

**Table 1.56A Any Use of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Demographic Characteristics, Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
<b>TOTAL</b>	15,636	<i>15,364</i>	545	<i>429</i>	15,091	<i>14,935</i>	1,051	<i>1,066</i>	14,040	<i>13,869</i>
<b>GENDER</b>										
Male	6,394	<i>6,418</i>	238	<i>193</i>	6,156	<i>6,225</i>	426	<i>475</i>	5,729	<i>5,751</i>
Female	9,242	<i>8,946</i>	307	<i>236</i>	8,936	<i>8,710</i>	624	<i>591</i>	8,311	<i>8,119</i>
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	13,938	<i>13,636</i>	416	<i>333</i>	13,522	<i>13,302</i>	877	<i>932</i>	12,645	<i>12,370</i>
White	11,707	<i>11,824</i>	291	<i>252</i>	11,416	<i>11,572</i>	653	<i>768</i>	10,764	<i>10,804</i>
Black or African American	1,287	<i>1,267</i>	82	<i>48</i>	1,204	<i>1,218</i>	114	<i>63</i>	1,090	<i>1,155</i>
AIAN	89	<i>84</i>	*	<i>*</i>	88	<i>77</i>	6	<i>*</i>	82	<i>*</i>
NHOPI	13	<i>4</i>	*	<i>*</i>	12	<i>2</i>	*	<i>*</i>	9	<i>*</i>
Asian	571	<i>151</i>	19	<i>13</i>	552	<i>138</i>	75	<i>9</i>	477	<i>129</i>
Two or More Races	271	<i>306</i>	22	<i>*</i>	249	<i>296</i>	25	<i>*</i>	224	<i>218</i>
Hispanic or Latino	1,698	<i>1,729</i>	129	<i>96</i>	1,569	<i>1,633</i>	174	<i>133</i>	1,395	<i>1,499</i>
<b>EDUCATION LEVEL</b>										
< High School	da	<i>da</i>	da	<i>da</i>	1,370	<i>1,681</i>	160	<i>135</i>	1,211	<i>1,546</i>
High School Graduate	da	<i>da</i>	da	<i>da</i>	3,252	<i>3,444</i>	260	<i>324</i>	2,992	<i>3,120</i>
Some College/Associate's Degree	da	<i>da</i>	da	<i>da</i>	4,878	<i>5,387</i>	470	<i>438</i>	4,408	<i>4,949</i>
College Graduate	da	<i>da</i>	da	<i>da</i>	5,591	<i>4,423</i>	162	<i>169</i>	5,429	<i>4,254</i>
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	<i>da</i>	da	<i>da</i>	6,081	<i>5,684</i>	409	<i>392</i>	5,672	<i>5,292</i>
Part-Time	da	<i>da</i>	da	<i>da</i>	1,880	<i>1,771</i>	256	<i>266</i>	1,624	<i>1,504</i>
Unemployed	da	<i>da</i>	da	<i>da</i>	575	<i>475</i>	161	<i>134</i>	415	<i>341</i>
Other <sup>1</sup>	da	<i>da</i>	da	<i>da</i>	6,554	<i>7,005</i>	225	<i>273</i>	6,330	<i>6,732</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 1.56B Any Use of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Demographic Characteristics, Percentages, 2019 and 2020**

Demographic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
<b>TOTAL</b>	5.7	5.5	2.2	1.7	6.0	5.9	3.1	3.2	6.5	6.3
<b>GENDER</b>										
Male	4.8	4.8	1.9	1.5	5.1	5.1	2.5	2.8	5.5	5.5
Female	6.5	6.3	2.5	1.9	6.9	6.7	3.7	3.5	7.4	7.2
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	6.1	6.0	2.2	1.8	6.5	6.3	3.4	3.6	6.9	6.7
White	6.9	6.9	2.3	2.0	7.2	7.3	3.6	4.3	7.7	7.7
Black or African American	3.9	3.8	2.5	1.5	4.0	4.0	2.5	1.4	4.3	4.5
AIAN	5.7	5.1	*	*	6.3	5.4	2.7	*	7.0	*
NHOPI	1.2	0.4	*	*	1.3	0.2	*	*	1.0	*
Asian	3.6	0.9	1.5	0.7	3.8	1.0	3.6	0.4	3.8	1.0
Two or More Races	5.1	5.8	2.3	*	5.7	6.3	2.7	*	6.5	6.0
Hispanic or Latino	3.6	3.6	2.1	1.5	3.8	3.9	2.3	1.7	4.2	4.4
<b>EDUCATION LEVEL</b>										
< High School	da	da	da	da	4.5	5.8	3.4	3.5	4.8	6.2
High School Graduate	da	da	da	da	5.4	5.0	2.4	3.0	6.0	5.3
Some College/Associate's Degree	da	da	da	da	6.3	7.0	3.5	3.1	6.9	7.9
College Graduate	da	da	da	da	6.8	5.7	3.3	3.4	7.0	5.9
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	da	da	da	4.9	4.9	2.9	3.1	5.2	5.1
Part-Time	da	da	da	da	5.8	5.7	3.1	3.1	6.7	6.6
Unemployed	da	da	da	da	5.8	3.7	4.9	4.0	6.2	3.6
Other <sup>1</sup>	da	da	da	da	7.8	7.7	2.9	3.1	8.3	8.2

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**Table 1.57A Misuse of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Demographic Characteristics, Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
<b>TOTAL</b>	1,098	<i>1,240</i>	82	<i>35</i>	1,016	<i>1,205</i>	175	<i>251</i>	841	<i>954</i>
<b>GENDER</b>										
Male	545	<i>549</i>	43	<i>21</i>	502	<i>527</i>	66	<i>121</i>	436	<i>406</i>
Female	553	<i>692</i>	40	<i>13</i>	514	<i>678</i>	109	<i>130</i>	405	<i>548</i>
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	971	<i>1,134</i>	60	<i>28</i>	911	<i>1,106</i>	150	<i>236</i>	761	<i>870</i>
White	806	<i>928</i>	48	<i>28</i>	757	<i>899</i>	107	<i>160</i>	651	<i>739</i>
Black or African American	66	<i>100</i>	5	<i>*</i>	61	<i>100</i>	5	<i>13</i>	57	<i>87</i>
AIAN	5	<i>46</i>	<i>*</i>	<i>*</i>	5	<i>*</i>	<i>*</i>	<i>*</i>	1	<i>*</i>
NHOPI	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>	<i>*</i>
Asian	66	<i>4</i>	1	<i>*</i>	65	<i>4</i>	22	<i>0</i>	43	<i>4</i>
Two or More Races	29	<i>57</i>	6	<i>*</i>	23	<i>57</i>	14	<i>*</i>	9	<i>9</i>
Hispanic or Latino	127	<i>106</i>	22	<i>7</i>	105	<i>99</i>	25	<i>15</i>	80	<i>84</i>
<b>EDUCATION LEVEL</b>										
< High School	da	<i>da</i>	da	<i>da</i>	106	<i>164</i>	7	<i>80</i>	99	<i>84</i>
High School Graduate	da	<i>da</i>	da	<i>da</i>	180	<i>232</i>	42	<i>64</i>	138	<i>168</i>
Some College/Associate's Degree	da	<i>da</i>	da	<i>da</i>	327	<i>421</i>	115	<i>82</i>	213	<i>339</i>
College Graduate	da	<i>da</i>	da	<i>da</i>	402	<i>388</i>	11	<i>25</i>	391	<i>363</i>
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	<i>da</i>	da	<i>da</i>	511	<i>557</i>	58	<i>93</i>	454	<i>464</i>
Part-Time	da	<i>da</i>	da	<i>da</i>	154	<i>166</i>	58	<i>33</i>	95	<i>133</i>
Unemployed	da	<i>da</i>	da	<i>da</i>	84	<i>127</i>	29	<i>63</i>	55	<i>64</i>
Other <sup>1</sup>	da	<i>da</i>	da	<i>da</i>	267	<i>356</i>	29	<i>62</i>	237	<i>294</i>

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<b>TOTAL</b>	0.4	<i>0.4</i>	0.3	<i>0.1</i>	0.4	<i>0.5</i>	0.5	<i>0.7</i>	0.4	<i>0.4</i>
<b>GENDER</b>										
Male	0.4	<i>0.4</i>	0.3	<i>0.2</i>	0.4	<i>0.4</i>	0.4	<i>0.7</i>	0.4	<i>0.4</i>
Female	0.4	<i>0.5</i>	0.3	<i>0.1</i>	0.4	<i>0.5</i>	0.6	<i>0.8</i>	0.4	<i>0.5</i>
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	0.4	<i>0.5</i>	0.3	<i>0.2</i>	0.4	<i>0.5</i>	0.6	<i>0.9</i>	0.4	<i>0.5</i>
White	0.5	<i>0.5</i>	0.4	<i>0.2</i>	0.5	<i>0.6</i>	0.6	<i>0.9</i>	0.5	<i>0.5</i>
Black or African American	0.2	<i>0.3</i>	0.2	*	0.2	<i>0.3</i>	0.1	<i>0.3</i>	0.2	<i>0.3</i>
AIAN	0.3	<i>2.8</i>	*	*	0.3	*	*	*	0.1	*
NHOPI	*	*	*	*	*	*	*	*	*	*
Asian	0.4	<i>0.0</i>	0.1	*	0.4	<i>0.0</i>	1.1	<i>0.0</i>	0.3	<i>0.0</i>
Two or More Races	0.5	<i>1.1</i>	0.7	*	0.5	<i>1.2</i>	1.4	*	0.3	<i>0.2</i>
Hispanic or Latino	0.3	<i>0.2</i>	0.4	<i>0.1</i>	0.3	<i>0.2</i>	0.3	<i>0.2</i>	0.2	<i>0.2</i>
<b>EDUCATION LEVEL</b>										
< High School	da	<i>da</i>	da	<i>da</i>	0.4	<i>0.6</i>	0.2	<i>2.1</i>	0.4	<i>0.3</i>
High School Graduate	da	<i>da</i>	da	<i>da</i>	0.3	<i>0.3</i>	0.4	<i>0.6</i>	0.3	<i>0.3</i>
Some College/Associate's Degree	da	<i>da</i>	da	<i>da</i>	0.4	<i>0.6</i>	0.8	<i>0.6</i>	0.3	<i>0.5</i>
College Graduate	da	<i>da</i>	da	<i>da</i>	0.5	<i>0.5</i>	0.2	<i>0.5</i>	0.5	<i>0.5</i>
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	<i>da</i>	da	<i>da</i>	0.4	<i>0.5</i>	0.4	<i>0.7</i>	0.4	<i>0.4</i>
Part-Time	da	<i>da</i>	da	<i>da</i>	0.5	<i>0.5</i>	0.7	<i>0.4</i>	0.4	<i>0.6</i>
Unemployed	da	<i>da</i>	da	<i>da</i>	0.8	<i>1.0</i>	0.9	<i>1.9</i>	0.8	<i>0.7</i>
Other <sup>1</sup>	da	<i>da</i>	da	<i>da</i>	0.3	<i>0.4</i>	0.4	<i>0.7</i>	0.3	<i>0.4</i>

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<b>TOTAL</b>	304	481	29	1	275	480	44	78	231	402
<b>GENDER</b>										
Male	144	130	26	*	118	130	17	21	101	109
Female	160	351	3	1	157	350	27	57	130	293
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	269	442	13	1	255	440	43	78	212	363
White	240	380	12	1	228	379	27	52	201	326
Black or African American	8	16	1	*	7	16	*	5	7	11
AIAN	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*
Asian	16	*	*	*	16	*	12	*	4	*
Two or More Races	5	22	*	*	5	22	5	*	*	1
Hispanic or Latino	35	39	15	*	20	39	1	*	19	39
<b>EDUCATION LEVEL</b>										
< High School	da	da	da	da	26	62	7	*	20	40
High School Graduate	da	da	da	da	64	100	8	17	57	83
Some College/Associate's Degree	da	da	da	da	60	210	27	35	33	175
College Graduate	da	da	da	da	125	108	3	4	122	104
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	da	da	da	111	255	*	36	111	220
Part-Time	da	da	da	da	59	32	16	13	43	19
Unemployed	da	da	da	da	37	32	20	*	17	12
Other <sup>1</sup>	da	da	da	da	68	160	8	9	61	151

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<b>TOTAL</b>	0.1	<i>0.2</i>	0.1	<i>0.0</i>	0.1	<i>0.2</i>	0.1	<i>0.2</i>	0.1	<i>0.2</i>
<b>GENDER</b>										
Male	0.1	<i>0.1</i>	0.2	*	0.1	<i>0.1</i>	0.1	<i>0.1</i>	0.1	<i>0.1</i>
Female	0.1	<i>0.2</i>	0.0	<i>0.0</i>	0.1	<i>0.3</i>	0.2	<i>0.3</i>	0.1	<i>0.3</i>
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	0.1	<i>0.2</i>	0.1	<i>0.0</i>	0.1	<i>0.2</i>	0.2	<i>0.3</i>	0.1	<i>0.2</i>
White	0.1	<i>0.2</i>	0.1	<i>0.0</i>	0.1	<i>0.2</i>	0.1	<i>0.3</i>	0.1	<i>0.2</i>
Black or African American	0.0	<i>0.0</i>	0.0	*	0.0	<i>0.1</i>	*	<i>0.1</i>	0.0	<i>0.0</i>
AIAN	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*
Asian	0.1	*	*	*	0.1	*	0.6	*	0.0	*
Two or More Races	0.1	<i>0.4</i>	*	*	0.1	<i>0.5</i>	0.5	*	*	<i>0.0</i>
Hispanic or Latino	0.1	<i>0.1</i>	0.2	*	0.0	<i>0.1</i>	0.0	*	0.1	<i>0.1</i>
<b>EDUCATION LEVEL</b>										
< High School	da	<i>da</i>	da	<i>da</i>	0.1	<i>0.2</i>	0.1	*	0.1	<i>0.2</i>
High School Graduate	da	<i>da</i>	da	<i>da</i>	0.1	<i>0.1</i>	0.1	<i>0.2</i>	0.1	<i>0.1</i>
Some College/Associate's Degree	da	<i>da</i>	da	<i>da</i>	0.1	<i>0.3</i>	0.2	<i>0.3</i>	0.1	<i>0.3</i>
College Graduate	da	<i>da</i>	da	<i>da</i>	0.2	<i>0.1</i>	0.1	<i>0.1</i>	0.2	<i>0.1</i>
<b>EMPLOYMENT STATUS</b>										
Full-Time	da	<i>da</i>	da	<i>da</i>	0.1	<i>0.2</i>	*	<i>0.3</i>	0.1	<i>0.2</i>
Part-Time	da	<i>da</i>	da	<i>da</i>	0.2	<i>0.1</i>	0.2	<i>0.2</i>	0.2	<i>0.1</i>
Unemployed	da	<i>da</i>	da	<i>da</i>	0.4	<i>0.2</i>	0.6	*	0.3	<i>0.1</i>
Other <sup>1</sup>	da	<i>da</i>	da	<i>da</i>	0.1	<i>0.2</i>	0.1	<i>0.1</i>	0.1	<i>0.2</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.