

Table 1.59A Any Use of Prescription Benzodiazepines in Past Year: Among People Aged 12 or Older; by Age Group and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

| Demographic Characteristic | Aged 12+ (2019) | Aged 12+ (2020) | Aged 12-17 (2019) | Aged 12-17 (2020) | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) |
|---------------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|
| TOTAL | 29,408 | 27,026 | 749 | 418 | 28,659 | 26,607 | 2,983 | 2,861 | 25,676 | 23,747 |
| GENDER | | | | | | | | | | |
| Male | 10,472 | 10,113 | 338 | 176 | 10,134 | 9,937 | 1,211 | 1,199 | 8,923 | 8,738 |
| Female | 18,935 | 16,912 | 411 | 242 | 18,525 | 16,670 | 1,771 | 1,662 | 16,753 | 15,008 |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 26,010 | 24,100 | 538 | 274 | 25,472 | 23,826 | 2,486 | 2,335 | 22,986 | 21,491 |
| White | 22,519 | 20,806 | 418 | 233 | 22,100 | 20,573 | 1,979 | 1,920 | 20,121 | 18,653 |
| Black or African American | 2,074 | 2,071 | 70 | 17 | 2,004 | 2,054 | 287 | 227 | 1,718 | 1,827 |
| AIAN | 154 | 101 | 5 | * | 149 | 99 | 12 | * | 137 | 75 |
| NHOPI | 46 | * | * | * | 44 | * | * | * | 36 | * |
| Asian | 648 | 436 | 12 | 12 | 636 | 424 | 112 | 61 | 524 | 363 |
| Two or More Races | 569 | 646 | 31 | 9 | 538 | 637 | 88 | * | 450 | 533 |
| Hispanic or Latino | 3,398 | 2,925 | 211 | 144 | 3,187 | 2,782 | 496 | 525 | 2,690 | 2,256 |
| EDUCATION LEVEL | | | | | | | | | | |
| < High School | da | da | da | da | 2,446 | 2,693 | 394 | 302 | 2,052 | 2,390 |
| High School Graduate | da | da | da | da | 6,031 | 6,938 | 841 | 759 | 5,190 | 6,179 |
| Some College/Associate's Degree | da | da | da | da | 10,241 | 8,539 | 1,232 | 1,335 | 9,008 | 7,204 |
| College Graduate | da | da | da | da | 9,941 | 8,438 | 515 | 465 | 9,426 | 7,974 |
| EMPLOYMENT STATUS | | | | | | | | | | |
| Full-Time | da | da | da | da | 11,879 | 10,066 | 1,326 | 1,160 | 10,553 | 8,906 |
| Part-Time | da | da | da | da | 4,103 | 3,630 | 708 | 736 | 3,394 | 2,894 |
| Unemployed | da | da | da | da | 1,283 | 1,146 | 353 | 320 | 930 | 827 |
| Other ¹ | da | da | da | da | 11,395 | 11,765 | 596 | 646 | 10,799 | 11,119 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.59B Any Use of Prescription Benzodiazepines in Past Year: Among People Aged 12 or Older; by Age Group and Demographic Characteristics, Percentages, 2019 and 2020

| Demographic Characteristic | Aged 12+ (2019) | Aged 12+ (2020) | Aged 12-17 (2019) | Aged 12-17 (2020) | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) |
|---------------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|
| TOTAL | 10.7 | 9.8 | 3.0 | 1.7 | 11.4 | 10.6 | 8.8 | 8.5 | 11.9 | 10.9 |
| GENDER | | | | | | | | | | |
| Male | 7.8 | 7.5 | 2.7 | 1.4 | 8.4 | 8.2 | 7.2 | 7.1 | 8.6 | 8.3 |
| Female | 13.4 | 11.9 | 3.4 | 2.0 | 14.3 | 12.8 | 10.5 | 9.9 | 14.9 | 13.2 |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 11.4 | 10.5 | 2.9 | 1.5 | 12.2 | 11.4 | 9.5 | 9.1 | 12.6 | 11.7 |
| White | 13.2 | 12.2 | 3.3 | 1.8 | 14.0 | 13.0 | 11.0 | 10.7 | 14.4 | 13.3 |
| Black or African American | 6.2 | 6.2 | 2.1 | 0.6 | 6.7 | 6.7 | 6.2 | 4.9 | 6.8 | 7.1 |
| AIAN | 9.8 | 6.1 | 2.8 | * | 10.7 | 6.8 | 5.6 | * | 11.7 | 6.0 |
| NHOPI | 4.2 | * | * | * | 4.5 | * | * | * | 4.3 | * |
| Asian | 4.1 | 2.7 | 0.9 | 0.7 | 4.4 | 3.0 | 5.3 | 3.1 | 4.2 | 2.9 |
| Two or More Races | 10.7 | 12.2 | 3.3 | 1.5 | 12.3 | 13.6 | 9.4 | * | 13.1 | 14.6 |
| Hispanic or Latino | 7.2 | 6.0 | 3.4 | 2.3 | 7.7 | 6.6 | 6.5 | 6.8 | 8.0 | 6.6 |
| EDUCATION LEVEL | | | | | | | | | | |
| < High School | da | da | da | da | 8.1 | 9.3 | 8.4 | 7.9 | 8.1 | 9.5 |
| High School Graduate | da | da | da | da | 9.9 | 10.0 | 7.9 | 7.1 | 10.3 | 10.5 |
| Some College/Associate's Degree | da | da | da | da | 13.3 | 11.2 | 9.1 | 9.5 | 14.2 | 11.5 |
| College Graduate | da | da | da | da | 12.1 | 10.9 | 10.4 | 9.4 | 12.2 | 11.1 |
| EMPLOYMENT STATUS | | | | | | | | | | |
| Full-Time | da | da | da | da | 9.6 | 8.6 | 9.2 | 9.1 | 9.6 | 8.6 |
| Part-Time | da | da | da | da | 12.6 | 11.6 | 8.5 | 8.6 | 14.0 | 12.7 |
| Unemployed | da | da | da | da | 12.9 | 8.9 | 10.7 | 9.4 | 14.0 | 8.7 |
| Other ¹ | da | da | da | da | 13.6 | 12.9 | 7.7 | 7.3 | 14.2 | 13.5 |

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|---------------------------------|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|----------------------|----------------------|--------------------|--------------------|
| TOTAL | 4,841 | 4,779 | 381 | 157 | 4,460 | 4,622 | 1,266 | 1,097 | 3,194 | 3,526 |
| GENDER | | | | | | | | | | |
| Male | 2,287 | 2,245 | 173 | 59 | 2,114 | 2,186 | 630 | 526 | 1,484 | 1,660 |
| Female | 2,554 | 2,534 | 208 | 98 | 2,346 | 2,436 | 636 | 570 | 1,710 | 1,866 |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 4,069 | 4,115 | 255 | 95 | 3,815 | 4,019 | 1,048 | 880 | 2,767 | 3,139 |
| White | 3,518 | 3,535 | 198 | 78 | 3,320 | 3,457 | 833 | 709 | 2,486 | 2,748 |
| Black or African American | 299 | 279 | 26 | 1 | 273 | 277 | 118 | 108 | 155 | 169 |
| AIAN | 17 | 27 | 3 | * | 14 | 27 | 4 | * | 10 | * |
| NHOPI | 19 | 4 | * | * | 19 | 4 | * | * | * | * |
| Asian | 96 | 88 | 5 | 8 | 91 | 79 | 41 | * | 49 | 56 |
| Two or More Races | 120 | 182 | 22 | 7 | 99 | 175 | 46 | * | 52 | 142 |
| Hispanic or Latino | 772 | 665 | 126 | 62 | 645 | 603 | 218 | 216 | 428 | 387 |
| EDUCATION LEVEL | | | | | | | | | | |
| < High School | da | da | da | da | 383 | 276 | 185 | 116 | 198 | 160 |
| High School Graduate | da | da | da | da | 937 | 1,304 | 376 | 274 | 560 | 1,030 |
| Some College/Associate's Degree | da | da | da | da | 1,763 | 1,593 | 509 | 536 | 1,254 | 1,057 |
| College Graduate | da | da | da | da | 1,378 | 1,450 | 195 | 171 | 1,183 | 1,279 |
| EMPLOYMENT STATUS | | | | | | | | | | |
| Full-Time | da | da | da | da | 2,260 | 2,133 | 572 | 486 | 1,688 | 1,647 |
| Part-Time | da | da | da | da | 794 | 808 | 311 | 254 | 483 | 555 |
| Unemployed | da | da | da | da | 328 | 361 | 167 | 118 | 161 | 243 |
| Other ¹ | da | da | da | da | 1,078 | 1,320 | 216 | 239 | 862 | 1,081 |

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|---------------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|-------------------------|-------------------------|--------------------|--------------------|
| TOTAL | 1.8 | <i>1.7</i> | 1.5 | <i>0.6</i> | 1.8 | <i>1.8</i> | 3.8 | <i>3.3</i> | 1.5 | <i>1.6</i> |
| GENDER | | | | | | | | | | |
| Male | 1.7 | <i>1.7</i> | 1.4 | <i>0.5</i> | 1.7 | <i>1.8</i> | 3.7 | <i>3.1</i> | 1.4 | <i>1.6</i> |
| Female | 1.8 | <i>1.8</i> | 1.7 | <i>0.8</i> | 1.8 | <i>1.9</i> | 3.8 | <i>3.4</i> | 1.5 | <i>1.6</i> |
| HISPANIC ORIGIN AND RACE | | | | | | | | | | |
| Not Hispanic or Latino | 1.8 | <i>1.8</i> | 1.4 | <i>0.5</i> | 1.8 | <i>1.9</i> | 4.0 | <i>3.4</i> | 1.5 | <i>1.7</i> |
| White | 2.1 | <i>2.1</i> | 1.5 | <i>0.6</i> | 2.1 | <i>2.2</i> | 4.6 | <i>4.0</i> | 1.8 | <i>2.0</i> |
| Black or African American | 0.9 | <i>0.8</i> | 0.8 | <i>0.0</i> | 0.9 | <i>0.9</i> | 2.6 | <i>2.4</i> | 0.6 | <i>0.7</i> |
| AIAN | 1.1 | <i>1.6</i> | 1.8 | <i>*</i> | 1.0 | <i>1.9</i> | 1.9 | <i>*</i> | 0.9 | <i>*</i> |
| NHOPI | 1.7 | <i>0.4</i> | <i>*</i> | <i>*</i> | 1.9 | <i>0.4</i> | <i>*</i> | <i>*</i> | <i>*</i> | <i>*</i> |
| Asian | 0.6 | <i>0.5</i> | 0.4 | <i>0.4</i> | 0.6 | <i>0.6</i> | 2.0 | <i>*</i> | 0.4 | <i>0.5</i> |
| Two or More Races | 2.3 | <i>3.4</i> | 2.3 | <i>1.2</i> | 2.3 | <i>3.7</i> | 4.9 | <i>*</i> | 1.5 | <i>3.9</i> |
| Hispanic or Latino | 1.6 | <i>1.4</i> | 2.0 | <i>1.0</i> | 1.6 | <i>1.4</i> | 2.8 | <i>2.8</i> | 1.3 | <i>1.1</i> |
| EDUCATION LEVEL | | | | | | | | | | |
| < High School | da | <i>da</i> | da | <i>da</i> | 1.3 | <i>1.0</i> | 3.9 | <i>3.0</i> | 0.8 | <i>0.6</i> |
| High School Graduate | da | <i>da</i> | da | <i>da</i> | 1.5 | <i>1.9</i> | 3.5 | <i>2.6</i> | 1.1 | <i>1.8</i> |
| Some College/Associate's Degree | da | <i>da</i> | da | <i>da</i> | 2.3 | <i>2.1</i> | 3.8 | <i>3.8</i> | 2.0 | <i>1.7</i> |
| College Graduate | da | <i>da</i> | da | <i>da</i> | 1.7 | <i>1.9</i> | 3.9 | <i>3.4</i> | 1.5 | <i>1.8</i> |
| EMPLOYMENT STATUS | | | | | | | | | | |
| Full-Time | da | <i>da</i> | da | <i>da</i> | 1.8 | <i>1.8</i> | 4.0 | <i>3.8</i> | 1.5 | <i>1.6</i> |
| Part-Time | da | <i>da</i> | da | <i>da</i> | 2.4 | <i>2.6</i> | 3.7 | <i>3.0</i> | 2.0 | <i>2.4</i> |
| Unemployed | da | <i>da</i> | da | <i>da</i> | 3.3 | <i>2.8</i> | 5.1 | <i>3.5</i> | 2.4 | <i>2.6</i> |
| Other ¹ | da | <i>da</i> | da | <i>da</i> | 1.3 | <i>1.4</i> | 2.8 | <i>2.7</i> | 1.1 | <i>1.3</i> |

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