/30/2020

	Expenditures: State	Percent of Total Expenditures: State	Expenditures: U.S.	Percent of Total Expenditures: U.S.	States Reporting
State Hospitals-Inpatient	\$22,608,835	9%	\$12,020,465,152	26%	55
Other 24-Hour Care	\$2,822,816	1%	\$5,901,357,290	13%	47
Ambulatory/Community	\$217,554,321	82%	\$25,997,107,370	57%	59
EBPs for Early Serious Mental Illness	\$117,554	0%	\$93,605,917	0%	59
Primary Prevention	-	0%	\$51,669,494	0%	14
Other Psychiatric Inpatient Care	\$14,008,720	5%	\$637,559,033	1%	16
Administration	\$7,630,070	3%	\$1,199,824,347	3%	55
<b>Total</b>	<b>\$264,742,316</b>	<b>100%</b>	<b>\$45,901,588,603</b>	<b>100%</b>	<b>59</b>

**Note:**

This table uses data from URS Table 7

**State Notes:**

None

**STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures by Funding Sources, 2020**

**Vermont**

**Reporting Period:** 10/1/2019 To: 9/30/2020

Funding Source	Ambulatory/Community			State Hospital		
	State	Percent Total (State)	Percent Total (US)	State	Percent Total (State)	Percent Total (US)
Mental Health Block Grant	\$1,175,538	0.5%	1.8%	-	-	-
Medicaid (Federal, State, and Local)	\$203,614,501	92.3%	63.2%	\$21,052,156	93.1%	16.1%
Other Federal Funds (e.g., ACF (TANF), CDC, CMS (Medicare), SAMHSA, etc.)	\$10,774,173	4.9%	2.6%	\$1,537,467	6.8%	2.5%
State Funds	\$4,890,071	2.2%	23.7%	-	-	76.3%
Local Funds (excluding local Medicaid)	-	-	6.2%	-	-	1.7%
Other	\$40,408	0.0%	2.5%	\$19,212	0.1%	3.4%
Total	\$220,494,691	100%	100%	\$22,608,835	100%	100%

**Note:**

This table uses data from URS Table 7

Ambulatory/Community includes Primary Prevention, Evidence-Based Practices for Early Serious Mental Illness, and Other 24-Hour Care expenditures

This table does not show expenditures for state central office including Research, Training, and Administration expenses.

**State Notes:**

None

**Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2020****Vermont****Reporting Period:** 10/1/2019 To: 9/30/2020

Service	Non-Direct Block Grant Expenditures	% Total	US % Total
Information Systems	\$58,881	16.0%	4.7%
Infrastructure Support	-	0.0%	21.5%
Partnerships, community outreach, and needs assessment	\$293,855	79.9%	28.7%
MHA Planning Council Activities	-	0.0%	2.4%
Quality assurance and improvement	-	0.0%	8.9%
Research and Evaluation	-	0.0%	10.5%
Training and Education	\$15,000	4.1%	23.3%
Total	\$367,736	100.0%	100.0%

Note: This table use data from URS Table 8.

**State Notes:**

None

**Structure Domain: Mental Health Programs Funded By the Federal Mental Health Block Grant, FY 2020**

**Vermont**

**Reporting Period:** 10/1/2019 To: 9/30/2020

Adult Programs: 11      Child Programs: 11      Set-Aside FEP Programs: 0      Set-Aside ESMI Programs: 0      Total Programs: 12  
 Adult Total: \$269,824      Child Total: \$420,424      Set-Aside FEP Total: \$0      Set-Aside ESMI Total: \$0      Total: \$690,248

Agency Name	Address	Area Served	Total Block Grant Funds	Block Grant for Adults with SMI	Block Grant for Children with SED	Set-Aside for FEP Programs	Set-Aside for ESMI Programs
Clara Martin Center	24 South Main Street	Orange County	\$30,057	\$4,370	\$25,687	\$0	\$0
United Counseling Service	Ledge Hill Drive	Bennington County	\$42,401	\$12,101	\$30,300	\$0	\$0
Washington County Mental Health Services	885 S. Barre Road	Washington County	\$61,044	\$27,460	\$33,584	\$0	\$0
Pathways to Housing Vermont	1233 Shelburne Road, Suite D4	Statewide	\$60,000	\$60,000	\$0	\$0	\$0
Counseling Service of Addison County	89 Main Street	Addison County	\$37,317	\$6,782	\$30,535	\$0	\$0
Health Care and Rehabilitation Services	390 River Street	Windsor & Windham counties	\$124,702	\$35,591	\$89,111	\$0	\$0
HowardCenter	300 Flynn Avenue	Chittenden County	\$114,963	\$77,702	\$37,261	\$0	\$0
Lamoille Community Connections	72 Harrel Street	Lamoille County	\$42,241	\$12,018	\$30,223	\$0	\$0
Northeastern Family Institute	30 Airport Road	Statewide (children's services)	\$15,635	\$0	\$15,635	\$0	\$0
Northeast Kingdom Human Services	154 Duchess Street	Caledonia,Essex&Orleanscount's	\$76,312	\$15,042	\$61,270	\$0	\$0
Northwestern Counseling and Support Services	107 Fisher Pond Road	Franklin & Grand Isle counties	\$39,613	\$6,732	\$32,881	\$0	\$0
Rutland Mental Health Services	78 South Main Street	Rutland County	\$45,963	\$12,026	\$33,937	\$0	\$0

## Vermont

URS Table Number	General Notes
3	Counts are based on a client file that includes all CMH clients, State Hospital clients, and involuntary inpatient clients for FY2020. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.
4	We feel the decrease in number of clients employed from FY19 t FY20 is due to issues with Covid-19.
5A	We are unsure of the reason behind decrease in the number of clients with Medicaid funding only and increases in clients with Medicaid and non-Medicaid funding and non-Medicaid funding only, but may be due to changes in funding or in eligibility for programs.
6	In FY19, There were nine patients discharged from the state hospital with LOS greater than 365 days, five of those had los greater than 730 days, and two had los greater than 1,700 days. In FY20, there were only six discharged patients with LOS greater than 365 days, with only one having a LOS greater than 730.
7	The increase in Total Other Funds Expenditures from FY19 to FY20 is due to Federal CRF funding given to DMH for COVID response needs. The decrease in Total Other Expenditures from FY19 to FY20 is due to the fluctuation in Medicare Revenue that offsets expenditures for VPCH and MTCR (state residential facilities). The increase in Total Administration Expenditures from FY19 to FY20 is due to a grant that went out to our providers to help purchase new Electronic Health Record systems.
8	There were more training awards given in 2019 than 2020 resulting a decrease in Total MHBG Expenditures for Non-Direct Service Activities from FY19 to FY20.
12	Co-occurring disorders include clients who have a DSM substance abuse diagnosis (ICD-10) and a DSM mental health diagnosis who also meet the Federal definition of SMI. The Vermont diagnosis of SED is based on a number of ICD10 diagnoses. SED determination based on diagnosis categories in ICD10: F20-F29: Schizophrenia and Other Psychosis, F30-F39: Mood Disorders, F40-F49: Anxiety Disorders, F50-F51: Eating Disorders, Sleep Disorders, F90-F98: Child Disorders, F99: Unspecified.
14A	In FY19 we were unable to include SED patients due to lack of definitions and data. In FY20 we used a new definition of SED, and this added 8,338 youth with SED to our counts, thus increasing our numbers.
15	The decrease in the total number of clients that were homeless or in shelters from FY19 to FY20 is possibly due to COVID-19 pandemic. Vermont utilized funding to house homeless people into hotels and this may have impacted reporting on shelters.
15A	Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED.
16A	CSC and FEP data are not available